

The Stock Exchange Athletic Club
Seven Mile Walking Championship 2003

TEAMS

- CARR SHEPPARDS CROSTHWAITTE
- 82 NICK MIDDLETON (N)
- 83 CHRISTOPHER RAY
- 84 CHARLES WARD (N)
- CHARLES STANLEY & CO LTD
- 85 RICHARD ATTFIELD
- 86 COLIN BAILEY (N)
- 87 CHARLES PAGE (N)
- 88 ALEX REES

INDIVIDUALS

- 89 PETER BELL - BREWIN DOLPHIN
- 90 GARY CLARK - LLOYDS BANK STK
- 91 JEREMY HARRIS ST. JOHN - EDEN GROVE
- 92 SANDY JOHNSTON
- 93 PAUL KING
- 94 ROGER LE MOINE
- 95 KEN RODRIGUES
- 96 TREVOR SLIWERSKI - MSG
- 97 NIGEL STEERS (N) - NCL
- FUTURE EVENTS
- BRIGHTON
- (N) - NOVICE

17TH MAY 2003

PRIZES

SCRATCH RACE

FIRST

A Gordon Brown Challenge Cup
and Medal

SECOND

Medal

THIRD

Medal

INTER-FIRM TEAM

Colonel EG Concanon Trophy

NOVICE RACE

Perpetual Challenge Trophy

NOVICE TEAM RACE

The Roger Mortimer Cup

STANDARD TIME MEDALS

1st class

60 minutes

2nd class

65 minutes

Additional awards subject to Racing Rule No. 3

I.A.A.F. RULE 191.1

Walking is a progression of steps so taken that the walker maintains contact with the ground, so that no visible (to the human eye) loss of contact occurs.

The advancing leg must be straightened (i.e. not bent at the knee) from the moment of first contact with the ground until in the upright position.

THE STOCK EXCHANGE ATHLETIC CLUB

(Affiliated to A.A.A. and R.W.A.)

**PROGRAMME OF THE SIXTY SEVENTH
ANNUAL SEVEN MILE WALKING
CHAMPIONSHIP & INTER FIRM TEAM RACE**

Saturday 8th March 2003, at 10.30 a.m.

INNER CIRCLE (By York Gate), REGENTS PARK

OFFICIALS

Starter and Referee

R.E.Green

Timekeepers, Recorders and

Judges

R.Silk, B.Cottrell, J.Clayton,
R.Fearn, E.Gabbittas and
R.Lancefield
E.Gabbittas

Race Secretary

Changing Facilities
Reception

The Pavilion, Regents Park
The Green Man,
behind Gt. Portland St. Tube
Station.