

65						
Gail Hennessy, Eton Manor	10	10	10	10	0	40
R Tabor, Dulwich Runners	10		9	8	0	27
Claire Steward, Dulwich Runners	9		8	9	0	26
65 Total	29	10	27	27	0	93
60						
Z Gaffen, Kent AC	9			10	9	28
Christina Watson, Eton Manor	8		10	0	8	26
Sarah Newton, Serpentine AC					10	10
60 Total	17		10	10	27	64
55						
Zoe Woodward, Eton Manor	10	10		10	9	39
Gillian McKay, Eton Manor	8		10	0	0	18
Nicky Hayes, Kent AC					10	10
Mary Armitage, Eton Manor					8	8
Brenda Puech, Victoria Park Harriers					7	7
55 Total	18	10	10	10	34	82
50						
A Barber, Kent AC	7	8	7	8	8	38
Susan Dixon, Cambridge Harriers	8		9	10	9	36
L Pickering, Dulwich Runners		10	10	0	0	20
Kate Marchant, Beckenham RC				9	10	19
Sigrid Robson, Petts Wood		4		7	7	18
M Lennon, Dulwich Runners	10		8	0	0	18
L Clapp, Dulwich Runners	6	9		0	0	15
Ola Balme, Dulwich Runners	9			0	0	9
G Selway, Beckenham RC	4	5		0	0	9
K Williams, Kent AC				7	0	7
Joyce Berry, Victoria Park Harriers		6		0	0	6
Midge Cameron, Dulwich Runners				6	0	6
Marlis Hasse, Victoria Park Harriers			6	0	0	6
Susan Ieese, Victoria Park Harriers			5	0	0	5
Sarah Young, Kent AC	5			0	0	5
Nicky Howard, Beckenham RC				5	0	5
Sophie Critchlow, Victoria Park Harriers			4	0	0	4
50 Total	49	49	49	45	34	226
45						
Jo Singer, Victoria Park Harriers	10		10	10	10	40
A Farrall, Kent AC		10	8	9	9	36
Lesley McCarthy, Greenwich Tritons	8	9			8	25
Sally Carr, Cambridge Harriers	6		5	7	5	23
Andrea Pickup, Dulwich Runners	9		9	0	0	18
Jane Pannell, Eton Manor			4	6	7	17
Gillian Sellman, Petts Wood	7	8	1	0	0	16
Alex Anderson, Lloyds	5			5	4	14
Melanie Burdett, Beckenham RC				3	6	9
Claudette Lilliefelth, Petts Wood				8	0	8
Clare Norris, Dulwich Runners			7	0	0	7
Sarah Tizzard, Runhead AC	3		3	0	0	6
Teresa Northey, Dulwich Runners			6	0	0	6
Sarah Knox, Victoria Park Harriers	4			0	0	4
S Regan, Petts Wood				4	0	4
Donna Henry, Lloyds					3	3
Fen Coles, Eton Manor			2	0	0	2
Sarah Wilson, Petts Wood					2	2
Lisa Campbell, Dartford RR	2			0	0	2
Nicola Kerr, Victoria Park Harriers					1	1
45 Total	54	27	55	52	55	243
40						
T Murphy, Kent AC		9	10	9	10	38
Sara Flanagan, Eton Manor		8	9	8	9	34
V Buck, Kent AC	9	3	8	7	0	27
Vicky Boyle, Kent AC	10	6	7	0	0	23
Jennifer Heymann, Eton Manor		5	6	6	5	22
Mandy Dohren, Victoria Park Harriers		10		10	0	20
Aurelia Osborne, Beckenham RC	8	2	5	0	0	15
Faye Jeacocke, Victoria Park Harriers	6			0	6	12
emily mosedale, Victoria Park Harriers			4	5	0	9
Taryne McPherson, Eton Manor		1		0	7	8
E Brown, Dartford RR	4		2	2	0	8
Gesine Junker, London Underground					8	8
Holly Weir, Victoria Park Harriers		7		0	0	7
Eleanor Simmons, Dulwich Runners	7			0	0	7
J Durrant, Eton Manor	5		1	0	0	6
Sue Bint, Victoria Park Harriers		4		0	0	4
Alison Leathetbarrow, London Underground					4	4
Janine Durrant, Eton Manor				1	3	4
Laura Dennison, Serpentine AC				4	0	4
Anna Harding, Serpentine AC			3	0	0	3
M Singh, Eton Manor	3			0	0	3
40 Total	52	55	55	52	52	266

35						
A Clements, Kent AC		10	10	10	10	40
Jessica Lowe, Victoria Park Harriers			9	9	9	27
Kate Styles, Dulwich Runners	7	4	8	7	0	26
Hazel Norton-Hale, Victoria Park Harriers		9		0	8	17
L Vincent, Dulwich Runners	9	7		0	0	16
Jo Wint, Runhead AC	6			5	5	16
Isla Cameron, Victoria Park Harriers		6		0	7	13
Karen Ellison, SEAC				6	6	12
Fay Stories, Beckenham RC		5	6	0	0	11
Elkie Mace, Dulwich Runners	10			0	0	10
Claire Ross, Victoria Park Harriers	4	3	3	0	0	10
A Thomas, Dulwich Runners				8	0	8
Hester Barsham-Rolfe, Greenwich Tritons		8		0	0	8
A Trihan, Victoria Park Harriers	8			0	0	8
Charlotte Bewley, Victoria Park Harriers			7	0	0	7
Phillippa Carr, Victoria Park Harriers	5			0	1	6
Amelia Evans, Victoria Park Harriers		2	4	0	0	6
Sergess Gorbacous, Greenwich Tritons			5	0	0	5
Annie Trihan, Victoria Park Harriers					4	4
Sze Kiu Yeung, Runhead AC				4	0	4
M Chandler, Beckenham RC	3			0	0	3
Amy Harris, Beckenham RC					3	3
Katie Lang, Kent AC				3	0	3
Amy Blackburn-Lau, Victoria Park Harriers	1			2	0	3
Leonie Hope, Runhead AC			2	0	0	2
Heather Castle, Kent AC					2	2
Helen Liste, Dulwich Runners	2			0	0	2
J Hall, Eton Manor		1		0	0	1
Kay Gillett, Eton Manor			1	0	0	1
35 Total	55	55	55	54	55	274
20						
Sophie Walker, Kent AC	9	10		7	10	36
Madeline Carr, Cambridge Harriers	8	9		6	0	23
Lottie Hull, Kent AC	10		0	8	0	18
Amy Leach, Ravens School Runners				10	0	10
Ottillie Bright, Kent AC				9	0	9
20 Total	27	19	0	40	10	96
F Total	356	280	316	345	322	1619
M						
SN						
E Chuck, Dulwich Runners	9	9		10	9	37
Jack Ramm, Dulwich Runners	7	4		8	7	26
Kit Grierson, Serpentine AC		10	10	0	0	20
Peter Lighting, Kent AC			7	7	0	14
Gordon Pearce, SEAC			8	0	5	13
Mark Mellor, Runhead AC		6	6	0	0	12
R Donohue, Ravens School Runners RSR	8	3		0	0	11
Joe Dale, Victoria Park Harriers	5			0	6	11
Anthony Johnson, Kent AC					10	10
R Vlardell, Petts Wood	4		2	4	0	10
A McGrady, Victoria Park Harriers	10			0	0	10
Jack Brotchie, SEAC		5		3	2	10
Jonathon Tipper, Kent AC			9	0	0	9
J Pontin, Lloyds	6		1	2	0	9
John Payne, Victoria Park Harriers				9	0	9
Adrian Lowther, Kent AC	2			6	0	8
Joe Vis, Kent AC					8	8
Noah Armitage-Hookes, Kent AC		8		0	0	8
Dave Morgan, Kent AC		7		0	0	7
J Hartley, Kent AC				5	0	5
Simon Fox, Petts Wood			5	0	0	5
Jöost Vogel, Serpentine AC			4	0	0	4
Nial Stewart, Kent AC					4	4
J Bowler, Kent AC		1	3	0	0	4
Stephen Fabes, Victoria Park Harriers					3	3
James McDonald, Cambridge Harriers	3			0	0	3
S O'Neill, Dulwich Runners		2		0	0	2
Alex Taylor, Eton Manor	1			0	0	1
Jake Simmonds, Kent AC				1	0	1
Calum Fraser, Kent AC					1	1
SN Total	55	55	55	55	55	275
75						
J Few, Eton Manor	10	10	10	10	10	50
Vernon Thomas, Greenwich Tritons					9	9
75 Total	10	10	10	10	19	59
70						
Mike Mann, Dulwich Runners			10	0	0	10
70 Total			10	0	0	10
65						
David Butler, Lloyds		10	10	10	10	40
Barrie Nicholls, Dulwich Runners	9	5	7	6	8	35
Julian Spencer-Wood, Kent AC	10	6	9	8	0	33
Andy Murray, Dulwich Runners	8		6	4	7	25
Andrew Roberts, Serpentine AC		9			9	18
Andy Catton, Lloyds		7	8	0	0	15
R Knight, Dartford RR			5	3	6	14
Mike Richardson, Kent AC				9	0	9
Hugh Balfour, Dulwich Runners		8		0	0	8
Danny Mackay, Kent AC	7			0	0	7
Mick Ellsmore, Cambridge Harriers				7	0	7
Andrew Hinds, Beckenham RC				5	0	5
65 Total	34	45	45	52	40	216

45						
A Bond, Dulwich Runners	10	10	10	10	0	40
Steve Davies, Dulwich Runners	8	8		9	0	25
David Reader, Cambridge Harriers	7			7	7	21
Colin Jacobs, Victoria Park Harriers	5	6	9	0	0	20
Stuart Beaney, Kent AC	9			0	10	19
Daniel Selman, Petts Wood	1	5	8	0	0	14
Kev Howarth, Petts Wood				5	6	11
Gavin Mackay, Petts Wood				6	5	11
Gary Coombes, Eton_Manor					9	9
S Hobbs, Victoria Park Harriers		9		0	0	9
I Lilley, Dulwich Runners				8	0	8
S Allen, Kent AC		3	5	0	0	8
Anthony Withstandley, Victoria Park Harriers					8	8
L Collier, Dulwich Runners	4			4	0	8
Tim Shaw, Greenwich Tritons			7	0	0	7
P Sanders, Kent AC		7		0	0	7
Ian Miller, Cambridge Harriers	6			0	0	6
david warwick, Victoria Park Harriers			6	0	0	6
nick hogwood, SEAC	2	4		0	0	6
Nigel Cairns, Lloyds			4	0	0	4
Gigi Gianella, Victoria Park Harriers			2		2	4
Tim Miller, Victoria Park Harriers					4	4
Paul Burleton, SEAC					3	3
david devlin, Kent AC			3	0	0	3
Gower Tan, Dulwich Runners	3			0	0	3
Peter Fisher, Petts Wood				3	0	3
Jay Browne, DartfordRR		2		0	0	2
Antonio Iranca, Cambridge Harriers				2	0	2
P Marsden, Kent AC				1	1	2
Philip Baes, Petts Wood			1	0	0	1
Rob Cope, Dulwich Runners		1		0	0	1
45 Total	55	55	55	55	55	275
40						
Buzz Shephard, Dulwich Runners			10	10	8	28
Tom South, Dulwich Runners	5		7	6	9	27
D Mann, Dulwich Runners		10	9	8	0	27
Alan Barnes, SEAC			8	5	7	20
James Cordwell, Victoria Park Harriers	9			0	10	19
Matt Munro, SEAC	8			0	5	13
Joe Farrington-Douglas, Dulwich Runners	4	5	2	1	0	12
Neil Cook, Victoria Park Harriers		8		0	2	10
Robert Laing, Kent AC	10			0	0	10
P Boddey, Eton Manor		9		0	0	9
Lawrence Avery, Kent AC				9	0	9
P Devine, Dulwich Runners	6			3	0	9
Simeon Bennett, Victoria Park Harriers	2	6		0	0	8
Kevin Long, Victoria Park Harriers		4	3	0	0	7
Richard Giles, Kent AC	7			0	0	7
Paul Breslin, Victoria Park Harriers		7		0	0	7
Andrew Inglis, Cambridge Harriers				7	0	7
Ben Wickham, Victoria Park Harriers					6	6
S Buckley, SerpentineAC			6	0	0	6
Russell Beard, Lloyds			5	0	0	5
Warren Diego, Lloyds	1	3		0	0	4
Matthew Woodman, Eton Manor					4	4
Gary Coombes, Eton Manor			4	0	0	4
Tim Cartwright, Beckenham RC				4	0	4
vesa lindberg, Victoria Park Harriers				2	1	3
C Compton, Kent AC	3			0	0	3
R Giles, Kent AC					3	3
Mark Sciberras, Victoria Park Harriers		2		0	0	2
Tom Ward, Eton Manor			1	0	0	1
T Lashmar, Victoria Park Harriers		1		0	0	1
40 Total	55	55	55	55	55	275
20						
Olly Buck, Kent AC	2	8	9	6	0	25
Theo Gaymes, Kent AC	7	6	8	0	0	21
L Laylee, Dulwich Runners		10		10	0	20
Guy Barnett, Kent AC	5	7		7	0	19
L Zurdo, Kent AC	10	9		0	0	19
joseph yee, Kent AC			10	9	0	19
H Fage, Ravens School Runners			5		9	14
Dylan Williams, Eton Manor				4	10	14
J Weekly, Kent AC	8			5	0	13
O Zurdo, Kent AC		5	7	0	0	12
Liam Carr, Cambridge Harriers		4	6	1	0	11
D Williams, Eton Manor	9			0	0	9
Isaac Maxwell, Kent AC				8	0	8
Tom Gates, Dartford RR					8	8
Reagan Monk, Ravens School Runners					7	7
D Henley, Kent AC	4			2	0	6
Ben Brooks, SEAC	6			0	0	6
Ben Parker, Kent AC	1			3	0	4
Joe Robertson, Kent AC	3			0	0	3
20 Total	55	49	45	55	34	238