

2019 ASSEMBLY LEAGUE - RACE 6 BECKENHAM PALACE PARK 29 AUGUST 2019**Overall Results**

| Position | Bib | Name | Time | Gender | Age | Club |
|-----------------|------------|------------------------|-------------|---------------|------------|------------------------|
| 1 | 138 | Ed Chuck | 0:16:48 | M | SN | Dulwich Runners |
| 2 | 121 | Lewis Laylee | 0:16:51 | M | SN | Dulwich Runners |
| 3 | 298 | Jon Pontin | 0:17:20 | M | SN | Lloyds |
| 4 | 460 | Mark Mellor | 0:17:27 | M | SN | Runhead AC |
| 5 | 124 | Andy Bond | 0:17:31 | M | 45 | Dulwich Runners |
| 6 | 123 | Tom South | 0:17:34 | M | 40 | Dulwich Runners |
| 7 | 255 | Dave Morgan | 0:17:36 | M | SN | Kent AC |
| 8 | 258 | Sean Fitzpatrick | 0:17:37 | M | SN | Kent AC |
| 9 | 266 | Will Pitt | 0:17:38 | M | 45 | Kent AC |
| 10 | 135 | Buzz Shephard | 0:17:43 | M | 40 | Dulwich Runners |
| 11 | 498 | Matt Munro | 0:17:51 | M | 40 | SEAC |
| 12 | 396 | D Kennedy | 0:17:55 | M | SN | Ravens School Runners |
| 13 | 496 | Alan Barnes | 0:17:58 | M | 40 | SEAC |
| 14 | 337 | Mike Boucher | 0:18:01 | M | 40 | London Underground |
| 15 | 1 | Chris Wyles | 0:18:03 | M | SN | Aquila |
| 16 | 245 | Luke Abrams | 0:18:10 | M | 20 | Kent AC |
| 17 | 547 | David Jones | 0:18:13 | M | SN | Victoria Park Harriers |
| 18 | 432 | Gregory Hills | 0:18:18 | M | SN | Runhead AC |
| 19 | 502 | Andy Weir | 0:18:20 | M | 50 | SEAC |
| 20 | 412 | Andy Moulden | 0:18:22 | M | SN | Ravens School Runners |
| 21 | 194 | James Pilch | 0:18:23 | M | SN | Eton Manor |
| 22 | 299 | Tim Sherman | 0:18:24 | M | SN | Lloyds |
| 23 | 538 | Rachel Thomas | 0:18:26 | F | SN | Victoria Park Harriers |
| 24 | 532 | Laura Kaye | 0:18:34 | F | SN | Victoria Park Harriers |
| 25 | 263 | Calum Fraser | 0:18:35 | M | SN | Kent AC |
| 26 | 2 | Bryan Maillardet | 0:18:37 | M | SN | Aquila |
| 27 | 297 | Kris Mccullough | 0:18:40 | M | SN | Lloyds |
| 28 | 256 | M Green | 0:18:43 | M | 50 | Kent AC |
| 29 | 537 | Liam Ohuiginn | 0:18:47 | M | SN | Victoria Park Harriers |
| 30 | 296 | Tim Harman | 0:18:47 | M | SN | Lloyds |
| 31 | 192 | Dylan Williams | 0:18:48 | M | 20 | Eton Manor |
| 32 | 251 | R Giles | 0:18:49 | M | 40 | Kent AC |
| 33 | 339 | Krzysztof Klidzia | 0:18:51 | M | 50 | London Underground |
| 34 | 382 | Tom Bray | 0:18:52 | M | SN | Petts Wood |
| 35 | 22 | Simon Carter | 0:18:53 | M | 40 | Beckenham RC |
| 36 | 239 | Jonathan Ratcliffe | 0:18:55 | M | 50 | Kent AC |
| 37 | 534 | Blue Curry | 0:18:57 | M | 40 | Victoria Park Harriers |
| 38 | 292 | Scott Darney | 0:19:01 | M | SN | Lloyds |
| 39 | 122 | James Burrows | 0:19:01 | M | SN | Dulwich Runners |
| 40 | 366 | Gavin Mackay | 0:19:03 | M | 45 | Petts Wood |
| 41 | 141 | Matthew Cooke | 0:19:04 | M | SN | Dulwich Runners |
| 42 | 435 | Andrew Garrod | 0:19:05 | M | 35 | Runhead AC |
| 43 | 184 | Paul Boddey | 0:19:06 | M | 40 | Eton Manor |
| 44 | 75 | Not Known | 0:19:06 | NA | NA | Cambridge Harriers |
| 45 | 242 | Olly Buck | 0:19:06 | M | 20 | Kent AC |
| 46 | 235 | A Parker | 0:19:08 | F | SN | Kent AC |
| 47 | 434 | See Wah Cheng | 0:19:08 | M | 35 | Runhead AC |
| 48 | 501 | Tom Conlon | 0:19:09 | M | 50 | SEAC |
| 49 | 505 | Julia Wedmore | 0:19:13 | F | SN | SEAC |
| 50 | 406 | S Harvey | 0:19:17 | M | SN | Ravens School Runners |
| 51 | 546 | Simeon Bennett | 0:19:19 | M | 40 | Victoria Park Harriers |
| 52 | 113 | Matt Davison | 0:19:19 | M | SN | Dartford RR |
| 53 | 125 | Joe Farrington-Douglas | 0:19:20 | M | 40 | Dulwich Runners |
| 54 | 241 | Chris Quaid | 0:19:21 | M | SN | Kent AC |
| 55 | 243 | K Rowland | 0:19:23 | F | SN | Kent AC |
| 56 | 364 | Matthew Pond | 0:19:26 | M | 20 | Petts Wood |
| 57 | 264 | Tommie Sang | 0:19:27 | M | SN | Kent AC |
| 58 | 232 | Sarah Hanley | 0:19:29 | F | SN | Kent AC |
| 59 | 379 | Simon Dahdi | 0:19:31 | M | SN | Petts Wood |
| 60 | 365 | Kev Howarth | 0:19:33 | M | 45 | Petts Wood |
| 61 | 247 | T Gaymes | 0:19:33 | M | 20 | Kent AC |
| 62 | 407 | Silky Ng | 0:19:37 | M | SN | Ravens School Runners |
| 63 | 236 | T Murphy | 0:19:39 | F | 40 | Kent AC |
| 64 | 193 | Graham White | 0:19:42 | M | SN | Eton Manor |
| 65 | 259 | Paul Mccrone | 0:19:43 | M | 50 | Kent AC |
| 66 | 533 | Robert Skedgell | 0:19:45 | M | 40 | Victoria Park Harriers |
| 67 | 233 | Victoria Stepanova | 0:19:47 | F | SN | Kent AC |
| 68 | 191 | Daniel Hall | 0:19:51 | M | 40 | Eton Manor |
| 69 | 222 | Sergio Gorbacovs | 0:19:52 | M | 35 | Greenwich Tritons |
| 70 | 189 | R Somerville | 0:19:53 | M | 50 | Eton Manor |
| 71 | 208 | Sarah Flanagan | 0:19:55 | F | 40 | Eton Manor |
| 72 | 51 | Not Known | 0:19:57 | NA | NA | Cambridge Harriers |
| 73 | 408 | Luke Young | 0:19:59 | M | SN | Ravens School Runners |
| 74 | 503 | Keith Newton | 0:20:00 | M | 55 | SEAC |
| 75 | 237 | I Bradley | 0:20:01 | F | SN | Kent AC |
| 76 | 576 | Jo Singer | 0:20:03 | F | 45 | Victoria Park Harriers |
| 77 | 373 | Jason Mercer | 0:20:04 | M | 40 | Petts Wood |
| 78 | 335 | Mike Murdoch | 0:20:07 | M | 50 | London Underground |
| 79 | 359 | Tim Springett | 0:20:08 | M | 50 | Petts Wood |
| 80 | 368 | Jamie Fernandes | 0:20:11 | M | SN | Petts Wood |
| 81 | 294 | Tim Ayres | 0:20:12 | M | SN | Lloyds |
| 82 | 234 | V Buck | 0:20:14 | F | 40 | Kent AC |
| 83 | 358 | Dave Groom | 0:20:16 | M | 50 | Petts Wood |
| 84 | 136 | Clare Norris | 0:20:16 | F | 40 | Dulwich Runners |
| 85 | 262 | Megan Williams | 0:20:19 | M | SN | Kent AC |
| 86 | 127 | Anna Thomas | 0:20:19 | F | 35 | Dulwich Runners |
| 87 | 128 | Katie Styles | 0:20:19 | F | 35 | Dulwich Runners |
| 88 | 367 | Elliot Miller | 0:20:22 | M | 40 | Petts Wood |
| 89 | 370 | Stephen Robson | 0:20:26 | M | 50 | Petts Wood |
| 90 | 160 | Rebecca Schulleri | 0:20:28 | F | SN | Dulwich Runners |

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|-----|--------------------------|---------|----|----|------------------------|
| 91 | 378 Simon Wilson | 0:20:36 | M | 50 | Petts Wood |
| 92 | 52 Emily Meins | 0:20:37 | M | SN | Cambridge Harriers |
| 93 | 185 John Black | 0:20:39 | M | 60 | Eton Manor |
| 94 | 540 Tim Miller | 0:20:41 | M | 45 | Victoria Park Harriers |
| 95 | 257 A Farrall | 0:20:42 | F | 45 | Kent AC |
| 96 | 250 Gary Sullivan | 0:20:44 | M | 60 | Kent AC |
| 97 | 539 Sue Bint | 0:20:46 | F | 40 | Victoria Park Harriers |
| 98 | 357 Andy Breese | 0:20:46 | M | 40 | Petts Wood |
| 99 | 293 Anna Crawley | 0:20:47 | F | SN | Lloyds |
| 100 | 116 T Gates | 0:20:49 | M | 50 | Dartford RR |
| 101 | 500 Karen Ellison | 0:20:52 | F | 35 | SEAC |
| 102 | 248 Paul Crompton | 0:20:52 | M | 50 | Kent AC |
| 103 | 394 H Fage | 0:20:55 | M | 20 | Ravens School Runners |
| 104 | 494 Tony Harron | 0:20:57 | M | 55 | SEAC |
| 105 | 254 Otilie Bright | 0:20:58 | F | 20 | Kent AC |
| 106 | 437 Not Known | 0:21:01 | NA | NA | Runhead AC |
| 107 | 253 S Fairbrass | 0:21:03 | F | SN | Kent AC |
| 108 | 159 Not Known | 0:21:04 | NA | NA | Dulwich Runners |
| 109 | 240 John Greene | 0:21:13 | M | 50 | Kent AC |
| 110 | 536 Gavin Lau | 0:21:17 | M | SN | Victoria Park Harriers |
| 111 | 23 Aurelia Osborne | 0:21:19 | F | 40 | Beckenham RC |
| 112 | 383 Jenny Leng | 0:21:25 | F | 50 | Petts Wood |
| 113 | 363 Stephen Pond | 0:21:27 | M | 50 | Petts Wood |
| 114 | 210 Jennifer Heymann | 0:21:35 | F | 40 | Eton Manor |
| 115 | 436 Thom Banks | 0:21:35 | M | SN | Runhead AC |
| 116 | 206 Zoe Woodward | 0:21:36 | F | 55 | Eton Manor |
| 117 | 238 Bernie Hutchinson | 0:21:37 | M | 60 | Kent AC |
| 118 | 260 David Devlin | 0:21:42 | M | 45 | Kent AC |
| 119 | 393 G Fage | 0:21:43 | M | SN | Ravens School Runners |
| 120 | 249 A Barber | 0:21:46 | F | 50 | Kent AC |
| 121 | 375 Lucy Drury | 0:21:59 | F | SN | Petts Wood |
| 122 | 431 Jo Wint | 0:22:00 | F | 35 | Runhead AC |
| 123 | 361 Not Known | 0:22:00 | NA | NA | Petts Wood |
| 124 | 209 J Rukin-White | 0:22:01 | F | SN | Eton Manor |
| 125 | 126 Ross Rook | 0:22:02 | M | SN | Dulwich Runners |
| 126 | 246 S Dowling | 0:22:06 | F | 50 | Kent AC |
| 127 | 535 Sarah Stewart | 0:22:12 | F | SN | Victoria Park Harriers |
| 128 | 291 Emily Dodds | 0:22:22 | F | 40 | Lloyds |
| 129 | 186 Stephen Dunn | 0:22:23 | M | 45 | Eton Manor |
| 130 | 231 Andy Gardiner | 0:22:30 | M | 60 | Kent AC |
| 131 | 468 Sorcha Wakely | 0:22:36 | F | 35 | Serpentine AC |
| 132 | 395 Mike Kennedy | 0:22:37 | M | SN | Ravens School Runners |
| 133 | 205 Gail Hennessy | 0:22:39 | F | 65 | Eton Manor |
| 134 | 548 Not Known | 0:22:39 | NA | NA | Victoria Park Harriers |
| 135 | 129 Graham Laylee | 0:22:50 | M | 60 | Dulwich Runners |
| 136 | 411 A Doherty | 0:22:53 | M | SN | Ravens School Runners |
| 137 | 338 Alison Leatherbarrow | 0:22:56 | F | 40 | London Underground |
| 138 | 252 Alan Curtis | 0:23:01 | M | 50 | Kent AC |
| 139 | 265 I Mizen | 0:23:01 | M | 50 | Kent AC |
| 140 | 392 R Clarkson | 0:23:02 | M | 55 | Ravens School Runners |
| 141 | 21 Georgina Selway | 0:23:04 | F | 50 | Beckenham RC |
| 142 | 261 Katie Lang | 0:23:07 | F | 35 | Kent AC |
| 143 | 433 Sze Kiu Yeung | 0:23:07 | F | 35 | Runhead AC |
| 144 | 504 Steve Scruton | 0:23:15 | M | 55 | SEAC |
| 145 | 108 E Brown | 0:23:20 | F | 40 | Dartford RR |
| 146 | 267 Sophie Walker | 0:23:22 | F | 20 | Kent AC |
| 147 | 137 Barrie John Nicholls | 0:23:22 | M | 65 | Dulwich Runners |
| 148 | 469 Siobhan Wakely | 0:23:25 | M | 40 | Serpentine AC |
| 149 | 544 Fiona Dinsdale | 0:23:26 | F | SN | Victoria Park Harriers |
| 150 | 497 Martin Wood | 0:23:29 | M | 50 | SEAC |
| 151 | 115 Tom Gates | 0:23:35 | M | 20 | Dartford RR |
| 152 | 221 Not Known | 0:23:38 | NA | NA | Greenwich Tritons |
| 153 | 142 Joseph Brady | 0:23:46 | M | 50 | Dulwich Runners |
| 154 | 409 Reagan Monk | 0:23:52 | M | 20 | Ravens School Runners |
| 155 | 50 Richard Seabrook | 0:23:53 | M | 70 | Beckenham RC |
| 156 | 372 Sarah Wilson | 0:23:55 | F | 45 | Petts Wood |
| 157 | 190 John Few | 0:23:57 | M | 75 | Eton Manor |
| 158 | 369 Alan Mundy | 0:24:00 | M | 55 | Petts Wood |
| 159 | 139 Ian Sesnan | 0:24:01 | M | 60 | Dulwich Runners |
| 160 | 531 Gerald Akrigg | 0:24:05 | M | 50 | Victoria Park Harriers |
| 161 | 188 Gabriel Ellenberg | 0:24:07 | M | 60 | Eton Manor |
| 162 | 295 Alex Anderson | 0:24:09 | F | 45 | Lloyds |
| 163 | 545 Ellie Tait | 0:24:41 | F | SN | Victoria Park Harriers |
| 164 | 140 Claire Steward | 0:24:47 | F | 65 | Dulwich Runners |
| 165 | 207 Janine Durrant | 0:24:51 | F | 40 | Eton Manor |
| 166 | 543 Helen Burns | 0:24:55 | F | SN | Victoria Park Harriers |
| 167 | 542 Amy Blackburn-Lau | 0:24:56 | F | 35 | Victoria Park Harriers |
| 168 | 541 C Evans | 0:25:12 | F | SN | Victoria Park Harriers |
| 169 | 410 B Biddlecombe | 0:25:20 | M | 60 | Ravens School Runners |
| 170 | 381 Sid Launchbury | 0:25:55 | M | 55 | Petts Wood |
| 171 | 377 Maxine Horsfield | 0:25:58 | F | 35 | Petts Wood |
| 172 | 204 Hayley Dalton | 0:26:07 | F | 45 | Eton Manor |
| 173 | 111 Caroline Judge | 0:26:11 | F | 45 | Dartford RR |
| 174 | 110 Paul Hooper | 0:26:12 | M | 60 | Dartford RR |
| 175 | 268 Miki Jabkowska | 0:26:28 | F | 65 | Kent AC |
| 176 | 336 Steph Stedman | 0:26:42 | F | 20 | London Underground |
| 177 | 371 Not Known | 0:26:47 | NA | NA | Petts Wood |
| 178 | 390 Mike Springett | 0:27:10 | M | SN | Petts Wood |
| 179 | 109 Mike Richardson | 0:27:20 | M | 65 | Dartford RR |
| 180 | 360 Sue Clark | 0:27:58 | F | 55 | Petts Wood |
| 181 | 244 Z Gaffen | 0:28:03 | F | 60 | Kent AC |
| 182 | 187 Adrian Frost | 0:28:18 | M | 60 | Eton Manor |
| 183 | 3 John Kemp | 0:29:30 | M | 70 | Aquila |
| 184 | 380 Carly Hibberd | 0:29:59 | F | 35 | Petts Wood |
| 185 | 4 Christine Munden | 0:30:14 | F | 45 | Guests |
| 186 | 376 Debbie Hoods | 0:30:31 | F | 45 | Petts Wood |

Team Results

Mens A Teams

| Position | Club | Score | Points |
|----------|------------------------|-------|--------|
| 1 | Dulwich Runners | 14 | 15 |
| 2 | Kent AC | 40 | 14 |
| 3 | Lloyds | 78 | 13 |
| 4 | SEAC | 87 | 12 |
| 5 | Runhead AC | 105 | 11 |
| 6 | Victoria Park Harriers | 125 | 10 |
| 7 | Ravens School Runners | 132 | 9 |
| 8 | Eton Manor | 147 | 8 |
| 9 | Petts Wood | 172 | 7 |
| 10 | Dartford RR | 343 | 6 |
| 11 | | | 5 |
| 12 | | | 4 |

Womens A Teams

| Position | Club | Score | Points |
|----------|------------------------|-------|--------|
| 1 | Kent AC | 25 | 15 |
| 2 | Victoria Park Harriers | 36 | 14 |
| 3 | Dulwich Runners | 62 | 13 |
| 4 | Eton Manor | 94 | 12 |
| 5 | Petts Wood | 150 | 11 |
| 6 | | | 10 |
| 7 | | | |
| 8 | | | |
| 9 | | | |
| 10 | | | |
| 11 | | | |
| 12 | | | |

Mens B Teams

| Position | Club | Score | Points |
|----------|------------------------|-------|--------|
| 1 | Kent AC | 113 | 15 |
| 2 | Dulwich Runners | 134 | 14 |
| 3 | Petts Wood | 250 | 13 |
| 4 | Eton Manor | 286 | 12 |
| 5 | Ravens School Runners | 325 | 11 |
| 6 | Victoria Park Harriers | 328 | 10 |
| 7 | SEAC | 346 | 9 |
| 8 | | | 8 |
| 9 | | | |
| 10 | | | |
| 11 | | | |
| 12 | | | |

Womens B Teams

| Position | Club | Score | Points |
|----------|------------------------|-------|--------|
| 1 | Kent AC | 51 | 15 |
| 2 | Victoria Park Harriers | 171 | 14 |
| 3 | | | 13 |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |
| 9 | | | |
| 10 | | | |
| 11 | | | |
| 12 | | | |

Individual Age Group Results

Mens

| SN | Name_Club | Time | Points |
|----|-------------------------------------|---------|--------|
| 1 | Ed Chuck, Dulwich Runners | 0:16:48 | 10 |
| 2 | Lewis Laylee, Dulwich Runners | 0:16:51 | 9 |
| 3 | Jon Pontin, Lloyds | 0:17:20 | 8 |
| 4 | Mark Mellor, Runhead AC | 0:17:27 | 7 |
| 5 | Dave Morgan, Kent AC | 0:17:36 | 6 |
| 6 | Sean Fitzpatrick, Kent AC | 0:17:37 | 5 |
| 7 | D Kennedy, Ravens School Runners | 0:17:55 | 4 |
| 8 | Chris Wyles, Aquila | 0:18:03 | 3 |
| 9 | David Jones, Victoria Park Harriers | 0:18:13 | 2 |
| 10 | Gregory Hills, Runhead AC | 0:18:18 | 1 |

| 20 | Name_Club | Time | Points |
|----|------------------------------------|---------|--------|
| 1 | Luke Abrams, Kent AC | 0:18:10 | 10 |
| 2 | Dylan Williams, Eton Manor | 0:18:48 | 9 |
| 3 | Oly Buck, Kent AC | 0:19:06 | 8 |
| 4 | Matthew Pond, Petts Wood | 0:19:26 | 7 |
| 5 | T Gaymes, Kent AC | 0:19:33 | 6 |
| 6 | H Fage, Ravens School Runners | 0:20:55 | 5 |
| 7 | Tom Gates, Dartford RR | 0:23:35 | 4 |
| 8 | Reagan Monk, Ravens School Runners | 0:23:52 | 3 |
| 9 | | | 2 |
| 10 | | | 1 |

| 40 | Name_Club | Time | Points |
|----|--|---------|--------|
| 1 | Tom South, Dulwich Runners | 0:17:34 | 10 |
| 2 | Buzz Shephard, Dulwich Runners | 0:17:43 | 9 |
| 3 | Matt Munro, SEAC | 0:17:51 | 8 |
| 4 | Alan Barnes, SEAC | 0:17:58 | 7 |
| 5 | Mike Boucher, London Underground | 0:18:01 | 6 |
| 6 | R Giles, Kent AC | 0:18:49 | 5 |
| 7 | Simon Carter, Beckenham RC | 0:18:53 | 4 |
| 8 | Blue Curry, Victoria Park Harriers | 0:18:57 | 3 |
| 9 | Paul Boddey, Eton Manor | 0:19:06 | 2 |
| 10 | Simeon Bennett, Victoria Park Harriers | 0:19:19 | 1 |

| 45 | Name_Club | Time | Points |
|----|------------------------------------|---------|--------|
| 1 | Andy Bond, Dulwich Runners | 0:17:31 | 10 |
| 2 | Will Pitt, Kent AC | 0:17:38 | 9 |
| 3 | Gavin Mackay, Petts Wood | 0:19:03 | 8 |
| 4 | Kev Howarth, Petts Wood | 0:19:33 | 7 |
| 5 | Tim Miller, Victoria Park Harriers | 0:20:41 | 6 |
| 6 | David Devlin, Kent AC | 0:21:42 | 5 |
| 7 | Stephen Dunn, Eton Manor | 0:22:23 | 4 |
| 8 | | | 3 |
| 9 | | | 2 |
| 10 | | | 1 |

Womens

| SN | Name_Club | Time | Points |
|----|---------------------------------------|---------|--------|
| 1 | Rachel Thomas, Victoria Park Harriers | 0:18:26 | 10 |
| 2 | Laura Kaye, Victoria Park Harriers | 0:18:34 | 9 |
| 3 | A Parker, Kent AC | 0:19:08 | 8 |
| 4 | Julia Wedmore, SEAC | 0:19:13 | 7 |
| 5 | K Rowland, Kent AC | 0:19:23 | 6 |
| 6 | Sarah Hanley, Kent AC | 0:19:29 | 5 |
| 7 | Victoria Stepanova, Kent AC | 0:19:47 | 4 |
| 8 | I Bradley, Kent AC | 0:20:01 | 3 |
| 9 | Rebecca Schuller, Dulwich Runners | 0:20:28 | 2 |
| 10 | Anna Crawley, Lloyds | 0:20:47 | 1 |

| 20 | Name_Club | Time | Points |
|----|-----------------------------------|---------|--------|
| 1 | Ottillie Bright, Kent AC | 0:20:58 | 10 |
| 2 | Sophie Walker, Kent AC | 0:23:22 | 9 |
| 3 | Steph Stedman, London Underground | 0:26:47 | 8 |
| 4 | | | 7 |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |
| 9 | | | |
| 10 | | | |

| 35 | Name_Club | Time | Points |
|----|---|---------|--------|
| 1 | Anna Thomas, Dulwich Runners | 0:20:19 | 10 |
| 2 | Katie Styles, Dulwich Runners | 0:20:19 | 9 |
| 3 | Karen Ellison, SEAC | 0:20:52 | 8 |
| 4 | Jo Wint, Runhead AC | 0:22:00 | 7 |
| 5 | Sorcha Wakely, Serpentine AC | 0:22:36 | 6 |
| 6 | Katie Lang, Kent AC | 0:23:07 | 5 |
| 7 | Sze Kiu Yeung, Runhead AC | 0:23:07 | 4 |
| 8 | Amy Blackburn-Lau, Victoria Park Harriers | 0:25:12 | 3 |
| 9 | Maxine Horsfield, Petts Wood | 0:26:07 | 2 |
| 10 | Carly Hibberd, Petts Wood | 0:30:14 | 1 |

| 40 | Name_Club | Time | Points |
|----|--|---------|--------|
| 1 | T Murphy, Kent AC | 0:19:39 | 10 |
| 2 | Sarah Flanagan, Eton Manor | 0:19:55 | 9 |
| 3 | V Buck, Kent AC | 0:20:14 | 8 |
| 4 | Clare Norris, Dulwich Runners | 0:20:16 | 7 |
| 5 | Sue Bint, Victoria Park Harriers | 0:20:46 | 6 |
| 6 | Aurelia Osborne, Beckenham RC | 0:21:19 | 5 |
| 7 | Jennifer Heymann, Eton Manor | 0:21:35 | 4 |
| 8 | Emily Dodds, Lloyds | 0:22:22 | 3 |
| 9 | Alison Leatherbarrow, London Underground | 0:22:56 | 2 |
| 10 | E Brown, Dartford RR | 0:23:20 | 1 |

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|-----------|---------------------------------------|-------------|---------------|-----------|-----------------------------------|-------------|---------------|
| <u>50</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> | <u>45</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> |
| 1 | Andy Weir, SEAC | 0:18:20 | 10 | 1 | Debbie Hoods, Petts Wood | 0 | 10 |
| 2 | M Green, Kent AC | 0:18:43 | 9 | 2 | Jo Singer, Victoria Park Harriers | 0:20:03 | 9 |
| 3 | Krzysztof Klidzia, London Underground | 0:18:51 | 8 | 3 | A Farrall, Kent AC | 0:20:42 | 8 |
| 4 | Jonathan Ratcliffe, Kent AC | 0:18:55 | 7 | 4 | Sarah Wilson, Petts Wood | 0:23:55 | 7 |
| 5 | Tom Conlon, SEAC | 0:19:09 | 6 | 5 | Alex Anderson, Lloyds | 0:24:09 | 6 |
| 6 | Paul McCrone, Kent AC | 0:19:43 | 5 | 6 | Hayley Dalton, Eton Manor | 0:26:11 | 5 |
| 7 | R Somerville, Eton Manor | 0:19:53 | 4 | 7 | Caroline Judge, Dartford RR | 0:26:12 | 4 |
| 8 | Mike Murdoch, London Underground | 0:20:07 | 3 | 8 | Christine Munden, Guests | 0:30:31 | 3 |
| 9 | Tim Springett, Petts Wood | 0:20:08 | 2 | 9 | | | 2 |
| 10 | Dave Groom, Petts Wood | 0:20:16 | 1 | 10 | | | 1 |
| <u>55</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> | <u>50</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> |
| 1 | Keith Newton, SEAC | 0:20:00 | 10 | 1 | Jenny Leng, Petts Wood | 0:21:25 | 10 |
| 2 | Tony Harron, SEAC | 0:20:57 | 9 | 2 | A Barber, Kent AC | 0:21:46 | 9 |
| 3 | R Clarkson, Ravens School Runners | 0:23:02 | 8 | 3 | S Dowling, Kent AC | 0:22:06 | 8 |
| 4 | Steve Scruton, SEAC | 0:23:15 | 7 | 4 | Georgina Selway, Beckenham RC | 0:23:04 | 7 |
| 5 | Alan Mundy, Petts Wood | 0:24:00 | 6 | 5 | | | 6 |
| 6 | Sid Launchbury, Petts Wood | 0:25:58 | 5 | 6 | | | 5 |
| 7 | | | 4 | 7 | | | 4 |
| 8 | | | 3 | 8 | | | 3 |
| 9 | | | 2 | 9 | | | 2 |
| 10 | | | 1 | 10 | | | 1 |
| <u>60</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> | <u>55</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> |
| 1 | John Black, Eton Manor | 0:20:39 | 10 | 1 | Zoe Woodward, Eton Manor | 0:21:36 | 10 |
| 2 | Gary Sullivan, Kent AC | 0:20:44 | 9 | 2 | Sue Clark, Petts Wood | 0:28:03 | 9 |
| 3 | Bernie Hutchinson, Kent AC | 0:21:37 | 8 | 3 | | | 8 |
| 4 | Andy Gardiner, Kent AC | 0:22:30 | 7 | 4 | | | 7 |
| 5 | Graham Laylee, Dulwich Runners | 0:22:50 | 6 | 5 | | | 6 |
| 6 | Ian Sesnan, Dulwich Runners | 0:24:01 | 5 | 6 | | | 5 |
| 7 | Gabriel Ellenberg, Eton Manor | 0:24:07 | 4 | 7 | | | 4 |
| 8 | B Biddlecombe, Ravens School Runners | 0:25:55 | 3 | 8 | | | 3 |
| 9 | Paul Hooper, Dartford RR | 0:26:28 | 2 | 9 | | | 2 |
| 10 | Adrian Frost, Eton Manor | 0:29:30 | 1 | 10 | | | 1 |
| <u>65</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> | <u>60</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> |
| 1 | Barrie John Nicholls, Dulwich Runners | 0:23:22 | 10 | 1 | Z Gaffen, Kent AC | 0:28:18 | 10 |
| 2 | Mike Richardson, Dartford RR | 0:27:58 | 9 | 2 | | | 9 |
| 3 | | | 8 | 3 | | | 8 |
| 4 | | | 7 | 4 | | | |
| 5 | | | 6 | 5 | | | |
| 6 | | | 5 | 6 | | | |
| 7 | | | | 7 | | | |
| 8 | | | | 8 | | | |
| 9 | | | | 9 | | | |
| 10 | | | | 10 | | | |
| <u>70</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> | <u>65</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> |
| 1 | Richard Seabrook, Beckenham RC | 0:23:53 | 10 | 1 | Gail Hennessy, Eton Manor | 0:22:39 | 10 |
| 2 | John Kemp, Aquila | 0:29:59 | 9 | 2 | Claire Steward, Dulwich Runners | 0:24:47 | 9 |
| 3 | | | | 3 | Miki Jablkowska, Kent AC | 0:26:42 | 8 |
| 4 | | | | 4 | | | |
| 5 | | | | 5 | | | |
| 6 | | | | 6 | | | |
| 7 | | | | 7 | | | |
| 8 | | | | 8 | | | |
| 9 | | | | 9 | | | |
| 10 | | | | 10 | | | |
| <u>75</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> | <u>70</u> | <u>Name_Club</u> | <u>Time</u> | <u>Points</u> |
| 1 | John Few, Eton Manor | 0:23:57 | 10 | 1 | | | 10 |
| 2 | | | 9 | 2 | | | |