

2023 ASSEMBLY LEAGUE - RACE 1 VICTORIA PARK 4 MAY 2023**Version 2**

| Position | Bib | Name | Time | Gender | Age | Club |
|-----------------|------------|-------------------------|-------------|---------------|------------|-----------------------|
| 1 | 196 | Robert Wilson | 0:17:09 | Male | Senior | Eton Manor AC |
| 2 | 269 | Chris Greenwood | 0:17:14 | Male | 45 | Kent AC |
| 3 | 249 | Jake Simmonds | 0:17:25 | Male | Senior | Kent AC |
| 4 | 154 | Edward Chuck | 0:17:53 | Male | Senior | Dulwich Runners |
| 5 | 153 | Andy Bond | 0:18:02 | Male | 45 | Dulwich Runners |
| 6 | 266 | Matt Speed | 0:18:09 | Male | Senior | Kent AC |
| 7 | 488 | Joe Elliott | 0:18:13 | Male | Senior | SEAC |
| 8 | 57 | James Pitts | 0:18:15 | Male | 45 | Cambridge Harriers |
| 9 | 240 | Robert Donohue | 0:18:18 | Male | Senior | Kent AC |
| 10 | 142 | Thomas South | 0:18:21 | Male | 45 | Dulwich Runners |
| 11 | 168 | Jack Brotschie | 0:18:23 | Male | Senior | Dulwich Runners |
| 12 | 54 | James Macdonald | 0:18:28 | Male | 45 | Cambridge Harriers |
| 13 | 500 | Raj Paranandi | 0:18:31 | Male | Senior | SEAC |
| 14 | 267 | Che Compton | 0:18:36 | Male | 45 | Kent AC |
| 15 | 268 | Calum Fraser | 0:18:43 | Male | Senior | Kent AC |
| 16 | 263 | Robert Laing | 0:18:54 | Male | 45 | Kent AC |
| 17 | 487 | Ross Brown | 0:18:58 | Male | Senior | SEAC |
| 18 | 547 | David Jones | 0:19:01 | Male | 40 | Victoria Park H&THAC |
| 19 | 484 | Zachariah Chadwick | 0:19:07 | Male | Senior | SEAC |
| 20 | 534 | Craig Beattie | 0:19:09 | Male | Senior | Victoria Park H&THAC |
| 21 | 194 | Joshua Willis | 0:19:17 | Male | Senior | Eton Manor AC |
| 22 | 141 | Theo Gittens | 0:19:20 | Male | Senior | Dulwich Runners |
| 23 | 193 | Samuel Anderson | 0:19:23 | Male | Senior | Eton Manor AC |
| 24 | 185 | Paul Boddey | 0:19:29 | Male | 40 | Eton Manor AC |
| 25 | 189 | Craig Stevens | 0:19:39 | Male | Senior | Eton Manor AC |
| 26 | 252 | Guy Barnett | 0:19:40 | Male | 20 | Kent AC |
| 27 | 151 | Alastair Low-Macrae | 0:19:41 | Male | Senior | Dulwich Runners |
| 28 | 53 | Lewis Baker | 0:19:41 | Male | 40 | Cambridge Harriers |
| 29 | 52 | Andrew Doyle | 0:19:44 | Male | 40 | Cambridge Harriers |
| 30 | 40 | Dan Treichel | 0:19:47 | Male | 40 | Serpentine RC |
| 31 | 486 | Robin Jones | 0:19:48 | Male | 50 | SEAC |
| 32 | 292 | Kieran John Fitzpatrick | 0:19:53 | Male | Senior | Kent AC |
| 33 | 391 | Kev Howarth | 0:19:54 | Male | 50 | Petts Wood Runners |
| 34 | 552 | Matthew Dawson | 0:19:55 | Male | Senior | Victoria Park H&THAC |
| 35 | 155 | Polly Warrack | 0:19:55 | Female | Senior | Dulwich Runners |
| 36 | 278 | James Boustead | 0:19:56 | Male | Senior | Kent AC |
| 37 | 43 | Ewan Maynard | 0:19:57 | Male | Senior | Serpentine RC |
| 38 | 528 | Kevin Fevin | 0:19:58 | Male | Senior | Victoria Park H&THAC |
| 39 | 195 | George Fernandez | 0:19:59 | Male | Senior | Eton Manor AC |
| 40 | 244 | Alexa Parker | 0:20:00 | Female | Senior | Kent AC |
| 41 | 203 | Graham White | 0:20:01 | Male | Senior | Eton Manor AC |
| 42 | 480 | Jonathan Langley | 0:20:07 | Male | 50 | SEAC |
| 43 | 165 | Owen Mason | 0:20:13 | Male | Senior | Kent AC |
| 44 | 242 | Jonathan Ratcliffe | 0:20:15 | Male | 55 | Kent AC |
| 45 | 497 | Robert Edwards | 0:20:16 | Male | Senior | SEAC |
| 46 | 523 | Gavin Lau | 0:20:18 | Male | Senior | Victoria Park H&THAC |
| 47 | 41 | Simon Barrett | 0:20:20 | Male | 45 | Serpentine RC |
| 48 | 254 | Theo Gaymes | 0:20:22 | Male | 20 | Kent AC |
| 49 | 209 | Neil McGoun | 0:20:23 | Male | 40 | Eton Manor AC |
| 50 | 255 | Bryony Proctor | 0:20:23 | Female | 35 | Kent AC |
| 51 | 533 | Kevin Long | 0:20:24 | Male | 45 | Victoria Park H&THAC |
| 52 | 483 | Paul Fantii | 0:20:31 | Male | 50 | SEAC |
| 53 | 401 | Kev Chadwick | 0:20:34 | Male | 40 | Petts Wood Runners |
| 54 | 167 | Alex Loftus | 0:20:37 | Male | 45 | Dulwich Runners |
| 55 | 182 | Dylan Williams | 0:20:38 | Male | Senior | Eton Manor AC |
| 56 | 543 | Matt Ogg | 0:20:40 | Male | Senior | Victoria Park H&THAC |
| 57 | 557 | Dan Mcphillimey | 0:20:41 | Male | Senior | Victoria Park H&THAC |
| 58 | 514 | Ben Roach | 0:20:42 | Male | Senior | Victoria Park H&THAC |
| 59 | 147 | Tommaso Bendonì | 0:20:44 | Male | Senior | Dulwich Runners |
| 60 | 371 | Mike Boucher | 0:20:46 | Male | 40 | London Underground |
| 61 | 482 | Steve Hough | 0:20:49 | Male | 45 | SEAC |
| 62 | 553 | Neil Cook | 0:20:52 | Male | 45 | Victoria Park H&THAC |
| 63 | 259 | Stephen Watts | 0:20:53 | Male | 40 | Kent AC |
| 64 | 489 | Tom Gifford | 0:20:53 | Male | Senior | SEAC |
| 65 | 375 | Joseph Osakue | 0:20:54 | Male | 50 | London Underground |
| 66 | 495 | Georgina Povall | 0:20:57 | Female | Senior | SEAC |
| 67 | 561 | Patrick Thomas | 0:20:59 | Male | Senior | Victoria Park H&THAC |
| 68 | 276 | Tom Heslop | 0:20:59 | Male | Senior | Kent AC |
| 69 | 516 | Simon Bennett | 0:21:01 | Male | 45 | Victoria Park H&THAC |
| 70 | 58 | 0 0 | 0:21:01 | 0 | 0 | |
| 71 | 512 | James Ingram | 0:21:04 | Male | Senior | Victoria Park H&THAC |
| 72 | 245 | Amy Clements | 0:21:05 | Female | 40 | Kent AC |
| 73 | 376 | Daniel Nichols | 0:21:05 | Male | 40 | London Underground |
| 74 | 163 | Mark Callaghan | 0:21:08 | Male | 45 | Dulwich Runners |
| 75 | 310 | Ellie Freeden | 0:21:13 | Female | Senior | Kent AC |
| 76 | 6 | Philip Whitehouse | 0:21:16 | Male | Senior | Serpentine RC |
| 77 | 510 | Lily Zechmann | 0:21:19 | Female | Senior | Victoria Park H&THAC |
| 78 | 338 | 0 0 | 0:21:20 | 0 | 0 | |
| 79 | 496 | Matty Tieuli | 0:21:23 | Male | Senior | SEAC |
| 80 | 481 | Jonathan Ormerod | 0:21:28 | Male | 40 | SEAC |
| 81 | 51 | Christian Poulton | 0:21:29 | Male | 55 | Cambridge Harriers |
| 82 | 118 | Matt Russell | 0:21:33 | Male | 40 | Dartford RR |
| 83 | 262 | Matthew Moroney | 0:21:36 | Male | 40 | Kent AC |
| 84 | 110 | Andrew Noble | 0:21:41 | Male | 55 | Dartford RR |
| 85 | 55 | Antonio Irranca | 0:21:41 | Male | 45 | Cambridge Harriers |
| 86 | 274 | Matthew Thomas | 0:21:43 | Male | Senior | Kent AC |
| 87 | 544 | Badar Al Raisi | 0:21:55 | Male | Senior | Victoria Park H&THAC |
| 88 | 44 | Kemuel Solomon | 0:21:56 | Male | 60 | Serpentine RC |
| 89 | 201 | Christopher O'Toole | 0:21:57 | Male | Senior | Eton Manor AC |
| 90 | 501 | Richard Gordon | 0:21:58 | Male | Senior | SEAC |
| 91 | 393 | Gavin Mackay | 0:22:01 | Male | 50 | Petts Wood Runners |
| 92 | 433 | Justin Warren | 0:22:01 | Male | Senior | Ravens School Runners |
| 93 | 399 | Matthew Pond | 0:22:05 | Male | 20 | Petts Wood Runners |
| 94 | 160 | Graeme Finnie | 0:22:09 | Male | Senior | Dulwich Runners |

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| 95 | 556 | Hazel Norton-Hale | 0:22:12 | Female | 35 | Victoria Park H&THAC |
| 96 | 520 | Thomas Richardson | 0:22:12 | Male | Senior | Victoria Park H&THAC |
| 97 | 247 | Jamie Stinson | 0:22:13 | Male | Senior | Kent AC |
| 98 | 200 | Dario Alvarez | 0:22:14 | Male | Senior | Eton Manor AC |
| 99 | 492 | Iain Ramsay | 0:22:23 | Male | Senior | SEAC |
| 100 | 564 | Tim Murray | 0:22:24 | Male | 45 | Victoria Park H&THAC |
| 101 | 212 | Matthew Readett | 0:22:26 | Male | Senior | Eton Manor AC |
| 102 | 10 | Mike Reich | 0:22:29 | Male | 40 | Beckenham RC |
| 103 | 184 | Peter Stilwell | 0:22:31 | Male | Senior | Eton Manor AC |
| 104 | 158 | Warren Keefe | 0:22:34 | Male | 45 | Dulwich Runners |
| 105 | 535 | David John-Simpson | 0:22:35 | Male | Senior | Victoria Park H&THAC |
| 106 | 373 | Martin Daoud | 0:22:37 | Male | 60 | London Underground |
| 107 | 113 | Ian Mcgrath | 0:22:38 | Male | 50 | Dartford RR |
| 108 | 188 | John Black | 0:22:40 | Male | 65 | Eton Manor AC |
| 109 | 243 | Luke Armitage | 0:22:44 | Male | 55 | Kent AC |
| 110 | 511 | Jade Dos Santos | 0:22:46 | Female | Senior | Victoria Park H&THAC |
| 111 | 9 | Chris Notton | 0:22:50 | Male | 45 | Serpentine RC |
| 112 | 395 | Richard Hassell | 0:22:51 | Male | 40 | Petts Wood Runners |
| 113 | 377 | David Kelly | 0:22:53 | Male | 50 | London Underground |
| 114 | 271 | Victoria Cartwright | 0:22:56 | Female | 40 | Kent AC |
| 115 | 531 | Ellie Daglish | 0:22:56 | Female | Senior | Victoria Park H&THAC |
| 116 | 246 | Victoria Buck | 0:22:57 | Female | 45 | Kent AC |
| 117 | 400 | Stephen Pond | 0:22:58 | Male | 55 | Petts Wood Runners |
| 118 | 42 | Alex Jeffreys | 0:22:59 | Male | 45 | Serpentine RC |
| 119 | 164 | Ross Rook | 0:23:00 | Male | 40 | Dulwich Runners |
| 120 | 260 | Alison Thomson | 0:23:02 | Female | 35 | Kent AC |
| 121 | 140 | Michelle Lennon | 0:23:05 | Female | 55 | Dulwich Runners |
| 122 | 392 | David Groom | 0:23:06 | Male | 55 | Petts Wood Runners |
| 123 | 396 | Tim Springett | 0:23:09 | Male | 55 | Petts Wood Runners |
| 124 | 157 | Sum Mattu | 0:23:09 | Male | Senior | Dulwich Runners |
| 125 | 542 | Robi O'Cleirigh | 0:23:13 | Male | Senior | Victoria Park H&THAC |
| 126 | 150 | Eberhard Prill | 0:23:15 | Male | 60 | Dulwich Runners |
| 127 | 204 | Jenny Heymann | 0:23:17 | Female | 40 | Eton Manor AC |
| 128 | 180 | Robert Sommerville | 0:23:18 | Male | 50 | Eton Manor AC |
| 129 | 536 | Dean Saliba | 0:23:20 | Male | 40 | Victoria Park H&THAC |
| 130 | 251 | George Searle | 0:23:21 | Male | 20 | Kent AC |
| 131 | 261 | Lucas Stickland | 0:23:22 | Male | 20 | Kent AC |
| 132 | 192 | Owain Crispin | 0:23:25 | Male | Senior | Eton Manor AC |
| 133 | 370 | Mike Murdoch | 0:23:26 | Male | 55 | London Underground |
| 134 | 248 | Clive Harvey | 0:23:27 | Male | 55 | Kent AC |
| 135 | 390 | Marcus Elwes | 0:23:30 | Male | 55 | Petts Wood Runners |
| 136 | 211 | Joshua Dent | 0:23:33 | Male | Senior | Eton Manor AC |
| 137 | 485 | John O'Shea | 0:23:35 | Male | 60 | SEAC |
| 138 | 186 | Liz Haigh | 0:23:35 | Female | Senior | Eton Manor AC |
| 139 | 256 | Sally Urquhart | 0:23:36 | Female | Senior | Kent AC |
| 140 | 169 | Katie Styles | 0:23:38 | Female | 40 | Dulwich Runners |
| 141 | 532 | Alessandro Gill | 0:23:39 | Male | 20 | Victoria Park H&THAC |
| 142 | 233 | Lydia Riding | 0:23:47 | Female | Senior | Greenwich Tritons |
| 143 | 156 | Helen Shannon | 0:23:48 | Female | 40 | Dulwich Runners |
| 144 | 50 | Graham Maynard | 0:23:49 | Male | 60 | Cambridge Harriers |
| 145 | 434 | Andy Moulden | 0:23:52 | Male | Senior | Ravens School Runners |
| 146 | 539 | Adria Garcia | 0:23:53 | Male | 40 | Victoria Park H&THAC |
| 147 | 526 | Vincent Josse | 0:23:54 | Male | 40 | Victoria Park H&THAC |
| 148 | 152 | Laura Vincent | 0:23:55 | Female | 40 | Dulwich Runners |
| 149 | 258 | Nicola Cartledge | 0:23:57 | Female | 45 | Kent AC |
| 150 | 530 | Tim Miller | 0:23:58 | Male | 50 | Victoria Park H&THAC |
| 151 | 502 | Andrew Mclauchlan | 0:24:06 | Male | 45 | SEAC |
| 152 | 230 | Lesley Mccarthy | 0:24:10 | Female | 50 | Greenwich Tritons |
| 153 | 161 | Harriet Roddy | 0:24:16 | Female | Senior | Dulwich Runners |
| 154 | 275 | Martin Morgan | 0:24:20 | Male | Senior | Kent AC |
| 155 | 197 | Martin Hockey | 0:24:21 | Male | 55 | Eton Manor AC |
| 156 | 551 | Eilidh Wagstaff | 0:24:22 | Female | Senior | Victoria Park H&THAC |
| 157 | 549 | Dylan Jadman | 0:24:29 | Male | Senior | Victoria Park H&THAC |
| 158 | 431 | Gavin Fage | 0:24:30 | Male | 45 | Ravens School Runners |
| 159 | 527 | James Keough | 0:24:31 | Male | Senior | Victoria Park H&THAC |
| 160 | 563 | Erica Brown | 0:24:32 | Female | 40 | Victoria Park H&THAC |
| 161 | 494 | James Ventress | 0:24:35 | Male | Senior | SEAC |
| 162 | 394 | Amanda Williams | 0:24:41 | Female | 45 | Petts Wood Runners |
| 163 | 398 | Simon Briar | 0:24:42 | Male | 55 | Petts Wood Runners |
| 164 | 198 | Rachael Futo | 0:24:43 | Female | Senior | Eton Manor AC |
| 165 | 234 | Leanne Bowler | 0:24:45 | Female | 35 | Greenwich Tritons |
| 166 | 270 | Pawel Szynkarczuk | 0:24:46 | Male | 45 | Kent AC |
| 167 | 538 | Rebecca Richardson | 0:24:47 | Female | Senior | Victoria Park H&THAC |
| 168 | 279 | Susanna Davies | 0:24:48 | Female | 35 | Kent AC |
| 169 | 281 | Lee Davies | 0:24:55 | Male | Senior | Kent AC |
| 170 | 558 | Jeanne Martin | 0:24:56 | Female | Senior | Victoria Park H&THAC |
| 171 | 257 | Andrea Barber | 0:24:56 | Female | 50 | Kent AC |
| 172 | 560 | William Burbridge-James | 0:24:58 | Male | 65 | Victoria Park H&THAC |
| 173 | 524 | Luke Cornelius | 0:24:58 | Male | Senior | Victoria Park H&THAC |
| 174 | 546 | Robert Stockwell | 0:25:03 | Male | 40 | Victoria Park H&THAC |
| 175 | 149 | Clare Norris | 0:25:06 | Female | 45 | Dulwich Runners |
| 176 | 231 | Simon Taylor | 0:25:09 | Male | 50 | Greenwich Tritons |
| 177 | 402 | Nat Jacques | 0:25:12 | Female | Senior | Petts Wood Runners |
| 178 | 537 | Mohibur Rahman | 0:25:39 | Male | 45 | Victoria Park H&THAC |
| 179 | 545 | Naomi Bourne | 0:25:43 | Female | 55 | Victoria Park H&THAC |
| 180 | 490 | Fawad Karim | 0:25:46 | Male | 45 | SEAC |
| 181 | 187 | Jane Pannell | 0:25:50 | Female | 50 | Eton Manor AC |
| 182 | 232 | Louise Roper | 0:25:54 | Female | Senior | Greenwich Tritons |
| 183 | 241 | Jo Mott | 0:25:55 | Female | Senior | Kent AC |
| 184 | 562 | Aneirin Glyn | 0:25:56 | Male | 45 | Victoria Park H&THAC |
| 185 | 499 | Emmanuel Sobakin | 0:25:58 | Male | Senior | SEAC |
| 186 | 148 | Mike Mann | 0:26:05 | Male | 70 | Dulwich Runners |
| 187 | 555 | Agata Slota | 0:26:05 | Female | 40 | Victoria Park H&THAC |
| 188 | 250 | Jo Wint | 0:26:10 | Female | 40 | Kent AC |
| 189 | 559 | Matt Secker | 0:26:11 | Male | 40 | Victoria Park H&THAC |
| 190 | 397 | Andrew Stubbs | 0:26:12 | Male | 45 | Petts Wood Runners |
| 191 | 56 | Tom Brooke | 0:26:14 | Male | Senior | Cambridge Harriers |
| 192 | 435 | Elliot Moulden | 0:26:20 | Male | 20 | Ravens School Runners |
| 193 | 264 | Hugh Stickland | 0:26:22 | Male | Senior | Kent AC |
| 194 | 236 | Becca Burns | 0:26:23 | Female | Senior | Greenwich Tritons |
| 195 | 525 | David Wilkey | 0:26:25 | Male | 50 | Victoria Park H&THAC |

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| 196 | 115 | Emma Brown | 0:26:34 | Female | 45 | Dartford RR |
| 197 | 162 | Colin Frith | 0:26:47 | Male | 65 | Dulwich Runners |
| 198 | 145 | Dave West | 0:26:57 | Male | 60 | Dulwich Runners |
| 199 | 206 | Naomi White | 0:27:01 | Female | Senior | Eton Manor AC |
| 200 | 208 | Ru Rose | 0:27:05 | Female | 40 | Eton Manor AC |
| 201 | 277 | Ronnie Haydon | 0:27:09 | Female | 60 | Kent AC |
| 202 | 166 | Carys Morgan | 0:27:14 | Female | 45 | Dulwich Runners |
| 203 | 493 | Joshua Perers Cook | 0:27:21 | Male | Senior | SEAC |
| 204 | 45 | Colleen Renihan | 0:27:22 | Female | 50 | Serpentine RC |
| 205 | 550 | Ella Lipscombe | 0:27:22 | Female | Senior | Victoria Park H&THAC |
| 206 | 46 | Cristina Segovia Sanchis | 0:27:26 | Female | Senior | Serpentine RC |
| 207 | 190 | Pippa Dowswell | 0:27:31 | Female | 55 | Eton Manor AC |
| 208 | 199 | Chris Hempseed | 0:27:43 | Male | Senior | Eton Manor AC |
| 209 | 379 | Juan Luque | 0:27:43 | Male | 50 | London Underground |
| 210 | 253 | Anna Delis | 0:27:45 | Female | 40 | Kent AC |
| 211 | 8 | Emily Jenkins | 0:27:57 | Female | 50 | Serpentine RC |
| 212 | 541 | Pete Scott | 0:27:58 | Male | Senior | Victoria Park H&THAC |
| 213 | 432 | Rick Clarkson | 0:27:58 | Male | 60 | Ravens School Runners |
| 214 | 554 | Sarah Stewart | 0:28:01 | Female | 35 | Victoria Park H&THAC |
| 215 | 265 | Bernie Hutchinson | 0:28:03 | Male | 65 | Kent AC |
| 216 | 116 | Dave Best | 0:28:07 | Male | 50 | Dartford RR |
| 217 | 548 | Collette Farnol | 0:28:09 | Female | Senior | Victoria Park H&THAC |
| 218 | 272 | Kimberly Parker | 0:28:17 | Female | Senior | Kent AC |
| 219 | 205 | Adrian Frost | 0:28:27 | Male | 60 | Eton Manor AC |
| 220 | 372 | Tom Morris | 0:28:30 | Male | 60 | London Underground |
| 221 | 374 | Jamie Price | 0:28:31 | Male | 45 | London Underground |
| 222 | 498 | Bhanu Dhanjal | 0:28:37 | Male | Senior | SEAC |
| 223 | 117 | Alex Cooper | 0:28:39 | Female | 50 | Dartford RR |
| 224 | 540 | Sarah Knox | 0:29:02 | Female | 50 | Victoria Park H&THAC |
| 225 | 517 | Philippa Cockman | 0:29:08 | Female | 60 | Victoria Park H&THAC |
| 226 | 518 | Aoife Murray | 0:29:09 | Female | Senior | Victoria Park H&THAC |
| 227 | 430 | Adam Doherty | 0:29:12 | Male | Senior | Ravens School Runners |
| 228 | 521 | Nicola Kerr | 0:29:22 | Female | 50 | Victoria Park H&THAC |
| 229 | 143 | Ros Tabor | 0:29:24 | Female | 70 | Dulwich Runners |
| 230 | 210 | Lee Milne | 0:29:27 | Female | 45 | Eton Manor AC |
| 231 | 378 | John O'Brien | 0:29:53 | Male | 50 | London Underground |
| 232 | 207 | Gail Hennessey | 0:29:56 | Female | 65 | Eton Manor AC |
| 233 | 146 | Paul Keating | 0:30:06 | Male | 55 | Dulwich Runners |
| 234 | 183 | Janine Durrant | 0:30:20 | Female | 45 | Eton Manor AC |
| 235 | 503 | Rebecca De Hoest | 0:30:28 | Female | Senior | SEAC |
| 236 | 519 | Helen Burns | 0:30:33 | Female | Senior | Victoria Park H&THAC |
| 237 | 181 | Hayley Dalton | 0:30:37 | Female | 50 | Eton Manor AC |
| 238 | 114 | Paul Hooper | 0:30:53 | Male | 65 | Dartford RR |
| 239 | 144 | Andrew Murray | 0:30:55 | Male | 70 | Dulwich Runners |
| 240 | 491 | Thomas Jotta Kyriakou | 0:31:18 | Female | Senior | SEAC |
| 241 | 522 | Amy Blackburn-Lau | 0:31:36 | Female | 35 | Victoria Park H&THAC |
| 242 | 191 | Tracey Taylor | 0:31:49 | Female | 60 | Eton Manor AC |
| 243 | 159 | Claire Steward | 0:31:53 | Female | 70 | Dulwich Runners |
| 244 | 202 | Amanda Hearn | 0:32:03 | Female | 35 | Eton Manor AC |
| 245 | 7 | Camilla Allwood | 0:32:04 | Female | 60 | Serpentine RC |
| 246 | 111 | Roy Knight | 0:32:06 | Male | 70 | Dartford RR |
| 247 | 282 | James Streatham | 0:32:08 | Male | 60 | Kent AC |
| 248 | 235 | Leyla Ari | 0:33:01 | Female | 45 | Greenwich Tritons |
| 249 | 513 | Robert Collier | 0:33:31 | Male | 55 | Victoria Park H&THAC |
| 250 | 565 | Erica Browne | 0:33:37 | Female | 40 | Victoria Park H&THAC |
| 251 | 529 | Gerry Akrigg | 0:34:38 | Male | 55 | Victoria Park H&THAC |
| 252 | 112 | Keith Harvey | 0:35:16 | Male | 50 | Dartford RR |
| 253 | 273 | Zoë Gaffen | 0:36:20 | Female | 65 | Kent AC |
| 254 | 238 | Lauren Porter | 0:39:51 | Female | 45 | Greenwich Tritons |