

2023 ASSEMBLY LEAGUE - RACE 2 CRYSTAL PALACE PARK 1 JUNE 2023

Version 3

Position	Bib	Name	Time	Gender	Age	Club
1	160	Edward Chuck	0:15:39	Senior	Male	Dulwich Runners
2	255	Jake Simmonds	0:15:41	Senior	Male	Kent AC
3	273	Nicholas Torry	0:16:16	45	Male	Kent AC
4	269	Ben Hope	0:16:30	45	Male	Kent AC
5	260	Robert Donohue	0:16:32	Senior	Male	Kent AC
6	164	Jack Brochie	0:16:33	Senior	Male	Dulwich Runners
7	161	Robert Armstrong	0:16:34	Senior	Male	Dulwich Runners
8	274	Ben Clarke	0:16:38	Senior	Male	Kent AC
9	166	Joe Hallsworth	0:16:41	Senior	Male	Dulwich Runners
10	155	Andy Bond	0:16:42	45	Male	Dulwich Runners
11	157	Fred Bungay	0:16:46	Senior	Male	Dulwich Runners
12	280	Che Compton	0:16:48	45	Male	Kent AC
13	294	Calum Fraser	0:16:50	Senior	Male	Kent AC
14	197	Simon Cottle	0:16:53	40	Male	Eton Manor AC
15	534	Ross Brown	0:16:54	Senior	Male	SEAC
16	487	Hugh Torry	0:16:56	40	Male	Serpentine RC
17	363	Henry Angove	0:17:02	Senior	Male	Lloyds RC Ravens
18	365	Joe Clark	0:17:03	Senior	Male	Lloyds RC Ravens
19	480	Peter Woodridge	0:17:05	Senior	Male	Serpentine RC
20	293	Michael Longley	0:17:06	Senior	Male	Kent AC
21	147	Adrian Russell	0:17:11	45	Male	Dulwich Runners
22	287	Guy Barnett	0:17:23	40	Male	Kent AC
23	252	Robert Laing	0:17:31	45	Male	Kent AC
24	583	Kevin Feriw	0:17:33	Senior	Male	Victoria Park H&THAC
25	204	George Fernandez	0:17:36	Senior	Male	Eton Manor AC
26	529	Alan Barnes	0:17:37	40	Male	SEAC
27	202	Josh Willis	0:17:38	Senior	Male	Eton Manor AC
28	270	Tomas Sloan	0:17:44	45	Male	Kent AC
29	148	Hugh Stuart	0:17:50	Senior	Male	Dulwich Runners
30	361	Jonathan Pontin	0:17:54	Senior	Male	Lloyds RC Ravens
31	481	Ewan Maynard	0:17:58	Senior	Male	Serpentine RC
32	526	Jamie Philip	0:18:02	45	Male	SEAC
33	433	Harry Fage	0:18:05	Senior	Male	Ravens School Runners
34	400	Kev Howarth	0:18:06	50	Male	Petts Wood Runners
35	42	Andrew Doyle	0:18:07	40	Male	Cambridge Harriers
36	532	Michal Evans	0:18:10	40	Male	SEAC
37	525	Ross May	0:18:15	Senior	Male	SEAC
38	251	Richard Giles	0:18:16	45	Male	Kent AC
39	277	Katie Rowland	0:18:17	Senior	Female	Kent AC
40	167	Tommaso Bendoni	0:18:17	Senior	Male	Dulwich Runners
41	563	Krzysztof Kildzia	0:18:19	55	Male	London Underground
42	264	Bryony Proctor	0:18:22	35	Female	Kent AC
43	267	Amy Clements	0:18:23	40	Female	Kent AC
44	268	Ben Armsen	0:18:30	Senior	Male	Kent AC
45	284	Matthew Thomas	0:18:33	Senior	Male	Kent AC
46	191	Dylan Williams	0:18:36	Senior	Male	Eton Manor AC
47	163	Joe Farrington-Douglas	0:18:39	40	Male	Dulwich Runners
48	560	Mike Boucher	0:18:40	40	Male	London Underground
49	486	Philip Whitehouse	0:18:41	Senior	Male	Serpentine RC
50	254	Jonathan Ratcliffe	0:18:43	55	Male	Kent AC
51	200	Laurence Cox	0:18:44	Senior	Male	Eton Manor AC
52	524	Ed Hezlet	0:18:48	Senior	Male	SEAC
53	585	Simeon Bennett	0:18:51	50	Male	Victoria Park H&THAC
54	527	Jonathan Langley	0:18:56	50	Male	SEAC
55	584	Matthew Ogg	0:18:56	Senior	Male	Victoria Park H&THAC
56	256	Jack Eaton	0:18:57	Senior	Male	Kent AC
57	48	James Pitts	0:18:59	45	Male	Cambridge Harriers
58	13	Jim Addison	0:19:01	50	Male	Beckenham RC
59	297	Andy Colley	0:19:03	40	Male	Kent AC
60	405	Silky Ng	0:19:06	Senior	Male	Petts Wood Runners
61	45	Lucy Foreman	0:19:07	Senior	Female	Cambridge Harriers
62	257	Clare Elms	0:19:11	55	Female	Kent AC
63	271	Harry Massingham	0:19:11	Senior	Male	Kent AC
64	295	Stephen Watts	0:19:12	40	Male	Kent AC
65	50	Will Longhurst	0:19:16	Senior	Male	Cambridge Harriers
66	41	Tom Castle	0:19:22	45	Male	Cambridge Harriers
67	300	Ron Taylor	0:19:26	Senior	Male	Kent AC
68	523	Steve Hough	0:19:29	45	Male	SEAC
69	172	Rob Mayes	0:19:31	Senior	Male	Dulwich Runners
70	43	Christian Poulton	0:19:32	55	Male	Cambridge Harriers
71	114	Andrew Noble	0:19:33	55	Male	Dartford RR
72	196	Jonathan Leith	0:19:36	40	Male	Eton Manor AC
73	409	Matthew Pond	0:19:40	Senior	Male	Petts Wood Runners
74	14	Simon Carter	0:19:40	45	Male	Beckenham RC
75	14	Simon Carter	0:19:41	45	Male	Beckenham RC
76	91	George Hillman	0:19:43	Senior	Male	Crystal Palace
77	296	Teresa Murphy	0:19:45	45	Female	Kent AC
78	293	Ellie Freedon	0:19:48	Senior	Female	Kent AC
79	46	David Resler	0:19:49	55	Male	Cambridge Harriers
80	199	Corn Stubbs	0:19:50	Senior	Male	Eton Manor AC
81	SERP		0:19:51	0	0	
82	146	Warren Keefe	0:19:52	45	Male	Dulwich Runners
83	242	Lydia Riding	0:19:53	Senior	Female	Greenwich Tritons
84	149	Ed Simmons	0:19:55	40	Male	Dulwich Runners
85	364	Robin McCoy	0:20:05	55	Male	Lloyds RC Ravens
86	401	Melody Kane	0:20:06	Senior	Female	Petts Wood Runners
87	276	Gen Blanch	0:20:09	Senior	Female	Kent AC
88	198	Jenny Heymann	0:20:18	40	Female	Eton Manor AC
89	485	Chris Notton	0:20:25	45	Male	Serpentine RC
90	528	Karen Ellison	0:20:26	40	Female	SEAC
91	285	Roger Beardsworth	0:20:27	60	Male	Kent AC
92	408	Stephen Pond	0:20:28	50	Male	Petts Wood Runners
93	201	Peter Silwell	0:20:29	Senior	Male	Eton Manor AC
94	404	Elliott Miller	0:20:29	45	Male	Petts Wood Runners
95	152	John Kazantzis	0:20:32	50	Male	Dulwich Runners
96	561	Martin Daoud	0:20:33	60	Male	London Underground
97	580	Alan Venning	0:20:34	Senior	Male	Victoria Park H&THAC
98	360	Dave Butler	0:20:35	70	Male	Lloyds RC Ravens
99	153	Eberhard Prill	0:20:38	60	Male	Dulwich Runners
100	291	Alex Robbins	0:20:47	45	Male	Kent AC
101	253	Luke Armitage	0:20:49	55	Male	Kent AC
102	171	Justin Siderfin	0:20:55	50	Male	Dulwich Runners
103	272	Andy Wright	0:20:57	Senior	Male	Kent AC
104	562	Damian O'Connor	0:20:58	Senior	Male	London Underground
105	531	Victoria Carter	0:21:01	50	Female	SEAC
106	10	Nathalie Gaudillat	0:21:03	45	Female	Beckenham RC
107	144	Sum Mattu	0:21:06	Senior	Male	Dulwich Runners
108	158	Katie Smith	0:21:08	40	Female	Dulwich Runners
109	402	Richard Hassall	0:21:11	40	Male	Petts Wood Runners
110	258	Sally Urquhart	0:21:16	Senior	Female	Kent AC
111	150	Clare Norris	0:21:19	45	Female	Dulwich Runners
112	156	Michelle Lennon	0:21:26	55	Female	Dulwich Runners
113	111	Ian Mcgrath	0:21:29	50	Male	Dartford RR
114	496	Daniel Selman	0:21:32	50	Male	Petts Wood Runners
115	40	Graham Maynard	0:21:34	60	Male	Cambridge Harriers
116	362	Paul Brandreth	0:21:40	45	Male	Lloyds RC Ravens
117	203	Rachael Futo	0:21:42	Senior	Female	Eton Manor AC
118	412	Tim Springett	0:21:49	55	Male	Petts Wood Runners
119	288	Hugh Barnett	0:21:54	55	Male	Kent AC
120	169	Katie Styles	0:21:58	40	Female	Dulwich Runners
121	44	Vi Chu	0:22:00	45	Male	Cambridge Harriers
122	240	Lesley Mccarthy	0:22:01	50	Female	Greenwich Tritons
123	407	Jason Hone	0:22:01	50	Male	Petts Wood Runners
124	49	Katya Puy	0:22:03	Senior	Female	Cambridge Harriers
125	279	Richard Elliot	0:22:04	40	Male	Kent AC
126	261	Ivona Gongolova	0:22:05	40	Female	Kent AC
127	263	Nicola Cartledge	0:22:07	45	Female	Kent AC
128	145	Cla Salame	0:22:08	55	Female	Dulwich Runners
129	289	Martin Morgan	0:22:10	55	Male	Kent AC
130	533	Paul Doyle	0:22:14	55	Male	SEAC
131	298	Guy Tucker	0:22:16	Senior	Male	Kent AC
132	530	Andrew Mclauchlan	0:22:24	50	Male	SEAC
133	275	Jo Wint	0:22:28	40	Female	Kent AC
134	265	John Barron	0:22:38	65	Male	Kent AC

135	410	Guy Sims	0:22:42	55	Male	Petts Wood Runners
136	431	Gavin Fage	0:22:42	45	Male	Ravens School Runners
137	241	Simon Taylor	0:22:43	50	Male	Greenwich Tritons
138	564	Gerard Doherty	0:22:47	50	Male	London Underground
139	159	Naomi Crowther	0:22:51	40	Female	Dulwich Runners
140	299		0:22:53	0		
141	90	Sian Earl	0:22:54	Senior	Female	Crystal Palace
142	244	Leanne Bowler	0:22:57	35	Female	Greenwich Tritons
143	193	Jane Rukin-White	0:22:59	35	Female	Eton Manor AC
144	286	Andrea Barber	0:23:07	50	Female	Kent AC
145	174	Belinda Bell	0:23:09	35	Female	Dulwich Runners
146	482	Sophie Capplemann	0:23:20	35	Female	Serpentine RC
147	11	Dan Dyer	0:23:26	40	Male	Beckenham RC
148	243	Louise Roper	0:23:29	Senior	Female	Greenwich Tritons
149	173	Ajay Khandelwal	0:23:31	50	Male	Dulwich Runners
150	586	Naomi Borne	0:23:32	55	Female	Victoria Park H&THAC
151	151	Mike Mann	0:23:47	70	Male	Dulwich Runners
152	47	Antonio Irranca	0:23:54	45	Male	Cambridge Harriers
153	12	Amy Harris	0:24:03	40	Female	Beckenham RC
154	403	Kerrie Donohue	0:24:06	Senior	Female	Petts Wood Runners
155	520	Ajit Jansari	0:24:13	55	Male	SEAC
156	92	Jessica Dixon	0:24:18	35	Female	Crystal Palace
157	141	Dave West	0:24:22	60	Male	Dulwich Runners
158	154	Jo Quantill	0:24:23	65	Female	Dulwich Runners
159	483	Lizzie Wilkinson	0:24:35	50	Female	Serpentine RC
160	282	Bernie Hutchinson	0:24:36	65	Male	Kent AC
161	484	Kevan Wilkinson	0:24:38	60	Male	Serpentine RC
162	582	Annie Gammon	0:24:39	60	Female	Victoria Park H&THAC
163	162	Tom Poynton	0:24:49	50	Male	Dulwich Runners
164	488	Emily Jenkins	0:25:11	50	Female	Serpentine RC
165	290	Sophie Walker	0:25:16	20	Female	Kent AC
166	250	Phil Marsden	0:25:17	50	Male	Kent AC
167	432	Rick Clarkson	0:25:22	60	Male	Ravens School Runners
168	565	John O'Brien	0:25:24	50	Male	London Underground
169	194	Ru Rose	0:25:25	40	Female	Eton Manor AC
170	430	Adam Doherty	0:25:36	Senior	Male	Ravens School Runners
171	142	Barrie John Nicholls	0:25:40	65	Male	Dulwich Runners
172	411	Hilary Morton	0:25:48	45	Female	Petts Wood Runners
173	292	Anna Delis	0:25:49	40	Female	Kent AC
174	185	Midge Cameron	0:26:08	55	Female	Dulwich Runners
175	521	Martin Law	0:26:26	50	Male	SEAC
176	190	Geoff Nicholls	0:26:28	65	Male	Eton Manor AC
177	522	Martin Wood	0:26:47	55	Male	SEAC
178	140	Paul Keating	0:26:54	55	Male	Dulwich Runners
179	170	Claire Barnard	0:26:59	35	Female	Dulwich Runners
180	192	Jane Pannell	0:27:28	50	Female	Eton Manor AC
181	282	James Steatham	0:27:40	60	Male	Kent AC
182	195	Hayley Dalton	0:27:53	50	Female	Eton Manor AC
183	113	Roy Knight	0:28:05	70	Male	Dartford RR
184	143	Lindsey Annable	0:28:41	55	Female	Dulwich Runners
185	93	Pat Griffin	0:29:46	65	Male	Crystal Palace
186	110	Paul Hooper	0:29:48	65	Male	Dartford RR
187	581	Gerard Akaigo	0:30:07	60	Male	Victoria Park H&THAC
188	566	Niel Roberts	0:31:20	50	Male	London Underground
189	112	Keith Harvey	0:31:24	50	Male	Dartford RR
190	278	Zoe Gaffen	0:32:28	65	Female	Kent AC

Team Results

Mens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	14	15
2	Dulwich Runners	23	14
3	SEAC	109	13
3	Eton Manor AC	109	13
5	Serpentine RC	112	11
6	Lloyds RC Ravens	141	10
7	Victoria Park H&THAC	209	9
8	Cambridge Harriers	210	8
9	Petts Wood Runners	238	7
10	London Underground	259	6
11	Beckenham RC	305	5
12	Ravens School Runners	4	

Womens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	11	15
2	Dulwich Runners	70	14
3	Greenwich Tritons	92	13
4	Eton Manor AC	92	12
5			11
6			10
7			9
8			8
9			7
10			
11			
12			

Mens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	53	15
2	Dulwich Runners	71	14
3	SEAC	200	13
4	Eton Manor AC	268	12
5	Cambridge Harriers	333	11
6	Petts Wood Runners	368	10
7		9	
8		8	
9			
10			
11			
12			

Womens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	39	15
2	Dulwich Runners	123	14
3			13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

SN	Name, Club	Time	Points
1	Edward Chuck, Dulwich Runners	0:15:39	10
2	Jake Simmonds, Kent AC	0:15:41	9
3	Robert Donohue, Kent AC	0:16:32	8
4	Jack Brochie, Dulwich Runners	0:16:33	7
5	Robert Armstrong, Dulwich Runners	0:16:34	6
6	Ben Clarke, Kent AC	0:16:38	5
7	Joe Hallsworth, Dulwich Runners	0:16:41	4
8	Fred Bungay, Dulwich Runners	0:16:46	3
9	Calum Fraser, Kent AC	0:16:50	2
10	Ross Brown, SEAC	0:16:54	1
20	Name, Club	Time	Points
1	Guy Barnett, Kent AC	0:17:23	10
2			9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1
40	Name, Club	Time	Points
1	Simon Cottle, Eton Manor AC	0:16:53	10
2	Hugh Torry, Serpentine RC	0:16:56	9
3	Alan Barnes, SEAC	0:17:37	8
4	Andrew Doyle, Cambridge Harriers	0:18:07	7
5	Nicah Evans, SEAC	0:18:10	6
6	Joe Farrington-Douglas, Dulwich Runners	0:18:39	5
7	Mike Boucher, London Underground	0:18:40	4
8	Andy Colley, Kent AC	0:19:03	3
9	Stephen Watts, Kent AC	0:19:12	2
10	Jonathan Leith, Eton Manor AC	0:19:36	1
45	Name, Club	Time	Points
1	Nicholas Torry, Kent AC	0:16:16	10
2	Ben Hope, Kent AC	0:16:30	9
3	Andy Bond, Dulwich Runners	0:16:42	8
4	Che Compton, Kent AC	0:16:48	7
5	Adrian Russell, Dulwich Runners	0:17:11	6
6	Robert Lating, Kent AC	0:17:31	5
7	Tomas Sloan, Kent AC	0:17:44	4
8	Jamie Philip, SEAC	0:18:02	3
9	Richard Giles, Kent AC	0:18:16	2
10	James Pitts, Cambridge Harriers	0:18:59	1
50	Name, Club	Time	Points
1	Kev Howarth, Petts Wood Runners	0:18:06	10
2	Simon Bennett, Victoria Park H&THAC	0:18:51	9
3	Jonathan Langley, SEAC	0:18:56	8
4	Jim Addison, Beckenham RC	0:19:01	7
5	Stephen Pond, Petts Wood Runners	0:20:28	6
6	John Kazantzis, Dulwich Runners	0:20:32	5
7	Justin Siderfin, Dulwich Runners	0:20:55	4
8	Ian Mograph, Dartford RR	0:21:29	3
9	Daniel Selman, Petts Wood Runners	0:21:32	2
10	Jason Hone, Petts Wood Runners	0:22:01	1
55	Name, Club	Time	Points
1	Krzysztof Kildzia, London Underground	0:18:19	10
2	Jonathan Ratcliffe, Kent AC	0:18:43	9
3	Christian Poulton, Cambridge Harriers	0:19:32	8
4	Andrew Noble, Dartford RR	0:19:33	7
5	David Reader, Cambridge Harriers	0:19:49	6
6	Robin Mccoy, Lloyds RC Ravens	0:20:05	5
7	Luke Armitage, Kent AC	0:20:49	4
8	Tim Springett, Petts Wood Runners	0:21:49	3
9	Hugh Barnett, Kent AC	0:21:54	2
10	Martin Morgan, Kent AC	0:22:10	1
60	Name, Club	Time	Points
1	Roger Beardsworth, Kent AC	0:20:27	10
2	Martin Daoud, London Underground	0:20:33	9
3	Eberhard Prill, Dulwich Runners	0:20:38	8
4	Graham Maynard, Cambridge Harriers	0:21:34	7
5	Dave West, Dulwich Runners	0:24:22	6
6	Kevan Wilkinson, Serpentine RC	0:24:38	5
7	Rick Clarkson, Ravens School Runners	0:25:22	4
8	James Steatham, Kent AC	0:27:40	3
9	Gerard Akaigo, Victoria Park H&THAC	0:30:07	2
10			1
65	Name, Club	Time	Points
1	John Barron, Kent AC	0:22:38	10
2	Bernie Hutchinson, Kent AC	0:24:36	9
3	Barrie John Nicholls, Dulwich Runners	0:25:40	8
4	Geoff Nicholls, Eton Manor AC	0:26:28	7
5	Pat Griffin, Crystal Palace	0:29:46	6
6	Paul Hooper, Dartford RR	0:29:48	5
7			4
8			3
9			2
10			1
70	Name, Club	Time	Points
1	Dave Butler, Lloyds RC Ravens	0:20:35	10
2	Mike Mann, Dulwich Runners	0:23:47	9
3	Roy Knight, Dartford RR	0:28:05	8
4			7
5			6
6			5
7			4
8			3
9			2
10			1

Womens

SN	Name, Club	Time	Points
1	Katie Rowland, Kent AC	0:18:17	10
2	Lucy Foreman, Cambridge Harriers	0:19:07	9
3	Ellie Freeden, Kent AC	0:19:48	8
4	Lydia Riding, Greenwich Tritons	0:19:53	7
5	Melody Kane, Petts Wood Runners	0:20:06	6
6	Gen Blanch, Kent AC	0:20:09	5
7	Sally Urcuhart, Kent AC	0:21:16	4
8	Rachael Futo, Eton Manor AC	0:21:42	3
9	Katya Puy, Cambridge Harriers	0:22:03	2
10	Sian Earl, Crystal Palace	0:22:54	1
20	Name, Club	Time	Points
1	Sophie Walker, Kent AC	0:25:16	10
2			9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1
35	Name, Club	Time	Points
1	Bryony Proctor, Kent AC	0:18:22	10
2	Leanne Bowler, Greenwich Tritons	0:22:57	9
3	Jane Rukin-White, Eton Manor AC	0:22:59	8
4	Belinda Bell, Dulwich Runners	0:23:09	7
5	Sophie Cappelmann, Serpentine RC	0:23:20	6
6	Jessica Dixon, Crystal Palace	0:24:18	5
7	Claire Barnard, Dulwich Runners	0:26:59	4
8			3
9			2
10			1
40	Name, Club	Time	Points
1	Amy Clements, Kent AC	0:18:23	10
2	Jenny Heymann, Eton Manor AC	0:20:18	9
3	Karen Ellison, SEAC	0:20:26	8
4	Katie Smith, Dulwich Runners	0:21:08	7
5	Katie Styles, Dulwich Runners	0:21:58	6
6	Ivona Gongolova, Kent AC	0:22:05	5
7	Jo Wint, Kent AC	0:22:28	4
8	Naomi Crowther, Dulwich Runners	0:22:51	3
9	Amy Harris, Beckenham RC	0:24:03	2
10	Ru Rose, Eton Manor AC	0:25:25	1
45	Name, Club	Time	Points
1	Teresa Murphy, Kent AC	0:19:46	10
2	Nathalie Gaudillat, Beckenham RC	0:21:03	9
3	Claire Norris, Dulwich Runners	0:21:19	8
4	Nicola Cartledge, Kent AC	0:22:07	7
5	Hilary Morton, Petts Wood Runners	0:25:48	6
6			5
7			4
8			3
9			2
10			1
50	Name, Club	Time	Points
1	Victoria Carter, SEAC	0:21:01	10
2	Lesley Mccarthy, Greenwich Tritons	0:22:01	9
3	Andrea Barber, Kent AC	0:23:07	8
4	Lizzie Wilkinson, Serpentine RC	0:24:35	7
5	Emily Jenkins, Serpentine RC	0:25:11	6
6	Jane Pannell, Eton Manor AC	0:27:28	5
7	Hayley Dalton, Eton Manor AC	0:27:53	4
8			3
9			2
10			1
55	Name, Club	Time	Points
1	Clare Elms, Kent AC	0:19:11	10
2	Michelle Lennon, Dulwich Runners	0:21:26	9
3	Ola Balme, Dulwich Runners	0:22:08	8
4	Naomi Borne, Victoria Park H&THAC	0:23:32	7
5	Midge Cameron, Dulwich Runners	0:26:08	6
6	Lindsey Annable, Dulwich Runners	0:28:41	5
7			4
8			3
9			2
10			1
60	Name, Club	Time	Points
1	Annie Gammon, Victoria Park H&THA	0:24:39	10
2			9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1
65	Name, Club	Time	Points
1	Jo Quantrell, Dulwich Runners	0:24:23	10
2	Zoë Gaffen, Kent AC	0:32:28	9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1