

SEAC BRIDGES RELAY 2024 FINAL RESULTS

The Albert Embankment 12 June 2024

Open Teams

Position	Category	Organisation/ Club	Team Name	Team Number	Time	Vet	Mixed
1	Club	Woking AC	Woking Eastsierz	18	0:47:54		
2	Club	Victoria Park Harriers	VPH Open A	48	0:48:46		
3	Club	West 4 Harriers	W4H Men A	120	0:50:37		
4	LBH	Morgan Stanley	MS#1	126	0:51:15		
5	LBH	KPMG	KPMG	3	0:51:25		
6	LBH	UBS	UBS 1	26	0:51:33		
7	LBH	JPMRC	Runch Bunch	62	0:51:45		
8	Club	London Frontrunners	London Frontrunners 1	144	0:51:46		
9	Club	Victoria Park Harriers	VPH Open B	49	0:52:16		
10	LBH	Slaughter and May	Slaughter and May Men	2	0:52:22		
11	LBH	EY (Ernst & Young LLP)	EY men's team 1	137	0:53:17		
12	LBH	UBS	UBS 3	28	0:53:19		
13	Club	Woking AC	Woking Westeez	19	0:53:28		
14	Club	Ealing Eagles Running Club	Bald Eagle	35	0:53:39		
15	Club	Eton Manor	Eton Manor A	133	0:53:40		
16	Club	West 4 Harriers	W4H Men B	121	0:53:50		
17	Club	Victoria Park Harriers	VPH Open C	50	0:54:01		
18	LBH	Transport for London	TFL - Liberty	156	0:54:07	Vet	
19	Club	Windrush Triathlon Club	Not on Running Form	9	0:54:16		
20	LBH	Morgan Stanley	MS#2	127	0:54:21		
21	Club	London Frontrunners	London Frontrunners 3	146	0:54:23		
22	Club	London Frontrunners	London Frontrunners 2	145	0:54:27		
23	Club	Ealing Eagles Running Club	Imperial Eagle	36	0:54:30		
24	LBH	M&G	M&G	12	0:55:27		
25	LBH	Transport for London	TFL Places (AM2)	163	0:55:41		
26	Club	London Frontrunners	London Frontrunners 4	147	0:56:27		
27	LBH	Barclays	Barclays A	38	0:56:54		
28	LBH	KPMG	KPMG	4	0:57:09		
29	Club	Victoria Park Harriers	VPH Open D	51	0:57:19		
30	Club	London Frontrunners	London Frontrunners 6	149	0:57:21		
31	LBH	Hachette Hares	Hachette Hares Men	34	0:57:23		
32	LBH	Barclays	Barclays B	39	0:57:24		
33	LBH	BNP Paribas	BNP Paribas Vets	14	0:57:28	Vet	
34	LBH	Bank of England	Swift boys	22	0:57:32		Mixed
35	Club	West 4 Harriers	West 4 Men D	123	0:57:53		
36	Club	London Frontrunners	London Frontrunners 5	148	0:57:56		
37	Club	West 4 Harriers	W4H Men C	122	0:58:01		
38	LBH	St Paul's	Red Hot Chill Steppers	17	0:58:02		
39	Club	Ravens	Ravens Men	46	0:58:34		
40	LBH	Bank of England	Bank Run	24	0:58:42		
41	LBH	JPMRC	Bank Street Boys	65	0:59:08		
42	LBH	EY (Ernst & Young LLP)	EY men's team 3	139	0:59:26		
43	LBH	Transport for London	TFL - Mildmay	157	0:59:33	Vet	
44	LBH	Bank of England	BEAC E	23	0:59:39		Mixed
45	LBH	UBS	UBS 2	27	0:59:49		
46	Club	Victoria Park Harriers	VPH Open E	52	0:59:56		
47	Club	London Frontrunners	London Frontrunners 7	150	1:00:09		
48	Club	Windrush Triathlon Club	Alexs	10	1:00:12		Mixed
49	Club	Eton Manor	Eton Manor B Team	134	1:00:27	Vet	Mixed
50	LBH	NatWest	NatWest	1	1:01:02		Mixed
51	Club	Windrush Triathlon Club	Windrush Tri Venerables	8	1:01:19	Vet	
52	Club	London Frontrunners	London Frontrunners 8	151	1:01:21		
53	LBH	Morgan Stanley	MS#4	129	1:01:41		
54	LBH	UBS	UBS 4	29	1:01:42	Vet	Mixed
55	LBH	Barclays	Team Archie	42	1:01:47		Mixed
56	Club	West 4 Harriers	W4H Men F	125	1:02:19		
57	LBH	EY (Ernst & Young LLP)	EY men's team 2	138	1:02:24		
58	Club	Ravens	Ravens Mixed	47	1:02:28		Mixed
59	Club	Victoria Park Harriers	VPH Open F	53	1:02:30	Vet	
60	LBH	BNP Paribas	BNP Paribas Open	13	1:02:49		
61	Club	West 4 Harriers	W4H Men G	164	1:02:54		
62	LBH	Barclays	Barclays C	40	1:03:14		Mixed
63	LBH	Pinsent Masons	Pinsent Masons	154	1:03:19		
64	LBH	JPMRC	Bank Street Striders	66	1:03:46		
65	LBH	JPMRC	YB	64	1:04:34		
66	Club	Windrush Triathlon Club	Team 11	11	1:04:52		Mixed
67	LBH	Transport for London	TFL Places (AM1)	162	1:05:47		Mixed
68	LBH	JPMRC	Pick 'n' Mix	63	1:06:07		Mixed
69	Club	London Frontrunners	London Frontrunners 9	152	1:06:24		Mixed
70	LBH	Transport for London	TFL Places (S&P)	161	1:06:25		
71	LBH	Morgan Stanley	MS#3	128	1:06:48		
72	LBH	Civil Service	Civil Service Open Team	68	1:07:42	Vet	Mixed
73	LBH	Bank of England	BEAC to Front	25	1:08:04		Mixed
74	LBH	Transport for London	TFL - Weaver	159	1:08:07		
75	Club	London Frontrunners	London Frontrunners 10	153	1:08:31		Mixed
76	LBH	EY (Ernst & Young LLP)	EY Unity	140	1:08:38		Mixed
77	LBH	SEAC - Citibank	Citi Slickers	16	1:09:24	Vet	
78	Club	West 4 Harriers	W4H Men E	124	1:09:38		
79	LBH	Eurban	Eurban C	130	1:09:51		Mixed
80	LBH	Bank of England	BEAC B	20	1:09:59		Mixed
81	LBH	KPMG	KPMG	6	1:10:19		
82	LBH	SMBC A	SMBC Sprinters	15	1:11:11	Vet	
83	LBH	Commonwealth Bank of Australia	CBA3	33	1:12:02		Mixed
84	LBH	Standard Chartered	SCB Mixed team 2	57	1:12:10		Mixed
85	LBH	Transport for London	TFL - Suffragette	158	1:12:17		
86	LBH	Raw Charging	Raw 2	142	1:12:49		Mixed
87	LBH	Standard Chartered	MAG Team	55	1:13:20		
88	LBH	Commonwealth Bank of Australia	CBA2	32	1:13:34		Mixed
89	LBH	Raw Charging	Raw 1	141	1:13:50		Mixed
90	LBH	Raw Charging	Raw 3	143	1:13:53		Mixed
91	LBH	Commonwealth Bank of Australia	CBA1	31	1:14:03		Mixed
92	Club	UBS	UBS 5	30	1:14:17		Mixed
93	Club	Victoria Park Harriers	VPH Open G	54	1:14:20	Vet	Mixed
94	LBH	JPMRC	The Athenians	67	1:15:56		
95	LBH	Bank of England	Stress-free and penniless	21	1:16:18		Mixed
96	LBH	Eurban	Eurban L	131	1:16:49		Mixed
97	LBH	Barclays	Team Barbara	43	1:18:45		Mixed
98	LBH	Standard Chartered	SCB Mixed team 4	59	1:19:48		Mixed
99	LBH	Standard Chartered	SCB Mixed team 4	61	1:20:08		Mixed
100	LBH	Barclays	Team Dimitrios	44	1:21:08		Mixed
101	LBH	KPMG	KPMG	5	1:23:44		
102	LBH	Standard Chartered	SCB Mixed team 1	56	1:23:54		Mixed
103	LBH	Barclays	Barclays C	41	1:25:49		Mixed
104							

Ladies Teams

<u>Position</u>	<u>Category</u>	<u>Organisation</u>	<u>Team Name</u>	<u>Team Number</u>	<u>Time</u>	<u>Vet</u>
1	Club	Victoria Park Harriers	VPH Ladies A	82	0:41:30	
2	Club	Victoria Park Harriers	VPH Ladies B	83	0:41:55	
3	Club	Victoria Park Harriers	VPH Ladies C	84	0:43:36	
4	LBH	Civil Service	Civil Service Women's A Team	93	0:44:25	Vet
5	Club	Windrush Triathlon Club	Windrush Tri Ladies	72	0:44:32	Vet
6	LBH	JPMRC	VE Pacers	92	0:44:34	
7	Club	West 4 Harriers	W4H Ladies A	96	0:45:15	
8	LBH	UBS	UBS G	77	0:45:55	Vet
9	LBH	Slaughter and May	Slaughter and May Women	70	0:46:37	
10	Club	Victoria Park Harriers	VPH Ladies D	85	0:46:55	
11	Club	Woodford Green Athletics Club with Essex Ladies	Woodford Green	101	0:47:14	
12	Club	Victoria Park Harriers	VPH Ladies E	86	0:47:26	
13	LBH	KPMG	KPMG	71	0:47:28	
14	LBH	Civil Service	Civil Service Women's B Team	94	0:48:18	
15	Club	West 4 Harriers	W4H Ladies B	97	0:49:50	
16	LBH	Standard Chartered	SCB Ladies team 1	89	0:49:54	
17	LBH	Barclays	Team Polyanna	79	0:50:23	
18	Club	West 4 Harriers	W4H Ladies C	98	0:51:16	
19	Club	West 4 Harriers	W4H Ladies D	103	0:51:48	
20	Club	Victoria Park Harriers	VPH Ladies F	87	0:51:57	Vet
21	Club	Ravens	Ravens Ladies	81	0:53:35	
22	LBH	Morgan Stanley	MS#5	99	0:53:59	
23	Club	Ealing Eagles Running Club	Golden Eagle	80	0:55:25	
24	Club	Victoria Park Harriers	VPH Ladies G	88	0:55:39	
25	LBH	Morgan Stanley	MS#6	100	0:55:42	
26	LBH	Hachette Hares	Hachette Hares Women	78	0:57:04	
27	LBH	Transport for London	TfL - Windrush	160	0:58:04	
28	LBH	Bank of England	BEAC A	74	1:00:20	
29	LBH	Standard Chartered	SCB Ladies team 2	90	1:01:08	
30	LBH	Transport for London	TfL - Lioness	102	1:01:26	
31	LBH	BNP Paribas	BNP Paribas Ladies	73	1:04:37	
32	LBH	Bank of England	BEAC D	75	1:04:53	

Individual Men

Gender	Position	Age Group	Organisation/ Club	Name	Bib	Time	Vet Position	Category
Senior	1		Bank of England	Peter McGrath	D21	0:11:27		LBH
Senior	2		KPMG	Euan Gilchrist	B3	0:11:42		LBH
Senior	3		Victoria Park Harriers	Julien Leprêtre	A48	0:11:47		Club
Vet	4		Woking AC	John Hutchins	A18	0:11:51	1	Club
Senior	5		Woking AC	Martin Sunderland	D18	0:11:53		Club
Senior	6		Victoria Park Harriers	Thomas Holliday	D48	0:11:54		Club
Senior	7		Woking AC	Connor Terrise	C18	0:11:58		Club
Vet	8		Morgan Stanley	Thomas Lepers	A126	0:12:08	2	LBH
Senior	9		Morgan Stanley	Stuart Haynes	C126	0:12:08		LBH
Senior	10		JPMRC	Zach Chadwick	D62	0:12:10		LBH
Senior	11		Woking AC	George Loxton	B18	0:12:12		Club
Senior	12		Barclays	George Mallinson	A38	0:12:13		LBH
Senior	13		Bank of England	Tom Gifford	A22	0:12:15		LBH
Vet	14		Victoria Park Harriers	David Jones	C48	0:12:16	3	Club
Vet	15		Transport for London	Hugh Torry	A156	0:12:16	4	LBH
Senior	16		Fliscent Masons	Bryn Reynolds	A154	0:12:17		LBH
Senior	17		UBS	Matthew Raeside	A26	0:12:19		LBH
Senior	18		West 4 Harriers	Gary Mellish	C120	0:12:21		Club
Senior	19		Woking AC	Ben Goddard	B19	0:12:24		Club
Senior	20		Slaughter and May	Ryan Law	C2	0:12:28		LBH
Senior	21		West 4 Harriers	Alex Veres	A120	0:12:28		Club
Vet	22		UBS	Andrew McCarron	B28	0:12:30	5	LBH
Vet	23		Eton Manor	James Pilch	A133	0:12:31	6	Club
Senior	24		London Frontrunners	Marius Thies	A144	0:12:33		Club
Senior	25		UBS	Luke Patrick	D26	0:12:34		LBH
Senior	26		Ealing Eagles Running Club	Jack Davey	D35	0:12:36		Club
Vet	27		West 4 Harriers	Geoff Maher	A121	0:12:36	7	Club
Vet	28		Slaughter and May	David Ives	A2	0:12:37	8	LBH
Vet	29		Woking AC	David Brighton	A19	0:12:38	9	Club
Senior	30		JPMRC	Joshua Rudland-Potter	A63	0:12:43		LBH
Vet	31		London Frontrunners	Denis Gorman	B144	0:12:43	10	Club
Senior	32		Victoria Park Harriers	Andy Goodwin	A49	0:12:44		Club
Senior	33		EY (Ernst & Young LLP)	Jonathan Ryan	A139	0:12:46		LBH
Senior	34		West 4 Harriers	Steve Wooley	B120	0:12:46		Club
Vet	35		Victoria Park Harriers	Ben Wickham	B49	0:12:47	11	Club
Vet	36		M&G	Ben Nutley	A12	0:12:47	12	LBH
Senior	37		Victoria Park Harriers	Christian Smith	B48	0:12:49		Club
Senior	38		Morgan Stanley	Alexandre Proy	D127	0:12:50		LBH
Senior	39		JPMRC	Ross May	B62	0:12:50		LBH
Senior	40		M&G	Will Cato	D12	0:12:53		LBH
Senior	41		London Frontrunners	Andrew Doyle	C144	0:12:54		Club
Senior	42		KPMG	Gordon Pearce	D3	0:12:54		LBH
Vet	43		NatWest	Peter Lighting	C1	0:12:55	13	LBH
Senior	44		Hachette Hares	Jonathan Sargent	A34	0:12:57		LBH
Senior	45		London Frontrunners	Stephen Turnock	A146	0:13:00		Club
Senior	46		Windrush Triathlon Club	James Naldrett	C9	0:13:00		Club
Vet	47		Morgan Stanley	Harrison Williams	B126	0:13:00	14	LBH
Senior	48		UBS	Dominic Pickford	D28	0:13:00		LBH
Senior	49		West 4 Harriers	Eddie Ware	D120	0:13:01		Club
Senior	50		UBS	George Redman	B26	0:13:03		LBH
Senior	51		West 4 Harriers	David Boot	D121	0:13:03		Club
Senior	52		Ealing Eagles Running Club	Laurence Elliot	C36	0:13:04		Club
Senior	53		Victoria Park Harriers	Christian Smith	D49	0:13:05		Club
Senior	54		EY (Ernst & Young LLP)	Will Bonner	B137	0:13:06		LBH
Vet	55		BNP Paribas	Thierry Bemas	D14	0:13:07	15	LBH
Senior	56		EY (Ernst & Young LLP)	Harold Wyber	A137	0:13:09		LBH
Senior	57		Morgan Stanley	Matias Orvum	B127	0:13:09		LBH
Senior	58		Bank of England	Luke Doyle	C22	0:13:10		LBH
Vet	59		JPMRC	Steve Hough	A62	0:13:12	16	LBH
Senior	60		Commonwealth Bank of Australia	Tom Borowski	A32	0:13:13		LBH
Senior	61		Barclays	Alex Brown	A40	0:13:14		LBH
Senior	62		KPMG	Max Nettley	C3	0:13:16		LBH
Vet	63		NatWest	James Moffat	A1	0:13:18	17	LBH
Senior	64		London Frontrunners	Nick Smith	A145	0:13:21		Club
Senior	65		Windrush Triathlon Club	Simon I	A9	0:13:22		Club
Senior	66		Victoria Park Harriers	James Hirst	A50	0:13:23		Club
Senior	67		Victoria Park Harriers	James Ingram	B50	0:13:24		Club
Senior	68		Bank of England	Chris Gynn	C23	0:13:25		LBH
Senior	69		Hachette Hares	Ross Hamilton	D34	0:13:25		LBH
Senior	70		KPMG	James Lowley	B4	0:13:25		LBH
Vet	71		Eton Manor	Aaron Johnson-Chapman	B133	0:13:25	18	Club
Senior	72		London Frontrunners	Fergal Joyce	D145	0:13:29		Club
Senior	73		EY (Ernst & Young LLP)	Freddie Palmer-Jones	C137	0:13:29		LBH
Senior	74		Ealing Eagles Running Club	Harry Pearson	A36	0:13:30		Club
Senior	75		West 4 Harriers	Will Yates	B121	0:13:30		Club
Senior	76		West 4 Harriers	Tom Orton	D123	0:13:31		Club
Vet	77		London Frontrunners	Alex Hellier	C145	0:13:32	19	Club
Senior	78		EY (Ernst & Young LLP)	Luke Alligan	D137	0:13:32		LBH
Senior	79		KPMG	Alberto Lapedriza	A3	0:13:33		LBH
Senior	80		JPMRC	Ed Hezlet	C62	0:13:33		LBH
Senior	81		Barclays	Tony Mallinson	D38	0:13:33		LBH
Senior	82		Eton Manor	Laurence Cox	C133	0:13:33		Club
Vet	83		Ealing Eagles Running Club	Simon James	C35	0:13:34	20	Club
Vet	84		BNP Paribas	Chris Reeh	A14	0:13:34	21	LBH
Vet	85		Victoria Park Harriers	Connor Johnston	C50	0:13:35	22	Club
Senior	86		Bank of England	Tom Hall	A24	0:13:36		LBH
Senior	87		Ealing Eagles Running Club	Joseph Williams	B35	0:13:36		Club
Senior	88		Slaughter and May	Will Wilson	B2	0:13:36		LBH
Vet	89		London Frontrunners	Michael Cotton	D144	0:13:36	23	Club
Senior	90		Transport for London	Charlie Bennett	A163	0:13:37		LBH
Vet	91		UBS	Ben Jarvis	C26	0:13:37	24	LBH
Vet	92		London Frontrunners	Sath Vimalarajah	D146	0:13:37	25	Club
Vet	93		St Paul's	Tom Spooner	D17	0:13:38	26	LBH
Vet	94		Woking AC	Robbie Cox	C19	0:13:38	27	Club
Senior	95		London Frontrunners	Matthew Baker	A147	0:13:38		Club
Senior	96		Victoria Park Harriers	Callan Jennings	D50	0:13:39		Club
Senior	97		Victoria Park Harriers	Elliot Parker	C49	0:13:39		Club
Senior	98		Slaughter and May	Danny Mills	D2	0:13:41		LBH
Senior	99		London Frontrunners	Michael O'Connor	A149	0:13:41		Club
Senior	100		UBS	Callum Shortt	A28	0:13:42		LBH
Senior	101		London Frontrunners	Euan Cheyne	B146	0:13:43		Club
Vet	102		Transport for London	Krystof Kildzia	D156	0:13:43	28	LBH
Vet	103		EY (Ernst & Young LLP)	Nick Gill	A138	0:13:43	29	LBH
Senior	104		Windrush Triathlon Club	Simon 2	D9	0:13:46		Club
Senior	105		Transport for London	Chris Bourchier	B163	0:13:51		LBH
Vet	106		Morgan Stanley	Ivor Hewitt	A127	0:13:51	30	LBH
Senior	107		Barclays	James Philpot	B39	0:13:51		LBH
Vet	108		Windrush Triathlon Club	Kevin Watson	D8	0:13:52	31	Club
Senior	109		Ealing Eagles Running Club	Greg Fernandes-Lawes	A35	0:13:53		Club
Vet	110		London Frontrunners	Andrew Wood	C147	0:13:54	32	Club
Vet	111		Ealing Eagles Running Club	Mark Yarnell	D36	0:13:54	33	Club
Senior	112		London Frontrunners	Eliot Rees	B149	0:13:54		Club
Vet	113		UBS	Sam Frampton	C27	0:13:56	34	LBH
Senior	114		Barclays	Juan Caruncho Abellanas	A39	0:13:57		LBH
Senior	115		Transport for London	Perris Gentry	C163	0:13:58		LBH
Senior	116		Morgan Stanley	Tasman Hook	D126	0:13:59		LBH
Senior	117		West 4 Harriers	Will Meakin	D164	0:14:00		Club
Vet	118		Transport for London	Chris Warren	B156	0:14:00	35	LBH

119 Senior	JPMRC	Jonathan Walton	865	0:14:00		LBH
120 Vet	Ealing Eagles Running Club	Nils-Kristian Liborg	836	0:14:02	36	Club
121 Vet	West 4 Harriers	Andrew Orchard	D125	0:14:02	37	Club
122 Senior	Victoria Park Harriers	Frederick Simpson	A51	0:14:03		Club
123 Vet	UBS	Paul Mahony	C29	0:14:03	38	LBH
124 Vet	London Frontrunners	Gareth Fletcher	B148	0:14:03	39	Club
125 Senior	London Frontrunners	Paul Smith	C146	0:14:04		Club
126 Senior	Victoria Park Harriers	Will Yeates	B51	0:14:04		Club
127 Senior	London Frontrunners	Tom Holmes	B145	0:14:04		Club
128 Senior	Barclays	KT Caruncho Abellanas	D39	0:14:05		LBH
129 Vet	Morgan Stanley	Thomas Lepers	D129	0:14:05	40	LBH
130 Senior	UBS	Amal Patel	C28	0:14:06		LBH
131 Vet	Transport for London	Peter Lee	A157	0:14:06	41	LBH
132 Senior	JPMRC	Diego Luiz	D66	0:14:07		LBH
133 Senior	Windrush Triathlon Club	Nick Flower	B9	0:14:07		Club
134 Senior	Transport for London	Jonathan Graham	C162	0:14:08		LBH
135 Vet	Transport for London	Joseph Osakue	C156	0:14:08	42	LBH
136 Senior	JPMRC	Ben Coleman	D65	0:14:09		LBH
137 Vet	Eton Manor	Peter Stowell	D133	0:14:10	43	Club
138 Senior	West 4 Harriers	Duncan Grassie	B122	0:14:10		Club
139 Senior	London Frontrunners	Chris Swift	C148	0:14:12		Club
140 Vet	Windrush Triathlon Club	Alex Catterall	C10	0:14:13	44	Club
141 Vet	Commonwealth Bank of Australia	Will Dawber	D32	0:14:15	45	LBH
142 Senior	Transport for London	Fin Meopham	D163	0:14:16		LBH
143 Senior	West 4 Harriers	Matt Priest	A122	0:14:17		Club
144 Senior	Bank of England	Bernat Gual-Ricart	A21	0:14:17		LBH
145 Vet	London Frontrunners	Daniel Martin	B147	0:14:18	46	Club
146 Senior	Morgan Stanley	Brett le Roux	C129	0:14:18		LBH
147 Vet	Eton Manor	Joshua Dent	B134	0:14:19	47	Club
148 Senior	Victoria Park Harriers	Nick Fahey	A52	0:14:19		Club
149 Vet	West 4 Harriers	Nick Mander	B125	0:14:21	48	Club
150 Senior	London Frontrunners	Kai Konkolewski	A150	0:14:23		Club
151 Senior	West 4 Harriers	Shaun Melvin	B123	0:14:24		Club
152 Senior	KPMG	Tom Holtham	D4	0:14:24		LBH
153 Senior	Barclays	Tudor Constantinescu	C40	0:14:26		LBH
154 Senior	Ravens	Tim Sherman-Samuels	C46	0:14:26		Club
155 Senior	Bank of England	Chris Keeling	D23	0:14:30		LBH
156 Senior	BNP Paribas	Nicolas Vitale	A13	0:14:30		LBH
157 Senior	KPMG	James Mardon	A4	0:14:31		LBH
158 Senior	Morgan Stanley	Brian May	C127	0:14:31		LBH
159 Senior	Barclays	Alex Brown	A41	0:14:32		LBH
160 Senior	Ravens	Jonathan Froome	B46	0:14:33		Club
161 Vet	Furban	Kieran Santry	A131	0:14:34	49	LBH
162 Vet	London Frontrunners	Amin Doudou	D148	0:14:34	50	Club
163 Vet	Victoria Park Harriers	David Warwick	D53	0:14:35	51	Club
164 Vet	UBS	Johnny Cleary	D27	0:14:36	52	LBH
165 Vet	West 4 Harriers	Dave Cobb	C122	0:14:36	53	Club
166 Vet	Victoria Park Harriers	Tim Todhunter	D51	0:14:36	54	Club
167 Senior	Victoria Park Harriers	David John Simpson	C51	0:14:37		Club
168 Senior	London Frontrunners	Dylan Carmichael	D147	0:14:37		Club
169 Senior	Standard Chartered	Nicolo Delia	A55	0:14:37		LBH
170 Vet	UBS	Edmund Carroll	B29	0:14:37	55	LBH
171 Senior	St Paul's	Alan Firth	A17	0:14:40		LBH
172 Senior	EY (Ernst & Young LLP)	Cormac Mealey	C140	0:14:41		Club
173 Vet	West 4 Harriers	Richard Berry	C121	0:14:41	56	LBH
174 Vet	Transport for London	Martin Doudou	C157	0:14:43	57	LBH
175 Senior	Ravens	Chris Tuck	D46	0:14:43		Club
176 Vet	SMBC A	Stuart Turner	A15	0:14:43	58	LBH
177 Senior	Barclays	Samuel Holden	A42	0:14:44		LBH
178 Senior	London Frontrunners	Matthew Howles	D149	0:14:45		Club
179 Vet	Windrush Triathlon Club	Alex Carrington	D10	0:14:45	59	Club
180 Vet	M&G	David Tyler	B12	0:14:45	60	LBH
181 Vet	London Frontrunners	Will Parry	A151	0:14:46	61	Club
182 Senior	Bank of England	Hasse Neilsen	C24	0:14:48		LBH
183 Vet	Woking AC	Justin McCarthy	D19	0:14:48	62	Club
184 Vet	Transport for London	David Kelly	A159	0:14:48	63	LBH
185 Senior	KPMG	Benjamin Pigg	C4	0:14:49		LBH
186 Senior	Bank of England	Greg Cooke	D24	0:14:49		LBH
187 Senior	Victoria Park Harriers	Matt Ogg	B52	0:14:50		Club
188 Vet	St Paul's	Graham Wright	B17	0:14:52	64	LBH
189 Vet	St Paul's	Lee Fisher	C17	0:14:52	65	LBH
190 Vet	Ravens	Robin McCoy	A46	0:14:52	66	Club
191 Senior	Raw Charging	George Tice	C142	0:14:53		LBH
192 Senior	Barclays	Archie Lipyeat	D42	0:14:53		LBH
193 Vet	London Frontrunners	Jerome Walczak	C150	0:14:54	67	Club
194 Senior	UBS	Jim van der sluijs	A27	0:14:54		LBH
195 Vet	West 4 Harriers	Andy Bowen	A123	0:14:57	68	Club
196 Senior	West 4 Harriers	Alex Yeo	D122	0:14:58		Club
197 Senior	EY (Ernst & Young LLP)	Luke Henderson	D138	0:14:59		LBH
198 Senior	London Frontrunners	Giuseppe Manalastas	C149	0:15:00		Club
199 Vet	M&G	David Butler	C12	0:15:02	69	LBH
200 Vet	West 4 Harriers	Jason Drake	C123	0:15:02	70	Club
201 Senior	UBS	Christopher Wright	C30	0:15:03		Club
202 Senior	Transport for London	Zac Welshy	C161	0:15:03		LBH
203 Vet	London Frontrunners	Dominic Kreutzner	D151	0:15:03	71	Club
204 Senior	BNP Paribas	Benjamin Grept	C13	0:15:04		LBH
205 Vet	Eton Manor	Russ Jones	D134	0:15:04	72	Club
206 Vet	West 4 Harriers	Dave Brooks	A125	0:15:05	73	Club
207 Vet	London Frontrunners	Roger Kennedy	A148	0:15:07	74	Club
208 Vet	Commonwealth Bank of Australia	Tom Coghill	D33	0:15:09	75	LBH
209 Senior	Victoria Park Harriers	Michael Naughton	C52	0:15:09		Club
210 Vet	SMBC A	Laughlan Waterston	D15	0:15:10	76	LBH
211 Senior	Windrush Triathlon Club	Xavier Kemman	A11	0:15:11		Club
212 Senior	Hachette Hares	Matt Everett	B34	0:15:12		LBH
213 Senior	Morgan Stanley	Nick Spiller	D128	0:15:13		LBH
214 Senior	Commonwealth Bank of Australia	Oliver Lembe	D31	0:15:13		LBH
215 Senior	Barclays	Robert McDonald	D43	0:15:14		LBH
216 Senior	KPMG	James Mardon	D6	0:15:14		LBH
217 Vet	BNP Paribas	Antoine Niot	C14	0:15:15	77	LBH
218 Vet	West 4 Harriers	Peter Hall	B164	0:15:16	78	Club
219 Vet	Transport for London	Mike Murdoch	D157	0:15:16	79	LBH
220 Senior	Standard Chartered	Chris Pell	A58	0:15:17		LBH
221 Senior	KPMG	Eddy Mutai	A5	0:15:18		LBH
222 Vet	London Frontrunners	Matt Clare	D150	0:15:20	80	Club
223 Senior	EY (Ernst & Young LLP)	Joe Adkins	C139	0:15:21		LBH
224 Vet	Transport for London	Mike Boucher	C159	0:15:23	81	LBH
225 Vet	Windrush Triathlon Club	Jake Pollard	C8	0:15:23	82	Club
226 Vet	BNP Paribas	Steve Bowran	B13	0:15:26	83	LBH
227 Senior	Transport for London	Sam Szcurek	B161	0:15:27		LBH
228 Vet	Ravens	Robin McCoy	D47	0:15:28	84	Club
229 Vet	Transport for London	Iain Bass	B157	0:15:28	85	LBH
230 Senior	Raw Charging	James Ayre	D143	0:15:28		LBH
231 Senior	Bank of England	Uktarsh Somaiya	B24	0:15:29		LBH
232 Vet	Ravens	Nigel Cairns	B47	0:15:29	86	Club
233 Vet	Barclays	Marc Charlier	C38	0:15:30	87	LBH
234 Senior	JPMRC	Moe Sibihi	C65	0:15:30		LBH
235 Senior	Pinsent Masons	James David	D154	0:15:30		LBH
236 Senior	JPMRC	Bradley Forbes-Cryans	A65	0:15:30		LBH
237 Senior	EY (Ernst & Young LLP)	Euan Barr	B139	0:15:30		LBH
238 Vet	BNP Paribas	Raphael Lastmann	B14	0:15:31	88	LBH
239 Senior	Barclays	Elliott Frith	C39	0:15:31		LBH
240 Vet	London Frontrunners	Geoff Hicks	B150	0:15:31	89	Club
241 Senior	JPMRC	Mikolaj Kowalczyk	A64	0:15:33		LBH
242 Senior	Transport for London	Max Terry	B162	0:15:34		LBH
243 Senior	Victoria Park Harriers	Callum Johnson	D52	0:15:37		Club
244 Senior	London Frontrunners	Craig Munn	A153	0:15:38		Club
245 Vet	Eton Manor	Rob Sommerville	C134	0:15:38	90	Club
246 Senior	Barclays	James Tracey	B38	0:15:38		LBH
247 Senior	London Frontrunners	Pawel Wrobel	C151	0:15:40		Club
248 Vet	Victoria Park Harriers	Simon Wharton	B53	0:15:40	91	Club
249 Vet	West 4 Harriers	All Yousuf	B124	0:15:43	92	Club
250 Senior	Barclays	Rowan O'Driscoll	C42	0:15:47		LBH

251 Senior	UBS	Damian Jones	D30	0:15:47		Club
252 Senior	EY (Ernst & Young LLP)	Arpan Sinha	C138	0:15:48		LBH
253 Vet	SEAC - Citibank	Tom Georgeson	D16	0:15:48	93	LBH
254 Senior	EY (Ernst & Young LLP)	Hugo Lyon	D139	0:15:48		LBH
255 Vet	Hachette Hares	Patrick Insole	C34	0:15:49	94	LBH
256 Senior	JPMRC	Stefan Spridon	D64	0:15:49		LBH
257 Vet	Windrush Triathlon Club	Barnes Thompson	A8	0:15:49	95	Club
258 Senior	Windrush Triathlon Club	Shane Stevenson	D11	0:15:50		Club
259 Vet	Civil Service	Steve Norris	C68	0:15:51	96	LBH
260 Senior	London Frontrunners	Michael Rutherford	B151	0:15:51		Club
261 Senior	Standard Chartered	Ben Walker	A60	0:15:54		LBH
262 Senior	Transport for London	Mark Farrow	A161	0:15:55		LBH
263 Vet	Victoria Park Harriers	Keithly Mussington	C53	0:15:57	97	Club
264 Senior	London Frontrunners	Dorian Levy	A152	0:15:57		Club
265 Senior	KPMG	Kabelo Monese	A6	0:15:59		LBH
266 Vet	UBS	Donnal Comerford	D29	0:15:59	98	LBH
267 Vet	West 4 Harriers	David Larkham	A164	0:16:00	99	Club
268 Senior	Raw Charging	Jack Caldwell	C141	0:16:01		LBH
269 Senior	JPMRC	Marcus Williams	B64	0:16:03		LBH
270 Senior	Windrush Triathlon Club	Alex Fox	B10	0:16:06		Club
271 Senior	Eurban	George Wilkinson	A130	0:16:07		LBH
272 Senior	Standard Chartered	Damian Soriano	D55	0:16:11		LBH
273 Vet	Civil Service	John O'Shea	D68	0:16:12	100	LBH
274 Senior	Standard Chartered	Ryan Djokaran	A57	0:16:13		LBH
275 Senior	Standard Chartered	Nick Strong	D57	0:16:13		LBH
276 Vet	Windrush Triathlon Club	Hamish Grant	B8	0:16:15	101	Club
277 Senior	Morgan Stanley	Robert Neulen	B129	0:16:19		LBH
278 Vet	Victoria Park Harriers	Tim Miller	A53	0:16:19	102	Club
279 Senior	UBS	Harrison Knowles	B27	0:16:23		LBH
280 Senior	JPMRC	Fawad Karim	B66	0:16:24		LBH
281 Vet	Morgan Stanley	Justin May	B128	0:16:30	103	LBH
282 Senior	EY (Ernst & Young LLP)	Benedict Burgess Smith	B140	0:16:33		LBH
283 Vet	Raw Charging	Nick de Mestre	D142	0:16:34	104	LBH
284 Senior	Commonwealth Bank of Australia	Tom Peattie	A33	0:16:35		LBH
285 Senior	Morgan Stanley	Massimo Vlacancich	C128	0:16:36		LBH
286 Senior	JPMRC	Andreas Nikolaou	A66	0:16:37		LBH
287 Senior	JPMRC	Mohanned Shahin	C66	0:16:38		LBH
288 Senior	Transport for London	Ammar Yusuf	D159	0:16:39		LBH
289 Senior	KPMG	David Mashinya	C6	0:16:41		LBH
290 Vet	West 4 Harriers	Gary Robinson	D124	0:16:47	105	Club
291 Vet	London Frontrunners	Francis O'Callaghan	B152	0:16:48	106	Club
292 Senior	London Frontrunners	Craig Munn	D153	0:16:50		Club
293 Senior	Eurban	Roberto Mirabella	C131	0:16:55		LBH
294 Senior	Morgan Stanley	Akram Hussien	A129	0:16:59		LBH
295 Senior	London Frontrunners	Conor Devlin	C152	0:17:00		Club
296 Senior	London Frontrunners	Ciarán Clarke	C153	0:17:00		Club
297 Senior	Standard Chartered	Phillip McKinnon	C61	0:17:06		LBH
298 Senior	Transport for London	Joe Stubbs	B158	0:17:08		LBH
299 Senior	JPMRC	Samuel Phillips	C64	0:17:09		LBH
300 Senior	Bank of England	Sean Gilman	D20	0:17:09		LBH
301 Senior	Eurban	Will Davidson	C130	0:17:11		LBH
302 Senior	KPMG	Ticha Bire	B5	0:17:13		LBH
303 Vet	SEAC - Citibank	Ajit Jansari	A16	0:17:20	107	LBH
304 Senior	Commonwealth Bank of Australia	Ben Payne	A31	0:17:22		LBH
305 Senior	Bank of England	Rob Edwards	B25	0:17:33		LBH
306 Senior	Raw Charging	Abraham Taiwo	A143	0:17:34		LBH
307 Senior	West 4 Harriers	Adolfas Kupliauskas	A124	0:17:36		Club
308 Vet	Transport for London	Lee Radley	C158	0:17:36	108	LBH
309 Vet	West 4 Harriers	Peter Jeffrey	C164	0:17:38	109	Club
310 Vet	Pinsent Masons	Jamie Olsen Ferreira	C154	0:17:39	110	LBH
311 Senior	Standard Chartered	Paul Ong	A56	0:17:47		LBH
312 Senior	BNP Paribas	James Harvey	D13	0:17:49		LBH
313 Senior	JPMRC	Adwait Patil	C67	0:17:51		LBH
314 Vet	Pinsent Masons	Ian Robotham	B154	0:17:52	111	LBH
315 Senior	EY (Ernst & Young LLP)	Sebastian Romero	B138	0:17:54		LBH
316 Senior	Commonwealth Bank of Australia	Matthew Classon	B31	0:17:56		LBH
317 Vet	SEAC - Citibank	Jamil Hussain	B16	0:17:57	112	LBH
318 Senior	Eurban	Kyle Setton	D130	0:18:00		Club
319 Vet	Victoria Park Harriers	Paul Turley	A54	0:18:18	113	Club
320 Vet	SEAC - Citibank	Martin Law	C16	0:18:19	114	LBH
321 Senior	Raw Charging	Phil Mensah	A141	0:18:21		LBH
322 Senior	Raw Charging	Tom Galliford	A142	0:18:22		LBH
323 Senior	Morgan Stanley	Roshan Bhuran	A128	0:18:28		LBH
324 Vet	Transport for London	Tom Morris	D158	0:18:30	115	LBH
325 Senior	Bank of England	Joe Boss	D25	0:18:32		LBH
326 Vet	SMBC A	Alex Pirmohamed	C15	0:18:47	116	LBH
327 Senior	West 4 Harriers	Astyn Jones	C125	0:18:50		Club
328 Senior	Barclays	Dimitrios Kolladis	B40	0:18:50		LBH
329 Senior	Bank of England	Ethan Marriott	B24	0:18:50		LBH
330 Senior	Standard Chartered	Lloyd Nash	A61	0:18:51		LBH
331 Vet	Transport for London	John O'Brien	A158	0:19:03	117	LBH
332 Senior	JPMRC	Bethany Shaw	B67	0:19:17		LBH
333 Senior	JPMRC	Alexandra Manciu	A67	0:19:23		LBH
334 Senior	JPMRC	James Howell	D67	0:19:25		LBH
335 Vet	West 4 Harriers	Jon Scott Francis	C124	0:19:32	118	Club
336 Senior	Standard Chartered	Alexander Green	B55	0:19:41		LBH
337 Vet	Eton Manor	Mehboob Khan	B136	0:19:45	119	Club
338 Vet	Victoria Park Harriers	Gerald Akrigg	C54	0:19:45	120	Club
339 Senior	Transport for London	Paul Curry	D161	0:20:00		LBH
340 Senior	Barclays	Luke Wingrove	B43	0:20:06		LBH
341 Senior	Standard Chartered	Michael Buckley	B57	0:20:10		LBH
342 Senior	JPMRC	Charlie Hewson	B63	0:20:21		LBH
343 Senior	Bank of England	Kunal Khairnar	B21	0:20:22		LBH
344 Vet	Raw Charging	Jason Simpson	D141	0:20:24	121	LBH
345 Vet	Standard Chartered	Raj Dankhara	B60	0:20:24	122	LBH
346 Vet	UBS	Tayo Olubamibo	B30	0:20:40	123	Club
347 Senior	KPMG	Gerald Matavata	C5	0:20:56		LBH
348 Senior	Standard Chartered	Harsh Gambani	C60	0:21:11		LBH
349 Vet	Transport for London	Neil Roberts	B159	0:21:18	124	LBH
350 Senior	Eurban	George Wilkinson	D131	0:21:19		LBH
351 Senior	Standard Chartered	Johannes Kolb	D59	0:21:21		LBH
352 Senior	Barclays	Ciaran Donaghey	C44	0:21:59		LBH
353 Senior	Transport for London	John Gorczak	D162	0:22:08		LBH
354 Senior	Standard Chartered	Dinuva Tandon	D56	0:22:22		LBH
355 Senior	KPMG	David Anson	B6	0:22:26		LBH
356 Vet	SMBC A	Reuben Fewler	B15	0:22:30	125	LBH
357 Vet	Standard Chartered	Ruud Koot	C55	0:22:51	126	LBH
358 Senior	Commonwealth Bank of Australia	Michael Brain	C33	0:22:53		LBH
359 Senior	Barclays	Saulius Motuzis	A44	0:23:07		LBH
360 Senior	Barclays	Tudor Constantinescu	C41	0:24:07		LBH
361 Senior	Standard Chartered	Zohaib Khan	B56	0:24:45		LBH
362 Senior	Standard Chartered	Shankar Dahima	D61	0:25:05		LBH
363 Senior	KPMG	Nauman Mahmood	D5	0:30:17		LBH
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Individual Women

Gender	Position	Age Group	Organisation/ Club	Name	Bib	Time	Vet Position	Category
	1	Senior	Victoria Park Harriers	Jade Dos Santos	C82	0:13:25		Club
	2	Vet	Civil Service	Natasha Sheel	A93	0:13:31	1	LBH
	3	Senior	Bank of England	Fran Furness	C25	0:13:31		LBH
	4	Senior	JPMRC	Georgina Powell	B92	0:13:33		LBH
	5	Senior	Victoria Park Harriers	Camilla Lozinska-Brown	B83	0:13:39		Club
	6	Senior	Victoria Park Harriers	Lydia Briggs	A82	0:13:45		Club
	7	Senior	Victoria Park Harriers	Cat O'Shea	A83	0:13:46		Club
	8	Senior	Transport for London	Hannah Vaughan	A162	0:13:58		LBH
	9	Senior	Ravens	Jessica Cosson	A47	0:14:07		Club
	10	Senior	Victoria Park Harriers	Honor Sharp	A84	0:14:18		Club
	11	Vet	Victoria Park Harriers	Valerie Wong	B82	0:14:20	2	Club
	12	Senior	Victoria Park Harriers	Lydia Briggs	C86	0:14:21		Club
	13	Senior	KPMG	Anna Parker	C71	0:14:22		LBH
	14	Senior	Barclays	Lucy Marsh	D40	0:14:28		LBH
	15	Senior	Victoria Park Harriers	Clare Hartley-Marjoram	C84	0:14:29		Club
	16	Vet	Victoria Park Harriers	Hazel Norton-Hale	C83	0:14:30	3	Club
	17	Vet	Windrush Triathlon Club	Christine Lutsch	A72	0:14:32	4	Club
	18	Vet	Windrush Triathlon Club	Rachel Ferguson	B72	0:14:39	5	Club
	19	Senior	Woodford Green Athletics Club with Essex Ladies	Alicia McARDell	A101	0:14:42		Club
	20	Senior	BNP Paribas	Lucia Garcia	A73	0:14:45		LBH
	21	Vet	West 4 Harriers	Ros Ponder	C96	0:14:47	6	Club
	22	Senior	Victoria Park Harriers	Jessica McDonald	B84	0:14:48		Club
	23	Senior	Slaughter and May	Ella Fennelly	C70	0:14:50		LBH
	24	Senior	West 4 Harriers	Henrietta Marsh Smith	B96	0:14:51		Club
	25	Vet	UBS	Victoria Buck	A77	0:14:56	7	LBH
	26	Vet	Victoria Park Harriers	Mandy Dohren	B85	0:15:02	8	Club
	27	Vet	Windrush Triathlon Club	Alex Scovazza	A10	0:15:08	9	Club
	28	Vet	UBS	Emily Reichert	C77	0:15:08	10	LBH
	29	Senior	Woodford Green Athletics Club with Essex Ladies	Lauren Evans	C101	0:15:14		Club
	30	Vet	Windrush Triathlon Club	Rebecca Goodwin	C72	0:15:21	11	Club
	31	Vet	Civil Service	Emily Antcliffe	B93	0:15:22	12	LBH
	32	Vet	Eton Manor	Lee Milne	A134	0:15:26	13	Club
	33	Senior	Bank of England	Vendula Dohnalova	A23	0:15:27		LBH
	34	Senior	JPMRC	Marie-Alix Schindler	C92	0:15:29		LBH
	35	Vet	Victoria Park Harriers	Laura McNally	C85	0:15:30	14	Club
	36	Senior	JPMRC	Jessica Eddie	A92	0:15:33		LBH
	37	Vet	Civil Service	Victoria Carter	C93	0:15:33	15	LBH
	38	Senior	Civil Service	Rebecca Watson	B94	0:15:33		LBH
	39	Vet	West 4 Harriers	Sarah Mcintosh	A96	0:15:37	16	Club
	40	Senior	Barclays	Georgina Gill	B79	0:15:38		LBH
	41	Senior	Slaughter and May	Deirdre Healy	B70	0:15:48		LBH
	42	Senior	KPMG	Annie Williams	B71	0:15:51		LBH
	43	Vet	UBS	Amy Smith	B77	0:15:51	17	LBH
	44	Senior	Standard Chartered	Elle Shum	A89	0:15:52		LBH
	45	Senior	West 4 Harriers	Rachel Haldane	A103	0:15:53		Club
	46	Senior	Barclays	Polyanna Rimell	A79	0:15:54		LBH
	47	Senior	JPMRC	Mengwei Zhang	D63	0:15:58		LBH
	48	Senior	Slaughter and May	Lily Latimer-Smith	A70	0:15:59		LBH
	49	Vet	Bank of England	Clare Macallan	B22	0:15:59	18	LBH
	50	Vet	West 4 Harriers	Rose Lewis	B97	0:16:01	19	Club
	51	Senior	Bank of England	Sophie Bennion	A20	0:16:01		LBH
	52	Vet	Civil Service	Ellen Van Der Velden	C94	0:16:03	20	LBH
	53	Senior	Morgan Stanley	Helena Hines	A99	0:16:04		LBH
	54	Vet	Victoria Park Harriers	Fionnuala Ratcliffe	B86	0:16:13	21	Club
	55	Senior	Bank of England	Eleanor Brown	B23	0:16:18		LBH
	56	Senior	Morgan Stanley	Marine Mourat	B100	0:16:18		LBH
	57	Vet	NatWest	Claudia Panetta	D1	0:16:20	22	LBH
	58	Senior	Barclays	Erika Novak	B42	0:16:22		LBH
	59	Senior	Victoria Park Harriers	Jess Hannah	A85	0:16:23		Club
	60	Vet	Bank of England	Rowena De Belligny	D22	0:16:28	23	LBH
	61	Senior	West 4 Harriers	Anna Scally	A98	0:16:36		Club
	62	Senior	Windrush Triathlon Club	Jasmine Baird	C11	0:16:36		Club
	63	Vet	London Frontrunners	Sarah Flanagan	D152	0:16:39	24	Club
	64	Vet	Civil Service	Rose Baker	A94	0:16:42	25	LBH
	65	Senior	West 4 Harriers	Katy Brown	C97	0:16:43		Club
	66	Vet	Civil Service	Maureen Noel	A68	0:16:45	26	LBH
	67	Senior	Victoria Park Harriers	Mara Hafzi	A86	0:16:52		Club
	68	Senior	Ealing Eagles Running Club	Carys Morgan	A80	0:16:55		Club
	69	Senior	Ealing Eagles Running Club	Alison Eadie	C80	0:16:58		Club
	70	Vet	Standard Chartered	Rachel Mackie	C89	0:17:01	27	LBH
	71	Vet	Standard Chartered	Caroline Adams	B89	0:17:01	28	LBH
	72	Vet	UBS	Anna Titareva	A29	0:17:03	29	LBH
	73	Vet	Victoria Park Harriers	Claire Fisher	A87	0:17:03	30	Club
	74	Senior	JPMRC	Henna Patterson	C63	0:17:05		LBH
	75	Senior	Ravens	Rebecca Phipps	A81	0:17:06		Club
	76	Vet	West 4 Harriers	Cristina Aldea	A97	0:17:07	31	Club
	77	Senior	West 4 Harriers	Hannah Loudain	C98	0:17:10		Club
	78	Senior	Barclays	Judith Elveque	D44	0:17:12		LBH
	79	Senior	Standard Chartered	Cat Rawsthorne	A90	0:17:13		LBH
	80	Senior	Windrush Triathlon Club	Flo Mowlem	B11	0:17:15		Club
	81	Senior	KPMG	Kate Bleakman	A71	0:17:16		LBH
	82	Senior	Woodford Green Athletics Club with Essex Ladies	Katie Olet	B101	0:17:18		Club
	83	Senior	Victoria Park Harriers	Jess Hannah	C88	0:17:18		Club
	84	Vet	Victoria Park Harriers	Anna Fiedlerova	B87	0:17:24	32	Club
	85	Senior	Ravens	Ellie Start	C47	0:17:24		Club
	86	Senior	Commonwealth Bank of Australia	Jennifer Williams	B33	0:17:25		LBH
	87	Senior	Morgan Stanley	Laura Nieberg	B99	0:17:29		LBH
	88	Vet	Victoria Park Harriers	Naomi Boume	D54	0:17:30	33	Club
	89	Vet	Victoria Park Harriers	Minna Harrison	C87	0:17:30	34	Club
	90	Vet	West 4 Harriers	Louise Clark	B98	0:17:31		Club
	91	Vet	Transport for London	Clare Legge	B102	0:17:34	36	LBH
	92	Senior	Hachette Hares	Kaydi-Ann Newsome	C78	0:17:42		LBH
	93	Vet	Ravens	Alex Anderson	C81	0:17:51	37	Club
	94	Vet	West 4 Harriers	Jane Whitaker	B103	0:17:55	38	Club
	95	Senior	Bank of England	Anna McGale	C20	0:17:59		LBH
	96	Vet	West 4 Harriers	Jen Kingwill	C103	0:18:00	39	Club
	97	Senior	Barclays	Divya Surendran	B41	0:18:02		LBH
	98	Vet	Transport for London	Jaime Haile	C160	0:18:07	40	LBH
	99	Senior	Morgan Stanley	Chloe Yuen	C100	0:18:18		LBH
	100	Vet	BNP Paribas	Marieta De Luca	C73	0:18:24	41	LBH
	101	Senior	Raw Charging	Adie Thomas	C143	0:18:24		LBH
	102	Senior	Hachette Hares	Gracie Maddison	B78	0:18:25		LBH
	103	Senior	NatWest	Jamie-Rose Larkin	B1	0:18:28		LBH
	104	Senior	Bank of England	Charlotte Austin	A25	0:18:29		LBH
	105	Senior	Eurban	Gabriela Lotufo	B130	0:18:33		LBH
	106	Vet	Ravens	Emily Dodds	B81	0:18:38	42	Club
	107	Senior	EY (Ernst & Young LLP)	Emma Birchenough-Dwyer	A140	0:18:41		LBH
	108	Senior	EY (Ernst & Young LLP)	Isabelle Ellis	D140	0:18:42		LBH
	109	Vet	Victoria Park Harriers	Marie Chamillard	B54	0:18:47	43	Club
	110	Senior	Barclays	Harriet Angelo-Sparling	C79	0:18:52		LBH
	111	Senior	Standard Chartered	Dounia Illich	A59	0:18:52		LBH
	112	Vet	Civil Service	Claire Cameron	B68	0:18:54	44	LBH
	113	Senior	Transport for London	Leah Rawlins	A102	0:18:57		LBH
	114	Senior	Standard Chartered	Kathleen Alpgumer	C56	0:19:00		LBH
	115	Vet	London Frontrunners	Rachel Wickham	B153	0:19:03	45	Club
	116	Senior	Raw Charging	Roxanne Douglas	B141	0:19:04		LBH
	117	Senior	Bank of England	Thomi Kotta	A74	0:19:06		LBH
	118	Senior	Standard Chartered	Louise Campbell-Cheung	B61	0:19:06		LBH
	119	Vet	Victoria Park Harriers	Erica Brown	B88	0:19:08	46	Club
	120	Vet	Victoria Park Harriers	Miry Mayer	A88	0:19:12	47	Club
	121	Vet	Standard Chartered	Clare O'Hare	B58	0:19:14	48	LBH
	122	Senior	Bank of England	Sarah Munson	B74	0:19:23		LBH
	123	Senior	Standard Chartered	Ines Lam	C57	0:19:34		LBH
	124	Senior	Standard Chartered	Klaudia Soluch	C59	0:19:37		LBH
	125	Vet	Standard Chartered	Louise Brookes	C90	0:19:40	49	LBH
	126	Vet	Eton Manor	Kaylee Coxall	C136	0:19:44	50	Club
	127	Vet	Transport for London	Daniela Bassoumba	A160	0:19:56	51	LBH
	128	Senior	Standard Chartered	Holly Adams	B59	0:19:58		LBH

129	Vet	Transport for London	Audrey Bowerman	B160	0:20:01	52	LBH
130	Vet	Eton Manor	Christina Watson	C135	0:20:25	53	Club
131	Senior	Morgan Stanley	Linshan Zheng	C99	0:20:27		LBH
132	Senior	Commonwealth Bank of Australia	Rebecca Smith	C32	0:20:46		LBH
133	Vet	Hachette Hares	Emma Thawley	A78	0:20:57	54	LBH
134	Senior	Morgan Stanley	Beatrice Ormerod	A100	0:21:06		LBH
135	Senior	Barclays	Divya Surendran	B40	0:21:07		LBH
136	Senior	Bank of England	Freya Ball	A75	0:21:12		LBH
137	Senior	Barclays	Barbara Callaghan	A43	0:21:17		LBH
138	Senior	Bank of England	Monica Hawthorne	B75	0:21:21		LBH
139	Vet	Eton Manor	Tracey Taylor	B135	0:21:30	55	Club
140	Senior	Ealing Eagles Running Club	Hong Zhong	B80	0:21:32		Club
141	Senior	Bank of England	Miranda Stocker	C74	0:21:50		LBH
142	Senior	Barclays	Hannah Bardell	C43	0:22:08		LBH
143	Senior	Standard Chartered	Dimitra Kosmopoulou	C58	0:22:17		LBH
144	Senior	Bank of England	Chino Amajuoyi	C75	0:22:20		LBH
145	Senior	Raw Charging	Emily Elder	B143	0:22:26		LBH
146	Senior	UBS	Wenxuan Dong	A30	0:22:47		Club
147	Vet	Eton Manor	Mary Magee	A135	0:22:50	56	Club
148	Senior	Raw Charging	Millie Morgan	B142	0:23:00		LBH
149	Vet	Eton Manor	Victoria Nock	A136	0:23:10	57	Club
150	Senior	Commonwealth Bank of Australia	Lucy Candy	C31	0:23:32		LBH
151	Senior	Eurban	Julia Riberio	B131	0:24:01		LBH
152	Senior	Standard Chartered	Dilara Liyanagama	B90	0:24:15		LBH
153	Senior	Transport for London	Chloe Gebbett	C102	0:24:56		LBH
154	Senior	Commonwealth Bank of Australia	Sana Anwar	B32	0:25:21		LBH
155	Senior	Barclays	Lucy Marsh	D41	0:29:07		LBH
156	Vet	Bank of England	Hwee Pee	C21	0:30:11	58	LBH
157	Vet	BNP Paribas	Clodagh Burke	B73	0:31:28	59	LBH
158							