

2025 ASSEMBLY LEAGUE - RACE 1 BECKENHAM PLACE PARK 2 APRIL 2025**Version 1**

Position	Bib	Name	Time	Age	Gender	Club
1	37	Bobby Babaker	0:16:27	Senior	Male	Cambridge Harriers
2	304	Matt Speed	0:16:34	Senior	Male	Kent AC
3	454	Harry Fage	0:17:08	20	Male	Ravens School Runners
4	110	Adrian Russell	0:17:10	45	Male	Dulwich Runners
5	375	Robert Laing	0:17:11	45	Male	Kent AC
6	30	Kyle Hurst	0:17:12	Senior	Male	Cambridge Harriers
7	374	Dave Morgan	0:17:13	40	Male	Kent AC
8	329	Jim Allchin	0:17:14	Senior	Male	Kent AC
9	124	Dylan Wymer	0:17:17	Senior	Male	Dulwich Runners
10	107	Fabien Whitelock	0:17:21	20	Male	Dulwich Runners
11	106	Toby Bond	0:17:28	20	Male	Dulwich Runners
12	536	Harold Wyber	0:17:31	Senior	Male	SEAC
13	54	Ed Scott	0:17:37	Senior	Male	Crystal Palace
14	32	Liam Carr	0:17:39	20	Male	Cambridge Harriers
15	421	Connor Gates	0:17:49	Senior	Male	Petts Wood Runners
16	231	Jonathan Laybourn	0:17:51	Senior	Male	Highgate Harriers
17	34	Mattia Bernardi	0:17:54	Senior	Male	Cambridge Harriers
18	325	Che Compton	0:18:00	50	Male	Kent AC
19	38	Steven Hodges	0:18:01	40	Male	Cambridge Harriers
20	232	Sean Harnett	0:18:10	Senior	Male	Highgate Harriers
21	119	Matt Trueman	0:18:14	Senior	Male	Dulwich Runners
22	486	Ewan Maynard	0:18:18	Senior	Male	Serpentine RC
23	116	Jack Leafe	0:18:25	Senior	Male	Dulwich Runners
24	150	Wayne Lashley	0:18:27	40	Male	Dulwich Runners
25	456	Andy Moulden	0:18:30	Senior	Male	Ravens School Runners
26	573	Mike Boucher	0:18:32	45	Male	London Underground
27	420	Kev Howarth	0:18:37	50	Male	Petts Wood Runners
28	108	Andy Bond	0:18:40	50	Male	Dulwich Runners
29	534	Alan Barnes	0:18:46	40	Male	SEAC
30	320	Chris Schofield	0:18:49	45	Male	Kent AC
31	122	Joe Farrington-Douglas	0:18:52	45	Male	Dulwich Runners
32	539	Robert Edwards	0:18:54	Senior	Male	SEAC
33	17	Jim Addison	0:19:02	50	Male	Beckenham RC
34	532	Steve Hough	0:19:08	50	Male	SEAC
35	305	Will Ross	0:19:10	Senior	Male	Kent AC
36	452	Rob Donohue	0:19:12	Senior	Male	Ravens School Runners
37	378	George Wakefield	0:19:16	Senior	Male	Lloyds RC Ravens
38	53	Richard Harrison	0:19:26	40	Male	Crystal Palace
39	340	Tomas Sloan	0:19:29	50	Male	Kent AC
40	331		0:19:29	0	0	
41	485	Angus Brown	0:19:31	40	Male	Serpentine RC
42	531	Ed Hezlet	0:19:31	Senior	Male	SEAC
43	326	Samuel Taylor	0:19:36	40	Male	Kent AC
44	339	Matthew Colson	0:19:39	Senior	Male	Kent AC
45	603	James Ingram	0:19:41	Senior	Male	Victoria Park H&THAC
46	310	Ellie Freeden	0:19:43	Senior	Female	Kent AC
47	424	Kev Chadwick	0:19:44	40	Male	Petts Wood Runners
48	29	Mark Penny	0:19:46	45	Male	Cambridge Harriers
49	481	Chris Notton	0:19:47	50	Male	Serpentine RC
50	453	Justin Warren	0:19:52	Senior	Male	Ravens School Runners
51	543	Paul Wateridge	0:19:54	Senior	Male	SEAC
52	308	Jules Gevers	0:20:01	55	Male	Kent AC

53	422	Melody Kane	0:20:01	Senior	Female	Petts Wood Runners
54	109	Alex Loftus	0:20:02	45	Male	Dulwich Runners
55	35	Jonathan Sargent	0:20:03	Senior	Male	Cambridge Harriers
56	36	James Pitts	0:20:05	Senior	Male	Cambridge Harriers
57	337	Alex Morales	0:20:05	45	Male	Kent AC
58	425	Chris King	0:20:06	40	Male	Petts Wood Runners
59	86	Barrie Seal	0:20:10	45	Male	Dartford RR
60	11	Nick Coogan	0:20:12	Senior	Male	Beckenham RC
61	112	Ross Rook	0:20:15	40	Male	Dulwich Runners
62	300	Claire Oxlade	0:20:16	Senior	Female	Kent AC
63	210	Milie Hood	0:20:24	Senior	Female	Greenwich Tritons
64	483	Phillip Whitehouse	0:20:25	Senior	Male	Serpentine RC
65	33	David Reader	0:20:28	50	Male	Cambridge Harriers
66	21	Dan Wilkie	0:20:29	Senior	Male	Beckenham RC
67	334	Nadim Baba	0:20:31	50	Male	Kent AC
68	315	Lin Skinner	0:20:33	45	Female	Kent AC
69	330	Nesrin Sabanci	0:20:34	40	Female	Kent AC
70	572	Peter Lee	0:20:34	55	Male	London Underground
71	52	James Isles	0:20:38	Senior	Male	Crystal Palace
72	303	Amy White	0:20:39	Senior	Female	Kent AC
73	317	Richard Elliot	0:20:40	40	Male	Kent AC
74	306	Victoria Cartwright	0:20:42	40	Female	Kent AC
75	538	Andy Weir	0:20:48	55	Male	SEAC
76	57	Chris Sampson	0:20:50	Senior	Male	Crystal Palace
77	121	Ed Simmons	0:20:53	40	Male	Dulwich Runners
78	323	Victoria Buck	0:20:54	50	Female	Kent AC
79	571	Paul Williams	0:20:56	Senior	Male	London Underground
80	311	Samuel Wilcock	0:20:59	45	Male	Kent AC
81	429	Mathew Pond	0:21:01	Senior	Male	Petts Wood Runners
82	379	Jonathan Froome	0:21:06	45	Male	Lloyds RC Ravens
83	111	Garry Meehan	0:21:07	60	Male	Dulwich Runners
84	376	David Butler	0:21:09	70	Male	Lloyds RC Ravens
85	82	Ian Mcgrath	0:21:09	50	Male	Dartford RR
86	156	Russ Jones	0:21:10	55	Male	Eton Manor AC
87	115	Marco Marotta	0:21:11	Senior	Male	Dulwich Runners
88	484	Karsten Buecker	0:21:11	55	Male	Serpentine RC
89	309	Caitlin Bradley	0:21:12	Senior	Female	Kent AC
90	428	Stephen Pond	0:21:12	55	Male	Petts Wood Runners
91	341	Andy Wright	0:21:13	40	Male	Kent AC
92	312	Roger Beardsworth	0:21:19	60	Male	Kent AC
93	4	Craig Williamson	0:21:27	60	Male	Beckenham RC
94	1	Mike Reich	0:21:28	40	Male	Beckenham RC
95	609	Liam Joyce	0:21:30	Senior	Male	Victoria Park H&THAC
96	126	Justin Siderfin	0:21:42	50	Male	Dulwich Runners
97	18	Nathalie Gaudillat	0:21:53	50	Female	Beckenham RC
98	64	Stephen Jones	0:21:56	45	Male	Crystal Palace
99	575	Mike Murdoch	0:21:57	55	Male	London Underground
100	426	Elliot Miller	0:22:02	45	Male	Petts Wood Runners
101	59	Chris Dyke	0:22:13	40	Male	Crystal Palace
102	16	Ben Calascione	0:22:17	55	Male	Beckenham RC
103	451	Sam Harvey	0:22:21	Senior	Male	Ravens School Runners
104	455	Gavin Fage	0:22:21	45	Male	Ravens School Runners
105	22	Ramon Boo	0:22:23	50	Male	Beckenham RC
106	118	Emily Staines	0:22:23	Senior	Female	Dulwich Runners
107	2	Andy Regan	0:22:29	50	Male	Beckenham RC
108	301	Nicola Cartlidge	0:22:30	45	Female	Kent AC
109	345	Martin Morgan	0:22:33	55	Male	Kent AC
110	13	Donna Mewis	0:22:42	55	Female	Beckenham RC
111	318	Tom Joslin	0:22:43	40	Male	Kent AC
112	377	Anna Crawley	0:22:44	Senior	Female	Lloyds RC Ravens

113	540	John O'Shea	0:22:49	60	Male	SEAC
114	319	Beth Shakespeare	0:22:56	35	Female	Kent AC
115	542	Victoria Carter	0:23:04	50	Female	SEAC
116	607	Eliza Slawther	0:23:07	Senior	Female	Victoria Park H&THAC
117	26	Graham Maynard	0:23:10	60	Male	Cambridge Harriers
118	605	Anna Fiedrova	0:23:21	35	Female	Victoria Park H&THAC
119	544	Conor Parle	0:23:24	Senior	Male	SEAC
120	488	Abigail Perry	0:23:25	Senior	Female	Serpentine RC
121	67	Louise Phillips	0:23:35	Senior	Female	Crystal Palace
122	15	Katie Calascione	0:23:42	50	Female	Beckenham RC
123	338	Paul Crompton	0:23:43	55	Male	Kent AC
124	76	Barry Angell	0:23:47	50	Male	Dartford RR
125	489	Peter Woolley	0:23:49	45	Male	Serpentine RC
126	120	Tom Poynton	0:23:52	50	Male	Dulwich Runners
127	101	Ola Balme	0:23:55	55	Female	Dulwich Runners
128	423	Daniel Selman	0:23:57	50	Male	Petts Wood Runners
129	602	Ella Lipscombe	0:23:59	Senior	Female	Victoria Park H&THAC
130	537	Steve Pond	0:24:05	40	Male	SEAC
131	8	David Oliver	0:24:05	Senior	Male	Beckenham RC
132	328	Jo Wint	0:24:06	40	Female	Kent AC
133	51	Laura McLaughlin	0:24:18	Senior	Female	Crystal Palace
134	332	Hugh Stickland	0:24:28	45	Male	Kent AC
135	123	Eleanor Simmons	0:24:30	45	Female	Dulwich Runners
136	533	Andrew Collman	0:24:36	55	Male	SEAC
137	604	Rachel Lovell	0:24:38	35	Female	Victoria Park H&THAC
138	87	Phillip Tawton	0:24:44	40	Male	Dartford RR
139	535	Louise Coombes	0:24:48	Senior	Female	SEAC
140	608	Naomi Bourne	0:24:54	55	Female	Victoria Park H&THAC
141	60	Helena Wells	0:24:58	Senior	Female	Crystal Palace
142	307	Rebecca Palsler	0:25:03	50	Female	Kent AC
143	58	Emily Poynton	0:25:07	Senior	Female	Crystal Palace
144	62	Steve Clark	0:25:08	Senior	Male	Crystal Palace
145	6	Alice Baverstock	0:25:09	50	Female	Beckenham RC
146	327	Anna Delis	0:25:14	40	Female	Kent AC
147	65	Noemie Cavaillon-Ram	0:25:15	Senior	Female	Crystal Palace
148	541	Andrew McLaughlan	0:25:17	50	Male	SEAC
149	77	Dave Best	0:25:18	50	Male	Dartford RR
150	56	Bianca Strohmann	0:25:20	35	Female	Crystal Palace
151	68	Vicky Smith	0:25:27	45	Female	Crystal Palace
152	31	Sally Carr	0:25:32	50	Female	Cambridge Harriers
153	80	Megan Davis	0:25:38	20	Female	Dartford RR
154	113	Graham Laylee	0:25:41	65	Male	Dulwich Runners
155	153	Adrian Frost	0:25:47	65	Male	Eton Manor AC
156	14	Gail Arnott	0:25:50	60	Female	Beckenham RC
157	50	Fabio Bizzi	0:25:57	Senior	Male	Cambridge Harriers
158	81	Amy Hutchings	0:26:05	40	Female	Dartford RR
159	314	Narciso López Guerrero	0:26:06	45	Male	Kent AC
160	12	Nigel Wood	0:26:07	65	Male	Beckenham RC
161	20	Georgina Selway	0:26:10	60	Female	Beckenham RC
162	28	Martin Hawkins	0:26:17	60	Male	Cambridge Harriers
163	84	Christine Munday	0:26:18	45	Female	Dartford RR
164	7	Melanie Burdett	0:26:28	50	Female	Beckenham RC
165	154	Fen Coles	0:26:37	55	Female	Eton Manor AC
166	61	Gaby Drinkwater	0:26:38	55	Female	Crystal Palace

167	606	Marie Chamillard	0:26:39	50	Female	Victoria Park H&THAC
168	85	Darren Rickard	0:26:44	55	Male	Dartford RR
169	9	Pat Kerrins	0:26:44	65	Male	Beckenham RC
170	5	Sarah Carr	0:26:46	50	Female	Beckenham RC
171	3	Ken Baksh	0:26:51	70	Male	Beckenham RC
172	114	Colin Frith	0:26:52	65	Male	Dulwich Runners
173	125	Ange Norris	0:26:57	60	Female	Dulwich Runners
174	427	Andrew Stubbs	0:26:59	45	Male	Petts Wood Runners
175	313	Bernie Hutchinson	0:27:06	65	Male	Kent AC
176	302	Julian Spencer-Wood	0:27:08	70	Male	Kent AC
177	63	Mary Lavelle	0:27:20	40	Female	Crystal Palace
178	27	Ian Mccarthy	0:27:23	65	Male	Cambridge Harriers
179	10	Douglas Hazlewood	0:27:27	55	Male	Beckenham RC
180	322	Abby Clyndes	0:27:32	35	Female	Kent AC
181	316	Petros Hahladakis	0:27:33	50	Male	Kent AC
182	102	Dave West	0:27:36	65	Male	Dulwich Runners
183	79	Alex Cooper	0:27:43	50	Female	Dartford RR
184	78	Emma Brown	0:27:44	45	Female	Dartford RR
185	155	Geoff Nicholls	0:27:44	70	Male	Eton Manor AC
186	333		0:27:46	0		
187	335	Phil Marsden	0:27:53	55	Male	Kent AC
188	105	Barrie John Nicholls	0:28:01	70	Male	Dulwich Runners
189	103	Ros Tabor	0:28:16	75	Female	Dulwich Runners
190	574	Neil Roberts	0:28:19	50	Male	London Underground
191	117	Claire Steward	0:28:20	70	Female	Dulwich Runners
192	601	Gerald Akrigg	0:28:23	55	Male	Victoria Park H&THAC
193	55	Chris Balmer	0:28:27	70	Male	Crystal Palace
194	19	Joanna Jenkins	0:29:06	35	Female	Beckenham RC
195	104	Andy Murray	0:29:13	70	Male	Dulwich Runners
196	482	Heidi Rasmussen	0:29:22	50	Female	Serpentine RC
197	321	James Steatham	0:29:31	60	Male	Kent AC
198	152	Hayley Dalton	0:29:52	50	Female	Eton Manor AC
199	83	Beata Mihaly	0:29:53	45	Female	Dartford RR
200	151	Gabriel Ellenberg	0:30:10	65	Male	Eton Manor AC
201	487	Camilla Allwood	0:31:05	65	Female	Serpentine RC
202	610	Erica Brown	0:31:24	40	Female	Victoria Park H&THAC
203	324	Zoe Gaffen	0:32:32	65	Female	Kent AC
204	336	Annabelle Hadlow	0:33:50	65	Female	Kent AC

Team Results

Mens A Teams

Position	Club	Score	Points
1	Kent AC	22	15
2	Dulwich Runners	34	14
3	Cambridge Harriers	52	14
4	SEAC	107	12
5	Ravens School Runners	112	11
6	Petts Wood Runners	142	10
7	Serpentine RC	168	9
8	Crystal Palace	182	8
9	Beckenham RC	233	7
10	London Underground	245	6
11	Dartford RR	340	5
12	Eton Manor AC	458	4
13		3	
14		2	
15		1	

Mens B Teams

Position	Club	Score	Points
1	Dulwich Runners	96	15
2	Kent AC	122	14
3	Cambridge Harriers	170	13
4	SEAC	252	12
5	Petts Wood Runners	342	11
6	Beckenham RC	360	10
7	Crystal Palace	420	9
8		8	
9		7	
10			
11			
12			

Womens A Teams

Position	Club	Score	Points
1	Kent AC	15	15
2	Beckenham RC	81	14
3	Victoria Park H&THAC	89	13
4	Crystal Palace	111	12
5	Dulwich Runners	112	11
6	Dartford RR	179	10
7			9
8			8
9			7
10			
11			
12			

Womens B Teams

Position	Club	Score	Points
1	Kent AC	34	15
2	Crystal Palace	158	14
3	Beckenham RC	178	13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Bobby Babaker, Cambridge Harriers	0:16:27	10
2	Matt Speed, Kent AC	0:16:34	9
3	Kyle Hurst, Cambridge Harriers	0:17:12	8
4	Jim Allchin, Kent AC	0:17:14	7
5	Dylan Wymer, Dulwich Runners	0:17:17	6
6	Harold Wyber, SEAC	0:17:31	5
7	Ed Scott, Crystal Palace	0:17:37	4
8	Connor Gates, Petts Wood Runners	0:17:49	3
9	Jonathan Laybourn, Highgate Harriers	0:17:51	2
10	Mattia Bernardi, Cambridge Harriers	0:17:54	1
20	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Harry Fage, Ravens School Runners	0:17:08	10
2	Fabien Whitelock, Dulwich Runners	0:17:21	9
3	Toby Bond, Dulwich Runners	0:17:28	8
4	Liam Carr, Cambridge Harriers	0:17:39	7
5			6
6			5
7			4
8			3
9			2
10			1
40	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Dave Morgan , Kent AC	0:17:13	10
2	Steven Hodges, Cambridge Harriers	0:18:01	9
3	Wayne Lashley, Dulwich Runners	0:18:27	8
4	Alan Barnes, SEAC	0:18:46	7
5	Richard Harrison, Crystal Palace	0:19:26	6
6	Angus Brown, Serpentine RC	0:19:31	5
7	Samuel Taylor, Kent AC	0:19:36	4
8	Kev Chadwick , Petts Wood Runners	0:19:44	3
9	Chris King, Petts Wood Runners	0:20:06	2
10	Ross Rook, Dulwich Runners	0:20:15	1
45	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Adrian Russell, Dulwich Runners	0:17:10	10
2	Robert Laing, Kent AC	0:17:11	9
3	Mike Boucher , London Underground	0:18:32	8
4	Chris Schofield, Kent AC	0:18:49	7
5	Joe Farrington-Douglas, Dulwich Runners	0:18:52	6
6	Mark Penny, Cambridge Harriers	0:19:46	5
7	Alex Loftus, Dulwich Runners	0:20:02	4
8	Alex Morales, Kent AC	0:20:05	3
9	Barrie Seal, Dartford RR	0:20:10	2
10	Samuel Wilcock , Kent AC	0:20:59	1

Womens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Ellie Freeden, Kent AC	0:19:43	10
2	Melody Kane, Petts Wood Runners	0:20:01	9
3	Claire Oxlade , Kent AC	0:20:16	8
4	Milie Hood, Greenwich Tritons	0:20:24	7
5	Amy White, Kent AC	0:20:39	6
6	Caitlin Bradley, Kent AC	0:21:12	5
7	Emily Staines, Dulwich Runners	0:22:23	4
8	Anna Crawley , Lloyds RC Ravens	0:22:44	3
9	Eliza Slawther, Victoria Park H&THA	0:23:07	2
10	Abigail Perry, Serpentine RC	0:23:25	1
20	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Megan Davis, Dartford RR	0:25:38	10
2			9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1
35	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Beth Shakespeare , Kent AC	0:22:56	10
2	Anna Fiedrova , Victoria Park H&TH/	0:23:21	9
3	Rachel Lovell, Victoria Park H&THA	0:24:38	8
4	Bianca Strohmann , Crystal Palace	0:25:20	7
5	Abby Clyndes, Kent AC	0:27:32	6
6	Joanna Jenkins, Beckenham RC	0:29:06	5
7			4
8			3
9			2
10			1
40	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Nesrin Sabanci, Kent AC	0:20:34	10
2	Victoria Cartwright , Kent AC	0:20:42	9
3	Jo Wint, Kent AC	0:24:06	8
4	Anna Delis, Kent AC	0:25:14	7
5	Amy Hutchings, Dartford RR	0:26:05	6
6	Mary Lavelle, Crystal Palace	0:27:20	5
7	Erica Brown, Victoria Park H&THAC	0:31:24	4
8			3
9			2
10			1

<u>50</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>45</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Che Compton, Kent AC	0:18:00	10	1	Lin Skinner, Kent AC	0:20:33	10
2	Kev Howarth, Petts Wood Runners	0:18:37	9	2	Nicola Cartledge, Kent AC	0:22:30	9
3	Andy Bond, Dulwich Runners	0:18:40	8	3	Eleanor Simmons, Dulwich Runners	0:24:30	8
4	Jim Addison, Beckenham RC	0:19:02	7	4	Vicky Smith, Crystal Palace	0:25:27	7
5	Steve Hough, SEAC	0:19:08	6	5	Christine Munday, Dartford RR	0:26:18	6
6	Tomas Sloan, Kent AC	0:19:29	5	6	Emma Brown, Dartford RR	0:27:44	5
7	Chris Notton, Serpentine RC	0:19:47	4	7	Beata Mihaly, Dartford RR	0:29:53	4
8	David Reader, Cambridge Harriers	0:20:28	3	8			3
9	Nadim Baba, Kent AC	0:20:31	2	9			2
10	Ian Mcgrath, Dartford RR	0:21:09	1	10			1
<u>55</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>50</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Jules Gevers, Kent AC	0:20:01	10	1	Victoria Buck, Kent AC	0:20:54	10
2	Peter Lee, London Underground	0:20:34	9	2	Nathalie Gaudillat, Beckenham RC	0:21:53	9
3	Andy Weir, SEAC	0:20:48	8	3	Victoria Carter, SEAC	0:23:04	8
4	Russ Jones, Eton Manor AC	0:21:10	7	4	Katie Calascione, Beckenham RC	0:23:42	7
5	Karsten Buecker, Serpentine RC	0:21:11	6	5	Rebecca Palser, Kent AC	0:25:03	6
6	Stephen Pond, Petts Wood Runners	0:21:12	5	6	Alice Baverstock, Beckenham RC	0:25:09	5
7	Mike Murdoch, London Underground	0:21:57	4	7	Sally Carr, Cambridge Harriers	0:25:32	4
8	Ben Calascione, Beckenham RC	0:22:17	3	8	Melanie Burdett, Beckenham RC	0:26:28	3
9	Martin Morgan, Kent AC	0:22:33	2	9	Marie Chamillard, Victoria Park H&TH	0:26:39	2
10	Paul Crompton, Kent AC	0:23:43	1	10	Sarah Carr, Beckenham RC	0:26:46	1
<u>60</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>55</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Garry Meehan, Dulwich Runners	0:21:07	10	1	Donna Mewis, Beckenham RC	0:22:42	10
2	Roger Beardsworth, Kent AC	0:21:19	9	2	Ola Balme, Dulwich Runners	0:23:55	9
3	Craig Williamson, Beckenham RC	0:21:27	8	3	Naomi Bourne, Victoria Park H&THA	0:24:54	8
4	John O'Shea, SEAC	0:22:49	7	4	Fen Coles, Eton Manor AC	0:26:37	7
5	Graham Maynard, Cambridge Harriers	0:23:10	6	5	Gaby Drinkwater, Crystal Palace	0:26:38	6
6	Martin Hawkins, Cambridge Harriers	0:26:17	5	6			5
7	James Steatham, Kent AC	0:29:31	4	7			4
8			3	8			3
9			2	9			2
10			1	10			1
<u>65</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>60</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Graham Laylee, Dulwich Runners	0:25:41	10	1	Gail Arnott, Beckenham RC	0:25:50	10
2	Adrian Frost, Eton Manor AC	0:25:47	9	2	Georgina Selway, Beckenham RC	0:26:10	9
3	Nigel Wood, Beckenham RC	0:26:07	8	3	Ange Norris, Dulwich Runners	0:26:57	8
4	Pat Kerrins, Beckenham RC	0:26:44	7	4			7
5	Colin Frith, Dulwich Runners	0:26:52	6	5			6
6	Bernie Hutchinson, Kent AC	0:27:06	5	6			
7	Ian Mccarthy, Cambridge Harriers	0:27:23	4	7			
8	Dave West, Dulwich Runners	0:27:36	3	8			
9	Gabriel Ellenberg, Eton Manor AC	0:30:10	2	9			
10			1	10			
<u>70</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>65</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	David Butler, Lloyds RC Ravens	0:21:09	10	1	Camilla Allwood, Serpentine RC	0:31:05	10
2	Ken Baksh, Beckenham RC	0:26:51	9	2	Zoe Gaffen, Kent AC	0:32:32	9
3	Julian Spencer-Wood, Kent AC	0:27:08	8	3	Annabelle Hadlow, Kent AC	0:33:50	8
4	Geoff Nicholls, Eton Manor AC	0:27:44	7	4			
5	Barrie John Nicholls, Dulwich Runners	0:28:01	6	5			
6	Chris Balmer, Crystal Palace	0:28:27	5	6			
7	Andy Murray, Dulwich Runners	0:29:13	4	7			
8			3	8			
9			2	9			
10			1	10			
<u>75</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>70</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1			10	1	Claire Steward, Dulwich Runners	0:28:20	10
2			9	2			9
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			
				<u>75</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
				1	Ros Tabor, Dulwich Runners	0:25:38	10
				2			
				3			
				4			
				5			
				6			
				7			
				8			
				9			
				10			