



# SEAC Bridges Relay – Wednesday 11<sup>th</sup> June 2025

Incorporating London Business Houses Championships



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Dear Team Secretary/Captain,

We are again hosting this year's relay on the Albert Embankment opposite the Houses of Parliament.

Stock Exchange AC invites you to enter teams in the annual Bridges Relay which will take place on **Wednesday 11<sup>th</sup> June 2025**. The race is 4 x 2.6 miles for Open teams (i.e. Mens or Mixed) and 3 x 2.6 miles for Ladies teams. As always, it is "**come-changed**" event with **no changing facilities**. The race is organised by Stock Exchange AC and incorporates the **LBH Championships**.

#### Event Details:

- The start will be at 7:30 pm
- The Start/Finish is the Albert Embankment by St Thomas' Hospital Garden, opposite Big Ben
- Starter: Big Ben's Half Hour Chime

#### Entry fees:

- Open teams (4 runners – Men's or Mixed) £20
- Ladies teams (3 runners) £15

You can enter on the [2025 Relay page](https://stockexchangeac.org/2025-Relay-page) on the Stock Exchange website, [stockexchangeac.org](https://stockexchangeac.org).

Team managers will need to register their runners using an on-line form. Race numbers will be distributed to team managers/captains on the evening of the race. Minor changes to teams can be made on the evening of the race via the form. We ask that clubs entering a significant number of teams (more than five) assist in the marshalling of the race.

Please note that due to refurbishment work on Lambeth Bridge we are changing the course to be an out and back course over Vauxhall Bridge with a turn loop via Riverside Walk Gardens. This will make Vauxhall Bridge a busier part of the course and we will add more marshals to the bridge.

Closing date for entries is Monday 9<sup>th</sup> June 2025.

Race T-Shirts will be awarded to category winners.

We look forward to seeing you on 11<sup>th</sup> June.

Regards

Greg Stevens  
Race Organiser



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## Course Details

