

2025 ASSEMBLY LEAGUE - RACE 2 VICTORIA PARK 1 MAY 2025**Version 3**

Position	Bib	Name	Time	Age	Gender	Club
1	311	Matthew Speed	0:18:09	Senior	Male	Kent AC
2	49	Liam McLaughlin	0:18:15	Senior	Male	Cambridge Harriers
3	300	Rob Laing	0:18:15	45	Male	Kent AC
4	324	Dave Morgan	0:18:16	40	Male	Kent AC
5	234	Andres Chau	0:18:17	Senior	Male	Highgate Harriers
6	107	Fabien Whitelock	0:18:20	20	Male	Dulwich Runners
7	672	Dan Kyne	0:18:25	Senior	Male	Victoria Park H&THAC
8	128	Adrian Russell	0:18:26	45	Male	Dulwich Runners
9	322	Peter Lighting	0:18:28	40	Male	Kent AC
10	359	Jim Allchin	0:18:29	Senior	Male	Kent AC
11	318	Callum Fraser	0:18:40	Senior	Male	Kent AC
12	68	Ed Scott	0:18:44	Senior	Male	Crystal Palace
13	31	Mattia Bernardi	0:18:46	Senior	Male	Cambridge Harriers
14	301	Barnaby Day	0:18:46	40	Male	Kent AC
15	106	Toby Bond	0:18:47	20	Male	Dulwich Runners
16	158	Gaz Towers	0:18:51	50	Male	Eton Manor AC
17	29	James Macdonald	0:18:55	40	Male	Cambridge Harriers
18	171	Samuel Anderson	0:18:57	Senior	Male	Eton Manor AC
19	108	Andy Bond	0:19:03	50	Male	Dulwich Runners
20	124	Dylan Wymer	0:19:13	Senior	Male	Dulwich Runners
21	238	Seb Olingschlaeger	0:19:22	Senior	Male	Highgate Harriers
22	34	Brett Baker	0:19:23	Senior	Male	Cambridge Harriers
23	232	Sean Harnett	0:19:24	Senior	Male	Highgate Harriers
24	309	George Russell	0:19:25	Senior	Male	Kent AC
25	615	Fabien Lasdonde	0:19:33	45	Male	Victoria Park H&THAC
26	451	Mark Constable	0:19:38	20	Male	Ravens School Runners
27	625	Andrew Goodwin	0:19:40	Senior	Male	Victoria Park H&THAC
28	173	George Fernandez	0:19:47	Senior	Male	Eton Manor AC
29	37	Kyle Hurst	0:19:49	Senior	Male	Cambridge Harriers
30	163	Dylan Williams	0:19:50	Senior	Male	Eton Manor AC
31	547	Chloe Sharp	0:19:53	Senior	Female	SEAC
32	54	Richard Hall-Smith	0:19:58	40	Male	Crystal Palace
33	132	Jack Leafe	0:19:59	Senior	Male	Dulwich Runners
34	40	Steve Hodges	0:19:59	40	Male	Cambridge Harriers
35	180	Paul Rushton	0:20:00	40	Male	Eton Manor AC
36	607	Kieron Smith	0:20:01	45	Male	Victoria Park H&THAC
37	624	Sami Dodangeh	0:20:03	Senior	Male	Victoria Park H&THAC
38	660	Conor Williets	0:20:04	Senior	Male	Victoria Park H&THAC
39	619	James Speak	0:20:05	Senior	Male	Victoria Park H&THAC
40	321	Lawrence Avery	0:20:06	40	Male	Kent AC
41	616	Elliot Dunton	0:20:10	Senior	Male	Victoria Park H&THAC
42	629	Andre Dahlkamp	0:20:11	50	Male	Victoria Park H&THAC
43	320	Samuel Taylor	0:20:13	40	Male	Kent AC
44	559	Robert Edwards	0:20:14	Senior	Male	SEAC
45	489	Ewan Maynard	0:20:16	Senior	Male	Serpentine RC
46	150	Wayne Lashley	0:20:18	40	Male	Dulwich Runners
47	454	Rob Donohue	0:20:19	Senior	Male	Ravens School Runners
48	174	Gavin McIachlan	0:20:21	45	Male	Eton Manor AC
49	175	Aaron Johnson-Chapman	0:20:21	40	Male	Eton Manor AC
50	36	James Pitts	0:20:22	45	Male	Cambridge Harriers
51	69	Thomas Macquade	0:20:22	Senior	Male	Crystal Palace
52	168	Alex Taylor	0:20:23	Senior	Male	Eton Manor AC

53	628	Ben Walker	0:20:24	Senior	Male	Victoria Park H&THAC
54	484	Michelle Bottone	0:20:27	45	Male	Serpentine RC
55	378	George Wakefield	0:20:28	Senior	Male	Lloyds RC Ravens
56	486	Chris Notton	0:20:32	45	Male	Serpentine RC
57	667	Dan McPhillimey	0:20:33	Senior	Male	Victoria Park H&THAC
58	656	Callan Jennings	0:20:34	Senior	Male	Victoria Park H&THAC
59	669	James Ingram	0:20:37	Senior	Male	Victoria Park H&THAC
60	329	Robbie Spargo	0:20:41	40	Male	Kent AC
61	3	Jim Addison	0:20:45	50	Male	Beckenham RC
62	621	James Hirst	0:20:46	Senior	Male	Victoria Park H&THAC
63	622	Robert Evans	0:20:46	Senior	Male	Victoria Park H&THAC
64	532	Steve Hough	0:20:49	50	Male	SEAC
65	369	Matthew Thomas	0:20:49	Senior	Male	Kent AC
66	699	Cat O'Shea	0:20:50	Senior	Female	Victoria Park H&THAC
67	172	Nicholas Quirke	0:20:51	Senior	Male	Eton Manor AC
68	623	David Hellard	0:20:53	45	Male	Victoria Park H&THAC
69	638	William Kirk	0:20:55	Senior	Male	Victoria Park H&THAC
70	555	James Montgomery-Stuart	0:20:56	Senior	Male	SEAC
71	668	Nicholas Brown	0:20:59	Senior	Male	Victoria Park H&THAC
72	39	Daniel Allinson	0:21:03	Senior	Male	Cambridge Harriers
73	481	Philip Whitehouse	0:21:04	Senior	Male	Serpentine RC
74	646	Jake Pinnell	0:21:04	Senior	Male	Victoria Park H&THAC
75	164	Peter Stilwell	0:21:05	40	Male	Eton Manor AC
76	316	Jules Gevers	0:21:07	55	Male	Kent AC
77	554	Peter Dennison	0:21:08	Senior	Male	SEAC
78	5	Nick Coogan	0:21:13	Senior	Male	Beckenham RC
79	419	Russell Beard	0:21:16	45	Male	Lloyds RC Ravens
80	544	Andy Weir	0:21:20	55	Male	SEAC
81	626	Kenny Kwong	0:21:23	Senior	Male	Victoria Park H&THAC
82	184	Neil Mcgoun	0:21:27	40	Male	Eton Manor AC
83	420	Kev Chadwick	0:21:30	40	Male	Petts Wood Runners
84	177	Giles Bailey	0:21:33	40	Male	Eton Manor AC
85	549	Luke Edwards	0:21:39	Senior	Male	SEAC
86	543	Ed Hezlet	0:21:40	Senior	Male	SEAC
87	231	Joseph Lowe	0:21:42	50	Male	Highgate Harriers
88	557	Patrick Hinton	0:21:42	Senior	Male	SEAC
89	374	Alex Morales	0:21:43	45	Male	Kent AC
90	614	Theo Glencross	0:21:43	Senior	Male	Victoria Park H&THAC
91	492	Johnathan Moscrop	0:21:44	50	Male	Serpentine RC
92	133	Mark Callaghan	0:21:47	45	Male	Dulwich Runners
93	370	Victoria Cartwright	0:21:49	40	Female	Kent AC
94	606	David Simpson	0:21:51	Senior	Male	Victoria Park H&THAC
95	32	Will Longhurst	0:21:53	40	Male	Cambridge Harriers
96	8	Nathalie Gaudillat	0:21:54	50	Female	Beckenham RC
97	556	Rob Buchanan	0:21:55	40	Male	SEAC
98	373	Teresa Murphy	0:21:56	45	Female	Kent AC
99	533	Callum Hare	0:21:57	Senior	Male	SEAC
100	35	Steven Cummins	0:21:57	50	Male	Cambridge Harriers
101	663	Alex Halcoussis	0:21:58	Senior	Male	Victoria Park H&THAC
102	169	Jenny Heymann	0:21:58	45	Female	Eton Manor AC
103	558	Julia Wedmore	0:21:59	Senior	Female	SEAC
104	303	Steven Mowl	0:22:01	40	Male	Kent AC
105	573	Peter Lee	0:22:03	55	Male	London Underground
106	156	Russ Jones	0:22:05	55	Male	Eton Manor AC
107	665	Simon Preuveneers	0:22:07	50	Male	Victoria Park H&THAC
108	570	Brayden Steenhoff	0:22:08	Senior	Male	SEAC
109	651	William Weatherly	0:22:10	Senior	Male	Victoria Park H&THAC
110	232	Sean Harnett	0:22:11	Senior	Male	Highgate Harriers
111	126	Ed Simmons	0:22:12	40	Male	Dulwich Runners
112	368	Alex Morris	0:22:14	Senior	Male	Kent AC

113	6	Austin Platt	0:22:15	55	Male	Beckenham RC
114	313	Lin Skinner	0:22:17	45	Female	Kent AC
115	422	Matthew Pond	0:22:20	Senior	Male	Petts Wood Runners
116	56	Chris Sampson	0:22:20	Senior	Male	Crystal Palace
117	314	Claire Oxlade	0:22:27	Senior	Female	Kent AC
118	30	David Reader	0:22:28	50	Male	Cambridge Harriers
119	146	Sum Mattu	0:22:29	Senior	Male	Dulwich Runners
120	631	Simeon Bennett	0:22:30	45	Male	Victoria Park H&THAC
121	310	Samuel Wilcock	0:22:32	45	Male	Kent AC
122	165	Tom Ward	0:22:34	45	Male	Eton Manor AC
123	307	Molly O'Connor	0:22:37	Senior	Female	Kent AC
124	421	Stephen Pond	0:22:38	55	Male	Petts Wood Runners
125	210	Millie Hood	0:22:42	Senior	Female	Greenwich Tritons
126	66	Dan Collins	0:22:42	Senior	Male	Crystal Palace
127	648	Chris Pick	0:22:43	Senior	Male	Victoria Park H&THAC
128	328	Andy Wright	0:22:44	40	Male	Kent AC
129	365	Elyse Jenkins	0:22:47	40	Female	Kent AC
130	639	Andrea Aggio	0:22:50	Senior	Male	Victoria Park H&THAC
131	627	Liam Joyce	0:22:52	Senior	Male	Victoria Park H&THAC
132	183	Sophie Flanagan	0:22:56	Senior	Female	Eton Manor AC
133	185	Lee Milne	0:22:59	50	Female	Eton Manor AC
134	82	Ian Mcgrath	0:23:00	50	Male	Dartford RR
135	235	Louise Faherty	0:23:05	45	Female	Highgate Harriers
136	671	Daniel Zhang	0:23:06	Senior	Male	Victoria Park H&THAC
137	571	Martin Daoud	0:23:07	60	Male	London Underground
138	424	Richard Hassall	0:23:08	45	Male	Petts Wood Runners
139	652	Matt Ogg	0:23:11	Senior	Male	Victoria Park H&THAC
140	127	Marco Marotta	0:23:17	40	Male	Dulwich Runners
141	572	Mike Murdoch	0:23:19	55	Male	London Underground
142	1	Mike Reich	0:23:20	40	Male	Beckenham RC
143	562	Asher Steenhoff	0:23:25	Senior	Male	SEAC
144	649	Balint Stewart	0:23:27	Senior	Male	Victoria Park H&THAC
145	644	Jess Hannah	0:23:27	Senior	Female	Victoria Park H&THAC
146	166	Owain Crispin	0:23:27	40	Male	Eton Manor AC
147	551	Eddy Mutai	0:23:28	Senior	Male	SEAC
148	666	Joe Hall	0:23:29	50	Male	Victoria Park H&THAC
149	664	Sarah Laing	0:23:30	Senior	Female	Victoria Park H&THAC
150	131	Justin Siderfin	0:23:35	50	Male	Dulwich Runners
151	376	Anna Crawley	0:23:39	Senior	Female	Lloyds RC Ravens
152	312	Richard Elliot	0:23:44	45	Male	Kent AC
153	654	Lee Butler	0:23:50	40	Male	Victoria Park H&THAC
154	658	Mathilde Sreeves	0:23:51	Senior	Female	Victoria Park H&THAC
155	178	Rob Sommerville	0:23:55	55	Male	Eton Manor AC
156	166	Owain Crispin	0:23:56	40	Male	Eton Manor AC
157	536	Naqi Rizvi	0:23:58	Senior	Male	SEAC
158	537	Dave Grant	0:23:58	Senior	Male	SEAC
159	545	Richard Feeney	0:24:12	60	Male	SEAC
160	650	Jake Allingan	0:24:21	Senior	Male	Victoria Park H&THAC
161	237	Natasha Cendrowicz	0:24:25	50	Female	Highgate Harriers
162	176	David Cato	0:24:31	45	Male	Eton Manor AC
163	548	Arman Mann	0:24:35	Senior	Male	SEAC
164	7	Donna Mewis	0:24:37	55	Female	Beckenham RC
165	630	Simon Wharton	0:24:39	55	Male	Victoria Park H&THAC
166	304	Nicola Carlidge	0:24:40	45	Female	Kent AC
167	618	Luke Cornelius	0:24:41	Senior	Male	Victoria Park H&THAC

168	487	Peter Woolley	0:24:47	45	Male	Serpentine RC
169	655	Stephen Philips	0:24:49	50	Male	Victoria Park H&THAC
170	456	Sam Harvey	0:24:55	Senior	Male	Ravens School Runners
171	185	Lee Milne	0:24:58	50	Female	Eton Manor AC
172	643	Adino Tirdakusuma	0:24:58	Senior	Male	Victoria Park H&THAC
173	604	Gigi Giannella	0:25:00	50	Male	Victoria Park H&THAC
174	10	Katie Calascione	0:25:02	50	Female	Beckenham RC
175	147	Katie Styles	0:25:06	40	Female	Dulwich Runners
176	161	Jane Rukin-White	0:25:10	35	Female	Eton Manor AC
177	550	Elidh Reid	0:25:11	Senior	Female	SEAC
178	159	Dave Daugirda	0:25:17	60	Male	Eton Manor AC
179	553	Harry Cawell	0:25:18	Senior	Male	SEAC
180	552	Kabelo Monese	0:25:21	Senior	Male	SEAC
181	560	John O'Shea	0:25:23	60	Male	SEAC
182	603	Ebolum Mordi	0:25:23	50	Male	Victoria Park H&THAC
183	38	Graham Maynard	0:25:25	60	Male	Cambridge Harriers
184	608	Tom Copp	0:25:32	Senior	Male	Victoria Park H&THAC
185	135	Harriet Mountain	0:25:32	Senior	Female	Dulwich Runners
186	613	Enrique Casarribios	0:25:35	50	Male	Victoria Park H&THAC
187	149	David Spindler	0:25:39	Senior	Male	Dulwich Runners
188	640	Gabriella Caldwell-Jones	0:25:39	Senior	Female	Victoria Park H&THAC
189	612	Dean Saliba	0:25:41	45	Male	Victoria Park H&THAC
190	33	Rose Baker	0:25:41	60	Female	Cambridge Harriers
191	181	Mariann Dosa	0:25:41	40	Female	Eton Manor AC
192	306	Paul Crompton	0:25:42	55	Male	Kent AC
193	55	Liz Pepper	0:25:46	50	Female	Crystal Palace
194	645	Annabelle Thompson	0:25:49	Senior	Female	Victoria Park H&THAC
195	546	Andrew Coltman	0:25:50	55	Male	SEAC
196	89	Nicholas Johnson	0:25:50	Senior	Male	Dartford RR
197	27	Sally Carr	0:26:01	50	Female	Cambridge Harriers
198	136	Tom Poynton	0:26:02	50	Male	Dulwich Runners
199	317	Hugh Stickland	0:26:04	45	Male	Kent AC
200	620	Rachel Lovell	0:26:05	35	Female	Victoria Park H&THAC
201	157	Jane Pannell	0:26:08	50	Female	Eton Manor AC
202	325	Martin Morgan	0:26:12	55	Male	Kent AC
203	610	Josie Von Zitzewitz	0:26:18	45	Female	Victoria Park H&THAC
204	302	Rebecca Palser	0:26:22	50	Female	Kent AC
205	563	Reuben Silveira	0:26:23	Senior	Male	SEAC
206	541	Andrew Mclauchlan	0:26:27	50	Male	SEAC
207	125	Lucy Pickering	0:26:32	55	Female	Dulwich Runners
208	308	Ivona Gongolova	0:26:37	40	Female	Kent AC
209	305	Jo Wint	0:26:38	40	Female	Kent AC
210	67	Emily Poynton	0:26:40	Senior	Female	Crystal Palace
211	87	Phillip Tawton	0:26:43	40	Male	Dartford RR
212	113	Graham Laylee	0:26:44	65	Male	Dulwich Runners
213	611	Helen Burns	0:26:48	35	Female	Victoria Park H&THAC
214	28	Martin Hawkins	0:26:49	60	Male	Cambridge Harriers
215	602	Tayla Wagenhauser	0:26:53	Senior	Female	Victoria Park H&THAC
216	153	Adrian Frost	0:26:54	65	Male	Eton Manor AC
217	371	David Devlin	0:26:59	50	Male	Kent AC
218	70	Sam Robertson	0:27:01	Senior	Male	Crystal Palace
219	535	Ajit Jansari	0:27:02	55	Male	SEAC
220	51	Chris Dyke	0:27:04	40	Male	Crystal Palace
221	148	Mike Mann	0:27:09	75	Male	Dulwich Runners
222	601	Lois Loxley	0:27:13	Senior	Female	Victoria Park H&THAC
223	90	Matthew Coady	0:27:14	Senior	Male	Dartford RR
224	531	Martin Wood	0:27:28	60	Male	SEAC
225	657	William Burbridge-James	0:27:36	65	Male	Victoria Park H&THAC
226	617	Emily Mossdale	0:27:36	45	Female	Victoria Park H&THAC
227	323	Suze Spalding	0:27:51	50	Female	Kent AC
228	326	Anna Delis	0:27:59	40	Female	Kent AC
229	609	Marie Chamillard	0:28:01	50	Female	Victoria Park H&THAC
230	375	Jo Cartledge	0:28:05	Senior	Female	Kent AC
231	52	Louise Phillips	0:28:08	Senior	Female	Crystal Palace
232	2	Nigel Wood	0:28:08	65	Male	Beckenham RC
233	53	Vicky Smith	0:28:16	45	Female	Crystal Palace
234	327	Jennifer Lindsey	0:28:18	40	Female	Kent AC
235	641	Ben Guin	0:28:21	Senior	Male	Victoria Park H&THAC
236	561	Lynn Zhang	0:28:32	Senior	Female	SEAC
237	114	Colin Frith	0:28:36	65	Male	Dulwich Runners
238	452	Noah Fage	0:28:39	20	Male	Ravens School Runners
239	453	Gavin Fage	0:28:40	50	Male	Ravens School Runners
240	182	Tracey Taylor	0:28:43	60	Female	Eton Manor AC
241	542	Martin Law	0:28:55	50	Male	SEAC
242	155	Geoff Nicholls	0:28:58	70	Male	Eton Manor AC
243	57	Mary Lavelle	0:29:02	40	Female	Crystal Palace
244	77	Dave Best	0:29:08	50	Male	Dartford RR
245	91	Keith Harvey	0:29:11	55	Male	Dartford RR
246	642	Mick Cairns	0:29:12	60	Male	Victoria Park H&THAC
247	78	Emma Brown	0:29:14	45	Female	Dartford RR
248	457	Rick Clarkson	0:29:16	65	Male	Ravens School Runners
249	130	Dave West	0:29:17	65	Male	Dulwich Runners
250	9	Sarah Carr	0:29:21	50	Female	Beckenham RC
251	490	Steven Sait	0:29:23	70	Male	Serpentine RC
252	167	Jennifer Hall	0:29:34	40	Female	Eton Manor AC
253	647	Claire Devonport	0:29:44	Senior	Female	Victoria Park H&THAC
254	315	Abby Clyndes	0:29:47	35	Female	Kent AC
255	491	Emily Jenkins	0:29:48	50	Female	Serpentine RC
256	160	Janine Durrant	0:29:53	45	Male	Eton Manor AC
257	179	Ivy Fu	0:30:12	35	Female	Eton Manor AC
258	4	Doug Hazlewood	0:30:20	55	Male	Beckenham RC
259	103	Ros Tabor	0:30:53	70	Female	Dulwich Runners
260	94	Jon Langford	0:31:03	55	Male	Dartford RR
261	670	Gerald Akrigg	0:31:20	55	Male	Victoria Park H&THAC
262	372	Phil Marsden	0:31:43	55	Male	Kent AC
263	455	Charlotte Adams	0:31:44	35	Female	Ravens School Runners
264	134	Claire Steward	0:31:47	70	Female	Dulwich Runners
265	170	Catherine Scrivens	0:32:04	60	Female	Eton Manor AC
266	129	Paul Keating	0:32:09	55	Male	Dulwich Runners
267	83	Beata Mihaly	0:32:12	45	Female	Dartford RR
268	344	James Steatham	0:33:06	60	Male	Kent AC
269	538	Adwait Patil	0:34:05	Senior	Male	SEAC
270	539	Alexandra Slinco	0:34:08	Senior	Female	SEAC
271	534	Andreas Nikolaou	0:34:14	Senior	Male	SEAC
272	482	Camilla Allwood	0:35:06	65	Female	Serpentine RC
273	336	Annabelle Hadlow	0:36:12	65	Female	Kent AC
274	319	Zoë Gaffen	0:37:16	65	Female	Kent AC

Team Results

Mens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	16	15
2	Dulwich Runners	48	14
3	Cambridge Harriers	52	13
4	Eton Manor AC	92	12
5	Victoria Park H&THAC	94	11
6	Highgate Harriers	134	10
7	Crystal Palace	199	9
8	Serpentine RC	223	8
9	SEAC	249	7
10	Beckenham RC	369	6
11	Ravens School Runners	404	5
12	Petts Wood Runners	425	4
13	Dartford RR	629	3
14		2	
15		1	

Mens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	58	15
2	Victoria Park H&THAC	151	14
3	Eton Manor AC	179	13
4	Cambridge Harriers	180	12
5	Dulwich Runners	187	11
6	SEAC	330	10
7		9	
8		8	
9		7	
10			
11			
12			

Womens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	25	15
2	Victoria Park H&THAC	54	14
3	Eton Manor AC	56	13
4	SEAC	89	12
5	Beckenham RC	107	11
6	Dulwich Runners	156	10
7	Crystal Palace	177	9
8			8
9			7
10			
11			
12			

Womens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	82	15
2	Victoria Park H&THAC	134	14
3			13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Matthew Speed, Kent AC	0:18:09	10
2	Liam McLaughlin, Cambridge Harriers	0:18:15	9
3	Andres Chau, Highgate Harriers	0:18:17	8
4	Dan Kyne, Victoria Park H&THAC	0:18:25	7
5	Jim Allchin, Kent AC	0:18:29	6
6	Callum Fraser, Kent AC	0:18:40	5
7	Ed Scott, Crystal Palace	0:18:44	4
8	Mattia Bernardi, Cambridge Harriers	0:18:46	3
9	Samuel Anderson, Eton Manor AC	0:18:57	2
10	Dylan Wymer, Dulwich Runners	0:19:13	1
<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Fabien Whitelock, Dulwich Runners	0:18:20	10
2	Toby Bond, Dulwich Runners	0:18:47	9
3	Mark Constable, Ravens School Runners	0:19:38	8
4	Noah Fage, Ravens School Runners	0:28:39	7
5			6
6			5
7			4
8			3
9			2
10			1
<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Dave Morgan, Kent AC	0:18:16	10
2	Peter Lighting, Kent AC	0:18:28	9
3	Barnaby Day, Kent AC	0:18:46	8
4	James Macdonald, Cambridge Harriers	0:18:55	7
5	Richard Hall-Smith, Crystal Palace	0:19:58	6
6	Steve Hodges, Cambridge Harriers	0:19:59	5
7	Paul Rushton, Eton Manor AC	0:20:00	4
8	Lawrence Avery, Kent AC	0:20:06	3
9	Samuel Taylor, Kent AC	0:20:13	2
10	Wayne Lashley, Dulwich Runners	0:20:18	1
<u>45</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Rob Laing, Kent AC	0:18:15	10
2	Adrian Russell, Dulwich Runners	0:18:26	9
3	Fabien Lasdonde, Victoria Park H&THAC	0:19:33	8
4	Kieron Smith, Victoria Park H&THAC	0:20:01	7
5	Gavin McLachlan, Eton Manor AC	0:20:21	6
6	James Pitts, Cambridge Harriers	0:20:22	5
7	Michelle Bottone, Serpentine RC	0:20:27	4
8	Chris Notton, Serpentine RC	0:20:32	3
9	David Hellard, Victoria Park H&THAC	0:20:53	2
10	Russell Beard, Lloyds RC Ravens	0:21:16	1

Womens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Chloe Sharp, SEAC	0:19:53	10
2	Cat O'Shea, Victoria Park H&THAC	0:20:50	9
3	Julia Wedmore, SEAC	0:21:59	8
4	Claire Oxlade, Kent AC	0:22:27	7
5	Molly O'Connor, Kent AC	0:22:37	6
6	Millie Hood, Greenwich Tritons	0:22:42	5
7	Sophie Flanagan, Eton Manor AC	0:22:56	4
8	Jess Hannah, Victoria Park H&THAC	0:23:27	3
9	Sarah Laing, Victoria Park H&THAC	0:23:30	2
10	Anna Crawley, Lloyds RC Ravens	0:23:39	1
<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1			10
2			9
3			8
4			7
5			
6			
7			
8			
9			
10			
<u>35</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Jane Rukin-White, Eton Manor AC	0:25:10	10
2	Rachel Lovell, Victoria Park H&THAC	0:26:05	9
3	Helen Burns, Victoria Park H&THAC	0:26:48	8
4	Abby Clyndes, Kent AC	0:29:47	7
5	Ivy Fu, Eton Manor AC	0:30:12	6
6	Charlotte Adams, Ravens School Rui	0:31:44	5
7			4
8			3
9			2
10			1
<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Victoria Cartwright, Kent AC	0:21:49	10
2	Elyse Jenkins, Kent AC	0:22:47	9
3	Katie Styles, Dulwich Runners	0:25:06	8
4	Mariann Dosa, Eton Manor AC	0:25:41	7
5	Ivona Gongolova, Kent AC	0:26:37	6
6	Jo Wint, Kent AC	0:26:38	5
7	Anna Delis, Kent AC	0:27:59	4
8	Jennifer Lindsey, Kent AC	0:28:18	3
9	Mary Lavelle, Crystal Palace	0:29:02	2
10	Jennifer Hall, Eton Manor AC	0:29:34	1

50	Name, Club	Time	Points	45	Name, Club	Time	Points
1	Gaz Towers, Eton Manor AC	0:18:51	10	1	Teresa Murphy, Kent AC	0:21:56	10
2	Andy Bond, Dulwich Runners	0:19:03	9	2	Jenny Heymann, Eton Manor AC	0:21:58	9
3	Andre Dahlkamp, Victoria Park H&THAC	0:20:11	8	3	Lin Skinner, Kent AC	0:22:17	8
4	Jim Addison, Beckenham RC	0:20:45	7	4	Louise Faherty, Highgate Harriers	0:23:05	7
5	Steve Hough, SEAC	0:20:49	6	5	Nicola Cartlidge, Kent AC	0:24:40	6
6	Joseph Lowe, Highgate Harriers	0:21:42	5	6	Josie Von Zitzewitz, Victoria Park H&	0:26:18	5
7	Johnathan Moscrop, Serpentine RC	0:21:44	4	7	Emily Mossdale, Victoria Park H&TH/	0:27:36	4
8	Steven Cummins, Cambridge Harriers	0:21:57	3	8	Vicky Smith, Crystal Palace	0:28:16	3
9	Simon Preuvencers, Victoria Park H&THAC	0:22:07	2	9	Emma Brown, Dartford RR	0:29:14	2
10	David Reader, Cambridge Harriers	0:22:28	1	10	Beata Mihaly, Dartford RR	0:32:12	1
55	Name, Club	Time	Points	50	Name, Club	Time	Points
1	Jules Gevers, Kent AC	0:21:07	10	1	Nathalie Gaudillat, Beckenham RC	0:21:54	10
2	Andy Weir, SEAC	0:21:20	9	2	Lee Milne, Eton Manor AC	0:22:59	9
3	Peter Lee, London Underground	0:22:03	8	3	Natasha Cendrowicz, Highgate Harri	0:24:25	8
4	Russ Jones, Eton Manor AC	0:22:05	7	4	Lee Milne, Eton Manor AC	0:24:58	7
5	Austin Platt, Beckenham RC	0:22:15	6	5	Katie Calascione, Beckenham RC	0:25:02	6
6	Stephen Pond, Petts Wood Runners	0:22:38	5	6	Liz Pepper, Crystal Palace	0:25:46	5
7	Mike Murdoch, London Underground	0:23:19	4	7	Sally Carr, Cambridge Harriers	0:26:01	4
8	Rob Sommerville, Eton Manor AC	0:23:55	3	8	Jane Pannell, Eton Manor AC	0:26:08	3
9	Simon Wharton, Victoria Park H&THAC	0:24:39	2	9	Rebecca Palser, Kent AC	0:26:22	2
10	Paul Crompton, Kent AC	0:25:42	1	10	Suze Spalding, Kent AC	0:27:51	1
60	Name, Club	Time	Points	55	Name, Club	Time	Points
1	Martin Daoud, London Underground	0:23:07	10	1	Donna Mewis, Beckenham RC	0:24:37	10
2	Richard Feeney, SEAC	0:24:12	9	2	Lucy Pickering, Dulwich Runners	0:26:32	9
3	Dave Daugirda, Eton Manor AC	0:25:17	8	3			8
4	John O'Shea, SEAC	0:25:23	7	4			7
5	Graham Maynard, Cambridge Harriers	0:25:25	6	5			6
6	Martin Hawkins, Cambridge Harriers	0:26:49	5	6			5
7	Martin Wood, SEAC	0:27:28	4	7			4
8	Mick Cairns, Victoria Park H&THAC	0:29:12	3	8			3
9	James Steatham, Kent AC	0:33:06	2	9			2
10			1	10			1
65	Name, Club	Time	Points	60	Name, Club	Time	Points
1	Graham Laylee, Dulwich Runners	0:26:44	10	1	Rose Baker, Cambridge Harriers	0:25:41	10
2	Adrian Frost, Eton Manor AC	0:26:54	9	2	Tracey Taylor, Eton Manor AC	0:28:43	9
3	William Burbridge-James, Victoria Park H&THA/	0:27:36	8	3	Catherine Scrivens, Eton Manor AC	0:32:04	8
4	Nigel Wood, Beckenham RC	0:28:08	7	4			7
5	Colin Frith, Dulwich Runners	0:28:36	6	5			6
6	Rick Clarkson, Ravens School Runners	0:29:16	5	6			
7	Dave West, Dulwich Runners	0:29:17	4	7			
8			3	8			
9			2	9			
10			1	10			
70	Name, Club	Time	Points	65	Name, Club	Time	Points
1	Geoff Nicholls, Eton Manor AC	0:28:58	10	1	Camilla Allwood, Serpentine RC	0:35:06	10
2	Steven Salt, Serpentine RC	0:29:23	9	2	Annabelle Hadlow, Kent AC	0:36:12	9
3			8	3	Zoe Gaffen, Kent AC	0:37:16	8
4			7	4			
5			6	5			
6			5	6			
7			4	7			
8				8			
9				9			
10				10			
75	Name, Club	Time	Points	70	Name, Club	Time	Points
1	Mike Mann, Dulwich Runners	0:27:09	10	1	Ros Tabor, Dulwich Runners	0:30:53	10
2			9	2	Claire Steward, Dulwich Runners	0:31:47	9
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			