

Gender, Age and Runner		Race			
Runner and Club		1	2	3	Grand Total
Male					
Senior					
Jim Allchin, Kent AC		7	6	9	22
Matt Speed, Kent AC		9		8	17
Ed Scott, Crystal Palace		4	4	3	11
Bobby Babaker, Cambridge Harriers		10			10
Jake Simmonds, Kent AC				10	10
Kyle Hurst, Cambridge Harriers		8	2		10
Matthew Speed, Kent AC			10		10
Liam McLaughlin, Cambridge Harriers			9		9
Andres Chau, Highgate Harriers			8		8
Dylan Wymer, Dulwich Runners		6	1		7
Ben Howe, Dulwich Runners				7	7
Dan Kyne, Victoria Park H&THAC			7		7
Ross Brown, SEAC				6	6
Calum Fraser, Kent AC				5	5
Harold Wyber, SEAC		5			5
Callum Fraser, Kent AC			5		5
Mattia Bernardi, Cambridge Harriers		1	3		4
Ryan Brotherton, Beckenham RC				4	4
Connor Gates, Petts Wood Runners		3			3
Samuel Anderson, Eton Manor AC			2		2
Barney Johnson, Highgate Harriers				2	2
Jonathan Laybourn, Highgate Harriers		2			2
75					
Mike Mann, Dulwich Runners			10	10	20
70					
Geoff Nicholls, Eton Manor AC		7	10	7	24
Ken Baksh, Beckenham RC		9		8	17
Julian Spencer-Wood, Kent AC		8		9	17
David Butler, Lloyds RC Ravens				10	10
David Butler, Lloyds RC Ravens		10			10
Steven Salt, Serpentine RC			9		9
Barrie John Nicholls, Dulwich Runners		6			6
Chris Balmer, Crystal Palace		5			5
Andy Murray, Dulwich Runners		4			4
65					
Adrian Frost, Eton Manor AC		9	9	10	28
Nigel Wood, Beckenham RC		8	7	9	24
Graham Laylee, Dulwich Runners		10	10		20
Colin Frith, Dulwich Runners		6	6	8	20
Bernie Hutchinson, Kent AC		5		7	12
Dave West, Dulwich Runners			4	6	10
William Burbridge-James, Victoria Park H&THAC			8		8
Pat Kerrins, Beckenham RC		7			7
Brian Biddlecombe, Ravens School Runners				5	5
Rick Clarkson, Ravens School Runners			5		5
Ian McCarthy, Cambridge Harriers		4			4
Dave West, Dulwich Runners		3			3
Gabriel Ellenberg, Eton Manor AC		2			2
60					
John O'Shea, SEAC		7	7	4	18
Martin Daoud, London Underground			10	8	18
Graham Maynard, Cambridge Harriers		6	6	5	17

	Craig Williamson, Beckenham RC	8	7	15
	Martin Hawkins, Cambridge Harriers	5	5 3	13
	Krzysztof Klidzia, London Underground		10	10
	Garry Meehan, Dulwich Runners	10		10
	Roger Beardsworth, Kent AC	9		9
	Len Reilly, Kent AC		9	9
	Richard Feeney, SEAC		9	9
	Dave Daugirda, Eton Manor AC		8	8
	Luke Armitage, Kent AC		6	6
	Martin Wood, SEAC		4 2	6
	James Steatham, Kent AC	4		4
	Mick Cairns, Victoria Park H&THAC		3	3
	James Steatham, Kent AC		2	2
	Rick Clarkson, Ravens School Runners		1	1
55				
	Andy Weir, SEAC	8	9 9	26
	Jules Gevers, Kent AC	10	10 5	25
	Peter Lee, London Underground	9	8	17
	Russ Jones, Eton Manor AC	7	7	14
	Austin Platt, Beckenham RC		6 7	13
	Stephen Pond, Petts Wood Runners		5 6	11
	Barry Morgan, Crystal Palace		10	10
	Andrea Ceccolini, Dulwich Runners		8	8
	Ben Calascione, Beckenham RC	3	4	7
	Karsten Buecker, Serpentine RC	6		6
	Stephen Pond, Petts Wood Runners	5		5
	Simon Wharton, Victoria Park H&THAC		2 3	5
	Mike Murdoch, London Underground		4	4
	Mike Murdoch, London Underground	4		4
	Martin Morgan, Kent AC	2	2	4
	Rob Sommerville, Eton Manor AC		3	3
	Paul Crompton, Kent AC		1	1
	Paul Keating, Dulwich Runners		1	1
	Paul Crompton, Kent AC	1		1
50				
	Jim Addison, Beckenham RC	7	7 9	23
	Andy Bond, Dulwich Runners		9 10	19
	Chris Notton, Serpentine RC	4	8	12
	Steve Hough, SEAC	6	6	12
	Gaz Towers, Eton Manor AC		10	10
	Che Compton, Kent AC	10		10
	Kev Howarth, Petts Wood Runners	9		9
	Andre Dahlkamp, Victoria Park H&THAC		8	8
	Andy Bond, Dulwich Runners	8		8
	Andy Regan, Beckenham RC		7	7
	Andrew Wallace, Crystal Palace		6	6
	Joseph Lowe, Highgate Harriers		5	5
	Tomas Sloan, Kent AC	5		5
	Ramon Boo, Beckenham RC		5	5
	David Reader, Cambridge Harriers	3	1	4
	Daniel Selman, Petts Wood Runners		4	4
	Johnathan Moscrop, Serpentine RC		4	4
	Cameron Timmis, Dulwich Runners		3	3
	Steven Cummins, Cambridge Harriers		3	3
	Tom Poynton, Dulwich Runners		2	2
	Nadim Baba, Kent AC	2		2
	Simon Preuveneers, Victoria Park H&THAC		2	2
	David Devlin, Kent AC		1	1
	Ian McGrath, Dartford RR	1		1
45				
	Adrian Russell, Dulwich Runners	10	9 9	28
	Robert Laing, Kent AC	9	10	19
	Chris Schofield, Kent AC	7	8	15
	Rob Laing, Kent AC		10	10
	David Hellard, Victoria Park H&THAC		2 7	9
	Alex Loftus, Dulwich Runners	4	5	9
	Fabien Lasdonde, Victoria Park H&THAC		8	8
	Mike Boucher, London Underground	8		8
	Kieron Smith, Victoria Park H&THAC		7	7
	Alex Morales, Kent AC	3	3	6

	Gavin Mclachlan, Eton Manor AC	6		6
	James Brinkley, Petts Wood Runners		6	6
	Joe Farrington-Douglas, Dulwich Runners	6		6
	Mark Penny, Cambridge Harriers	5		5
	James Pitts, Cambridge Harriers		5	5
	Michelle Bottone, Serpentine RC		4	4
	Chris Notton, Serpentine RC		3	3
	Francesco Pinto, Dulwich Runners		2	2
	Barrie Seal, Dartford RR	2		2
	Samuel Wilcock, Kent AC	1		1
	William Fricker, Kent AC		1	1
	Russell Beard, Lloyds RC Ravens	1		1
40				
	Peter Lighting, Kent AC	9	8	17
	James Macdonald, Cambridge Harriers	7	7	14
	Steve Hodges, Cambridge Harriers	5	6	11
	Chris Busaileh, Kent AC		10	10
	Samuel Taylor, Kent AC	4	2 4	10
	Dave Morgan, Kent AC		10	10
	Dave Morgan, Kent AC	10		10
	Daniel Steel, Kent AC		9	9
	Wayne Lashley, Dulwich Runners	8	1	9
	Steven Hodges, Cambridge Harriers	9		9
	Barnaby Day, Kent AC		8	8
	Richard Hall-Smith, Crystal Palace		6 2	8
	Alan Barnes, SEAC	7		7
	Richard Harrison, Crystal Palace	6		6
	Lee Davies, Kent AC		5	5
	Angus Brown, Serpentine RC	5		5
	Paul Rushton, Eton Manor AC		4	4
	Connor Johnstone, Victoria Park H&THAC		3	3
	Kev Chadwick, Petts Wood Runners	3		3
	Lawrence Avery, Kent AC		3	3
	Chris King, Petts Wood Runners	2		2
	Andy Colley, Kent AC		1	1
	Ross Rook, Dulwich Runners	1		1
20				
	Fabien Whitelock, Dulwich Runners	9	10 10	29
	Toby Bond, Dulwich Runners	8	9 7	24
	Harry Fage, Ravens School Runners	10	8	18
	Mark Constable, Ravens School Runners		8 6	14

Olly Buck, Kent AC			9	9
Noah Fage, Ravens School Runners		7		7
Liam Carr, Cambridge Harriers	7			7
Sam Fender, Dulwich Runners			5	5
Sam Baklanov, Ravens School Runners			4	4
Female				
Senior				
Claire Oxlade, Kent AC	7	9		16
Julia Wedmore, SEAC		8	6	14
Caitlin Bradley, Kent AC	4	8		12
Ellie Freeden, Kent AC			10	10
Amelia Pettitt, Kent AC	10			10
Chloe Sharp, SEAC		10		10
Cat O'Shea, Victoria Park H&THAC		9		9
Ellie Freeden, Kent AC	9			9
Melody Kane, Petts Wood Runners	8			8
Jessica Cosson, Lloyds RC Ravens			7	7
Claire Oxlade, Kent AC	7			7
Molly O'Connor, Kent AC		6		6
Anna Crawley, Lloyds RC Ravens		1	5	6
Millie Hood, Greenwich Tritons	6			6
Amy White, Kent AC	5			5
Millie Hood, Greenwich Tritons		5		5
Esme Ingram, Victoria Park H&THAC			4	4
Sophie Flanagan, Eton Manor AC		4		4
Grace Ingledew, Dulwich Runners			3	3
Jess Hannah, Victoria Park H&THAC		3		3
Emily Staines, Dulwich Runners	3			3
Anna Fürtjes, Kent AC			2	2
Sarah Laing, Victoria Park H&THAC		2		2
Anna Crawley, Lloyds RC Ravens	2			2
Rebecca Richardson, Victoria Park H&THAC			1	1
Eliza Slawther, Victoria Park H&THAC	1			1
70				
Ros Tabor, Dulwich Runners	10	10	10	30
Claire Steward, Dulwich Runners	9	9	9	27
65				
Camilla Allwood, Serpentine RC	10	10	10	30
Zoe Gaffen, Kent AC	9		9	18
Annabelle Hadlow, Kent AC		9		9
Zoë Gaffen, Kent AC		8		8
Annabelle Hadlow, Kent AC	8			8
60				
Gail Arnott, Beckenham RC	10			10
Helen Lane, Serpentine RC			10	10
Rose Baker, Cambridge Harriers		10		10
Georgina Selway, Beckenham RC	9			9
Tracey Taylor, Eton Manor AC		9		9
Ange Norris, Dulwich Runners	8			8
Catherine Scrivens, Eton Manor AC		8		8
55				
Donna Mewis, Beckenham RC	10	10	9	29
Ola Balme, Dulwich Runners	9		7	16
Gaby Drinkwater, Crystal Palace	6		6	12
Michelle Lennon, Dulwich Runners			10	10
Lucy Pickering, Dulwich Runners		9		9

	Kate Marchant, Beckenham RC		8	8
	Naomi Bourne , Victoria Park H&THAC	8		8
	Fen Coles, Eton Manor AC	7		7
	Sarah Young, Kent AC	5		5
50				
	Nathalie Gaudillat, Beckenham RC	9	10	9
	Katie Calascione, Beckenham RC	7	6	8
	Lee Milne, Eton Manor AC		16	16
	Victoria Buck, Kent AC		10	10
	Victoria Buck, Kent AC	10		10
	Sally Carr, Cambridge Harriers	4	4	8
	Victoria Carter, SEAC	8		8
	Natasha Cendrowicz, Highgate Harriers		8	8
	Nici Audhlam-Gardiner, Highgate Harriers		7	7
	Rebecca Palser, Kent AC	6		6
	Suze Spalding, Kent AC		1	5
	Rebecca Palser, Kent AC		2	4
	Colleen Renihan, Serpentine RC		6	6
	Alice Baverstock, Beckenham RC	5		5
	Liz Pepper, Crystal Palace		5	5
	Marie Chamillard, Victoria Park H&THAC	2	2	4
	Alex Anderson, Lloyds RC Ravens		3	3
	Melanie Burdett, Beckenham RC	3		3
	Jane Pannell, Eton Manor AC		3	3
	Sarah Carr, Beckenham RC	1	1	2
45				
	Lin Skinner, Kent AC	10	8	10
	Nicola Cartlidge, Kent AC	9	6	8
	Vicky Smith, Crystal Palace	7	3	6
	Teresa Murphy, Kent AC		10	10
	Jenny Heymann, Eton Manor AC		9	9
	Katie Smith, Dulwich Runners		9	9
	Eleanor Simmons, Dulwich Runners	8		8
	Eleanor Simmons, Dulwich Runners		7	7
	Emma Brown, Dartford RR	5	2	7
	Louise Faherty, Highgate Harriers		7	7
	Christine Munday, Dartford RR	6		6
	Emma McIntyre, Crystal Palace		5	5
	Josie Von Zitzewitz, Victoria Park H&THAC		5	5
	Beata Mihaly, Dartford RR	4	1	5
	Emily Mossdale, Victoria Park H&THAC		4	4
40				
	Nesrin Sabanci, Kent AC	10	9	19

	Jo Wint, Kent AC	8	5	5	18
	Victoria Cartwright, Kent AC	10	8		18
	Katie Styles, Dulwich Runners		8	7	15
	Anna Delis, Kent AC	7	4		11
	Mary Lavelle, Crystal Palace	5	2	3	10
	Suzanne Swaine, Crystal Palace			10	10
	Victoria Cartwright, Kent AC	9			9
	Elyse Jenkins, Kent AC		9		9
	Jennifer Lindsey, Kent AC	3	4		7
	Mariann Dosa, Eton Manor AC	7			7
	Susanna Davies, Kent AC			6	6
	Ivona Gongolova, Kent AC		6		6
	Amy Hutchings, Dartford RR	6			6
	Erica Brown, Victoria Park H&THAC	4			4
	Jennifer Hall, Eton Manor AC		1		1
35					
	Abby Clyndes, Kent AC	6	7	5	18
	Rachel Lovell, Victoria Park H&THAC		9	9	18
	Beth Shakespeare, Kent AC	10			10
	Lucy Tippet, Petts Wood Runners			10	10
	Jane Rukin-White, Eton Manor AC		10		10
	Anna Fiedlova, Victoria Park H&THAC	9			9
	Noemi'S Cavaillon-Ram O, Crystal Palace			8	8
	Rachel Lovell, Victoria Park H&THAC	8			8
	Helen Burns, Victoria Park H&THAC		8		8
	Anna Fieledorava, Victoria Park H&THAC			7	7
	Bianca Strohmman, Crystal Palace	7			7
	Sarah Borland, Highgate Harriers			6	6
	Ivy Fu, Eton Manor AC		6		6
	Joanna Jenkins, Beckenham RC	5			5
	Charlotte Adams, Ravens School Runners		5		5
	Jo Jenkins, Beckenham RC			4	4
20					
	Megan Davis, Dartford RR	10			10