

2025 ASSEMBLY LEAGUE - RACE 5 VICTORIA PARK 31 JULY 2025**Version 3**

Position	Bib	Name	Time	Age	Gender	Club
1	242	Flurry Grierson	0:17:12	Senior	Male	Highgate Harriers
2	239	Charles Cooper	0:17:12	Senior	Male	Highgate Harriers
3	108	Fabien Whitelock	0:17:14	20	Male	Dulwich Runners
4	149	Jack Ramm	0:17:20	Senior	Male	Dulwich Runners
5	301	Jake Simmonds	0:17:28	Senior	Male	Kent AC
6	299	Sam Jinks	0:17:30	Senior	Male	Highgate Harriers
7	318	Jim Allchin	0:17:33	Senior	Male	Kent AC
8	646	Andrew Barrington	0:17:37	Senior	Male	Victoria Park H&THAC
9	625	Richard Bartram	0:17:39	Senior	Male	Victoria Park H&THAC
10	330	Alex Hamlet	0:17:41	Senior	Male	Kent AC
11	373	Matt Speed	0:17:43	Senior	Male	Kent AC
12	251	George Trotter	0:17:48	Senior	Male	Highgate Harriers
13	626	Dominic Howarth	0:17:52	Senior	Male	Victoria Park H&THAC
14	601	Joe Walker	0:17:53	Senior	Male	Victoria Park H&THAC
15	26	Liam Carr	0:18:04	Senior	Male	Cambridge Harriers
16	629	Peter Cooke	0:18:05	Senior	Male	Victoria Park H&THAC
17	234	Alex Jackson	0:18:06	Senior	Male	Highgate Harriers
18	246	Geoffrey Alexandre	0:18:11	Senior	Male	Highgate Harriers
19	114	Ed Gibson	0:18:11	Senior	Male	Dulwich Runners
20	35	Kyle Hurst	0:18:12	Senior	Male	Cambridge Harriers
21	630	Matthew Haynes	0:18:12	Senior	Male	Victoria Park H&THAC
22	638	Matthew Stevens	0:18:23	40	Male	Victoria Park H&THAC
23	535	Zach Chadwick	0:18:24	Senior	Male	SEAC
24	231	Alex Richardson	0:18:26	Senior	Male	Highgate Harriers
25	574	Ronan Edwards	0:18:28	20	Male	London Underground
26	545	Ross Brown	0:18:32	Senior	Male	SEAC
27	375	Robert Laing	0:18:37	45	Male	Kent AC
28	235	Adam Roden	0:18:39	Senior	Male	Highgate Harriers
29	30	Brett Baker	0:18:42	Senior	Male	Cambridge Harriers
30	649	David Jones	0:18:46	40	Male	Victoria Park H&THAC
31	549	Charlie Wood	0:18:49	Senior	Male	SEAC
32	667	Dan Kyne	0:18:55	Senior	Male	Victoria Park H&THAC
33	534	Ross May	0:18:56	Senior	Male	SEAC
34	550	Harold Wyber	0:18:57	Senior	Male	SEAC
35	454	Harry Fage	0:19:00	20	Male	Ravens School Runners
36	662	William Kirk	0:19:01	Senior	Male	Victoria Park H&THAC
37	672	Andrew Goodwin	0:19:07	Senior	Male	Victoria Park H&THAC
38	576	Mike Boucher	0:19:16	45	Male	London Underground
39	153	Craig Stevens	0:19:18	Senior	Male	Eton Manor AC
40	455	Andy Moulden	0:19:19	Senior	Male	Ravens School Runners
41	658	Craig Beattie	0:19:21	Senior	Male	Victoria Park H&THAC
42	109	Toby Bond	0:19:26	20	Male	Dulwich Runners
43	616	James Bewley	0:19:30	40	Male	Victoria Park H&THAC
44	619	Jonathan Sun	0:19:33	Senior	Male	Victoria Park H&THAC
45	233	Olly Newton	0:19:41	Senior	Male	Highgate Harriers
46	38	Robert Guest	0:19:44	Senior	Male	Cambridge Harriers
47	240	Jonny Dry	0:19:46	Senior	Male	Highgate Harriers
48	668	Sami Dodangeh	0:19:49	45	Male	Victoria Park H&THAC
49	103	Warren Keefe	0:19:54	50	Male	Dulwich Runners
50	37	Jonathan Sargent	0:19:57	Senior	Male	Cambridge Harriers
51	161	George Fernandez	0:19:58	Senior	Male	Eton Manor AC
52	674	Ian Cooper	0:20:05	40	Male	Kent AC

53	326	Samuel Taylor	0:20:10	40	Male	Kent AC
54	451	Mark Constable	0:20:12	20	Male	Ravens School Runners
55	156	Paul Rishton	0:20:14	40	Male	Eton Manor AC
56	378	George Wakefield	0:20:15	Senior	Male	Lloyds RC Ravens
57	28	Rob Shearer	0:20:23	45	Male	Cambridge Harriers
58	244	Sam Kelly	0:20:25	Senior	Male	Highgate Harriers
59	315	Luis Huesca Molina	0:20:26	Senior	Male	Kent AC
60	39	Niall Orton	0:20:27	Senior	Male	Cambridge Harriers
61	325	Amelia Pettit	0:20:29	Senior	Female	Kent AC
62	571	Joseph Osakue	0:20:32	50	Male	London Underground
63	483	Raphael Benesch	0:20:33	Senior	Male	Serpentine RC
64	654	Callan Jennings	0:20:34	Senior	Male	Victoria Park H&THAC
65	319	Will Ross	0:20:35	Senior	Male	Kent AC
66	613	Kenny Kwong	0:20:38	Senior	Male	Victoria Park H&THAC
67	321	John Gilchrist	0:20:39	Senior	Male	Kent AC
68	552	Eddy Mutai	0:20:43	Senior	Male	SEAC
69	36	James Pitts	0:20:45	45	Male	Cambridge Harriers
70	115	Hugh Stobart	0:20:46	Senior	Male	Dulwich Runners
71	32	Will Longhurst	0:20:47	40	Male	Cambridge Harriers
72	482	Chris Notton	0:20:50	50	Male	Serpentine RC
73	617	Richard Parasam	0:20:51	Senior	Male	Victoria Park H&THAC
74	540	Andy Weir	0:20:52	55	Male	SEAC
75	1	Jim Addison	0:20:52	50	Male	Beckenham RC
76	155	Aaron Johnson-Chapman	0:20:54	40	Male	Eton Manor AC
77	566	Alberto Lapedriza	0:20:55	Senior	Male	SEAC
78	539	Ben Cross	0:20:58	Senior	Male	SEAC
79	307	Alex Morales	0:21:16	45	Male	Kent AC
80	618	Dan Treichel	0:21:17	40	Male	Victoria Park H&THAC
81	311	Rupert Bedford	0:21:18	Senior	Male	Kent AC
82	481	Philip Whitehouse	0:21:21	Senior	Male	Serpentine RC
83	237	Ben Bottrill	0:21:22	Senior	Male	Highgate Harriers
84	458	Justin Warren	0:21:26	Senior	Male	Ravens School Runners
85	33	David Reader	0:21:29	50	Male	Cambridge Harriers
86	664	Nicholas Brown	0:21:31	Senior	Male	Victoria Park H&THAC
87	423	Kev Chadwick	0:21:33	40	Male	Petts Wood Runners
88	112	Tom Mountain	0:21:35	Senior	Male	Dulwich Runners
89	665	Ant Withstandley	0:21:40	50	Male	Victoria Park H&THAC
90	572	Liam Mullings	0:21:43	Senior	Male	London Underground
91	327	Samuel Wilcock	0:21:46	45	Male	Kent AC
92	305	Caitlin Bradley	0:21:48	Senior	Female	Kent AC
93	322	Che Compton	0:21:49	50	Male	Kent AC
94	623	Graham Atkins	0:21:50	Senior	Male	Victoria Park H&THAC
95	312	Victoria Cartwright	0:21:52	40	Female	Kent AC
96	308	Steven Mowll	0:21:56	40	Male	Kent AC
97	316	Katie Good	0:21:58	Senior	Female	Kent AC
98	424	Kev Howarth	0:22:06	50	Male	Petts Wood Runners
99	628	Dave Swindells	0:22:10	45	Male	Victoria Park H&THAC
100	578	Gabriel McGuigan	0:22:15	Senior	Male	London Underground
101	254	Petar Zigic	0:22:19	Senior	Male	Highgate Harriers
102	160	Owen Crispin	0:22:20	40	Male	Eton Manor AC
103	647	David Rank	0:22:21	Senior	Male	Victoria Park H&THAC
104	652	Shaughan Killalea	0:22:22	Senior	Male	Victoria Park H&THAC
105	247	Barry Foot	0:22:23	55	Male	Highgate Harriers
106	657	Nathan Holmes	0:22:24	Senior	Male	Victoria Park H&THAC
107	582	Samuel Cox	0:22:24	Senior	Male	London Underground
108	420	Matthew Pond	0:22:26	Senior	Male	Petts Wood Runners
109	317	Victoria Buck	0:22:27	50	Female	Kent AC
110	648	Oliver Pomeroy	0:22:31	Senior	Male	Victoria Park H&THAC
111	57	Suzanne Swaine	0:22:34	40	Female	Crystal Palace
112	52	Alex Wickens	0:22:35	Senior	Male	Crystal Palace

113	324	Genevieve Blanch	0:22:36	Senior	Female	Kent AC
114	376	David Butler	0:22:37	70	Male	Lloyds RC Ravens
115	310	Samuel Groth	0:22:39	Senior	Male	Kent AC
116	639	Jason Davies	0:22:41	40	Male	Victoria Park H&THAC
117	304	Richard Elliot	0:22:42	45	Male	Kent AC
118	55	Chris Dyke	0:22:45	40	Male	Crystal Palace
119	313	Len Reilly	0:22:47	60	Male	Kent AC
120	610	Michael Borromeo	0:22:48	40	Male	Victoria Park H&THAC
121	421	Stephen Pond	0:22:48	55	Male	Petts Wood Runners
122	671	Bal Chahal	0:22:49	Senior	Female	Victoria Park H&THAC
123	655	Gabriela Caldwell-Jones	0:22:52	Senior	Female	Victoria Park H&THAC
124	612	Morgan Schmit	0:22:54	Senior	Male	Victoria Park H&THAC
125	551	Keith Newton	0:22:57	60	Male	SEAC
126	631	Andrea Aggio	0:23:01	Senior	Male	Victoria Park H&THAC
127	306	Mark George	0:23:04	55	Male	Kent AC
128	3	Nathalie Gaudillat	0:23:05	50	Female	Beckenham RC
129	151	Trevor East	0:23:06	50	Male	Eton Manor AC
130	575	Martin Daoud	0:23:08	60	Male	London Underground
131	581	Nathan Choat	0:23:09	Senior	Male	London Underground
132	7	Craig Williamson	0:23:13	60	Male	Beckenham RC
133	236	Andrew Radwell	0:23:23	55	Male	Highgate Harriers
134	2	Mike Reich	0:23:26	40	Male	Beckenham RC
135	673	Emma Frisby	0:23:29	35	Female	Victoria Park H&THAC
136	116	Emily Staines	0:23:32	Senior	Female	Dulwich Runners
137	303	Claire Oxlade	0:23:33	Senior	Female	Kent AC
138	583	Sam Perriman	0:23:35	Senior	Male	London Underground
139	621	Madeleine Sharp	0:23:44	Senior	Female	Victoria Park H&THAC
140	331	Andy Wright	0:23:47	40	Male	Kent AC
141	620	Joe Hall	0:23:52	50	Male	Victoria Park H&THAC
142	542	Karen Ellison	0:23:53	40	Female	SEAC
143	248	Mark Watson	0:23:58	50	Male	Highgate Harriers
144	329	Alexander Callaghan	0:24:03	Senior	Male	Kent AC
145	573	Will Bromham	0:24:10	Senior	Male	London Underground
146	640	Molly Knight	0:24:11	Senior	Female	Victoria Park H&THAC
147	300	Luke Armitage	0:24:16	60	Male	Kent AC
148	107	Eberhard Prill	0:24:18	60	Male	Dulwich Runners
149	422	Richard Hassall	0:24:21	45	Male	Petts Wood Runners
150	554	Mark Wakeford	0:24:24	50	Male	SEAC
151	158	Lee Milne	0:24:35	50	Female	Eton Manor AC
152	159	Ben Price	0:24:40	Senior	Male	Eton Manor AC
153	27	Rose Baker	0:24:42	60	Female	Cambridge Harriers
154	606	Sarah Laing	0:24:43	Senior	Female	Victoria Park H&THAC
155	650	Pheobe Law	0:24:44	Senior	Female	Victoria Park H&THAC
156	660	Keighly Mussington	0:24:48	65	Male	Victoria Park H&THAC
157	309	Sally Urquhart	0:24:48	Senior	Female	Kent AC
158	255	Chris Bailey	0:24:51	60	Male	Highgate Harriers
159	656	Rebecca Richardson	0:24:53	Senior	Female	Victoria Park H&THAC
160	302	Ivona Gongolova	0:24:58	40	Female	Kent AC
161	484	Peter Woolley	0:25:01	45	Male	Serpentine RC
162	544	Chris Perry	0:25:04	55	Male	SEAC
163	457	Gavin Fage	0:25:07	45	Male	Ravens School Runners
164	644	Steven Phillips	0:25:09	50	Male	Victoria Park H&THAC
165	232	Nici Audhlam-Gardiner	0:25:14	50	Female	Highgate Harriers
166	34	Graham Maynard	0:25:17	60	Male	Cambridge Harriers
167	609	Rachel Lovell	0:25:26	35	Female	Victoria Park H&THAC

168	555	Kevin Tilley	0:25:28	55	Male	SEAC
169	653	Liam Mchugh	0:25:31	Senior	Male	Victoria Park H&THAC
170	547	Arman Mann	0:25:39	Senior	Male	SEAC
171	162	Lydia Daniels	0:25:40	Senior	Female	Eton Manor AC
172	541	Conor Parle	0:25:44	Senior	Male	SEAC
173	110	Laura Vincent	0:25:56	40	Female	Dulwich Runners
174	538	Henry Cowell	0:25:58	Senior	Male	SEAC
175	659	Yuan Ren	0:26:03	Senior	Female	Victoria Park H&THAC
176	663	Jeanne Martin	0:26:04	Senior	Female	Victoria Park H&THAC
177	557	John O'Shea	0:26:12	60	Male	SEAC
178	553	Andrew Coltman	0:26:13	55	Male	SEAC
179	78	Chris Roy	0:26:14	45	Male	Dartford RR
180	670	Nicholas Anderton	0:26:16	Senior	Male	Victoria Park H&THAC
181	6	David Oliver	0:26:17	Senior	Male	Beckenham RC
182	53	Seth Poulter	0:26:19	40	Male	Crystal Palace
183	548	Andrew McLauchlan	0:26:20	50	Male	SEAC
184	579	Grace Gartlan	0:26:21	Senior	Female	London Underground
185	699		0:26:25	0	0	Victoria Park H&THAC
186	642	Miry Mayer	0:26:28	40	Female	Victoria Park H&THAC
187	627	Emily Mosedale	0:26:29	45	Female	Victoria Park H&THAC
188	624	Campbell McIlroy	0:26:31	40	Male	Victoria Park H&THAC
189	31	Martin Hawkins	0:26:35	60	Male	Cambridge Harriers
190	487	Rob Wrangle	0:26:39	60	Male	Serpentine RC
191	485	Sayana Lee	0:26:48	Senior	Female	Serpentine RC
192	531	Martin Wood	0:26:52	60	Male	SEAC
193	604	Annie Davey	0:26:53	45	Female	Victoria Park H&THAC
194	374	Jo Cartledge	0:26:53	Senior	Female	Kent AC
195	56	Steve Clark	0:26:58	Senior	Male	Crystal Palace
196	29	Clem Dixon	0:26:59	60	Male	Cambridge Harriers
197	533	Ajit Jansari	0:27:01	55	Male	SEAC
198	106	Graham Laylee	0:27:02	65	Male	Dulwich Runners
199	602	Annie Trihan	0:27:05	40	Female	Victoria Park H&THAC
200	104	Mike Mann	0:27:05	75	Male	Dulwich Runners
201	643	Ariane Watson	0:27:06	Senior	Female	Victoria Park H&THAC
202	452	Noah Fage	0:27:07	20	Male	Ravens School Runners
203	10	Amy Harris	0:27:07	40	Female	Beckenham RC
204	77	Phillip Tawton	0:27:09	40	Male	Dartford RR
205	58	Gaby Drinkwater	0:27:11	55	Female	Crystal Palace
206	546	Ciara Perry	0:27:13	Senior	Female	SEAC
207	607	Helen Burns	0:27:15	35	Female	Victoria Park H&THAC
208	152	Adrian Frost	0:27:16	65	Male	Eton Manor AC
209	82	Rob Farrier	0:27:16	55	Female	Dartford RR
210	328	Sarah Parry	0:27:20	50	Female	Kent AC
211	320	Jo Wint	0:27:31	40	Female	Kent AC
212	238	Sarah Borland	0:27:38	35	Female	Highgate Harriers
213	608	Chloe Topping	0:27:41	Senior	Female	Victoria Park H&THAC
214	603	James Keough	0:27:44	Senior	Male	Victoria Park H&THAC
215	113	Colin Frih	0:27:47	65	Male	Dulwich Runners
216	611	Josie Von Zitzewitz	0:27:56	45	Female	Victoria Park H&THAC
217	252	Martin Black	0:28:00	60	Male	Highgate Harriers
218	154	Chris Hempstead	0:28:11	Senior	Male	Eton Manor AC
219	8	Paul Fletcher	0:28:19	50	Male	Beckenham RC
220	4	Sarah Carr	0:28:21	50	Female	Beckenham RC
221	117	David Spindler	0:28:37	Senior	Male	Dulwich Runners
222	51	Katie Brownlessja	0:28:39	40	Female	Crystal Palace
223	456	Rick Clarkson	0:28:40	60	Male	Ravens School Runners
224	229	Louise Roper	0:28:41	Senior	Female	Greenwich Tritons
225	459	Sam Baklanov	0:28:48	Senior	Male	Ravens School Runners
226	9	Gail Arnott	0:28:49	60	Female	Beckenham RC
227	661	William Burbridge-James	0:28:53	65	Male	Victoria Park H&THAC
228	615	Claire Davenport	0:29:22	35	Female	Victoria Park H&THAC
229	79	Darren Rickard	0:29:24	55	Male	Dartford RR
230	81	Alex Cooper	0:29:28	50	Female	Dartford RR
231	314	Narciso Lopez Guerrero	0:29:35	50	Male	Kent AC
232	157	Ivy Fu	0:29:43	35	Female	Eton Manor AC
233	5	Ken Baksh	0:29:48	70	Male	Beckenham RC
234	614	Marie Chammilard	0:29:49	50	Female	Victoria Park H&THAC
235	645	Nicola Kerr	0:29:55	50	Female	Victoria Park H&THAC
236	453	Charlotte Adams	0:29:59	35	Female	Ravens School Runners
237	651	Tayla Wagenhauser	0:30:04	Senior	Female	Victoria Park H&THAC
238	372	Phil Marsden	0:30:06	55	Male	Kent AC
239	54	Catherine Langley	0:30:25	Senior	Female	Crystal Palace
240	105	Barrie Nicholls	0:30:56	70	Male	Dulwich Runners
241	558	Carlos Gonzales-Berocal	0:30:57	Senior	Male	SEAC
242	536	Sarah Munson	0:30:58	Senior	Female	SEAC
243	101	Ros Tabor	0:31:07	70	Female	Dulwich Runners
244	622	Brenda Puesch	0:31:17	60	Female	Victoria Park H&THAC
245	83	Anna Marie Dearsley	0:31:32	50	Female	Dartford RR
246	580	Ian Pethick	0:32:01	55	Male	London Underground
247	585	Neil Roberts	0:32:01	50	Male	London Underground
248	605	Hettie Partington	0:32:06	35	Female	Victoria Park H&THAC
249	163	Paul Mann	0:33:05	Senior	Male	Crystal Palace
250	486	Camilla Allwood	0:33:19	65	Female	Serpentine RC
251	102	Andy Murray	0:33:21	70	Male	Dulwich Runners
252	111	Claire Steward	0:33:22	70	Female	Dulwich Runners
253	641	Phoebe Knight	0:33:31	Senior	Female	Victoria Park H&THAC
254	537	Veronica Poensgen	0:35:11	Senior	Female	SEAC
255	323	Zoe Gaffen	0:36:02	65	Female	Kent AC
256	164	Brant Clements	0:37:24	Senior	Male	Crystal Palace

Team Results

Mens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Highgate Harriers	21	15
2	Kent AC	33	14
3	Cambridge Harriers	52	13
4	Dulwich Runners	68	12
5	Cambridge Harriers	110	11
6	SEAC	113	10
7	Ravens School Runners	212	9
8	London Underground	213	8
9	Eton Manor AC	220	7
10	Serpentine RC	352	6
11	Petts Wood Runners	398	5
12	Beckenham RC	472	4
13	Crystal Palace	529	3
14		2	
15		1	

Mens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Highgate Harriers	87	15
2	Victoria Park H&THAC	89	14
3	Kent AC	191	13
4	Cambridge Harriers	235	12
5	SEAC	250	11
6	Dulwich Runners	337	10
7	London Underground	440	9
8	Eton Manor AC	518	8
9	Ravens School Runners	651	7
10			
11			
12			

Womens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	10	15
2	Victoria Park H&THAC	42	14
3	Beckenham RC	147	13
4	Crystal Palace	153	12
5	Dulwich Runners	166	11
6	SEAC	183	10
7			9
8			8
9			7
10			
11			
12			

Womens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	46	15
2	Victoria Park H&THAC	77	14
3			13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Flurry Grierson, Highgate Harriers	0:17:12	10
2	Charles Cooper, Highgate Harriers	0:17:12	9
3	Jack Ramm, Dulwich Runners	0:17:20	8
4	Jake Simmonds, Kent AC	0:17:28	7
5	Sam Jinks, Highgate Harriers	0:17:30	6
6	Jim Allchin, Kent AC	0:17:33	5
7	Andrew Barrington, Victoria Park H&THAC	0:17:37	4
8	Richard Bartram, Victoria Park H&THAC	0:17:39	3
9	Alex Hamlet, Kent AC	0:17:41	2
10	Matt Speed, Kent AC	0:17:43	1

<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Fabien Whitelock, Dulwich Runners	0:17:14	10
2	Ronan Edwards, London Underground	0:18:28	9
3	Harry Fage, Ravens School Runners	0:19:00	8
4	Toby Bond, Dulwich Runners	0:19:26	7
5	Mark Constable, Ravens School Runners	0:20:12	6
6	Noah Fage, Ravens School Runners	0:27:07	5
7			4
8			3
9			2
10			1

<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Matthew Stevens, Victoria Park H&THAC	0:18:23	10
2	David Jones, Victoria Park H&THAC	0:18:46	9
3	James Bewley, Victoria Park H&THAC	0:19:30	8
4	Ian Cooper, Kent AC	0:20:05	7
5	Samuel Taylor, Kent AC	0:20:10	6
6	Paul Rishton, Eton Manor AC	0:20:14	5
7	Will Longhurst, Cambridge Harriers	0:20:47	4
8	Aaron Johnson-Chapman, Eton Manor AC	0:20:54	3
9	Dan Treichel, Victoria Park H&THAC	0:21:17	2
10	Kev Chadwick, Petts Wood Runners	0:21:33	1

<u>45</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Robert Laing, Kent AC	0:18:37	10
2	Mike Boucher, London Underground	0:19:16	9
3	Sami Dodangeh, Victoria Park H&THAC	0:19:49	8
4	Rob Shearer, Cambridge Harriers	0:20:23	7
5	James Pitts, Cambridge Harriers	0:20:45	6
6	Alex Morales, Kent AC	0:21:16	5
7	Samuel Wilcock, Kent AC	0:21:46	4
8	Dave Swindells, Victoria Park H&THAC	0:22:10	3
9	Richard Elliot, Kent AC	0:22:42	2
10	Richard Hassall, Petts Wood Runners	0:24:21	1

Womens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Amelia Pettit, Kent AC	0:20:29	10
2	Caitlin Bradley, Kent AC	0:21:48	9
3	Katie Good, Kent AC	0:21:58	8
4	Genevieve Blanch, Kent AC	0:22:36	7
5	Bal Chahal, Victoria Park H&THAC	0:22:49	6
6	Gabriela Caldwell-Jones, Victoria Par	0:22:52	5
7	Emily Staines, Dulwich Runners	0:23:32	4
8	Claire Oxlade, Kent AC	0:23:33	3
9	Madeleine Sharp, Victoria Park H&TH	0:23:44	2
10	Molly Knight, Victoria Park H&THAC	0:24:11	1

<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1			10
2			9
3			8
4			7
5			
6			
7			
8			
9			
10			

<u>35</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Emma Frisby, Victoria Park H&THAC	0:23:29	10
2	Rachel Lovell, Victoria Park H&THAC	0:25:26	9
3	Helen Burns, Victoria Park H&THAC	0:27:15	8
4	Sarah Borland, Highgate Harriers	0:27:38	7
5	Claire Davenport, Victoria Park H&TH	0:29:22	6
6	Ivy Fu, Eton Manor AC	0:29:43	5
7	Charlotte Adams, Ravens School Rui	0:29:59	4
8	Hettie Partington, Victoria Park H&TH	0:32:06	3
9			2
10			1

<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Victoria Cartwright, Kent AC	0:21:52	10
2	Suzanne Swaine, Crystal Palace	0:22:34	9
3	Karen Ellison, SEAC	0:23:53	8
4	Ivona Gongolova, Kent AC	0:24:58	7
5	Laura Vincent, Dulwich Runners	0:25:56	6
6	Miry Mayer, Victoria Park H&THAC	0:26:28	5
7	Annie Trihan, Victoria Park H&THAC	0:27:05	4
8	Amy Harris, Beckenham RC	0:27:07	3
9	Jo Wint, Kent AC	0:27:31	2
10	Katie Brownlessja, Crystal Palace	0:28:39	1

50	Name, Club	Time	Points	45	Name, Club	Time	Points
1	Warren Keefe, Dulwich Runners	0:19:54	10	1	Emily Mosedale, Victoria Park H&TH	0:26:29	10
2	Joseph Osakue, London Underground	0:20:32	9	2	Annie Davey, Victoria Park H&THAC	0:26:53	9
3	Chris Notton, Serpentine RC	0:20:50	8	3	Josie Von Zitzewitz, Victoria Park H&	0:27:56	8
4	Jim Addison, Beckenham RC	0:20:52	7	4			7
5	David Reader, Cambridge Harriers	0:21:29	6	5			6
6	Ant Withstandley, Victoria Park H&THAC	0:21:40	5	6			5
7	Che Compton, Kent AC	0:21:49	4	7			4
8	Kev Howarth, Petts Wood Runners	0:22:06	3	8			3
9	Trevor East, Eton Manor AC	0:23:06	2	9			2
10	Joe Hall, Victoria Park H&THAC	0:23:52	1	10			1
55	Name, Club	Time	Points	50	Name, Club	Time	Points
1	Andy Weir, SEAC	0:20:52	10	1	Victoria Buck, Kent AC	0:22:27	10
2	Barry Foot, Highgate Harriers	0:22:23	9	2	Nathalie Gaudillat, Beckenham RC	0:23:05	9
3	Stephen Pond, Petts Wood Runners	0:22:48	8	3	Lee Milne, Eton Manor AC	0:24:35	8
4	Mark George, Kent AC	0:23:04	7	4	Nici Audhlam-Gardiner, Highgate Har	0:25:14	7
5	Andrew Radwell, Highgate Harriers	0:23:23	6	5	Sarah Parry, Kent AC	0:27:20	6
6	Chris Perry, SEAC	0:25:04	5	6	Sarah Carr, Beckenham RC	0:28:21	5
7	Kevin Tilley, SEAC	0:25:28	4	7	Alex Cooper, Dartford RR	0:29:28	4
8	Andrew Coltman, SEAC	0:26:13	3	8	Marie Chammlard, Victoria Park H&T	0:29:49	3
9	Ajit Jansari, SEAC	0:27:01	2	9	Nicola Kerr, Victoria Park H&THAC	0:29:55	2
10	Darren Rickard, Dartford RR	0:29:24	1	10	Anna Marie Dearsley, Dartford RR	0:31:32	1
60	Name, Club	Time	Points	55	Name, Club	Time	Points
1	Len Reilly, Kent AC	0:22:47	10	1	Gaby Drinkwater, Crystal Palace	0:27:11	10
2	Keith Newton, SEAC	0:22:57	9	2	Rob Farrier, Dartford RR	0:27:16	9
3	Martin Daoud, London Underground	0:23:08	8	3			8
4	Craig Williamson, Beckenham RC	0:23:13	7	4			7
5	Luke Armitage, Kent AC	0:24:16	6	5			6
6	Eberhard Prill, Dulwich Runners	0:24:18	5	6			5
7	Chris Bailey, Highgate Harriers	0:24:51	4	7			4
8	Graham Maynard, Cambridge Harriers	0:25:17	3	8			3
9	John O'Shea, SEAC	0:26:12	2	9			2
10	Martin Hawkins, Cambridge Harriers	0:26:35	1	10			1
65	Name, Club	Time	Points	60	Name, Club	Time	Points
1	Keighly Mussington, Victoria Park H&THAC	0:24:48	10	1	Rose Baker, Cambridge Harriers	0:24:42	10
2	Graham Laylee, Dulwich Runners	0:27:02	9	2	Gail Arnott, Beckenham RC	0:28:49	9
3	Adrian Frost, Eton Manor AC	0:27:16	8	3	Brenda Puesch, Victoria Park H&THA	0:31:17	8
4	Colin Frith, Dulwich Runners	0:27:47	7	4			7
5	William Burbridge-James, Victoria Park H&THA	0:28:53	6	5			6
6			5	6			
7			4	7			
8			3	8			
9			2	9			
10			1	10			
70	Name, Club	Time	Points	65	Name, Club	Time	Points
1	David Butler, Lloyds RC Ravens	0:22:37	10	1	Camilla Allwood, Serpentine RC	0:33:19	10
2	Ken Baksh, Beckenham RC	0:29:48	9	2	Zoe Gaffen, Kent AC	0:36:02	9
3	Barrie Nicholls, Dulwich Runners	0:30:56	8	3			8
4	Andy Murray, Dulwich Runners	0:33:21	7	4			
5			6	5			
6			5	6			
7			4	7			
8				8			
9				9			
10				10			
75	Name, Club	Time	Points	70	Name, Club	Time	Points
1	Mike Mann, Dulwich Runners	0:27:05	10	1	Ros Tabor, Dulwich Runners	0:31:07	10
2			9	2	Claire Steward, Dulwich Runners	0:33:22	9
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			