

2025 ASSEMBLY LEAGUE - RACE 6 BECKENHAM PLACE PARK 4 SEPTEMBER 2025**Version 3**

Position	Bib	Name	Time	Age	Gender	Club
1	126	Aaron Wilson	0:16:31	Senior	Male	Dulwich Runners
2	373	Matt Speed	0:16:38	Senior	Male	Kent AC
3	318	Olly Buck	0:16:42	20	Male	Kent AC
4	320	Jim Allchin	0:16:53	Senior	Male	Kent AC
5	117	Dylan Wymer	0:17:08	Senior	Male	Dulwich Runners
6	35	Kyle Hurst	0:17:16	Senior	Male	Cambridge Harriers
7	454	Harry Fage	0:17:34	20	Male	Ravens School Runners
8	375	Robert Laing	0:17:38	45	Male	Kent AC
9	123	Andy Bond	0:17:44	50	Male	Dulwich Runners
10	692	Ryan Brotherton	0:17:49	Senior	Male	Beckenham RC
11	127	Ed Gibson	0:17:59	Senior	Male	Dulwich Runners
12	324	Daniel Steel	0:18:10	40	Male	Kent AC
13	336	Ian Cooper	0:18:23	40	Male	Kent AC
14	327	Nick Chevis	0:18:26	Senior	Male	Kent AC
15	342	Bert Royle	0:18:27	20	Male	Kent AC
16	343	Rory McLaughlin	0:18:29	Senior	Male	Kent AC
17	462	Andy Moulden	0:18:44	Senior	Male	Ravens School Runners
18	428	Silky Ng	0:18:45	Senior	Male	Petts Wood Runners
19	338	Alex Harris	0:18:46	45	Male	Kent AC
20	377	Jonathan Pontin	0:18:51	Senior	Male	Lloyds RC Ravens
21	54	Mark Q	0:18:52	40	Male	Crystal Palace
22	687	Jim Addison	0:18:57	50	Male	Beckenham RC
23	92	Andy Green	0:19:04	55	Male	Dartford RR
24	37	Jonathan Sargent	0:19:05	Senior	Male	Cambridge Harriers
25	72	Stewart Dabin	0:19:06	45	Male	Crystal Palace
26	121	Hugh Stobart	0:19:21	Senior	Male	Dulwich Runners
27	575	Liam Mullings	0:19:25	Senior	Male	London Underground
28	495	Angus Brown	0:19:27	40	Male	Serpentine RC
29	344	Matt Thomas	0:19:30	Senior	Male	Kent AC
30	102	Warren Keefe	0:19:31	50	Male	Dulwich Runners
31	312	Lee Davies	0:19:35	40	Male	Kent AC
32	49	James Pitts	0:19:36	Senior	Male	Cambridge Harriers
33	571	Krzysztof Klidzia	0:19:37	60	Male	London Underground
34	331	Chris Mullin	0:19:38	45	Male	Kent AC
35	310	Will Ross	0:19:40	Senior	Male	Kent AC
36	335	Che Compton	0:19:43	50	Male	Kent AC
37	328	Samuel Taylor	0:19:44	40	Male	Kent AC
38	120	Ed Simmons	0:19:53	40	Male	Dulwich Runners
39	492	Philip Whitehouse	0:19:54	Senior	Male	Serpentine RC
40	306	Ellie Freeden	0:19:55	Senior	Female	Kent AC
41	307	Rupert Bedford	0:20:05	Senior	Male	Kent AC
42	23	Liam Hamill	0:20:11	40	Male	Beckenham RC
43	332	Andy Colley	0:20:14	40	Male	Kent AC
44	334	Caitlin Bradley	0:20:17	Senior	Female	Kent AC
45	129	Fabien Whitelock	0:20:18	20	Male	Dulwich Runners
46	159	Neil McGoun	0:20:21	45	Male	Eton Manor AC
47	322	Claire Oxlade	0:20:22	Senior	Female	Kent AC
48	574	Mike Boucher	0:20:23	45	Male	London Underground
49	311	Samuel Wilcock	0:20:24	45	Male	Kent AC
50	430	Kev Howarth	0:20:27	50	Male	Petts Wood Runners
51	326	Victoria Cartwright	0:20:31	40	Female	Kent AC
52	110	Alex Loftus	0:20:33	45	Male	Dulwich Runners

53	654	Rob Espin	0:20:35	Senior	Male	Crystal Palace
54	34	Will Longhurst	0:20:37	40	Male	Cambridge Harriers
55	573	Gabriel Mcquigan	0:20:44	Senior	Male	London Underground
56	491	Chris Notton	0:20:45	50	Male	Serpentine RC
57	69	Alex Wickens	0:20:46	Senior	Male	Crystal Palace
58	33	David Reader	0:20:49	50	Male	Cambridge Harriers
59	303	Lin Skinner	0:20:49	45	Female	Kent AC
60	543	Eddy Mutai	0:21:02	Senior	Male	SEAC
61	374	Nesrin Sabanci	0:21:03	40	Female	Kent AC
62	156	Trevor East	0:21:07	50	Male	Eton Manor AC
63	118	Marco Marotta	0:21:13	Senior	Male	Dulwich Runners
64	381	Jessica Cossion	0:21:14	Senior	Female	Lloyds RC Ravens
65	317	Victoria Buck	0:21:18	50	Female	Kent AC
66	429	Matthew Pond	0:21:21	Senior	Male	Petts Wood Runners
67	11	Craig Williamson	0:21:26	60	Male	Beckenham RC
68	19	Steve Moss	0:21:27	60	Male	Beckenham RC
69	213	Martin Tynan	0:21:30	50	Male	Greenwich Tritons
70	330	Richard Elliot	0:21:32	45	Male	Kent AC
71	690	Austin Platt	0:21:33	55	Male	Beckenham RC
72	611	Jason Davies	0:21:34	40	Male	Victoria Park H&THAC
73	20	Nathalie Gaudillat	0:21:36	50	Female	Beckenham RC
74	376	Dave. Butler	0:21:40	70	Male	Lloyds RC Ravens
75	427	Stephen Pond	0:21:44	55	Male	Petts Wood Runners
76	694	Mike Reich	0:21:45	40	Male	Beckenham RC
77	380	Anna Crawley	0:21:46	Senior	Female	Lloyds RC Ravens
78	688	Ben Calascione	0:21:47	55	Male	Beckenham RC
79	613	Brian Grogan	0:21:49	Senior	Male	Victoria Park H&THAC
80	661	Kayley Rogers	0:21:51	Senior	Female	Crystal Palace
81	301	Mark George	0:21:52	55	Male	Kent AC
82	73	Chris Dyke	0:21:53	40	Male	Crystal Palace
83	25		0:21:57	0	0	Beckenham RC
84	537	Richard Feeney	0:22:02	60	Male	SEAC
85	612	Esme Ingram	0:22:13	Senior	Female	Victoria Park H&THAC
86	302	Luke Armitage	0:22:16	60	Male	Kent AC
87	457	Rob Donohue	0:22:18	Senior	Male	Ravens School Runners
88	691	Ciara Kiely	0:22:22	Senior	Female	Beckenham RC
89	233	Natasha Cendrowicz	0:22:23	55	Female	Highgate Harriers
90	659	Gio Biagiotti	0:22:23	45	Male	Crystal Palace
91	339	Ron Taylor	0:22:24	40	Male	Kent AC
92	616	Stephen Jones	0:22:27	45	Male	Crystal Palace
93	540	Yonca Feeney	0:22:37	55	Female	SEAC
94	13	Andy Regan	0:22:38	50	Male	Beckenham RC
95	425	Richard Hassall	0:22:52	45	Male	Petts Wood Runners
96	572	Mike Murdoch	0:23:05	55	Male	London Underground
97	232	Nici Audhlam-Gardiner	0:23:12	50	Female	Highgate Harriers
98	541	John O'Shea	0:23:18	60	Male	SEAC
99	544	Kabelo Monese	0:23:19	Senior	Male	SEAC
100	116	Michelle Lennon	0:23:19	55	Female	Dulwich Runners
101	17	Donna Mewis	0:23:20	55	Female	Beckenham RC
102	321	Hector Prince Hill	0:23:21	0	0	Kent AC
103	458	Sam Harvey	0:23:36	Senior	Male	Ravens School Runners
104	89	Barry Angell	0:23:37	50	Male	Dartford RR
105	325	Lesley Mentink	0:23:38	Senior	Male	Kent AC
106	105	Laura Vincent	0:23:39	40	Female	Dulwich Runners
107	59	Andrew Wallace	0:23:40	50	Male	Crystal Palace
108	309	Ivona Gongolova	0:23:41	40	Female	Kent AC
109	124	Sena Mucklow	0:23:43	Senior	Female	Dulwich Runners
110	461	Gavin Fage	0:23:46	45	Male	Ravens School Runners
111	494	Peter Woolley	0:23:53	45	Male	Serpentine RC
112	24	Katie Calascione	0:23:56	50	Female	Beckenham RC

113	87	Nicholas Johnson	0:23:59	Senior	Male	Dartford RR
114	65	Liz Pepper	0:24:03	50	Female	Crystal Palace
115	315	Paul Crompton	0:24:09	55	Male	Kent AC
116	234	Chris Bailey	0:24:13	60	Male	Highgate Harriers
117	535	Martin Wood	0:24:14	60	Male	SEAC
118	115	Ola Balme	0:24:26	55	Female	Dulwich Runners
119	426	Daniel Selman	0:24:31	50	Male	Petts Wood Runners
120	313	Susanna Davies	0:24:35	40	Female	Kent AC
121	125	Eleanor Simmons	0:24:36	45	Female	Dulwich Runners
122	128	David Spindler	0:24:37	Senior	Male	Dulwich Runners
123	212	Kate Fry	0:24:37	45	Female	Greenwich Tritons
124	14	Kate Marchant	0:24:39	55	Female	Beckenham RC
125	657	Noemie Cavaillon-Ram	0:24:39	40	Female	Crystal Palace
126	63	Matt Weobley	0:24:41	Senior	Male	Crystal Palace
127	210	Lesley Mccarthy	0:24:49	50	Female	Greenwich Tritons
128	80	Philip Tawton	0:24:50	40	Male	Dartford RR
129	323	Adrian Young	0:24:51	Senior	Male	Kent AC
130	157	Adrian Frost	0:24:52	65	Male	Eton Manor AC
131	308	Suz Spalding	0:24:57	50	Female	Kent AC
132	379	Paul Brandreth	0:24:59	45	Male	Lloyds RC Ravens
133	662	Steve Clark	0:25:01	Senior	Male	Crystal Palace
134	538	Saoirse Carberry	0:25:02	Senior	Female	SEAC
135	61	Louise Phillips	0:25:03	Senior	Female	Crystal Palace
136	316	Jo Wint	0:25:07	40	Female	Kent AC
137	614	Rachel Lovell	0:25:07	35	Female	Victoria Park H&THAC
138	619		0:25:08	0	0	
139	542	Andrew Mclauchlan	0:25:13	50	Male	SEAC
140	660	James Pimperton	0:25:14	40	Male	Crystal Palace
141	656	Seth Poulter	0:25:14	40	Male	Crystal Palace
142	112	Tom Poynton	0:25:16	50	Male	Dulwich Runners
143	532	Andrew Coltman	0:25:17	55	Male	SEAC
144	22	Paul Fletcher	0:25:18	50	Male	Beckenham RC
145	65	Liz Pepper	0:25:21	50	Female	Crystal Palace
146	86	Jonathan Wynne	0:25:22	60	Male	Dartford RR
147	70	Matt Fleming	0:25:32	Senior	Male	Crystal Palace
148	685	Nigel Wood	0:25:38	65	Male	Beckenham RC
149	314	Julian Spencer-Wood	0:25:39	70	Male	Kent AC
150	64	Barbara Buzas	0:25:40	Senior	Female	Crystal Palace
151	345	Jennifer Lindsey	0:25:42	40	Female	Kent AC
152	337	Rebecca Palser	0:25:44	50	Female	Kent AC
153	689	David Oliver	0:25:52	Senior	Male	Beckenham RC
154	67	Vicky Smith	0:26:00	45	Female	Crystal Palace
155	32	Graham Maynard	0:26:11	60	Male	Cambridge Harriers
156	36	Martin Hawkins	0:26:12	60	Male	Cambridge Harriers
157	82	Dave Best	0:26:18	50	Male	Dartford RR
158	536	Paul Doyle	0:26:19	55	Male	SEAC
159	60	Gaby Drinkwater	0:26:21	55	Female	Crystal Palace
160	103	Mike Mann	0:26:24	75	Male	Dulwich Runners
161	214	Gary Nolan	0:26:27	Senior	Male	Greenwich Tritons
162	333	Jo Cartledge	0:26:28	Senior	Female	Kent AC
163	111	Graham Laylee	0:26:29	65	Male	Dulwich Runners
164	378	Alex Anderson	0:26:35	50	Female	Lloyds RC Ravens
165	83	Jay Browne	0:26:41	50	Male	Dartford RR
166	658	Sean Hill	0:26:46	Senior	Male	Crystal Palace
167	90	Amy Hutchings	0:26:49	40	Female	Dartford RR

168	85	Emma Brown	0:26:50	45	Female	Dartford RR
169	88	Christine Munday	0:26:56	45	Female	Dartford RR
170	56	Paul Mann	0:27:05	60	Male	Crystal Palace
171	93	Paul Donaldson	0:27:08	50	Male	Dartford RR
172	304	Phil Marsden	0:27:16	50	Male	Kent AC
173	534	Martin Law	0:27:19	50	Male	SEAC
174	21	Ken Baksh	0:27:20	70	Male	Beckenham RC
175	211	Louise Roper	0:27:26	Senior	Female	Greenwich Tritons
176	155	Geoff Nicholls	0:27:31	70	Male	Eton Manor AC
177	686	Doug Hazlewood	0:27:34	55	Male	Beckenham RC
178	62	Mary Lavelle	0:27:35	40	Female	Crystal Palace
179	71	Nova Matthias	0:27:47	55	Female	Crystal Palace
180	305	Sarah Young	0:28:13	55	Female	Kent AC
181	81	Darren Rickard	0:28:32	55	Male	Dartford RR
182	68	Katie Brownless	0:28:39	40	Female	Crystal Palace
183	455	Sam Baklanov	0:28:41	Senior	Male	Ravens School Runners
184	58	Ameet Patel	0:28:44	60	Male	Crystal Palace
185	459	Noah Fage	0:28:45	20	Male	Ravens School Runners
186	693	Deborah Ford	0:28:52	55	Female	Beckenham RC
187	460	Adam Doherty	0:29:06	Senior	Male	Ravens School Runners
188	109	Dave West	0:29:08	65	Male	Dulwich Runners
189	75	Catherine Langley	0:29:22	Senior	Female	Crystal Palace
190	104	Barrie John Nichols	0:29:33	70	Male	Dulwich Runners
191	101	Ros Tabor	0:29:35	70	Female	Dulwich Runners
192	12	Jo Jenkins	0:29:37	35	Female	Beckenham RC
193	66	Chris Balmer	0:29:48	70	Male	Crystal Palace
194	576	Neil Roberts	0:30:22	50	Male	London Underground
195	122	Andy Murray	0:31:06	70	Male	Dulwich Runners
196	456	Brian Biddlecombe	0:31:10	65	Male	Ravens School Runners
197	74	Emma McIntyre	0:31:15	45	Female	Crystal Palace
198	154	Hayley Dalton	0:31:17	50	Female	Eton Manor AC
199	57	Brian Clements	0:31:47	65	Male	Crystal Palace
200	493	Camilla Allwood	0:31:49	65	Female	Serpentine RC
201	84	Beata Mihaly	0:31:56	45	Female	Dartford RR
202	119	Claire Steward	0:32:52	70	Female	Dulwich Runners
203	329	Zoe Gaffen	0:37:04	65	Female	Kent AC

Team Results

Mens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	17	15
2	Dulwich Runners	26	14
3	Cambridge Harriers	52	13
4	Beckenham RC	132	12
5	Crystal Palace	148	11
6	London Underground	156	10
7	Ravens School Runners	181	9
8	Petts Wood Runners	189	8
9	Serpentine RC	207	7
10	SEAC	290	6
11	Dartford RR	292	5
12	Eton Manor AC	324	4
13		3	
14		2	
15		1	

Mens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	54	15
2	Dulwich Runners	137	14
3	Beckenham RC	258	13
4	Crystal Palace	309	12
5	SEAC	413	11
6	Dartford RR	462	10
7	Ravens School Runners	479	9
8		8	
9		7	
10			
11			
12			

Womens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	10	15
2	Beckenham RC	62	14
3	Dulwich Runners	81	13
4	Crystal Palace	96	12
5	Dartford RR	194	11
6			10
7			9
8			8
9			7
10			
11			
12			

Womens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	39	15
2	Crystal Palace	154	14
3			13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Aaron Wilson, Dulwich Runners	0:16:31	10
2	Matt Speed, Kent AC	0:16:38	9
3	Jim Allchin, Kent AC	0:16:53	8
4	Dylan Wymer, Dulwich Runners	0:17:08	7
5	Kyle Hurst, Cambridge Harriers	0:17:16	6
6	Ryan Brotherton, Beckenham RC	0:17:49	5
7	Ed Gibson, Dulwich Runners	0:17:59	4
8	Nick Chevis, Kent AC	0:18:26	3
9	Rory McLaughlin, Kent AC	0:18:29	2
10	Andy Moulden, Ravens School Runners	0:18:44	1
<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Olly Buck, Kent AC	0:16:42	10
2	Harry Fage, Ravens School Runners	0:17:34	9
3	Bert Royle, Kent AC	0:18:27	8
4	Fabien Whitelock, Dulwich Runners	0:20:18	7
5	Noah Fage, Ravens School Runners	0:28:45	6
6			5
7			4
8			3
9			2
10			1
<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Daniel Steel, Kent AC	0:18:10	10
2	Ian Cooper, Kent AC	0:18:23	9
3	Mark Q, Crystal Palace	0:18:52	8
4	Angus Brown, Serpentine RC	0:19:27	7
5	Lee Davies, Kent AC	0:19:35	6
6	Samuel Taylor, Kent AC	0:19:44	5
7	Ed Simmons, Dulwich Runners	0:19:53	4
8	Liam Hamill, Beckenham RC	0:20:11	3
9	Andy Colley, Kent AC	0:20:14	2
10	Will Longhurst, Cambridge Harriers	0:20:37	1
<u>45</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Robert Laing, Kent AC	0:17:38	10
2	Alex Harris, Kent AC	0:18:46	9
3	Stewart Dabin, Crystal Palace	0:19:06	8
4	Chris Mullin, Kent AC	0:19:38	7
5	Neil McGoun, Eton Manor AC	0:20:21	6
6	Mike Boucher, London Underground	0:20:23	5
7	Samuel Wilcock, Kent AC	0:20:24	4
8	Alex Loftus, Dulwich Runners	0:20:33	3
9	Richard Elliot, Kent AC	0:21:32	2
10	Gio Biagiotti, Crystal Palace	0:22:23	1

Womens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Ellie Freeden, Kent AC	0:19:55	10
2	Caitlin Bradley, Kent AC	0:20:17	9
3	Claire Oxlade, Kent AC	0:20:22	8
4	Jessica Cossion, Lloyds RC Ravens	0:21:14	7
5	Anna Crawley, Lloyds RC Ravens	0:21:46	6
6	Kayley Rogers, Crystal Palace	0:21:51	5
7	Esme Ingram, Victoria Park H&THAC	0:22:13	4
8	Ciara Kiely, Beckenham RC	0:22:22	3
9	Sena Mucklow, Dulwich Runners	0:23:43	2
10	Saoirse Carberry, SEAC	0:25:02	1
<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1			10
2			9
3			8
4			7
5			
6			
7			
8			
9			
10			
<u>35</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Rachel Lovell, Victoria Park H&THAC	0:25:07	10
2	Jo Jenkins, Beckenham RC	0:29:37	9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1
<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Victoria Cartwright, Kent AC	0:20:31	10
2	Nesrin Sabanci, Kent AC	0:21:03	9
3	Laura Vincent, Dulwich Runners	0:23:39	8
4	Ivona Gongolova, Kent AC	0:23:41	7
5	Susanna Davies, Kent AC	0:24:35	6
6	Noemie Cavaillon-Ram, Crystal Palac	0:24:39	5
7	Jo Wint, Kent AC	0:25:07	4
8	Jennifer Lindsey, Kent AC	0:25:42	3
9	Amy Hutchings, Dartford RR	0:26:49	2
10	Mary Lavelle, Crystal Palace	0:27:35	1

50	Name, Club	Time	Points	45	Name, Club	Time	Points
1	Andy Bond, Dulwich Runners	0:17:44	10	1	Lin Skinner, Kent AC	0:20:49	10
2	Jim Addison, Beckenham RC	0:18:57	9	2	Eleanor Simmons, Dulwich Runners	0:24:36	9
3	Warren Keefe, Dulwich Runners	0:19:31	8	3	Kate Fry, Greenwich Tritons	0:24:37	8
4	Che Compton, Kent AC	0:19:43	7	4	Vicky Smith, Crystal Palace	0:26:00	7
5	Kev Howarth, Petts Wood Runners	0:20:27	6	5	Emma Brown, Dartford RR	0:26:50	6
6	Chris Notton, Serpentine RC	0:20:45	5	6	Christine Munday, Dartford RR	0:26:56	5
7	David Reader, Cambridge Harriers	0:20:49	4	7	Emma McIntyre, Crystal Palace	0:31:15	4
8	Trevor East, Eton Manor AC	0:21:07	3	8	Beata Mihaly, Dartford RR	0:31:56	3
9	Martin Tynan, Greenwich Tritons	0:21:30	2	9			2
10	Andy Regan, Beckenham RC	0:22:38	1	10			1
55	Name, Club	Time	Points	50	Name, Club	Time	Points
1	Andy Green, Dartford RR	0:19:04	10	1	Victoria Buck, Kent AC	0:21:18	10
2	Austin Platt, Beckenham RC	0:21:33	9	2	Nathalie Gaudillat, Beckenham RC	0:21:36	9
3	Stephen Pond, Petts Wood Runners	0:21:44	8	3	Nici Audham-Gardiner, Highgate Har	0:23:12	8
4	Ben Calascione, Beckenham RC	0:21:47	7	4	Katie Calascione, Beckenham RC	0:23:56	7
5	Mark George, Kent AC	0:21:52	6	5	Liz Pepper, Crystal Palace	0:24:03	6
6	Mike Murdoch, London Underground	0:23:05	5	6	Lesley McCarthy, Greenwich Tritons	0:24:49	5
7	Paul Crompton, Kent AC	0:24:09	4	7	Suz Spalding, Kent AC	0:24:57	4
8	Andrew Coltman, SEAC	0:25:17	3	8	Liz Pepper, Crystal Palace	0:25:21	3
9	Paul Doyle, SEAC	0:26:19	2	9	Rebecca Palser, Kent AC	0:25:44	2
10	Doug Hazlewood, Beckenham RC	0:27:34	1	10	Alex Anderson, Lloyds RC Ravens	0:26:35	1
60	Name, Club	Time	Points	55	Name, Club	Time	Points
1	Krzysztof Klidzia, London Underground	0:19:37	10	1	Natasha Cendrowicz, Highgate Harrie	0:22:23	10
2	Craig Williamson, Beckenham RC	0:21:26	9	2	Yonca Feeney, SEAC	0:22:37	9
3	Steve Moss, Beckenham RC	0:21:27	8	3	Michelle Lennon, Dulwich Runners	0:23:19	8
4	Richard Feeney, SEAC	0:22:02	7	4	Donna Mewis, Beckenham RC	0:23:20	7
5	Luke Armitage, Kent AC	0:22:16	6	5	Ola Balme, Dulwich Runners	0:24:26	6
6	John O'Shea, SEAC	0:23:18	5	6	Kate Marchant, Beckenham RC	0:24:39	5
7	Chris Bailey, Highgate Harriers	0:24:13	4	7	Gaby Drinkwater, Crystal Palace	0:26:21	4
8	Martin Wood, SEAC	0:24:14	3	8	Nova Matthias, Crystal Palace	0:27:47	3
9	Jonathan Wynne, Dartford RR	0:25:22	2	9	Sarah Young, Kent AC	0:28:13	2
10	Graham Maynard, Cambridge Harriers	0:26:11	1	10	Deborah Ford, Beckenham RC	0:28:52	1
65	Name, Club	Time	Points	60	Name, Club	Time	Points
1	Adrian Frost, Eton Manor AC	0:24:52	10	1			10
2	Nigel Wood, Beckenham RC	0:25:38	9	2			9
3	Graham Laylee, Dulwich Runners	0:26:29	8	3			8
4	Dave West, Dulwich Runners	0:29:08	7	4			7
5	Brian Biddlecombe, Ravens School Runners	0:31:10	6	5			6
6	Brian Clements, Crystal Palace	0:31:47	5	6			
7			4	7			
8			3	8			
9			2	9			
10			1	10			
70	Name, Club	Time	Points	65	Name, Club	Time	Points
1	Dave Butler, Lloyds RC Ravens	0:21:40	10	1	Camilla Allwood, Serpentine RC	0:31:49	10
2	Julian Spencer-Wood, Kent AC	0:25:39	9	2	Zoe Gaffen, Kent AC	0:37:04	9
3	Ken Baksh, Beckenham RC	0:27:20	8	3			8
4	Geoff Nicholls, Eton Manor AC	0:27:31	7	4			
5	Barrie John Nichols, Dulwich Runners	0:29:33	6	5			
6	Chris Balmer, Crystal Palace	0:29:48	5	6			
7	Andy Murray, Dulwich Runners	0:31:06	4	7			
8				8			
9				9			
10				10			
75	Name, Club	Time	Points	70	Name, Club	Time	Points
1	Mike Mann, Dulwich Runners	0:26:24	10	1	Ros Tabor, Dulwich Runners	0:29:35	10
2			9	2	Claire Steward, Dulwich Runners	0:32:52	9
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			