

**2026 ASSEMBLY LEAGUE - RACE 1 BECKENHAM PLACE PARK 2 APRIL 2026****Version 2**

Position	Bib	Name	Time	Age	Gender	Club
1	122	Aaron Wilson	0:16:42	Senior	Male	Dulwich Runners
2	125	Jack Ramm	0:16:49	Senior	Male	Dulwich Runners
3	364	Matt Speed	0:16:53	Senior	Male	Kent AC
4	301	Joe Vis	0:17:02	Senior	Male	Kent AC
5	101	Adrian Russell	0:17:04	45	Male	Dulwich Runners
6	106	James Blackwood	0:17:06	Senior	Male	Dulwich Runners
7	28	James Macdonald	0:17:10	45	Male	Cambridge Harriers
8	304	Barnaby Day	0:17:13	40	Male	Kent AC
9	456	Harry Fage	0:17:15	20	Male	Ravens School Runners
10	457	Mark Constable	0:17:16	20	Male	Ravens School Runners
11	159	Ethan Reeves	0:17:39	Senior	Male	Eton Manor AC
12	31	Mattia Bernardi	0:17:40	Senior	Male	Cambridge Harriers
13	310	Alex Harris	0:17:43	45	Male	Kent AC
14	313	Rory Knight	0:17:51	Senior	Male	Kent AC
15	124	Murray Humphrey	0:17:56	Senior	Male	Dulwich Runners
16	119	Hugh Stobart	0:17:58	Senior	Male	Dulwich Runners
17	114	Matthew Trueman	0:18:03	Senior	Male	Dulwich Runners
18	333	Amelia Pettitt	0:18:14	Senior	Female	Kent AC
19	51	Ed Scott	0:18:22	Senior	Male	Crystal Palace
20	331	Che Compton	0:18:30	50	Male	Kent AC
21	377	George Wakefield	0:18:37	Senior	Male	Lloyds RC Ravens
22	432	Silky Ng	0:18:47	Senior	Male	Petts Wood Runners
23	376	Jonathan Pontin	0:18:54	Senior	Male	Lloyds RC Ravens
24	537	Alan Barnes	0:19:01	40	Male	SEAC
25	103	Robert Emes	0:19:20	45	Male	Dulwich Runners
26	115	Matt James	0:19:21	Senior	Male	Dulwich Runners
27	118	Ben Smith	0:19:34	40	Male	Dulwich Runners
28	58	Barry Morgan	0:19:35	55	Male	Crystal Palace
29	438	James Brinkley	0:19:36	Senior	Male	Petts Wood Runners
30	1	Dan Wilkie	0:19:37	Senior	Male	Beckenham RC
31	328	Rupert Bedford	0:19:38	Senior	Male	Kent AC
32	326	Abdullah Kizito	0:19:40	40	Male	Kent AC
33	481	Chris Notton	0:19:41	50	Male	Serpentine RC
34	538	Christopher Pizey	0:19:45	Senior	Male	SEAC
35	308	Samuel Wilcock	0:19:47	45	Male	Kent AC
36	233	Tim Kerr	0:19:49	Senior	Male	Highgate Harriers
37	420	Stephen Pond	0:19:51	55	Male	Petts Wood Runners
38	303	Molly O'Connor	0:19:55	Senior	Female	Kent AC
39	306	Jim Lynch	0:20:02	45	Male	Kent AC
40	318	Ben Armson	0:20:03	Senior	Male	Kent AC
41	26	Oktawiusz Kawecki	0:20:05	Senior	Male	Cambridge Harriers
42	64	Alex Wickens	0:20:06	20	Male	Crystal Palace
43	601	Esme Ingram	0:20:10	35	Female	Victoria Park H&THAC
44	121	Tom Mountain	0:20:15	Senior	Male	Dulwich Runners
45	337	Arif Merali	0:20:18	40	Male	Kent AC
46	108	Rob Meadows	0:20:24	40	Male	Dulwich Runners
47	300	Victoria Cartwright	0:20:25	40	Female	Kent AC
48	120	Andrea Ceccolini	0:20:26	45	Male	Dulwich Runners
49	325	Alex Robbins	0:20:27	50	Male	Kent AC
50	322	Nesrin Sabanci	0:20:31	40	Female	Kent AC
51	307	Edward Pearce	0:20:36	20	Male	Kent AC
52	319	Richard Elliot	0:20:37	45	Male	Kent AC

53	533	Steve Hough	0:20:38	50	Male	SEAC
54	8	Tim Robinson	0:20:39	40	Male	Beckenham RC
55	67	Sue Swaine	0:20:41	40	Female	Crystal Palace
56	32	Peter St-Amour	0:20:45	45	Male	Cambridge Harriers
57	428	Jason Mercer	0:20:50	50	Male	Petts Wood Runners
58	370	Alex Morales	0:20:53	45	Male	Kent AC
59	19	Austin Platt	0:20:55	55	Male	Beckenham RC
60	155	Trevor East	0:20:57	50	Male	Eton Manor AC
61	327	Dan Lineham	0:20:57	40	Male	Kent AC
62	57	Rob Espen	0:21:00	Senior	Male	Crystal Palace
63	536	Julia Wedmore	0:21:00	Senior	Female	SEAC
64	214	Martin Tynan	0:21:01	50	Male	Greenwich Tritons
65	2	Mike Reich	0:21:02	40	Male	Beckenham RC
66	16	Peter Hanslip	0:21:05	40	Male	Beckenham RC
67	530	Andy Weir	0:21:10	55	Male	SEAC
68	30	David Reader	0:21:12	50	Male	Cambridge Harriers
69	421	Matthew Pond	0:21:15	20	Male	Petts Wood Runners
70	321	Rob Harvey	0:21:17	45	Male	Kent AC
71	608	Balint Stewart	0:21:23	Senior	Male	Victoria Park H&THAC
72	309	James Bowler	0:21:24	45	Male	Kent AC
73	332	Ash Green	0:21:25	Senior	Male	Kent AC
74	10	Ben Calascione	0:21:26	55	Male	Beckenham RC
75	305	Jules Gevers	0:21:28	55	Male	Kent AC
76	378	Anna Crawley	0:21:30	35	Female	Lloyds RC Ravens
77	20	Craig Williamson	0:21:33	60	Male	Beckenham RC
78	4	Andy Regan	0:21:35	55	Male	Beckenham RC
79	458	Robert Donohue	0:21:36	Senior	Male	Ravens School Runners
80	12	Richard Selway	0:21:39	60	Male	Beckenham RC
81	324	Wayne Flanagan	0:21:43	Senior	Male	Kent AC
82	53	Danton Bounds	0:21:46	Senior	Male	Crystal Palace
83	158	Russ Jones	0:21:48	55	Male	Eton Manor AC
84	375	David Butler	0:21:52	70	Male	Lloyds RC Ravens
85	112	Emily Stainer	0:21:53	Senior	Female	Dulwich Runners
86	602	Liam Joyce	0:21:57	Senior	Male	Victoria Park H&THAC
87	435	Steven Wynne	0:22:02	40	Male	Petts Wood Runners
88	437	Elliot Miller	0:22:06	45	Male	Petts Wood Runners
89	24	Ramon Boo	0:22:17	50	Male	Beckenham RC
90	571	Martin Daoud	0:22:18	60	Male	London Underground
91	102	Terence Baker	0:22:22	55	Male	Dulwich Runners
92	323	Ellie Freeden	0:22:23	Senior	Female	Kent AC
93	62	Chris Dyke	0:22:26	40	Male	Crystal Palace
94	126	Justin Siderfin	0:22:26	50	Male	Dulwich Runners
95	336	Andy Wright	0:22:28	40	Male	Kent AC
96	423	Geraldine Schaer	0:22:36	55	Female	Petts Wood Runners
97	3	David Olver	0:22:38	Senior	Male	Beckenham RC
98	607	Keithly Mussington	0:22:44	70	Male	Victoria Park H&THAC
99	373	Ron Taylor	0:22:46	Senior	Male	Kent AC
100	436	Kerrie Donohue	0:22:47	Senior	Female	Petts Wood Runners
101	109	Ola Balme	0:22:55	55	Female	Dulwich Runners
102	116	Stephen France	0:22:56	50	Male	Dulwich Runners
103	113	Katie Styles	0:22:57	40	Female	Dulwich Runners
104	534	Paul Doyle	0:22:58	55	Male	SEAC
105	107	Andrea Pickup	0:23:00	55	Female	Dulwich Runners
106	454	Sam Harvey	0:23:04	Senior	Male	Ravens School Runners
107	484	Sophie Cappleman	0:23:07	35	Female	Serpentine RC
108	117	Anna Smith	0:23:07	45	Female	Dulwich Runners
109	330	Jonathan Mcguinness	0:23:10	55	Male	Kent AC
110	379	Paul Brandreth	0:23:14	50	Male	Lloyds RC Ravens
111	213	Kate Fry	0:23:16	45	Female	Greenwich Tritons
112	600	James Keough	0:23:19	40	Male	Victoria Park H&THAC

113	17	Alex Macdonald	0:23:20	45	Male	Beckenham RC
114	82	Barry Angell	0:23:24	50	Male	Dartford RR
115	316	Daniel Jackson	0:23:24	45	Male	Kent AC
116	605	Omar Elhag	0:23:28	45	Male	Victoria Park H&THAC
117	66	Michael McIntyre	0:23:29	45	Male	Crystal Palace
118	9	Katie Calascione	0:23:31	50	Female	Beckenham RC
119	422	Jim Winbourne	0:23:31	55	Male	Petts Wood Runners
120	312	Nicola Cartledge	0:23:36	45	Female	Kent AC
121	105	Laura Vincent	0:23:49	40	Female	Dulwich Runners
122	531	Martin Wood	0:23:56	60	Male	SEAC
123	334	Hugh Stickland	0:24:00	45	Male	Kent AC
124	539	Victoria Carter	0:24:05	50	Female	SEAC
125	424	Seaton Giles	0:24:06	55	Male	Petts Wood Runners
126	123	Eleanor Simmons	0:24:15	45	Female	Dulwich Runners
127	425	David Moore	0:24:16	60	Male	Petts Wood Runners
128	431	Daniel Selman	0:24:19	50	Male	Petts Wood Runners
129	210	Lesley Mccarthy	0:24:25	50	Female	Greenwich Tritons
130	999	Pertrice Billy-Huggins	0:24:32	Senior	Male	Kent AC
131	434	Rosalind Butterworth	0:24:43	35	Female	Petts Wood Runners
132	33	Alistair Vosper	0:24:48	55	Male	Cambridge Harriers
133	335	Jo Wint	0:24:50	40	Female	Kent AC
134	29	Graham Maynard	0:24:52	60	Male	Cambridge Harriers
135	59	Seth Poulter	0:24:56	40	Male	Crystal Palace
136	540	William Bardsley	0:25:02	Senior	Male	SEAC
137	63	Steve Clark	0:25:04	Senior	Male	Crystal Palace
138	572	Mike Boucher	0:25:06	45	Male	London Underground
139	482	Martin Maloney	0:25:11	55	Male	Serpentine RC
140	110	Michelle Lennon	0:25:12	55	Female	Dulwich Runners
141	61	Michael Okarimia	0:25:13	40	Male	Crystal Palace
142	427	Alice Neal	0:25:15	50	Female	Petts Wood Runners
143	52	Paul Mann	0:25:21	60	Male	Crystal Palace
144	78	Jay Browne	0:25:22	50	Male	Dartford RR
145	6	Gail Arnott	0:25:24	65	Female	Beckenham RC
146	604	Rachel Lovell	0:25:25	35	Female	Victoria Park H&THAC
147	535	Andrew Coltman	0:25:39	60	Male	SEAC
148	532	Andrew Mclauchlan	0:25:41	55	Male	SEAC
149	14	Doug Hazlewood	0:25:41	55	Male	Beckenham RC
150	55	Roneeta Campbell-Butler	0:25:50	50	Female	Crystal Palace
151	430	Paul Munday	0:25:52	50	Male	Petts Wood Runners
152	380	Emily Rose Ball	0:25:53	Senior	Female	Lloyds RC Ravens
153	426	Jenny Leng	0:25:56	55	Female	Petts Wood Runners
154	480	Helen Lane	0:26:08	60	Female	Serpentine RC
155	11	Pat Kerrins	0:26:12	65	Male	Beckenham RC
156	606	Irthe De Jong	0:26:22	Senior	Female	Victoria Park H&THAC
157	15	Nigel Wood	0:26:35	70	Male	Beckenham RC
158	459	Noah Fage	0:26:44	20	Male	Ravens School Runners
159	455	Gavin Fage	0:26:45	Senior	Male	Ravens School Runners
160	315	Sarah Parry	0:26:53	50	Female	Kent AC
161	212	Louise Roper	0:26:57	Senior	Female	Greenwich Tritons
162	433	Nat Jacques	0:27:00	Senior	Female	Petts Wood Runners
163	72	Vicky Smith	0:27:04	45	Female	Crystal Palace
164	211	Gary Nolan	0:27:05	Senior	Male	Greenwich Tritons
165	320	Phil Marsden	0:27:06	55	Male	Kent AC
166	302	Jo Cartledge	0:27:18	Senior	Female	Kent AC
167	23	Niamh Brooks	0:27:22	45	Female	Beckenham RC

168	54	Glen Keegan	0:27:24	60	Male	Crystal Palace
169	13	Georgina Selway	0:27:29	60	Female	Beckenham RC
170	65	Emma Burke	0:27:31	40	Female	Crystal Palace
171	71	Fran Sanderson	0:27:32	45	Female	Crystal Palace
172	100	Mike Mann	0:27:38	75	Male	Dulwich Runners
173	77	Paul Donaldson	0:27:43	50	Male	Dartford RR
174	80	Christine Munday	0:27:43	50	Female	Dartford RR
175	60	Gaby Drinkwater	0:27:51	55	Female	Crystal Palace
176	439	Ian Stephens	0:28:04	45	Male	Petts Wood Runners
177	317	Abby Clyndes	0:28:08	35	Female	Kent AC
178	161	Adrian Frost	0:28:10	65	Male	Eton Manor AC
179	160	Tracy Taylor	0:28:13	60	Female	Eton Manor AC
180	157	Geoff Nichols	0:28:20	70	Male	Eton Manor AC
181	70	Emma Guthrie	0:28:23	50	Female	Crystal Palace
182	5	Deborah Ford	0:28:36	55	Female	Beckenham RC
183	311	Sarah Young	0:28:49	55	Female	Kent AC
184	429	Andrew Stubbs	0:28:55	50	Male	Petts Wood Runners
185	69	Viv Foster	0:28:59	50	Female	Crystal Palace
186	603	Hetty Partington	0:29:03	35	Female	Victoria Park H&THAC
187	81	Roy Knight	0:29:04	75	Male	Dartford RR
188	27	Martin Hawkins	0:29:07	60	Male	Cambridge Harriers
189	22	Richard Seabrook	0:29:14	75	Male	Beckenham RC
190	21	Valerija Lvova	0:29:15	Senior	Female	Beckenham RC
191	68	Chloe Millner	0:29:34	35	Female	Crystal Palace
192	56	Chris Balmer	0:29:36	70	Male	Crystal Palace
193	18	Ken Baksh	0:29:49	70	Male	Beckenham RC
194	329	Unknown Runner	0:30:16	Senior	Female	Kent AC
195	76	Darren Rickard	0:30:25	55	Male	Dartford RR
196	156	Hayley Dalton	0:30:36	55	Female	Eton Manor AC
197	7	Mel Tunmore	0:30:41	45	Female	Beckenham RC
198	483	Camilla Allwood	0:30:56	65	Female	Serpentine RC
199	104	Barrie John Nicholls	0:31:16	70	Male	Dulwich Runners
200	111	Maria David	0:31:27	55	Female	Dulwich Runners
201	374	Zoe Gaffen	0:36:51	70	Female	Kent AC
202	154	Christina Watson	0:39:16	65	Female	Eton Manor AC
203	314	Annabelle Hadlow	0:40:06	65	Female	Kent AC

## Team Results

Mens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Dulwich Runners	14	15
2	Kent AC	28	14
3	Cambridge Harriers	52	13
4	Petts Wood Runners	136	12
5	Crystal Palace	141	11
6	SEAC	164	10
7	Ravens School Runners	181	9
8	Beckenham RC	189	8
9	Lloyds RC Ravens	211	7
10	Eton Manor AC	271	6
11	Victoria Park H&THAC	322	5
12	Dartford RR	475	4
13		3	
14		2	
15		1	

Mens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Dulwich Runners	72	15
2	Kent AC	94	14
3	Beckenham RC	265	13
4	Petts Wood Runners	319	12
5	Crystal Palace	365	11
6	Cambridge Harriers	411	10
7	SEAC	418	9
8		8	
9		7	
10			
11			
12			

Womens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	12	15
2	Dulwich Runners	51	14
3	Petts Wood Runners	76	13
4	Crystal Palace	119	12
5	Victoria Park H&THAC	121	11
6	Beckenham RC	131	10
7			9
8			8
9			7
10			
11			
12			

Womens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Dulwich Runners	88	15
2	Kent AC	92	14
3	Crystal Palace	191	13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

## Individual Age Group Results

**Mens**

<u>SN</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Aaron Wilson, Dulwich Runners	0:16:42	10
2	Jack Ramm, Dulwich Runners	0:16:49	9
3	Matt Speed, Kent AC	0:16:53	8
4	Joe Vis, Kent AC	0:17:02	7
5	James Blackwood, Dulwich Runners	0:17:06	6
6	Ethan Reeves, Eton Manor AC	0:17:39	5
7	Mattia Bernardi, Cambridge Harriers	0:17:40	4
8	Rory Knight, Kent AC	0:17:51	3
9	Murray Humphrey, Dulwich Runners	0:17:56	2
10	Hugh Stobart, Dulwich Runners	0:17:58	1
<u>20</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Harry Fage, Ravens School Runners	0:17:15	10
2	Mark Constable, Ravens School Runners	0:17:16	9
3	Alex Wickens, Crystal Palace	0:20:06	8
4	Edward Pearce, Kent AC	0:20:36	7
5	Matthew Pond, Petts Wood Runners	0:21:15	6
6	Noah Fage, Ravens School Runners	0:26:44	5
7			4
8			3
9			2
10			1
<u>40</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Barnaby Day, Kent AC	0:17:13	10
2	Alan Barnes, SEAC	0:19:01	9
3	Ben Smith, Dulwich Runners	0:19:34	8
4	Abdullah Kizito, Kent AC	0:19:40	7
5	Arif Merali, Kent AC	0:20:18	6
6	Rob Meadows, Dulwich Runners	0:20:24	5
7	Tim Robinson, Beckenham RC	0:20:39	4
8	Dan Lineham, Kent AC	0:20:57	3
9	Mike Reich, Beckenham RC	0:21:02	2
10	Peter Hanslip, Beckenham RC	0:21:05	1
<u>45</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Adrian Russell, Dulwich Runners	0:17:04	10
2	James Macdonald, Cambridge Harriers	0:17:10	9
3	Alex Harris, Kent AC	0:17:43	8
4	Robert Ernes, Dulwich Runners	0:19:20	7
5	Samuel Wilcock, Kent AC	0:19:47	6
6	Jim Lynch, Kent AC	0:20:02	5
7	Andrea Ceccolini, Dulwich Runners	0:20:26	4
8	Richard Elliot, Kent AC	0:20:37	3
9	Peter St-Amour, Cambridge Harriers	0:20:45	2
10	Alex Morales, Kent AC	0:20:53	1

**Womens**

<u>SN</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Amelia Pettitt, Kent AC	0:18:14	10
2	Molly O'Connor, Kent AC	0:19:55	9
3	Julia Wedmore, SEAC	0:21:00	8
4	Emily Stainer, Dulwich Runners	0:21:53	7
5	Ellie Freedon, Kent AC	0:22:23	6
6	Kerrie Donohue, Petts Wood Runner	0:22:47	5
7	Emily Rose Ball, Lloyds RC Ravens	0:25:53	4
8	Irthe De Jong, Victoria Park H&THAC	0:26:22	3
9	Louise Roper, Greenwich Tritons	0:26:57	2
10	Nat Jacques, Petts Wood Runners	0:27:00	1
<u>20</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1			10
2			9
3			8
4			7
5			
6			
7			
8			
9			
10			
<u>35</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Esme Ingram, Victoria Park H&THAC	0:20:10	10
2	Anna Crawley, Lloyds RC Ravens	0:21:30	9
3	Sophie Cappleman, Serpentine RC	0:23:07	8
4	Rosalind Butterworth, Petts Wood Ru	0:24:43	7
5	Rachel Lovell, Victoria Park H&THAC	0:25:25	6
6	Abby Clyndes, Kent AC	0:28:08	5
7	Hetty Partington, Victoria Park H&TH	0:29:03	4
8	Chloe Millner, Crystal Palace	0:29:34	3
9			2
10			1
<u>40</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Victoria Cartwright, Kent AC	0:20:25	10
2	Nesrin Sabanci, Kent AC	0:20:31	9
3	Sue Swaine, Crystal Palace	0:20:41	8
4	Katie Styles, Dulwich Runners	0:22:57	7
5	Laura Vincent, Dulwich Runners	0:23:49	6
6	Jo Wint, Kent AC	0:24:50	5
7	Emma Burke, Crystal Palace	0:27:31	4
8			3
9			2
10			1

<u>50</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>45</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Che Compton, Kent AC	0:18:30	10	1	Anna Smith, Dulwich Runners	0:23:07	10
2	Chris Notton, Serpentine RC	0:19:41	9	2	Kate Fry, Greenwich Tritons	0:23:16	9
3	Alex Robbins, Kent AC	0:20:27	8	3	Nicola Cartledge, Kent AC	0:23:36	8
4	Steve Hough, SEAC	0:20:38	7	4	Eleanor Simmons, Dulwich Runners	0:24:15	7
5	Jason Mercer, Petts Wood Runners	0:20:50	6	5	Vicky Smith, Crystal Palace	0:27:04	6
6	Trevor East, Eton Manor AC	0:20:57	5	6	Niamh Brooks, Beckenham RC	0:27:22	5
7	Martin Tynan, Greenwich Tritons	0:21:01	4	7	Fran Sanderson, Crystal Palace	0:27:32	4
8	David Reader, Cambridge Harriers	0:21:12	3	8	Mel Tunmore, Beckenham RC	0:30:41	3
9	Ramon Boo, Beckenham RC	0:22:17	2	9			2
10	Justin Siderfin, Dulwich Runners	0:22:26	1	10			1
<u>55</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>50</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Barry Morgan, Crystal Palace	0:19:35	10	1	Katie Calascione, Beckenham RC	0:23:31	10
2	Stephen Pond, Petts Wood Runners	0:19:51	9	2	Victoria Carter, SEAC	0:24:05	9
3	Austin Platt, Beckenham RC	0:20:55	8	3	Lesley Mccarthy, Greenwich Tritons	0:24:25	8
4	Andy Weir, SEAC	0:21:10	7	4	Alice Neal, Petts Wood Runners	0:25:15	7
5	Ben Calascione, Beckenham RC	0:21:26	6	5	Roneeta Campbell-Butler, Crystal Pal	0:25:50	6
6	Jules Gevers, Kent AC	0:21:28	5	6	Sarah Parry, Kent AC	0:26:53	5
7	Andy Regan, Beckenham RC	0:21:35	4	7	Christine Munday, Dartford RR	0:27:43	4
8	Russ Jones, Eton Manor AC	0:21:48	3	8	Emma Guthrie, Crystal Palace	0:28:23	3
9	Terence Baker, Dulwich Runners	0:22:22	2	9	Viv Foster, Crystal Palace	0:28:59	2
10	Paul Doyle, SEAC	0:22:58	1	10			1
<u>60</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>55</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Craig Williamson, Beckenham RC	0:21:33	10	1	Geraldine Schaer, Petts Wood Runn	0:22:36	10
2	Richard Selway, Beckenham RC	0:21:39	9	2	Ola Balme, Dulwich Runners	0:22:55	9
3	Martin Daoud, London Underground	0:22:18	8	3	Andrea Pickup, Dulwich Runners	0:23:00	8
4	Martin Wood, SEAC	0:23:56	7	4	Michelle Lennon, Dulwich Runners	0:25:12	7
5	David Moore, Petts Wood Runners	0:24:16	6	5	Jenny Leng, Petts Wood Runners	0:25:56	6
6	Graham Maynard, Cambridge Harriers	0:24:52	5	6	Gaby Drinkwater, Crystal Palace	0:27:51	5
7	Paul Mann, Crystal Palace	0:25:21	4	7	Deborah Ford, Beckenham RC	0:28:36	4
8	Andrew Coltman, SEAC	0:25:39	3	8	Sarah Young, Kent AC	0:28:49	3
9	Glen Keegan, Crystal Palace	0:27:24	2	9	Hayley Dalton, Eton Manor AC	0:30:36	2
10	Martin Hawkins, Cambridge Harriers	0:29:07	1	10	Maria David, Dulwich Runners	0:31:27	1
<u>65</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>60</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Pat Kerrins, Beckenham RC	0:26:12	10	1	Helen Lane, Serpentine RC	0:26:08	10
2	Adrian Frost, Eton Manor AC	0:28:10	9	2	Georgina Selway, Beckenham RC	0:27:29	9
3			8	3	Tracy Taylor, Eton Manor AC	0:28:13	8
4			7	4			7
5			6	5			6
6			5	6			
7			4	7			
8			3	8			
9			2	9			
10			1	10			
<u>70</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>65</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	David Butler, Lloyds RC Ravens	0:21:52	10	1	Gail Arnott, Beckenham RC	0:25:24	10
2	Keithly Mussington, Victoria Park H&THAC	0:22:44	9	2	Camilla Allwood, Serpentine RC	0:30:56	9
3	Nigel Wood, Beckenham RC	0:26:35	8	3	Christina Watson, Eton Manor AC	0:39:16	8
4	Geoff Nichols, Eton Manor AC	0:28:20	7	4	Annabelle Hadlow, Kent AC	0:40:06	
5	Chris Balmer, Crystal Palace	0:29:36	6	5			
6	Ken Baksh, Beckenham RC	0:29:49	5	6			
7	Barrie John Nicholls, Dulwich Runners	0:31:16	4	7			
8				8			
9				9			
10				10			
<u>75</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>	<u>70</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
1	Mike Mann, Dulwich Runners	0:27:38	10	1	Zoe Gaffen, Kent AC	0:36:51	10
2	Roy Knight, Dartford RR	0:29:04	9	2			9
3	Richard Seabrook, Beckenham RC	0:29:14		3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			
				<u>75</u>	<u>Name_Club</u>	<u>Time</u>	<u>Points</u>
				1			10
				2			9
				3			
				4			
				5			
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				10			