



SEAC Bridges Relay – Thursday 18th June 2026

Incorporating London Business Houses Championships



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Dear Team Secretary/Captain,

Stock Exchange AC invites you to enter teams in the annual Bridges Relay which will take place on **Thursday 18th June 2026**. The race is 4 x 2.3 miles for Open teams (i.e. Mens or Mixed) and 3 x 2.3 miles for Ladies teams. As always, it is "**come-changed**" event with **no changing facilities**. The race is organised by Stock Exchange AC and incorporates the **LBH Championships**.

Event Details:

- The start will be at 7:30 pm
- The Start/Finish is the Albert Embankment by St Thomas' Hospital Garden, opposite Big Ben
- Starter: Big Ben's Half Hour Chime
- This year we are running the race under UK Athletics rules which requires we offer discounted entry to England Athletics Affiliated Clubs and runners

Entry fees:

England Athletics Affiliated Clubs and runners:

- Open teams (4 runners – Men's or Mixed) £20
- Ladies teams (3 runners) £15

Unaffiliated Organisations:

- Open teams (4 runners – Men's or Mixed) £28
- Ladies teams (3 runners) £21

You can enter on the [2026 Relay page](#) on the Stock Exchange website, stockexchangeac.org.

Team managers need to register their runners using an on-line form. Race numbers will be distributed to team managers/captains on the evening of the race. Minor changes to teams can be made on the evening of the race via the form. We will ask the clubs entering a significant number of teams to assist in the marshalling of the race. As you may know the race uses the gardens of St Thomas' Hospital as the team assembly and race viewpoint and we are very grateful for their assistance. A portion of the race's revenue is donated to St Thomas' Charity.

Closing date for entries is Monday 15 June 2026.

Race T-Shirts will be awarded to category winners.

We look forward to seeing you on 18 June

Regards

Greg Stevens, Race Director and the Committee of the Club.

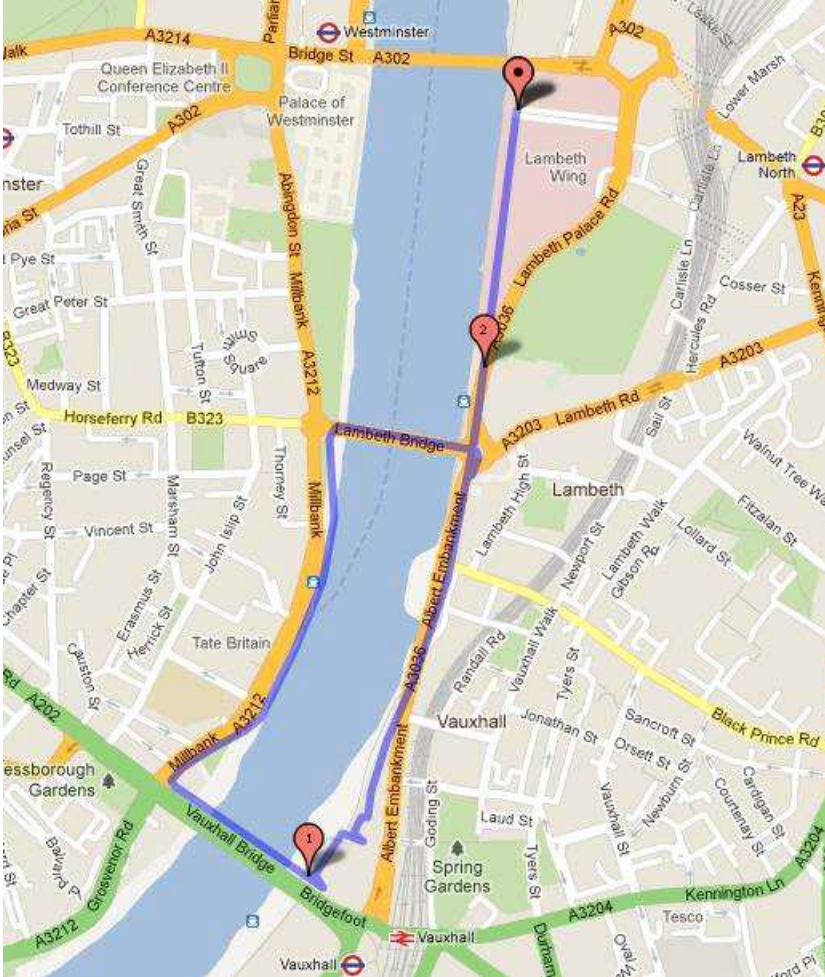


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Course Details



We hope to use the original course, crossing Vauxhall and Lambeth Bridges and following the rebuilt river path in front of the MI6 Building running up the steps onto Vauxhall Bridge.