

Gender, Age and Runner		Race					
Runner and Club		1	2	3	4	5	Grand Total
Male							
Senior							
Aaron Wilson, Dulwich Runners		10		6	7	9	32
Ross Brown, SEAC				10	9		19
Joe Vis, Kent AC		7		7	5		19
Calum Fraser, Kent AC				8	6	2	16
Matt Speed, Kent AC		8			4		12
Gus Withers, Victoria Park H&THAC						10	10
Hugh Tibbs, Cambridge Harriers					10		10
Alexander Leprêtre, Highgate Harriers			10				10
John Payne, Victoria Park H&THAC				9			9
Sam Jinks, Highgate Harriers			9				9
Jack Ramm, Dulwich Runners		9					9
Adam Millbery, Victoria Park H&THAC						8	8
Evan Elder, Victoria Park H&THAC			8				8
Peter Chambers, Highgate Harriers					8		8
Robert Wilson, Highgate Harriers						7	7
Jack Mcvann, Highgate Harriers			7				7
Ethan Reeves, Eton Manor AC		5			1		6
Alex Richardson, Highgate Harriers						6	6
James Blackwood, Dulwich Runners		6					6
Flurry Grierson, Highgate Harriers			6				6
Murray Humphrey, Dulwich Runners		2		3			5
Sean Fitzpatrick, Kent AC				5			5
James Ewing, Kent AC						5	5
Bobby Babaker, Cambridge Harriers			5				5
Alex Jackson, Highgate Harriers						4	4
Matthew Trueman, Dulwich Runners					4		4
Mattia Bernardi, Cambridge Harriers		4					4
Grey Grierson, Highgate Harriers			4				4
John Pagne, Victoria Park H&THAC						3	3
Lewis Baker, Cambridge Harriers					3		3
Rory Knight, Kent AC		3					3
Sebastian Garry, Highgate Harriers			3				3
Ed Scott, Crystal Palace				2			2
Dan Pettitt, Kent AC					2		2
Arthur Dickson-Bell, Victoria Park H&THAC			2				2
Mark Hall, Kent AC						1	1
Joshua Morland, Highgate Harriers			1				1
Elias Awake, Dulwich Runners				1			1
Hugh Stobart, Dulwich Runners		1					1
75							
Roy Knight, Dartford RR		9	9	9	9	10	46
Mike Mann, Dulwich Runners		10	10	10	10		40
Richard Seabrook, Beckenham RC		8					8
70							
Geoff Nicholls, Eton Manor AC		7	8	8	8	9	40
Nigel Wood, Beckenham RC		8		10	9	10	37
Keithly Mussington, Victoria Park H&THAC		9	9		10	7	35
Chris Balmer, Crystal Palace		6		9	7		22
David Butler, Lloyds RC Ravens		10	10				20
Ian Hall, Serpentine RC			7			8	15
Andy Murray, Dulwich Runners				7	6		13
Barrie Nicholls, Dulwich Runners		4	6				10

	Ken Baksh, Beckenham RC	5				5		
65	Steve Scruton, SEAC		8	5	8	21		
	Roger Beardsworth, Kent AC		10	10		20		
	William Burbridge-James, Victoria Park H&THAC	9			10	19		
	Bernie Hutchinson, Kent AC		9	8		17		
	James Steatham, Kent AC		8	7		15		
	Pat Kerrins, Beckenham RC	10				10		
	Hein Gunnewicht, Eton Manor AC		10			10		
	Phil Burlington, Petts Wood Runners			9		9		
	Mick Cairns, Victoria Park H&THAC				9	9		
	Adrian Frost, Eton Manor AC	9				9		
	Nick Squires, Petts Wood Runners			7		7		
	Brian Clements, Crystal Palace			6		6		
60	Craig Williamson, Beckenham RC	10	6	8	9	33		
	Krzysztof Klidzia, London Underground		10	10	10	30		
	Martin Daoud, London Underground	8	3	4	5	8	28	
	Garry Meehan, Dulwich Runners		9	9	9	27		
	Len Reilly, Kent AC		7	7	10	24		
	Christian Poulton, Cambridge Harriers		8	5	8	21		
	Marcus Elwes, Petts Wood Runners			2	6	6	14	
	David Moore, Petts Wood Runners	6			3	4	13	
	Keith Newton, SEAC		4	6		10		
	Richard Selway, Beckenham RC	9				9		
	Clive Harvey, Kent AC			4	5	9		
	Martin Wood, SEAC	7				7		
	Tim Springett, Petts Wood Runners				7	7		
	Graham Maynard, Cambridge Harriers	5		1	1	7		
	Nadi Jahangiri, Highgate Harriers		7			7		
	John O'Shea, SEAC		3	1	2	6		
	Ebe Prill, Dulwich Runners		2		3	5		
	Richard Feeney, SEAC		5			5		
	Paul Mann, Crystal Palace	4				4		
	Andrew Coltman, SEAC	3				3		
	Eberhard Prill, Dulwich Runners				2	2		
	Glen Keegan, Crystal Palace	2				2		
	Dave Daugirda, Eton Manor AC		1			1		
	Martin Hawkins, Cambridge Harriers	1				1		
	55	Barry Morgan, Crystal Palace	10	10	10	10	40	
		Jules Gevers, Kent AC	5	4	9	10	7	35
		Austin Platt, Beckenham RC	8	6	8	9	31	
		Andy Weir, SEAC	7	2	7	7	5	28
Stephen Pond, Petts Wood Runners		9	8	8		25		
Ant Withstandley, Victoria Park H&THAC			7		4	11		
Andy Regan, Beckenham RC		4		6		10		
Russ Jones, Eton Manor AC		3			6	9		
Andy Green, Dartford RR					9	9		
Tony Gould, Victoria Park H&THAC			9			9		
Rupert Winlaw, Dulwich Runners					8	8		
Terence Baker, Dulwich Runners		2		5		7		
Ben Calascione, Beckenham RC		6				6		
Gower Tan, Dulwich Runners					6	6		
Andrea Ceccolini, Dulwich Runners			5			5		
Martin Morgan, Kent AC					5	5		
Jamie White, Petts Wood Runners				4		4		
Chris Perry, SEAC			1	3		4		
Paul Doyle, SEAC		1			3	4		
Seaton Giles, Petts Wood Runners					4	4		
Rob Sommerville, Eton Manor AC					3	3		
Peter Lee, London Underground			3			3		
Mike Murdoch, London Underground				2		2		
Kevin Tilley, SEAC					2	2		
Doug Hazlewood, Beckenham RC					2	2		
Steven King, Petts Wood Runners				1		1		
Stephen France, Dulwich Runners					1	1		
Phil Marsden, Kent AC					1	1		
50		Che Compton, Kent AC	10	10	10	9	39	

Kev Howarth, Petts Wood Runners	10	9	8	8	35
Jason Mercer, Petts Wood Runners	6	9	5	5	25
Simon Thornhill, Petts Wood Runners			8	7	22
Alex Robbins, Kent AC	8		6	6	20
Chris Notton, Serpentine RC	9	7		3	19
David Reader, Cambridge Harriers	3	8	2		13
Andy Bond, Dulwich Runners			3	9	12
Joseph Osakue, London Underground			7	4	11
Russell Beard, Lloyds RC Ravens			5	6	11
Kieron Smith, Victoria Park H&THAC				10	10
Martin Tynan, Greenwich Tritons	4		4	1	9
Trevor East, Eton Manor AC	5	4			9
Simeon Bennett, Victoria Park H&THAC		6	2		8
Steve Hough, SEAC	7				7
Ian Mcgrath, Dartford RR		5	1		6
Mark Griffin, Petts Wood Runners			4		4
Steven Cummins, Cambridge Harriers				3	3
Oliver Roguez, Victoria Park H&THAC		3			3
Chris Lawrence, Dulwich Runners				2	2
Ramon Boo, Beckenham RC	2				2
Mark Wakeford, SEAC		2			2
Justin Siderfin, Dulwich Runners	1				1
Jim Addison, Beckenham RC			1		1
Mark Watson, Highgate Harriers	1				1
45					
James Macdonald, Cambridge Harriers	9	9	9	8	45
Adrian Russell, Dulwich Runners	10	10	8	7	44
Robert Laing, Kent AC			10	9	19
Mike Boucher, London Underground		8	4	4	16
Paul Rushton, Eton Manor AC		7		7	14
Alan Barnes, SEAC		5	3	3	11
James Pilch, Eton Manor AC		3		8	11
Danny Kendall, Cambridge Harriers				10	10
Michele Bottone, Serpentine RC		6	2	1	9
Rob Emes, Dulwich Runners	7		1		8
Alex Harris, Kent AC	8				8
Stephen Thompson, Cambridge Harriers				2	8
Samuel Wilcock, Kent AC	6			1	7
Hugh Torry, Serpentine RC			7		7
Gavin Howes, Cambridge Harriers				6	6
Peter Lighting, Kent AC			6		6

	Jim Lynch, Kent AC	5			5
	Christopher Tsantoulas, Serpentine RC			5	5
	James Pitts, Cambridge Harriers			5	5
	Stewart Dabin, Crystal Palace		5		5
	Andrea Ceccolini, Dulwich Runners	4			4
	Rob Shearer, Cambridge Harriers		4		4
	Ben Rew, Cambridge Harriers			4	4
	Francesco Pinto, Dulwich Runners			3	3
	Richard Elliot, Kent AC	3			3
	Vern Sillitoe, Cambridge Harriers			2	2
	Peter St-Amour, Cambridge Harriers	2			2
	Guy Lambert, Victoria Park H&THAC		2		2
	Barrie Seal, Dartford RR		1		1
	Alex Morales, Kent AC	1			1
40					
	Dave Morgan, Kent AC		7	10	10
	Barnaby Day, Kent AC	10	8		18
	Adrian Lowther, Kent AC		9	9	18
	Harold Wyber, SEAC			9	8
	Abdullah Kizito, Kent AC	7	3	6	16
	Duncan Hope, Cambridge Harriers		5	6	11
	Daniel Steel, Kent AC			10	10
	Jack Brotchie, Highgate Harriers	10			10
	Nam Bui, Cambridge Harriers			5	4
	Andrew Cumine, Dulwich Runners			9	9
	Alan Barnes, SEAC	9			9
	Ben Smith, Dulwich Runners	8			8
	Michael Gibson, Kent AC			8	8
	Craig Norris, Victoria Park H&THAC		8		8
	Fadie Shamoon, SEAC			7	7
	Darryl Davison, Highgate Harriers	7			7
	Martin Pollard, Kent AC			7	7
	Peter Reynolds, Cambridge Harriers		6		6
	Arif Merali, Kent AC	6			6
	Alberto Gatta, Victoria Park H&THAC			6	6
	Rob Meadows, Dulwich Runners	5			5
	Mark Quartley, Crystal Palace		5		5
	Fionn O'Brien, Eton Manor AC			5	5
	Steven Wynne, Petts Wood Runners		1	3	4
	James Lawson-Murray, Kent AC		4		4
	Richard Harrison, Crystal Palace			4	4
	Will Longhurst, Cambridge Harriers			4	4
	Tim Robinson, Beckenham RC	4			4
	Owain Crispin, Eton Manor AC		1	3	4
	Dan Lineham, Kent AC	3			3
	Aaron Johnson-Chapman, Eton Manor AC		3		3
	Matthew Moroney, Kent AC		2		2
	Mike Reich, Beckenham RC	2			2
	John Hayes, Highgate Harriers			2	2
	Andrew Scott, Dulwich Runners			2	2
	Matt Mason, Beckenham RC		2		2
	Chris Dyke, Crystal Palace			1	1
	Mauro Persic, Victoria Park H&THAC			1	1
	Peter Hanslip, Beckenham RC	1			1
20					
	Harry Fage, Ravens School Runners	10	10	10	10
					50

Mark Constable, Ravens School Runners	9	9	9	27
Alex Wickens, Crystal Palace	8	8		16
Cameron Holmes-Price, Petts Wood Runners			9	9
Rob Donohue, Ravens School Runners		8		8
Sam Mashford Thomasson, Kent AC			8	8
Edward Pearce, Kent AC	7			7
Matthew Pond, Petts Wood Runners	6			6
Noah Fage, Ravens School Runners	5			5
Female				
Senior				
Amelia Pettitt, Kent AC	10	10	10	30
Melody Kane, Petts Wood Runners		9	9	18
Alexa Parker, Kent AC		8	9	17
Julia Wedmore, SEAC	8		8	16
Safa Khan, Highgate Harriers		3	5	13
Aisling Ahern, Kent AC		7	6	13
Ellie Freeden, Kent AC	6	6		12
Margaret Coogan, SEAC	10			10
Jade Dos Santos, Victoria Park H&THAC			10	10
Molly O'Connor, Kent AC	9			9
Harriett Robson, Eton Manor AC		9		9
Anna Cooke, Highgate Harriers			8	8
Molly Richards, Crystal Palace		5	3	8
Laura Hindley, Victoria Park H&THAC	8			8
Grace Ingledew, Dulwich Runners			7	7
Emily Stainer, Dulwich Runners	7			7
George Povall, SEAC			7	7
Kathryn Nohilly, SEAC	7			7
Carla Broussy, Highgate Harriers			6	6
Liv Theaker, Highgate Harriers	6			6
Hannah Sangan, Cambridge Harriers	5			5
Kerrie Donohue, Petts Wood Runners	5			5
Emily Rose Ball, Lloyds RC Ravens	4			4
Alison Paton, Highgate Harriers			4	4
Laura McLaughlin, Crystal Palace		4		4
Jemima Darcy, Kent AC			4	4
Molly Knight, Victoria Park H&THAC	4			4
Irthe De Jong, Victoria Park H&THAC	3			3
Eleanor George, Eton Manor AC			3	3
Em Stainer, Dulwich Runners		3		3
Nat Jacques, Petts Wood Runners	2			2
Maele Guerre, Cambridge Harriers			2	2
Stephanie Young, Victoria Park H&THAC			2	2

	Ellie Barker, Crystal Palace				2		2
	Kaitlin Hewitt, Highgate Harriers				2		2
	Jo Cartledge, Kent AC	1					1
	Elizabeth Patterson, Highgate Harriers			1			1
	Emma Willy, SEAC					1	1
	Hannah Capey, Cambridge Harriers				1		1
	Eli Bramfield Banfield, Victoria Park H&THAC		1				1
75							
	Ros Tabor, Dulwich Runners			11	11		22
70							
	Zoe Gaffen, Kent AC	10	10	10	9	9	48
	Miki Jablkowska, Kent AC			9	10	10	29
65							
	Gail Arnott, Beckenham RC	10		10	10	10	40
	Christina Watson, Eton Manor AC	8	8	7	8		31
	Camilla Allwood, Serpentine RC	9		8	9		26
	Annabelle Hadlow, Kent AC	7	7				14
	Katrin Flikschuh, Victoria Park H&THAC		10				10
	Philippa Cockman, Victoria Park H&THAC					9	9
	Sarah Newton, Serpentine RC		9				9
	Beverley Kennedy, Kent AC			9			9
	Barbara Carr, Petts Wood Runners				7		7
	Liz Squires, Petts Wood Runners				6		6
60							
	Helen Lane, Serpentine RC	10	8	10	9		37
	Rose Baker, Cambridge Harriers		9		10	10	29
	Tracy Taylor, Eton Manor AC	8	7				15
	Catkin Shelley, Serpentine RC		10				10
	Georgina Selway, Beckenham RC	9					9
	Suzi Daley, Crystal Palace					9	9
	Susie Daley, Crystal Palace			9			9
55							
	Geraldine Schaer, Petts Wood Runners	10		10	10	10	40
	Gaby Drinkwater, Crystal Palace	5	9	7	7	9	37
	Michelle Lennon, Dulwich Runners	7	10	8			25
	Ola Balme, Dulwich Runners	9	9				18
	Hayley Dalton, Eton Manor AC	2	7	3	3		15
	Jenny Leng, Petts Wood Runners	6				8	14
	Edwina Cheng, Petts Wood Runners			6	6		12
	Sally Haffenden, Petts Wood Runners				9		9
	Kathryn Gladwell, Greenwich Tritons				8		8
	Jan Bodie, Petts Wood Runners			2		6	8
	Deborah Ford, Beckenham RC	4	4				8
	Andrea Pickup, Dulwich Runners	8					8
	Yonca Feeney, SEAC		8				8
	Marie Chamillard, Victoria Park H&THAC					7	7
	Tracey Issac'S, Petts Wood Runners				5		5
	Nova Matthias, Crystal Palace			5			5
	Lou Stocks, Petts Wood Runners				4		4
	Sarah Young, Kent AC	3					3
	Maria David, Dulwich Runners	1					1
50							
	Suze Spalding, Kent AC		10	8	7	9	34
	Victoria Carter, SEAC	9	8		8	6	31
	Lin Skinner, Kent AC			10	10		20
	Liz Pepper, Crystal Palace		9		4		13
	Lesley Mccarthy, Greenwich Tritons	8			5		13
	Alice Neal, Petts Wood Runners	7			3	3	13
	Naomi Bourne, Victoria Park H&THAC		7			5	12
	Roneeta Campbell-Butler, Crystal Palace	6		5	1		12
	Alex Anderson, Lloyds RC Ravens		5	6			11
	Victoria Buck, Kent AC					10	10
	Sarah Parry, Kent AC	5	3		2		10

	Katie Calascione, Beckenham RC	10				10	
	Nathalie Gaudillat, Beckenham RC		9			9	
	Dee O'Brien, Kent AC			9		9	
	Sue Bint, Victoria Park H&THAC				8	8	
	Louise Faherty, Highgate Harriers				7	7	
	Heikki Vidgren, Serpentine RC		7			7	
	Alex Cooper, Dartford RR	2	3		1	6	
	Nat Juchau, Petts Wood Runners			2	4	6	
	Claire Ellis Smith, Petts Wood Runners			6		6	
	Annie Davey, Victoria Park H&THAC		6			6	
	Louisa Pritchard, Dulwich Runners		1	4		5	
	Marietta Gende, Eton Manor AC		4			4	
	Christine Munday, Dartford RR	4				4	
	Emma Guthrie, Crystal Palace	3				3	
	Viv Foster, Crystal Palace	2				2	
45							
	Nicola Cartlidge, Kent AC	8	7	9	7	31	
	Kate Fry, Greenwich Tritons	9		8	10	27	
	Katie Styles, Dulwich Runners			10	6	10	26
	Vicky Smith, Crystal Palace	6	4	5	2	9	26
	Anna Smith, Dulwich Runners	10		7			17
	Eleanor Simmons, Dulwich Runners	7			5		12
	Emma Brown, Dartford RR		5	4	1		10
	Caoimhe Nic Fhogartaigh, Kent AC	10					10
	Olesya Golovina, Cambridge Harriers				9		9
	Jenny Heymann, Eton Manor AC		9				9
	Amanada Williams, Petts Wood Runners				8		8
	Anushka Cross, Highgate Harriers		8				8
	Josie Von Zitzewitz, Victoria Park H&THAC		6				6
	Amy Curtis, Crystal Palace			6			6
	Niamh Brooks, Beckenham RC	5					5
	Fran Sanderson, Crystal Palace	4					4
	Nicola Mooney, Dartford RR				4		4
	Mel Tunmore, Beckenham RC	3					3
	Lucie Compagnoni, Dartford RR		3				3
	Marina Jennings, Dartford RR				3		3
	Grace Touzel, Crystal Palace			3			3
	Frances Bright, Crystal Palace			2			2
	Emma McIntyre, Crystal Palace			1			1

40						
Victoria Cartwright, Kent AC	10	10	10			30
Jo Wint, Kent AC	5	4	4	7	5	25
Nesrin Sabanci, Kent AC	9		7	9		25
Helen Shannon, Dulwich Runners			9	10		19
Sue Swaine, Crystal Palace	8		8			16
Karen Ellison, SEAC			6		9	15
Amy Clements, Kent AC					10	10
Leonie Biemolt, SEAC		9				9
Erica Brown, Victoria Park H&THAC	1	2	6			9
Preshena Howell, Petts Wood Runners				8		8
Valerie Wong, Victoria Park H&THAC					8	8
Sasha Protasova, Dartford RR			3	5		8
Rachel Clattenburg, Highgate Harriers		8				8
Katie Styles, Dulwich Runners	7					7
Alejandra Perez, Victoria Park H&THAC					7	7
Noemie Cavaillon-Ram, Crystal Palace		7				7
Stephanie Williams, Victoria Park H&THAC					6	6
Laura Vincent, Dulwich Runners	6					6
Clare Thomas, Serpentine RC		6				6
Hans Ho, Serpentine RC			5			5
Nicola Cale, Victoria Park H&THAC		5				5
Miry Mayer, Victoria Park H&THAC					4	4
Emma Burke, Crystal Palace	4					4
Mya Daaveed, Victoria Park H&THAC					3	3
Jessica Dixon, Crystal Palace		3				3
Aoife Murray, Victoria Park H&THAC		2				2
35						
Anna Crawley, Lloyds RC Ravens	9	8	9	10	8	44
Esme Ingram, Victoria Park H&THAC	10	7	8	9	6	40
Louise Roper, Greenwich Tritons	5	9	7	5		26
Rachel Lovell, Victoria Park H&THAC	6	2	4	2	2	16
Rosalind Butterworth, Petts Wood Runners	7	1	3	3		14
Leanne Bowler, Greenwich Tritons				8	5	13
Catherine Kandie, Kent AC					10	10
Carla Broussy, Highgate Harriers	10					10
Iona Cousland, Kent AC			10			10
Cat O'Shea, Victoria Park H&THAC	9					9
Katie Good, Kent AC					9	9
Sophie Cappleman, Serpentine RC	8					8
Jo Gardner, Highgate Harriers				7		7
Mia Bennett, Victoria Park H&THAC					7	7
Catherine Round, Petts Wood Runners				6		6
Louise Phillips, Crystal Palace			6			6
Kayley Rogers, Crystal Palace			5			5
Karina Box, Kent AC	5					5
Eliza Grant, Kent AC				4		4
Stacey Clark, Victoria Park H&THAC					4	4
Abby Clyndes, Kent AC	4					4
Eimear Keller, Beckenham RC		4				4
Sarah Borland, Highgate Harriers					3	3
Hetty Partington, Victoria Park H&THAC	3					3
Chloe Millner, Crystal Palace	2					2
Helen Burns, Victoria Park H&THAC					1	1
20						
Megan Davis, Dartford RR				10		10
Emma Ashman, Highgate Harriers			10			10