

2026 ASSEMBLY LEAGUE - RACE 4 SUTCLIFFE PARK 2 JULY 2026**Version 3**

Position	Bib	Name	Time	Age	Gender	Club
1	293	Hugh Tibbs	0:15:27	Senior	Male	Cambridge Harriers
2	540	Ross Brown	0:15:30	Senior	Male	SEAC
3	235	Peter Chambers	0:15:39	Senior	Male	Highgate Harriers
4	454	Harry Fage	0:15:52	20	Male	Ravens School Runners
5	169	Aaron Wilson	0:15:54	Senior	Male	Dulwich Runners
6	309	Calum Fraser	0:16:01	Senior	Male	Kent AC
7	300	Joe Vis	0:16:05	Senior	Male	Kent AC
8	339	Matt Speed	0:16:06	Senior	Male	Kent AC
9	50	Danny Kendall	0:16:18	45	Male	Cambridge Harriers
10	33	Lewis Baker	0:16:19	Senior	Male	Cambridge Harriers
11	319	Dave Morgan	0:16:21	40	Male	Kent AC
12	314	Dan Pettitt	0:16:23	Senior	Male	Kent AC
13	303	Robert Laing	0:16:28	45	Male	Kent AC
14	424	Cameron Holmes-Price	0:16:34	20	Male	Petts Wood Runners
15	27	James Macdonald	0:16:38	45	Male	Cambridge Harriers
16	325	Che Compton	0:16:40	50	Male	Kent AC
17	129	Adrian Russell	0:16:46	45	Male	Dulwich Runners
18	133	Andy Bond	0:16:48	50	Male	Dulwich Runners
19	174	Ethan Reeves	0:16:59	Senior	Male	Eton Manor AC
20	37	Jonathan Sargent	0:17:05	Senior	Male	Cambridge Harriers
21	48	Gavin Howes	0:17:20	45	Male	Cambridge Harriers
22	29	Robert Guest	0:17:22	Senior	Male	Cambridge Harriers
23	493	Christopher Tsantoulas	0:17:23	45	Male	Serpentine RC
24	36	Liam Carr	0:17:28	Senior	Male	Cambridge Harriers
25	301	Tom Hayward	0:17:30	Senior	Male	Kent AC
26	296	Terry Stark	0:17:30	Senior	Male	Cambridge Harriers
27	571	Mike Boucher	0:17:31	45	Male	London Underground
28	539	Harold Wyber	0:17:33	40	Male	SEAC
29	313	Michael Gibson	0:17:45	40	Male	Kent AC
30	291	Naill Orton	0:17:47	Senior	Male	Cambridge Harriers
31	445	Kev Howarth	0:17:49	50	Male	Petts Wood Runners
32	44	Brett Baker	0:17:53	Senior	Male	Cambridge Harriers
33	458	Andy Moulden	0:17:54	Senior	Male	Ravens School Runners
34	423	Simon Thornhill	0:17:55	50	Male	Petts Wood Runners
35	315	Matthew Thomas	0:17:56	Senior	Male	Kent AC
36	310	Amelia Pettitt	0:17:59	Senior	Female	Kent AC
37	426	Silky Ng	0:18:01	Senior	Male	Petts Wood Runners
38	536	Alan Barnes	0:18:02	45	Male	SEAC
39	47	Stephen Thompson	0:18:03	45	Male	Cambridge Harriers
40	329	Samuel Wilcock	0:18:32	45	Male	Kent AC
41	541	Fadie Shamoon	0:18:34	40	Male	SEAC
42	317	Alex Robbins	0:18:36	50	Male	Kent AC
43	425	Jason Mercer	0:18:39	50	Male	Petts Wood Runners
44	131	Helen Shannon	0:18:40	40	Female	Dulwich Runners
45	137	Eugene Cross	0:18:41	45	Male	Dulwich Runners
46	139	Joe Farrington-Douglas	0:18:42	45	Male	Dulwich Runners
47	292	Daniel Allinson	0:18:42	Senior	Male	Cambridge Harriers
48	302	Alexa Parker	0:18:44	Senior	Female	Kent AC
49	535	Julia Wedmore	0:18:48	Senior	Female	SEAC
50	572	Krzysztof Kidzia	0:18:50	60	Male	London Underground
51	324	Sam Mashford Thomasson	0:18:51	20	Male	Kent AC
52	290	Ben Guy	0:18:52	45	Male	Cambridge Harriers
53	126	Grace Ingledew	0:18:53	Senior	Female	Dulwich Runners
54	323	Abdullah Kizito	0:18:56	40	Male	Kent AC
55	140	Garry Meehan	0:18:57	60	Male	Dulwich Runners
56	63	Alex Wickens	0:18:58	Senior	Male	Crystal Palace
57	326	Alex Morales	0:19:00	45	Male	Kent AC
58	31	Oktawiusz Kawecki	0:19:02	Senior	Male	Cambridge Harriers
59	534	Alex Chappell	0:19:04	Senior	Male	SEAC
60	49	Nam Bui	0:19:08	40	Male	Cambridge Harriers
61	215	Martin Tynan	0:19:10	50	Male	Greenwich Tritons
62	312	Aisling Ahern	0:19:12	Senior	Female	Kent AC
63	135	Ollie Lamb	0:19:14	Senior	Male	Dulwich Runners
64	295	Stephen Wood	0:19:16	45	Male	Cambridge Harriers
65	327	Rob Harvey	0:19:18	45	Male	Kent AC
66	308	Lin Skinner	0:19:21	50	Female	Kent AC
67	331	Jules Gevers	0:19:27	55	Male	Kent AC
68	40	Steven Cummins	0:19:28	50	Male	Cambridge Harriers
69	328	Tom Steadman	0:19:29	45	Male	Kent AC
70	6	Austin Platt	0:19:30	55	Male	Beckenham RC
71	376	Anna Crawley	0:19:31	35	Female	Lloyds RC Ravens
72	377	George Wakefield	0:19:32	Senior	Male	Lloyds RC Ravens
73	30	David Reader	0:19:36	50	Male	Cambridge Harriers
74	233	Safa Khan	0:19:37	Senior	Female	Highgate Harriers
75	430	Stephen Pond	0:19:38	55	Male	Petts Wood Runners
76	320	Nesrin Sabanci	0:19:39	40	Female	Kent AC
77	297	Jon Woodall	0:19:41	Senior	Male	Cambridge Harriers
78	46	Christian Poulton	0:19:43	60	Male	Cambridge Harriers
79	28	Will Longhurst	0:19:43	40	Male	Cambridge Harriers
80	439	Geraldine Schaer	0:19:46	55	Female	Petts Wood Runners
81	342	Steven Wynne	0:19:51	40	Male	Petts Wood Runners

82	456	Gavin Fage	0:19:52	45	Male	Ravens School Runners
83	134	Marco Marotta	0:19:54	Senior	Male	Dulwich Runners
84	337	Roger Beardsworth	0:19:55	65	Male	Kent AC
85	138	Andrew Scott	0:19:57	40	Male	Dulwich Runners
86	435	Richard Hassall	0:19:58	45	Male	Petts Wood Runners
87	43	Will Ever	0:20:06	Senior	Male	Cambridge Harriers
88	431	Matthew Pond	0:20:07	Senior	Male	Petts Wood Runners
89	602	Esme Ingram	0:20:07	35	Female	Victoria Park H&THAC
90	305	Len Reilly	0:20:10	60	Male	Kent AC
91	321	Ellie Freeden	0:20:12	45	Male	Kent AC
92	334	Jemima Darcy	0:20:12	Senior	Female	Kent AC
93	64	Chris Dyke	0:20:13	40	Male	Crystal Palace
94	128	Tom Pott	0:20:18	45	Male	Dulwich Runners
95	532	Andy Weir	0:20:20	55	Male	SEAC
96	340	?	0:20:29	0	0	Kent AC
97	62	Molly Richards	0:20:30	Senior	Female	Crystal Palace
98	34	Maele Guerre	0:20:30	Senior	Female	Cambridge Harriers
99	38	James Pitts	0:20:31	45	Male	Cambridge Harriers
100	441	Marcus Elwes	0:20:34	60	Male	Petts Wood Runners
101	42	Andy Weir	0:20:35	45	Male	Cambridge Harriers
102	336	Lee Buchanan	0:20:37	Senior	Male	Kent AC
103	106	Ian Mcgrath	0:20:39	50	Male	Dartford RR
104	224	Leanne Bowler	0:20:43	35	Female	Greenwich Tritons
105	298	Hannah Capey	0:20:44	Senior	Female	Cambridge Harriers
106	110	Barrie Seal	0:20:45	45	Male	Dartford RR
107	228	Kate Fry	0:20:49	45	Female	Greenwich Tritons
108	375	Paul Brandreth	0:20:54	50	Male	Lloyds RC Ravens
109	427	Chloe Haffenden	0:20:59	Senior	Female	Petts Wood Runners
110	341	Nicola Papalini	0:21:08	50	Male	Kent AC
111	570	Martin Daoud	0:21:10	60	Male	London Underground
112	4	David Olver	0:21:20	Senior	Male	Beckenham RC
113	173	Russ Jones	0:21:21	55	Male	Eton Manor AC
114	316	Clive Harvey	0:21:22	60	Male	Kent AC
115	7	Ramon Boo	0:21:24	50	Male	Beckenham RC
116	39	Olesya Golovina	0:21:25	45	Female	Cambridge Harriers
117	234	Jo Gardner	0:21:30	35	Female	Highgate Harriers
118	333	Dee O'Brien	0:21:33	50	Female	Kent AC
119	444	David Moore	0:21:39	60	Male	Petts Wood Runners
120	41	John Backley	0:21:41	50	Male	Cambridge Harriers
121	421	Catherine Round	0:21:43	35	Female	Petts Wood Runners
122	136	Eberhard Prill	0:21:47	60	Male	Dulwich Runners
123	429	Daniel Selman	0:21:50	50	Male	Petts Wood Runners
124	600	Keithly Mussington	0:21:53	70	Male	Victoria Park H&THAC
125	144	Emily Steiner	0:21:55	Senior	Female	Dulwich Runners
126	537	Victoria Carter	0:21:57	50	Female	SEAC
127	142	Katherine Fodor	0:21:58	Senior	Female	Dulwich Runners
128	434	Amanada Williams	0:21:59	45	Female	Petts Wood Runners
129	343	Preshena Howell	0:22:03	40	Female	Petts Wood Runners
130	330	Suze Spalding	0:22:08	50	Female	Kent AC
131	486	James Turner	0:22:10	45	Male	Serpentine RC
132	542	John O'Shea	0:22:11	60	Male	SEAC
133	304	Nicola Cartledge	0:22:13	45	Female	Kent AC
134	455	Rick Clarkson	0:22:15	60	Male	Ravens School Runners
135	125	Katie Styles	0:22:16	45	Female	Dulwich Runners
136	35	David Hunter	0:22:18	60	Male	Cambridge Harriers
137	428	Sally Haffenden	0:22:20	55	Female	Petts Wood Runners
138	225	Louise Roper	0:22:22	35	Female	Greenwich Tritons
139	1	Mike Reich	0:22:23	45	Male	Beckenham RC
140	335	Martin Morgan	0:22:25	55	Male	Kent AC
141	45	Rose Baker	0:22:27	60	Female	Cambridge Harriers
142	115	Chris Roy	0:22:27	50	Male	Dartford RR
143	438	Claire Ellis Smith	0:22:28	50	Female	Petts Wood Runners
144	490	Vinh Lam	0:22:30	45	Male	Serpentine RC
145	311	Eliza Grant	0:22:35	35	Female	Kent AC
146	226	Lesley Mccarthy	0:22:38	50	Female	Greenwich Tritons
147	145	Sena Mucklow	0:22:40	Senior	Female	Dulwich Runners
148	25	Mark Franks	0:22:44	50	Male	Petts Wood Runners
149	114	Oluwaseun Adediji	0:22:45	Senior	Female	Dartford RR
150	322	Pertrice Billy-Huggins	0:22:50	Senior	Male	Kent AC
151	422	Seaton Giles	0:22:55	55	Male	Petts Wood Runners
152	104	Matthew Coady	0:23:03	Senior	Male	Dartford RR
153	533	Paul Doyle	0:23:05	55	Male	SEAC
154	143	Eleanor Simmons	0:23:12	45	Female	Dulwich Runners
155	26	Graham Maynard	0:23:19	60	Male	Cambridge Harriers
156	443	Rosalind Butterworth	0:23:20	35	Female	Petts Wood Runners
157	60	Liz Pepper	0:23:20	50	Female	Crystal Palace
158	102	Philip Tawton	0:23:22	40	Male	Dartford RR
159	531	Andrew Mclauchlan	0:23:25	50	Male	SEAC
160	601	Rachel Lovell	0:23:26	35	Female	Victoria Park H&THAC
161	440	Alice Neal	0:23:31	50	Female	Petts Wood Runners
162	32	Clem Dixon	0:23:33	60	Male	Cambridge Harriers
163	530	Martin Wood	0:23:35	60	Male	SEAC
164	318	Jo Wint	0:23:36	40	Female	Kent AC
165	437	Nat Juchau	0:23:39	50	Female	Petts Wood Runners
166	227	Kathryn Gladwell	0:23:47	55	Female	Greenwich Tritons
167	59	Roneeta Campbell-Butler	0:23:52	50	Female	Crystal Palace
168	113	Nicola Mooney	0:23:58	45	Female	Dartford RR
169	107	Adam Jennings	0:24:05	45	Male	Dartford RR
170	55	Paul Mann	0:24:07	60	Male	Crystal Palace
171	480	Helen Lane	0:24:11	60	Female	Serpentine RC

172	294	Zhouyue Xia	0:24:14	Senior	Male	Cambridge Harriers
173	111	Megan Davis	0:24:16	20	Female	Dartford RR
174	105	Dave Best	0:24:20	50	Male	Dartford RR
175	61	Gaby Drinkwater	0:24:22	55	Female	Crystal Palace
176	24	Phil Burlington	0:24:23	65	Male	Petts Wood Runners
177	380	Russell Beard	0:24:25	50	Male	Lloyds RC Ravens
178	2	Nigel Wood	0:24:26	70	Male	Beckenham RC
179	420	Edwina Cheng	0:24:32	55	Female	Petts Wood Runners
180	446	Ian Matthew'S	0:24:44	45	Male	Petts Wood Runners
181	127	Mike Mann	0:24:51	75	Male	Dulwich Runners
182	9	Doug Hazlewood	0:24:52	55	Male	Beckenham RC
183	307	Phil Marsden	0:24:56	55	Male	Kent AC
184	603	Erica Brown	0:25:12	40	Female	Victoria Park H&THAC
185	108	Marina Jennings	0:25:15	45	Female	Dartford RR
186	57	Vicky Smith	0:25:16	45	Female	Crystal Palace
187	3	Gail Arnott	0:25:19	65	Female	Beckenham RC
188	103	Sasha Protasova	0:25:22	40	Female	Dartford RR
189	116	Rebecca Mills	0:26:01	Senior	Female	Dartford RR
190	306	Bernie Hutchinson	0:26:05	65	Male	Kent AC
191	447	Richard Worrall	0:26:07	40	Male	Petts Wood Runners
192	117	Darren Rickard	0:26:10	55	Male	Dartford RR
193	171	Geoff Nicholls	0:26:14	70	Male	Eton Manor AC
194	109	Alex Cooper	0:26:24	50	Female	Dartford RR
195	448	Nick Squires	0:26:42	65	Male	Petts Wood Runners
196	449	Tracey Issac'S	0:26:47	55	Female	Petts Wood Runners
197	141	Louisa Pritchard	0:26:58	50	Female	Dulwich Runners
198	118	Emma Brown	0:27:19	45	Female	Dartford RR
199	58	Chris Balmer	0:27:21	70	Male	Crystal Palace
200	56	Brian Clements	0:28:00	65	Male	Crystal Palace
201	538	Steve Scruton	0:28:07	65	Male	SEAC
202	101	Roy Knight	0:28:10	75	Male	Dartford RR
203	130	Ros Tabor	0:28:13	75	Female	Dulwich Runners
204	8	Mel Tunmore	0:28:19	45	Female	Beckenham RC
205	483	Camilla Allwood	0:28:31	65	Female	Serpentine RC
206	457	Charlotte Adams	0:28:47	Senior	Female	Ravens School Runners
207	433	Lou Stocks	0:29:09	55	Female	Petts Wood Runners
208	132	Andy Murray	0:29:11	70	Male	Dulwich Runners
209	332	Miki Jablkowska	0:29:46	70	Female	Kent AC
210	172	Hayley Dalton	0:29:58	55	Female	Eton Manor AC
211	170	Christina Watson	0:31:20	65	Female	Eton Manor AC
212	23	Barbara Carr	0:32:33	65	Female	Petts Wood Runners
213	338	Zoe Gaffen	0:34:28	70	Female	Kent AC
214	432	Tara Howarth	0:39:26	50	Female	Petts Wood Runners
215	436	Liz Squires	0:39:27	65	Female	Petts Wood Runners

Team Results

Mens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	32	15
2	Cambridge Harriers	35	14
3	Dulwich Runners	52	13
4	SEAC	107	12
5	Petts Wood Runners	93	11
6	Ravens School Runners	211	10
7	Beckenham RC	355	9
8	Crystal Palace	386	8
9	Dartford RR	394	7
10		6	
11		5	
12		4	
13		3	
14		2	
15		1	

Mens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	66	15
2	Cambridge Harriers	87	14
3	Dulwich Runners	223	13
4	Petts Wood Runners	253	12
5	SEAC	351	11
6	Dartford RR	488	10
7		9	
8		8	
9		7	
10			
11			
12			

Mens V50 Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Petts Wood Runners	27	15
2	Kent AC	32	14
3	Cambridge Harriers	67	13
4	Dulwich Runners	88	12
5	SEAC	130	11
6	Beckenham RC	136	10
7	Dartford RR	154	9
7	Eton Manor AC	154	8
9		7	
10			
11			
12			

Womens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	17	15
2	Dulwich Runners	57	14
3	Petts Wood Runners	80	13
4	Cambridge Harriers	86	12
5	Greenwich Tritons	104	11
6	Crystal Palace	156	10
7	Dartford RR	194	9
8			8
9			7
10			
11			
12			

Womens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	74	15
2	Petts Wood Runners	136	14
3	Dulwich Runners	171	13
4	Dartford RR	240	12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Womens V50 Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Petts Wood Runners	27	15
2	Kent AC	34	14
3			13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Hugh Tibbs, Cambridge Harriers	0:15:27	10
2	Ross Brown, SEAC	0:15:30	9
3	Peter Chambers, Highgate Harriers	0:15:39	8
4	Aaron Wilson, Dulwich Runners	0:15:54	7
5	Calum Fraser, Kent AC	0:16:01	6
6	Joe Vis, Kent AC	0:16:05	5
7	Matt Speed, Kent AC	0:16:06	4
8	Lewis Baker, Cambridge Harriers	0:16:19	3
9	Dan Pettitt, Kent AC	0:16:23	2
10	Ethan Reeves, Eton Manor AC	0:16:59	1
<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Harry Fage, Ravens School Runners	0:15:52	10
2	Cameron Holmes-Price, Petts Wood Runners	0:16:34	9
3	Sam Mashford Thomasson, Kent AC	0:18:51	8
4			7
5			6
6			5
7			4
8			3
9			2
10			1
<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Dave Morgan, Kent AC	0:16:21	10
2	Harold Wyber, SEAC	0:17:33	9
3	Michael Gibson, Kent AC	0:17:45	8
4	Fadie Shamoon, SEAC	0:18:34	7
5	Abdullah Kizito, Kent AC	0:18:56	6
6	Nam Bui, Cambridge Harriers	0:19:08	5
7	Will Longhurst, Cambridge Harriers	0:19:43	4
8	Steven Wynne, Petts Wood Runners	0:19:51	3
9	Andrew Scott, Dulwich Runners	0:19:57	2
10	Chris Dyke, Crystal Palace	0:20:13	1
<u>45</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Danny Kendall, Cambridge Harriers	0:16:18	10
2	Robert Laing, Kent AC	0:16:28	9
3	James Macdonald, Cambridge Harriers	0:16:38	8
4	Adrian Russell, Dulwich Runners	0:16:46	7
5	Gavin Howes, Cambridge Harriers	0:17:20	6
6	Christopher Tsantoulas, Serpentine RC	0:17:23	5
7	Mike Boucher, London Underground	0:17:31	4
8	Alan Barnes, SEAC	0:18:02	3
9	Stephen Thompson, Cambridge Harriers	0:18:03	2
10	Samuel Wilcock, Kent AC	0:18:32	1

Womens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Amelia Pettitt, Kent AC	0:17:59	10
2	Alexa Parker, Kent AC	0:18:44	9
3	Julia Wedmore, SEAC	0:18:48	8
4	Grace Ingledew, Dulwich Runners	0:18:53	7
5	Aisling Ahern, Kent AC	0:19:12	6
6	Safa Khan, Highgate Harriers	0:19:37	5
7	Jemima Darcy, Kent AC	0:20:12	4
8	Molly Richards, Crystal Palace	0:20:30	3
9	Maele Guerre, Cambridge Harriers	0:20:30	2
10	Hannah Capey, Cambridge Harriers	0:20:44	1
<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Megan Davis, Dartford RR	0:24:16	10
2			9
3			8
4			7
5			
6			
7			
8			
9			
10			
<u>35</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Anna Crawley, Lloyds RC Ravens	0:19:31	10
2	Esme Ingram, Victoria Park H&THAC	0:20:07	9
3	Leanne Bowler, Greenwich Tritons	0:20:43	8
4	Jo Gardner, Highgate Harriers	0:21:30	7
5	Catherine Round, Petts Wood Runne	0:21:43	6
6	Louise Roper, Greenwich Tritons	0:22:22	5
7	Eliza Grant, Kent AC	0:22:35	4
8	Rosalind Butterworth, Petts Wood Ru	0:23:20	3
9	Rachel Lovell, Victoria Park H&THAC	0:23:26	2
10			1
<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Helen Shannon, Dulwich Runners	0:18:40	10
2	Nesrin Sabanci, Kent AC	0:19:39	9
3	Preshena Howell, Petts Wood Runne	0:22:03	8
4	Jo Wint, Kent AC	0:23:36	7
5	Erica Brown, Victoria Park H&THAC	0:25:12	6
6	Sasha Protasova, Dartford RR	0:25:22	5
7			4
8			3
9			2
10			1

<u>50</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Che Compton, Kent AC	0:16:40	10
2	Andy Bond, Dulwich Runners	0:16:48	9
3	Kev Howarth, Petts Wood Runners	0:17:49	8
4	Simon Thornhill, Petts Wood Runners	0:17:55	7
5	Alex Robbins, Kent AC	0:18:36	6
6	Jason Mercer, Petts Wood Runners	0:18:39	5
7	Martin Tynan, Greenwich Tritons	0:19:10	4
8	Steven Cummins, Cambridge Harriers	0:19:28	3
9	David Reader, Cambridge Harriers	0:19:36	2
10	Ian McGrath, Dartford RR	0:20:39	1

<u>55</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Jules Gevers, Kent AC	0:19:27	10
2	Austin Platt, Beckenham RC	0:19:30	9
3	Stephen Pond, Petts Wood Runners	0:19:38	8
4	Andy Weir, SEAC	0:20:20	7
5	Russ Jones, Eton Manor AC	0:21:21	6
6	Martin Morgan, Kent AC	0:22:25	5
7	Seaton Giles, Petts Wood Runners	0:22:55	4
8	Paul Doyle, SEAC	0:23:05	3
9	Doug Hazlewood, Beckenham RC	0:24:52	2
10	Phil Marsden, Kent AC	0:24:56	1

<u>60</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Krzysztof Klidzia, London Underground	0:18:50	10
2	Garry Meehan, Dulwich Runners	0:18:57	9
3	Christian Poulton, Cambridge Harriers	0:19:43	8
4	Len Reilly, Kent AC	0:20:10	7
5	Marcus Elwes, Petts Wood Runners	0:20:34	6
6	Martin Daoud, London Underground	0:21:10	5
7	Clive Harvey, Kent AC	0:21:22	4
8	David Moore, Petts Wood Runners	0:21:39	3
9	Eberhard Prill, Dulwich Runners	0:21:47	2
10	John O'Shea, SEAC	0:22:11	1

<u>65</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Roger Beardsworth, Kent AC	0:19:55	10
2	Phil Burlington, Petts Wood Runners	0:24:23	9
3	Bernie Hutchinson, Kent AC	0:26:05	8
4	Nick Squires, Petts Wood Runners	0:26:42	7
5	Brian Clements, Crystal Palace	0:28:00	6
6	Steve Scruton, SEAC	0:28:07	5
7			4
8			3
9			2
10			1

<u>70</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Keithly Mussington, Victoria Park H&THAC	0:21:53	10
2	Nigel Wood, Beckenham RC	0:24:26	9
3	Geoff Nicholls, Eton Manor AC	0:26:14	8
4	Chris Balmer, Crystal Palace	0:27:21	7
5	Andy Murray, Dulwich Runners	0:29:11	6
6			5
7			4
8			
9			
10			

<u>75</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Mike Mann, Dulwich Runners	0:24:51	10
2	Roy Knight, Dartford RR	0:28:10	9
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8			
9			
10			

<u>45</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Kate Fry, Greenwich Tritons	0:20:49	10
2	Olesya Golovina, Cambridge Harriers	0:21:25	9
3	Amanada Williams, Petts Wood Runnr	0:21:59	8
4	Nicola Cartledge, Kent AC	0:22:13	7
5	Katie Styles, Dulwich Runners	0:22:16	6
6	Eleanor Simmons, Dulwich Runners	0:23:12	5
7	Nicola Mooney, Dartford RR	0:23:58	4
8	Marina Jennings, Dartford RR	0:25:15	3
9	Vicky Smith, Crystal Palace	0:25:16	2
10	Emma Brown, Dartford RR	0:27:19	1

<u>50</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Lin Skinner, Kent AC	0:19:21	10
2	Dee O'Brien, Kent AC	0:21:33	9
3	Victoria Carter, SEAC	0:21:57	8
4	Suze Spalding, Kent AC	0:22:08	7
5	Claire Ellis Smith, Petts Wood Runne	0:22:28	6
6	Lesley Mccarthy, Greenwich Tritons	0:22:38	5
7	Liz Pepper, Crystal Palace	0:23:20	4
8	Alice Neal, Petts Wood Runners	0:23:31	3
9	Nat Juchau, Petts Wood Runners	0:23:39	2
10	Roneeta Campbell-Butler, Crystal Pal	0:23:52	1

<u>55</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Geraldine Schaer, Petts Wood Runne	0:19:46	10
2	Sally Haffenden, Petts Wood Runner:	0:22:20	9
3	Kathryn Gladwell, Greenwich Tritons	0:23:47	8
4	Gaby Drinkwater, Crystal Palace	0:24:22	7
5	Edwina Cheng, Petts Wood Runners	0:24:32	6
6	Tracey Issac'S, Petts Wood Runners	0:26:47	5
7	Lou Stocks, Petts Wood Runners	0:29:09	4
8	Hayley Dalton, Eton Manor AC	0:29:58	3
9			2
10			1

<u>60</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Rose Baker, Cambridge Harriers	0:22:27	10
2	Helen Lane, Serpentine RC	0:24:11	9
3			8
4			7
5			6
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7			
8			
9			
10			

<u>65</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Gail Arnott, Beckenham RC	0:25:19	10
2	Camilla Allwood, Serpentine RC	0:28:31	9
3	Christina Watson, Eton Manor AC	0:31:20	8
4	Barbara Carr, Petts Wood Runners	0:32:33	
5	Liz Squires, Petts Wood Runners	0:39:27	
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<u>70</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Miki Jablkowska, Kent AC	0:29:46	10
2	Zoe Gaffen, Kent AC	0:34:28	9
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9			
10			

<u>75</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Ros Tabor, Dulwich Runners	0:28:13	10
2			9