

2026 ASSEMBLY LEAGUE - RACE VICTORIA PARK 30 JULY 2026**Version 3**

Position	Bib	Name	Time	Age	Gender	Club
1	628	Gus Withers	0:16:32	Senior	Male	Victoria Park H&THAC
2	130	Aaron Wilson	0:17:19	Senior	Male	Dulwich Runners
3	632	Adam Millbery	0:17:22	Senior	Male	Victoria Park H&THAC
4	251	Robert Wilson	0:17:27	Senior	Male	Highgate Harriers
5	232	Alex Richardson	0:17:34	Senior	Male	Highgate Harriers
6	314	James Ewing	0:17:36	Senior	Male	Kent AC
7	249	Alex Jackson	0:17:37	Senior	Male	Highgate Harriers
8	616	John Pagne	0:17:40	Senior	Male	Victoria Park H&THAC
9	454	Harry Fage	0:17:53	20	Male	Ravens School Runners
10	324	Calum Fraser	0:18:00	Senior	Male	Kent AC
11	321	Dave Morgan	0:18:05	40	Male	Kent AC
12	304	Mark Hall	0:18:11	Senior	Male	Kent AC
13	329	Sean Fitzpatrick	0:18:17	Senior	Male	Kent AC
14	255	Tom Drabble	0:18:27	Senior	Male	Highgate Harriers
15	307	Matt Speed	0:18:29	Senior	Male	Kent AC
16	236	Lucas Porter	0:18:32	Senior	Male	Highgate Harriers
17	623	Peter Cooke	0:18:35	Senior	Male	Victoria Park H&THAC
18	169	Jack Ramm	0:18:41	Senior	Male	Dulwich Runners
19	30	James Macdonald	0:18:44	45	Male	Cambridge Harriers
20	620	Kieron Smith	0:18:48	50	Male	Victoria Park H&THAC
21	125	Adrian Russell	0:18:53	45	Male	Dulwich Runners
22	248	Henry Ramsay	0:18:55	Senior	Male	Highgate Harriers
23	300	Che Compton	0:18:59	50	Male	Kent AC
24	257	Harry Allan	0:19:07	Senior	Male	Highgate Harriers
25	180	Stevie Boyle	0:19:09	Senior	Male	Eton Manor AC
26	607	Jack Moore	0:19:22	Senior	Male	Victoria Park H&THAC
27	313	Rory Knight	0:19:23	Senior	Male	Kent AC
28	642	Jade Dos Santos	0:19:34	Senior	Female	Victoria Park H&THAC
29	45	Robert Guest	0:19:35	Senior	Male	Cambridge Harriers
30	177	James Pilch	0:19:37	45	Male	Eton Manor AC
31	166	Andrew Cumine	0:19:40	40	Male	Dulwich Runners
32	323	Amy Clements	0:19:41	40	Female	Kent AC
33	309	Matthew Thomas	0:19:43	Senior	Male	Kent AC
34	242	Alfie Wrigley	0:19:44	Senior	Male	Highgate Harriers
35	171	George Fernandez	0:19:45	Senior	Male	Eton Manor AC
36	311	Luis Huesca Molina	0:19:49	Senior	Male	Kent AC
37	428	Kev Howarth	0:19:50	50	Male	Petts Wood Runners
38	312	Anthony Johnson	0:19:56	Senior	Male	Kent AC
39	644	David Buchner	0:20:03	Senior	Male	Victoria Park H&THAC
40	301	Catherine Kandie	0:20:04	35	Female	Kent AC
41	182	Paul Rushton	0:20:05	45	Male	Eton Manor AC
42	535	Harold Wyber	0:20:05	40	Male	SEAC
43	33	Simon Branch	0:20:07	Senior	Male	Cambridge Harriers
44	557	Emile Tournadre	0:20:07	Senior	Male	SEAC
45	134	Elias Awake	0:20:08	Senior	Male	Dulwich Runners
46	37	Kyle Hurst	0:20:19	Senior	Male	Cambridge Harriers
47	665	Fion Toomes	0:20:21	Senior	Male	Victoria Park H&THAC
48	423	Simon Thornhill	0:20:26	50	Male	Petts Wood Runners
49	639	James Speak	0:20:28	Senior	Male	Victoria Park H&THAC
50	136	Matt James	0:20:30	Senior	Male	Dulwich Runners
51	635	Alex McNulty	0:20:34	Senior	Male	Victoria Park H&THAC
52	44	Walker Syachalinga	0:20:37	Senior	Male	Cambridge Harriers
53	40	Stephen Thompson	0:20:38	45	Male	Cambridge Harriers
54	330	Martin Pollard	0:20:40	40	Male	Kent AC
55	646	Dan Mcphillimey	0:20:40	Senior	Male	Victoria Park H&THAC
56	43	James Pitts	0:20:42	45	Male	Cambridge Harriers
57	622	Theo Glencross	0:20:48	Senior	Male	Victoria Park H&THAC
58	638	Nathan Holmes	0:20:53	Senior	Male	Victoria Park H&THAC
59	261	Akira Wellsted	0:20:57	Senior	Male	Highgate Harriers
60	241	Ieuan Davies	0:20:59	Senior	Male	Highgate Harriers
61	41	Ben Rew	0:21:00	45	Male	Cambridge Harriers
62	256	Matt Trueman	0:21:01	Senior	Male	Dulwich Runners
63	135	Francesco Pinto	0:21:04	45	Male	Dulwich Runners
64	495	Philip Whitehouse	0:21:05	Senior	Male	Serpentine RC
65	68	Barry Morgan	0:21:11	55	Male	Crystal Palace
66	424	Melody Kane	0:21:12	Senior	Female	Petts Wood Runners
67	46	Alex Moser	0:21:14	Senior	Male	Cambridge Harriers
68	102	Andy Green	0:21:15	55	Male	Dartford RR
69	379	Russell Beard	0:21:17	50	Male	Lloyds RC Ravens
70	34	Vern Sillitoe	0:21:19	45	Male	Cambridge Harriers
71	245	Alex Freeland	0:21:21	Senior	Male	Highgate Harriers
72	491	Michele Bottone	0:21:26	45	Male	Serpentine RC
73	498	James Gillanders	0:21:27	45	Male	Serpentine RC
74	421	Jason Mercer	0:21:28	50	Male	Petts Wood Runners
75	575	Liam Mullings	0:21:30	Senior	Male	London Underground
76	576	Joseph Osakue	0:21:31	50	Male	London Underground
77	481	Chris Notton	0:21:32	50	Male	Serpentine RC
78	47	Oktawiusz Kawecki	0:21:33	Senior	Male	Cambridge Harriers
79	320	Katie Good	0:21:34	35	Female	Kent AC
80	315	Will Brown	0:21:34	Senior	Male	Kent AC
81	319	Samuel Wilcock	0:21:39	45	Male	Kent AC
82	133	Rupert Winlaw	0:21:40	55	Male	Dulwich Runners
83	317	Alex Morales	0:21:41	45	Male	Kent AC
84	38	Terry Stark	0:21:42	Senior	Male	Cambridge Harriers

85	168	Chris Lawrence	0:21:43	50	Male	Dulwich Runners
86	216	Martin Tynan	0:21:44	50	Male	Greenwich Tritons
87	604	Chris Pick	0:21:45	Senior	Male	Victoria Park H&THAC
88	600	James Waddell	0:21:48	Senior	Male	Victoria Park H&THAC
89	544	Eddy Mutai	0:21:55	Senior	Male	SEAC
90	325	Jules Gevers	0:21:56	55	Male	Kent AC
91	31	Ben Thompson	0:21:58	45	Male	Cambridge Harriers
92	240	Anna Cooke	0:21:59	Senior	Female	Highgate Harriers
93	654	Simeon Bennett	0:22:00	50	Male	Victoria Park H&THAC
94	640	Nick Pennell	0:22:00	Senior	Male	Victoria Park H&THAC
95	39	Steven Cummins	0:22:02	50	Male	Cambridge Harriers
96	376	Anna Crawley	0:22:04	35	Female	Lloyds RC Ravens
97	546	Jack O'Neill	0:22:09	Senior	Male	SEAC
98	609	Alberto Gatta	0:22:10	40	Male	Victoria Park H&THAC
99	545	George Povall	0:22:11	Senior	Female	SEAC
100	183	Fionn O'Brien	0:22:11	40	Male	Eton Manor AC
101	617	Balint Stewart	0:22:12	Senior	Male	Victoria Park H&THAC
102	28	Nam Bui	0:22:13	40	Male	Cambridge Harriers
103	35	Will Everitt	0:22:13	Senior	Male	Cambridge Harriers
104	175	Ewan Adamson	0:22:15	Senior	Male	Eton Manor AC
105	431	Geraldine Schaer	0:22:16	55	Female	Petts Wood Runners
106	636	Mia Bennett	0:22:17	35	Female	Victoria Park H&THAC
107	36	David Reader	0:22:19	50	Male	Cambridge Harriers
108	243	Carla Broussy	0:22:21	Senior	Female	Highgate Harriers
109	156	Gower Tan	0:22:24	55	Male	Dulwich Runners
110	234	Safa Khan	0:22:27	Senior	Female	Highgate Harriers
111	27	Mattia Bernardi	0:22:30	Senior	Male	Cambridge Harriers
112	614	Esme Ingram	0:22:31	35	Female	Victoria Park H&THAC
113	235	Alison Paton	0:22:34	Senior	Female	Highgate Harriers
114	539	Tom Gifford	0:22:35	Senior	Male	SEAC
115	531	Andy Weir	0:22:35	55	Male	SEAC
116	627	Liam Mchugh	0:22:36	Senior	Male	Victoria Park H&THAC
117	494	Jonathan Moscrop	0:22:37	50	Male	Serpentine RC
118	185	Eleanor George	0:22:41	Senior	Female	Eton Manor AC
119	696	Stephanie Young	0:22:42	Senior	Female	Victoria Park H&THAC
120	178	Owain Crispin	0:22:47	40	Male	Eton Manor AC
121	532	Karen Ellison	0:22:51	40	Female	SEAC
122	375	Paul Brandreth	0:22:53	50	Male	Lloyds RC Ravens
123	108	Rob Smith	0:22:58	45	Male	Dartford RR
124	174	Tom Ward	0:22:59	45	Male	Eton Manor AC
125	228	Leanne Bowler	0:23:01	35	Female	Greenwich Tritons
126	332	Ash Green	0:23:01	Senior	Male	Kent AC
127	305	Len Reilly	0:23:04	60	Male	Kent AC
128	606	Michael Naughton	0:23:04	Senior	Male	Victoria Park H&THAC
129	306	Victoria Buck	0:23:06	50	Female	Kent AC
130	572	Paul Williams	0:23:09	Senior	Male	London Underground
131	537	Emma Willy	0:23:10	Senior	Female	SEAC
132	4	Craig Williamson	0:23:11	60	Male	Beckenham RC
133	67	Molly Richards	0:23:13	Senior	Female	Crystal Palace
134	316	Vilmos Zsombori	0:23:14	45	Male	Kent AC
135	170	Trevor East	0:23:15	50	Male	Eton Manor AC
136	649	Ant Withstandley	0:23:17	55	Male	Victoria Park H&THAC
137	252	John Hayes	0:23:18	40	Male	Highgate Harriers
138	605	Cy Toplis	0:23:19	Senior	Male	Victoria Park H&THAC
139	556	Louis Patouillet	0:23:20	Senior	Male	SEAC
140	172	Rob Sommerville	0:23:22	55	Male	Eton Manor AC
141	608	Valerie Wong	0:23:24	40	Female	Victoria Park H&THAC
142	668	Mauro Persic	0:23:25	40	Male	Victoria Park H&THAC
143	328	Joe Hill	0:23:27	Senior	Male	Kent AC
144	570	Martin Daoud	0:23:27	60	Male	London Underground
145	555	Kevin Tilley	0:23:31	55	Male	SEAC
146	179	Ben Price	0:23:39	Senior	Male	Eton Manor AC
147	541	Selina Garner	0:23:53	Senior	Female	SEAC
148	435	Tim Springett	0:23:55	60	Male	Petts Wood Runners
149	533	Matthew Corder	0:23:57	Senior	Male	SEAC
150	429	Marcus Elwes	0:24:07	60	Male	Petts Wood Runners
151	254	Rhian Davies	0:24:08	Senior	Female	Highgate Harriers
152	302	Clive Harvey	0:24:09	60	Male	Kent AC
153	661	James Clark	0:24:11	Senior	Male	Victoria Park H&THAC
154	426	Daniel Selman	0:24:13	50	Male	Petts Wood Runners
155	327	Andy Wright	0:24:14	40	Male	Kent AC
156	629	Fabrizio Acquizia	0:24:15	Senior	Male	Victoria Park H&THAC
157	42	Hakim Mendjeli	0:24:21	50	Male	Cambridge Harriers
158	127	Sena Mucklow	0:24:22	Senior	Female	Dulwich Runners
159	651	Alejandra Perez	0:24:23	40	Female	Victoria Park H&THAC
160	167	Stephen France	0:24:25	55	Male	Dulwich Runners
161	603	Stephanie Williams	0:24:27	40	Female	Victoria Park H&THAC
162	308	Suze Spalding	0:24:30	50	Female	Kent AC
163	326	Jo Wint	0:24:36	40	Female	Kent AC
164	377	Jonathan Pontin	0:24:39	Senior	Male	Lloyds RC Ravens
165	613	Sue Bint	0:24:39	50	Female	Victoria Park H&THAC
166	571	Iain Bass	0:24:40	50	Male	London Underground
167	601	Stacey Clark	0:24:43	35	Female	Victoria Park H&THAC
168	574	Lavinia Tidy-Jones	0:24:44	Senior	Female	London Underground
169	430	David Moore	0:24:45	60	Male	Petts Wood Runners
170	559	Kabelo Monese	0:24:48	Senior	Male	SEAC
171	540	Ieva Sakalauskaitė	0:24:51	Senior	Female	SEAC
172	558	Thami Magazi	0:24:51	Senior	Male	SEAC
173	3	David Oliver	0:24:52	Senior	Male	Beckenham RC
174	378	Nigel Cairns	0:24:53	55	Male	Lloyds RC Ravens

175	132	Ebe Prill	0:24:55	60	Male	Dulwich Runners
176	258	Louise Faherty	0:24:56	50	Female	Highgate Harriers
177	184	Chris Knight	0:24:56	Senior	Male	Eton Manor AC
178	560	John O'Shea	0:24:57	60	Male	SEAC
179	648	Abbie Newhouse	0:24:58	Senior	Female	Victoria Park H&THAC
180	318	Sally Urquhart	0:25:03	Senior	Female	Kent AC
181	530	Paul Doyle	0:25:08	55	Male	SEAC
182	647	Lois Coxley	0:25:10	Senior	Female	Victoria Park H&THAC
183	666	Gigi Giannella	0:25:13	50	Male	Victoria Park H&THAC
184	129	Emily Stainer	0:25:20	Senior	Female	Dulwich Runners
185	653	Paul Huy	0:25:22	40	Male	Victoria Park H&THAC
186	561	Victoria Carter	0:25:24	50	Female	SEAC
187	455	Gavin Fage	0:25:27	45	Male	Ravens School Runners
188	547	Rohan Kathuria	0:25:32	Senior	Male	SEAC
189	29	Rose Baker	0:25:40	60	Female	Cambridge Harriers
190	422	Mark Franks	0:25:44	50	Male	Petts Wood Runners
191	633	Naomi Bourne	0:25:45	50	Female	Victoria Park H&THAC
192	126	Katie Styles	0:25:50	45	Female	Dulwich Runners
193	643	Miry Mayer	0:26:04	40	Female	Victoria Park H&THAC
194	554	Emmanuel Ewedimu	0:26:06	Senior	Male	SEAC
195	482	Martin Maloney	0:26:09	0	0	Serpentine RC
196	497	Mustafa Arif	0:26:18	45	Male	Serpentine RC
197	615	Eliza Slawther	0:26:21	Senior	Female	Victoria Park H&THAC
198	128	Katherine Fodor	0:26:29	Senior	Female	Dulwich Runners
199	611	Annie Howells	0:26:32	Senior	Female	Victoria Park H&THAC
200	425	Nat Juchau	0:26:36	50	Female	Petts Wood Runners
201	573	Katrina Lee	0:26:40	Senior	Female	London Underground
202	538	Amrita Bains	0:26:43	Senior	Female	SEAC
203	106	Philip Tawton	0:26:44	40	Male	Dartford RR
204	176	Philippa Wheeler	0:26:46	Senior	Female	Eton Manor AC
205	247	Sarah Borland	0:26:52	35	Female	Highgate Harriers
206	695	David Shortridge	0:26:55	55	Male	Victoria Park H&THAC
207	549	Claire Sheridan	0:27:02	Senior	Female	SEAC
208	32	Graham Maynard	0:27:07	60	Male	Cambridge Harriers
209	631	Rachel Lovell	0:27:07	35	Female	Victoria Park H&THAC
210	433	Alice Neal	0:27:13	50	Female	Petts Wood Runners
211	630	Robert Skedgell	0:27:23	50	Male	Victoria Park H&THAC
212	66	Gaby Drinkwater	0:27:25	55	Female	Crystal Palace
213	322	Mya Daaveed	0:27:32	40	Female	Victoria Park H&THAC
214	621	James Keough	0:27:35	40	Male	Victoria Park H&THAC
215	5	Doug Hazlewood	0:27:49	55	Male	Beckenham RC
216	645	Stephen Phillips	0:27:52	55	Male	Victoria Park H&THAC
217	215	Jayant Dalmia	0:27:56	Senior	Male	Greenwich Tritons
218	625	Chris Dawes	0:28:03	40	Male	Victoria Park H&THAC
219	634	Jason Davies	0:28:05	40	Male	Victoria Park H&THAC
220	239	Martin Black	0:28:09	60	Male	Highgate Harriers
221	480	Helen Lane	0:28:25	0	0	Serpentine RC
222	1	Nigel Wood	0:28:26	70	Male	Beckenham RC
223	553	James Isola	0:28:29	Senior	Male	SEAC
224	619	Annie Davey	0:28:47	50	Male	Victoria Park H&THAC
225	50	Fabio Bizzi	0:28:48	50	Male	Cambridge Harriers
226	2	Gail Arnott	0:28:54	65	Female	Beckenham RC
227	26	Martin Hawkins	0:29:05	60	Male	Cambridge Harriers
228	64	Vicky Smith	0:29:10	45	Female	Crystal Palace
229	650	William Burbridge-James	0:29:13	65	Male	Victoria Park H&THAC
230	432	Jenny Leng	0:29:15	55	Female	Petts Wood Runners
231	637	Marie Chamillard	0:29:31	55	Female	Victoria Park H&THAC
232	626	Helen Burns	0:29:39	35	Female	Victoria Park H&THAC
233	612	Mick Cairns	0:29:41	65	Male	Victoria Park H&THAC
234	333	Sarah Parry	0:29:49	50	Female	Kent AC
235	618	Nicola Kerr	0:30:04	55	Male	Victoria Park H&THAC
236	104	Alex Cooper	0:30:10	50	Female	Dartford RR
237	334	Phil Marsden	0:30:12	55	Male	Kent AC
238	542	Madhav Yadav	0:30:15	Senior	Male	SEAC
239	173	Geoff Nicholls	0:30:16	70	Male	Eton Manor AC
240	65	Suzi Daley	0:30:22	60	Female	Crystal Palace
241	434	Jenny Keetch	0:30:39	50	Female	Petts Wood Runners
242	105	Paul Donaldson	0:30:52	50	Female	Dartford RR
243	131	Louisa Pritchard	0:30:59	50	Female	Dulwich Runners
244	427	Denise Eva	0:31:26	50	Female	Petts Wood Runners
245	496	Ian Hall	0:31:33	70	Male	Serpentine RC
246	181	Rachel Ward	0:31:38	Senior	Female	Eton Manor AC
247	652	Tayla Wagenhauser	0:31:42	Senior	Female	Victoria Park H&THAC
248	602	Hetty Partington	0:31:48	35	Female	Victoria Park H&THAC
249	100	Darren Rickard	0:31:51	55	Male	Dartford RR
250	103	Roy Knight	0:32:06	75	Male	Dartford RR
251	624	Tanreece Chahal	0:32:12	Senior	Male	Victoria Park H&THAC
252	543	Sylvie Favier	0:32:16	50	Female	SEAC
253	548	Sara Bonardi	0:32:22	Senior	Female	SEAC
254	552	Ambrine Pirbay-Katchera	0:32:35	Senior	Female	SEAC
255	536	Anto Paul	0:32:36	Senior	Male	SEAC
256	641	Harriet O	0:32:51	35	Female	Victoria Park H&THAC
257	534	Steve Scruton	0:33:00	65	Male	SEAC
258	610	Philippa Cockman	0:33:09	65	Female	Victoria Park H&THAC
259	564	Lauren Tyson	0:33:12	Senior	Female	SEAC
260	563	Molly Marshall	0:33:12	Senior	Female	SEAC
261	562	Raymond Jaom	0:33:20	40	Male	SEAC
262	331	Miki Jablkowska	0:34:00	70	Female	Kent AC
263	436	Biljana Petrushevska	0:34:02	50	Female	Petts Wood Runners
264	550	Fion Tang	0:34:17	Senior	Female	SEAC
265	551	Michelle Lo	0:34:18	Senior	Female	SEAC
266	489	David Anson	0:34:19	Senior	Male	Serpentine RC
267	420	Jan Bodie	0:36:06	55	Female	Petts Wood Runners
268	310	Zoe Gaffen	0:37:14	70	Female	Kent AC
269	655	Keithly Mussington	0:37:15	70	Male	Victoria Park H&THAC

Team Results**Mens A Teams**

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Victoria Park H&THAC	29	15
2	Highgate Harriers	30	14
3	Kent AC	39	13
4	Dulwich Runners	71	12
5	Eton Manor AC	125	11
6	Cambridge Harriers	130	10
7	SEAC	254	9
8	Serpentine RC	271	8
9	Petts Wood Runners	275	7
10	London Underground	376	6
11	Lloyds RC Ravens	446	5
12	Dartford RR	499	4
13	Beckenham RC	574	3
14		2	
15		1	

Mens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	78	15
2	Highgate Harriers	94	14
3	Victoria Park H&THAC	127	13
4	Dulwich Runners	208	12
5	Cambridge Harriers	210	11
6	Eton Manor AC	399	10
7	SEAC	442	9
8	Petts Wood Runners	544	8
9		7	
10			
11			
12			

Mens V50 Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Petts Wood Runners	44	15
2	Kent AC	69	14
3	Dulwich Runners	75	13
4	Victoria Park H&THAC	82	12
5	Cambridge Harriers	110	11
6	SEAC	126	10
7		9	
8		8	
9		7	
10			
11			
12			

Womens A Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Kent AC	29	15
2	Victoria Park H&THAC	40	14
3	Highgate Harriers	43	13
4	SEAC	68	12
5	Petts Wood Runners	114	11
6	Dulwich Runners	150	10
7	Crystal Palace	198	9
8			8
9			7

Womens B Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Victoria Park H&THAC	105	15
2	Kent AC	155	14
3	SEAC	173	13
4	Petts Wood Runners	272	12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Womens V50 Teams

<u>Position</u>	<u>Club</u>	<u>Score</u>	<u>Points</u>
1	Petts Wood Runners	33	15
2	Kent AC	44	14
3	Victoria Park H&THAC	49	13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Gus Withers, Victoria Park H&THAC	0:16:32	10
2	Aaron Wilson, Dulwich Runners	0:17:19	9
3	Adam Millbery, Victoria Park H&THAC	0:17:22	8
4	Robert Wilson, Highgate Harriers	0:17:27	7
5	Alex Richardson, Highgate Harriers	0:17:34	6
6	James Ewing, Kent AC	0:17:36	5
7	Alex Jackson, Highgate Harriers	0:17:37	4
8	John Pagne, Victoria Park H&THAC	0:17:40	3
9	Calum Fraser, Kent AC	0:18:00	2
10	Mark Hall, Kent AC	0:18:11	1

<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Harry Fage, Ravens School Runners	0:17:53	10
2			9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1

<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Dave Morgan, Kent AC	0:18:05	10
2	Andrew Cumine, Dulwich Runners	0:19:40	9
3	Harold Wyber, SEAC	0:20:05	8
4	Martin Pollard, Kent AC	0:20:40	7
5	Alberto Gatta, Victoria Park H&THAC	0:22:10	6
6	Fionn O'Brien, Eton Manor AC	0:22:11	5
7	Nam Bui, Cambridge Harriers	0:22:13	4
8	Owain Crispin, Eton Manor AC	0:22:47	3
9	John Hayes, Highgate Harriers	0:23:18	2
10	Mauro Persic, Victoria Park H&THAC	0:23:25	1

<u>45</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	James Macdonald, Cambridge Harriers	0:18:44	10
2	Adrian Russell, Dulwich Runners	0:18:53	9
3	James Pilch, Eton Manor AC	0:19:37	8
4	Paul Rushton, Eton Manor AC	0:20:05	7
5	Stephen Thompson, Cambridge Harriers	0:20:38	6
6	James Pitts, Cambridge Harriers	0:20:42	5
7	Ben Rew, Cambridge Harriers	0:21:00	4
8	Francesco Pinto, Dulwich Runners	0:21:04	3
9	Vern Sillitoe, Cambridge Harriers	0:21:19	2
10	Michele Bottone, Serpentine RC	0:21:26	1

Womens

<u>SN</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Jade Dos Santos, Victoria Park H&TH	0:19:34	10
2	Melody Kane, Petts Wood Runners	0:21:12	9
3	Anna Cooke, Highgate Harriers	0:21:59	8
4	George Povall, SEAC	0:22:11	7
5	Carla Broussy, Highgate Harriers	0:22:21	6
6	Safa Khan, Highgate Harriers	0:22:27	5
7	Alison Paton, Highgate Harriers	0:22:34	4
8	Eleanor George, Eton Manor AC	0:22:41	3
9	Stephanie Young, Victoria Park H&TH	0:22:42	2
10	Emma Willy, SEAC	0:23:10	1

<u>20</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1			10
2			9
3			8
4			7
5			
6			
7			
8			
9			
10			

<u>35</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Catherine Kandie, Kent AC	0:20:04	10
2	Katie Good, Kent AC	0:21:34	9
3	Anna Crawley, Lloyds RC Ravens	0:22:04	8
4	Mia Bennett, Victoria Park H&THAC	0:22:17	7
5	Esme Ingram, Victoria Park H&THAC	0:22:31	6
6	Leanne Bowler, Greenwich Tritons	0:23:01	5
7	Stacey Clark, Victoria Park H&THAC	0:24:43	4
8	Sarah Borland, Highgate Harriers	0:26:52	3
9	Rachel Lovell, Victoria Park H&THAC	0:27:07	2
10	Helen Burns, Victoria Park H&THAC	0:29:39	1

<u>40</u>	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Amy Clements, Kent AC	0:19:41	10
2	Karen Ellison, SEAC	0:22:51	9
3	Valerie Wong, Victoria Park H&THAC	0:23:24	8
4	Alejandra Perez, Victoria Park H&TH	0:24:23	7
5	Stephanie Williams, Victoria Park H&	0:24:27	6
6	Jo Wint, Kent AC	0:24:36	5
7	Miry Mayer, Victoria Park H&THAC	0:26:04	4
8	Mya Daaveed, Victoria Park H&THAC	0:27:32	3
9			2
10			1

50	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>	45	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Kieron Smith, Victoria Park H&THAC	0:18:48	10	1	Katie Styles, Dulwich Runners	0:25:50	10
2	Che Compton, Kent AC	0:18:59	9	2	Vicky Smith, Crystal Palace	0:29:10	9
3	Kev Howarth, Petts Wood Runners	0:19:50	8	3			8
4	Simon Thornhill, Petts Wood Runners	0:20:26	7	4			7
5	Russell Beard, Lloyds RC Ravens	0:21:17	6	5			6
6	Jason Mercer, Petts Wood Runners	0:21:28	5	6			5
7	Joseph Osakue, London Underground	0:21:31	4	7			4
8	Chris Notton, Serpentine RC	0:21:32	3	8			3
9	Chris Lawrence, Dulwich Runners	0:21:43	2	9			2
10	Martin Tynan, Greenwich Tritons	0:21:44	1	10			1
55	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>	50	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Barry Morgan, Crystal Palace	0:21:11	10	1	Victoria Buck, Kent AC	0:23:06	10
2	Andy Green, Dartford RR	0:21:15	9	2	Suze Spalding, Kent AC	0:24:30	9
3	Rupert Winlaw, Dulwich Runners	0:21:40	8	3	Sue Bint, Victoria Park H&THAC	0:24:39	8
4	Jules Gevers, Kent AC	0:21:56	7	4	Louise Faherty, Highgate Harriers	0:24:56	7
5	Gower Tan, Dulwich Runners	0:22:24	6	5	Victoria Carter, SEAC	0:25:24	6
6	Andy Weir, SEAC	0:22:35	5	6	Naomi Bourne, Victoria Park H&THAC	0:25:45	5
7	Ant Withstandley, Victoria Park H&THAC	0:23:17	4	7	Nat Juchau, Petts Wood Runners	0:26:36	4
8	Rob Sommerville, Eton Manor AC	0:23:22	3	8	Alice Neal, Petts Wood Runners	0:27:13	3
9	Kevin Tilley, SEAC	0:23:31	2	9	Sarah Parry, Kent AC	0:29:49	2
10	Stephen France, Dulwich Runners	0:24:25	1	10	Alex Cooper, Dartford RR	0:30:10	1
60	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>	55	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Len Reilly, Kent AC	0:23:04	10	1	Geraldine Schaer, Petts Wood Runners	0:22:16	10
2	Craig Williamson, Beckenham RC	0:23:11	9	2	Gaby Drinkwater, Crystal Palace	0:27:25	9
3	Martin Daoud, London Underground	0:23:27	8	3	Jenny Leng, Petts Wood Runners	0:29:15	8
4	Tim Springett, Petts Wood Runners	0:23:55	7	4	Marie Chamillard, Victoria Park H&THAC	0:29:31	7
5	Marcus Elwes, Petts Wood Runners	0:24:07	6	5	Jan Bodie, Petts Wood Runners	0:36:06	6
6	Clive Harvey, Kent AC	0:24:09	5	6			5
7	David Moore, Petts Wood Runners	0:24:45	4	7			4
8	Ebe Prill, Dulwich Runners	0:24:55	3	8			3
9	John O'Shea, SEAC	0:24:57	2	9			2
10	Graham Maynard, Cambridge Harriers	0:27:07	1	10			1
65	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>	60	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	William Burbridge-James, Victoria Park H&THAC	0:29:13	10	1	Rose Baker, Cambridge Harriers	0:25:40	10
2	Mick Cairns, Victoria Park H&THAC	0:29:41	9	2	Suzi Daley, Crystal Palace	0:30:22	9
3	Steve Scruton, SEAC	0:33:00	8	3			8
4			7	4			7
5			6	5			6
6			5	6			
7			4	7			
8			3	8			
9			2	9			
10			1	10			
70	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>	65	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Nigel Wood, Beckenham RC	0:28:26	10	1	Gail Arnott, Beckenham RC	0:28:54	10
2	Geoff Nicholls, Eton Manor AC	0:30:16	9	2	Philippa Cockman, Victoria Park H&THAC	0:33:09	9
3	Ian Hall, Serpentine RC	0:31:33	8	3			8
4	Keithly Mussington, Victoria Park H&THAC	0:37:15	7	4			
5			6	5			
6			5	6			
7			4	7			
8				8			
9				9			
10				10			
75	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>	70	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
1	Roy Knight, Dartford RR	0:32:06	10	1	Miki Jablkowska, Kent AC	0:34:00	10
2			9	2	Zoe Gaffen, Kent AC	0:37:14	9
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			
				75	<u>Name, Club</u>	<u>Time</u>	<u>Points</u>
				1			10
				2			9
				3			
				4			
				5			
				6			
				7			
				8			
				9			
				10			