2026 ASSEMBLY LEAGUE - RACE 6 BECKENHAM PLACE PARK 3 SEPTEMBER 2026

Version 3

Team Scorers
MA - Men's A
MB - Men's B
FA - Women's A
FB - Women's B
M50 - Men's Vet 50
F50 - Women's Vet 50

Position	Bib	Name	Time	Age	Gender	Club	Team Scorers
							Team
1	132	Aaron Wilson	0:16:06	Senior	Male	Dulwich Runners	MA
2	455	Harry Fage	0:16:39	20	Male	Ravens School Runners	MA
3	140	Ed Gibson	0:16:42	Senior	Male	Dulwich Runners	MA
4	303	Dan Pettitt	0:16:50	Senior	Male	Kent AC	MA
5	330	Dave Morgan	0:16:58	40	Male	Kent AC	MA
6	372	Cameron Manson	0:17:00	Senior	Male	Kent AC	MA
7	317	Calum Fraser	0:17:08	Senior	Male	Kent AC	MA
8	28	James Macdonald	0:17:12	45	Male	Cambridge Harriers	MA
9	310	Robert Laing	0:17:18	45	Male	Kent AC	MB
10	318	Che Compton	0:17:25	50	Male	Kent AC	MB M50
11	456	Mark Constable	0:17:31	20	Male	Ravens School Runners	MA
12	133	Adrian Russell	0:17:35	45	Male	Dulwich Runners	MA
13	533	Harold Wyber	0:17:55	40	Male	SEAC	MA
14	314	Alex Harris	0:17:55	45	Male	Kent AC	MB
15	138	Andy Bond	0:17:58	50	Male	Dulwich Runners	MA M50
16	324	Martin Pollard	0:18:12	40	Male	Kent AC	MB
17	5	Ryan Brotherton	0:18:20	Senior	Male	Beckenham RC	MA
18	139	Matt James	0:18:23	Senior	Male	Dulwich Runners	MB
19	355	Rory Knight	0:18:26	Senior	Male	Kent AC	
20	30	Jonathan Seargant	0:18:34	Senior	Male	Cambridge Harriers	MA
21	423	Simon Thornhill	0:18:37	50	Male	Petts Wood Runners	MA M50
22	371	Joshua Correia	0:18:39	Senior	Male	Kent AC	
23	336	Philip Woodford-Smith	0:18:41	40	Male	Kent AC	
24	535	Alan Barnes	0:18:44	45	Male	SEAC	MA
25	334	0 0	0:18:48	0	0		
26	378	George Wakefield	0:18:50	Senior	Male	Lloyds RC Ravens	MA
27	443	Kev Howarth	0:18:51	50	Male	Petts Wood Runners	MA M50
28	304	Amelia Pettitt	0:18:53	Senior	Female	Kent AC	FA
29	9	Jim Addison	0:18:59	50	Male	Beckenham RC	MA M50
30	36	Duncan Hope	0:19:01	45	Male	Cambridge Harriers	MA
31	106	Barrie Seal	0:19:04	45	Male	Dartford RR	MA
32	491	Michele Bottone	0:19:06	45	Male	Serpentine RC	MA
33	375	Jonathan Pontin	0:19:08	Senior	Male	Lloyds RC Ravens	MA
34	319	Samuel Wilcock	0:19:10	45	Male	Kent AC	
35	131	Joe Farrington-Douglas	0:19:16	45	Male	Dulwich Runners	MB
36	29	Mark Penny	0:19:18	45	Male	Cambridge Harriers	MA
37	438	Melody Kane	0:19:22	Senior	Female	Petts Wood Runners	FA
38	368	Toby Kempner	0:19:25	Senior	Male	Kent AC	
39	128	Shane Donlon	0:19:30	40	Male	Dulwich Runners	MB
40	570	Krzysztof Klidzia	0:19:36	60	Male	London Underground	
41	20	Nick Coogan	0:19:44	Senior	Male	Beckenham RC	MA
42	323	Ash Green	0:19:49	Senior	Male	Kent AC	
43	21	Neil Phillips	0:19:50	55	Male	Beckenham RC	MA M50
44	315	Jules Gevers	0:19:51	55	Male	Kent AC	M50
45	104	Ian Mcgrath	0:19:52	50	Male	Dartford RR	MA M50
46	22	Karol Dorniak	0:19:55	0	0	Beckenham RC	
47	312	Alex Robbins	0:19:57	50	Male	Kent AC	M50
48	51	Barry Morgan	0:19:58	55	Male	Crystal Palace	MA M50
49	446	Matthew Pond	0:20:00	Senior	Male	Petts Wood Runners	MA
50	306	Vilmos Zsombori	0:20:07	45	Male	Kent AC	
51	326	Ellie Freeden	0:20:11	Senior	Female	Kent AC	FA
52	300	Lin Skinner	0:20:15	50	Female	Kent AC	FA F50
53	541	Ed Greig	0:20:16	Senior	Male	SEAC	MA
54	11	Richard Selway	0:20:17	60	Male	Beckenham RC	MB M50
55	432	Geraldine Schear	0:20:19	55	Female	Petts Wood Runners	FA F50
56	481	Chris Notton	0:20:22	50	Male	Serpentine RC	MA
57	445	Stephen Pond	0:20:24	55	Male	Petts Wood Runners	MA M50
58	1	Austin Platt	0:20:32	55	Male	Beckenham RC	MB M50
59	449	Jennie Butler	0:20:37	50	Female	Petts Wood Runners	FA F50
60	495	Philip Whitehouse	0:20:37	Senior	Male	Serpentine RC	MA
61	437	Steven Wynne	0:20:37	40	Male	Petts Wood Runners	MB
62	13	Steve Moss	0:20:38	60	Male	Beckenham RC	MB
63	4	Ciara Kiely	0:20:39	Senior	Female	Beckenham RC	FA
64	328	Nesrin Sabanci	0:20:40	40	Female	Kent AC	FA
65	8	Craig Williamson	0:20:41	60	Male	Beckenham RC	MB
66	376	Anna Crawley	0:20:42	35	Female	Lloyds RC Ravens	
67	536	Karen Ellison	0:20:52	40	Female	SEAC	FA
68	127	Garry Meehan	0:20:54	60	Male	Dulwich Runners	MB M50
69	301	Ali Farrell	0:20:56	50	Female	Kent AC	FB F50
70	331	Nadim Baba	0:20:58	50	Male	Kent AC	M50
71	333	Pertrice Billy-Huggins	0:20:59	Senior	Male	Kent AC	
72	311	Victoria Buck	0:21:06	50	Female	Kent AC	FB F50
73	572	Peter Lee	0:21:08	60	Male	London Underground	
74	65	Molly Richards	0:21:11	Senior	Female	Crystal Palace	FA
75	436	Elliot Miller	0:21:16	45	Male	Petts Wood Runners	MB
76	379	Chris Tuck	0:21:18	Senior	Male	Lloyds RC Ravens	MA
77	552	Tom Margetts	0:21:33	Senior	Male	SEAC	MA
78	137	Helen Shannon	0:21:33	40	Female	Dulwich Runners	FA
79	426	Tim Springett	0:21:34	60	Male	Petts Wood Runners	MB M50
80	7	Tim Robinson	0:21:37	40	Male	Beckenham RC	
81	322	Tom Joslin	0:21:38	45	Male	Kent AC	

82	52	Chris Dyke	0:21:41	40	Male	Crystal Palace	MA
83	216	Kate Fry	0:21:46	45	Female	Greenwich Tritons	
84	35	James Hilton	0:21:51	Senior	Male	Cambridge Harriers	MB
85	308	Jo Wint	0:22:01	40	Female	Kent AC	FB
86	320	Stephen Jones	0:22:06	50	Male	Kent AC	
87	14	Eimear Keller	0:22:08	35	Female	Beckenham RC	FA
88	3	Mike Reich	0:22:09	40	Male	Beckenham RC	
89	307	Sally Urquhart	0:22:11	Senior	Female	Kent AC	FB
90	129	Ola Balme	0:22:13	55	Female	Dulwich Runners	FA
91	130	Stephen France	0:22:17	50	Male	Dulwich Runners	M50
92	429	Chloe Haffenden	0:22:19	Senior	Female	Petts Wood Runners	FA
93	601	Keithly Mussington	0:22:22	70	Male	Victoria Park H&THAC	
94	305	Dee O'Brien	0:22:23	50	Female	Kent AC	F50
95	571	Mike Murdoch	0:22:24	55	Male	London Underground	
96	447	Kevin Ly	0:22:37	Senior	Male	Petts Wood Runners	MB
97	68	Sue Swaine	0:22:40	40	Female	Crystal Palace	FA
98	327	0 0	0:22:43	0	0		
99	134	Katie Styles	0:22:43	45	Female	Dulwich Runners	FA
100	54	Matt Fleming	0:22:51	Senior	Male	Crystal Palace	MA
101	499	Clare Finola	0:22:53	40	Female	Serpentine RC	
102	490	Vinh Lam	0:22:54	45	Male	Serpentine RC	MA
103	37	John Backley	0:22:58	55	Male	Cambridge Harriers	MB M50
104	531	Paul Doyle	0:23:00	55	Male	SEAC	MB
105	71	Juliette Westbrook	0:23:05	Senior	Female	Crystal Palace	FA
106	537	Aislinn Dickenson	0:23:08	Senior	Female	SEAC	FA
107	458	Gavin Fage	0:23:16	45	Male	Ravens School Runners	MA
108	2	Andy Regan	0:23:18	55	Male	Beckenham RC	
109	434	Marcus Elwes	0:23:19	60	Male	Petts Wood Runners	
110	321	Hugh Stickland	0:23:22	45	Male	Kent AC	
111	486	James Turner	0:23:23	45	Male	Serpentine RC	
112	136	Eleanor Simmons	0:23:24	45	Female	Dulwich Runners	FA
113	109	Chris Roy	0:23:25	50	Male	Dartford RR	MA M50
114	309	Suze Spalding	0:23:26	50	Female	Kent AC	
115	135	Katherine Fodor	0:23:27	Senior	Female	Dulwich Runners	
116	435	Seaton Giles	0:23:30	55	Male	Petts Wood Runners	
117	32	Sophie Johnson	0:23:31	Senior	Female	Cambridge Harriers	
118	431	Daniel Selman	0:23:32	50	Male	Petts Wood Runners	
119	34	Beki Hilton-Hanns	0:23:36	Senior	Female	Cambridge Harriers	
120	440	Mark Franks	0:23:39	50	Male	Petts Wood Runners	
121	543	Jack O'Toole	0:23:42	Senior	Male	SEAC	MB
122	427	Rosalind Butterworth	0:23:43	35	Female	Petts Wood Runners	FB
123	332	Martin Morgan	0:23:45	55	Male	Kent AC	
124	551	Thomas Holyoak	0:23:54	Senior	Male	SEAC	MB
125	377	Paul Brandreth	0:23:55	50	Male	Lloyds RC Ravens	MA
126	26	Graham Maynard	0:23:57	60	Male	Cambridge Harriers	MB M50
127	420	Dave Groom	0:23:59	60	Male	Petts Wood Runners	
128	433	David Moore	0:24:03	60	Male	Petts Wood Runners	
129	428	Sally Haffenden	0:24:05	55	Female	Petts Wood Runners	FB F50
130	64	Gareth Morris	0:24:06	40	Male	Crystal Palace	MA
131	217	Louise Roper	0:24:14	35	Female	Greenwich Tritons	
132	17	Lou Welch	0:24:21	50	Female	Beckenham RC	FA F50
133	530	Martin Wood	0:24:26	60	Male	SEAC	MB
134	101	Megan Davis	0:24:29	20	Female	Dartford RR	FA
135	111	Emma Brown	0:24:33	45	Female	Dartford RR	FA
136	102	Philip Tawton	0:24:46	40	Male	Dartford RR	MA
137	58	Roneeta Campbell-Butler	0:24:48	50	Female	Crystal Palace	FA
138	532	Andrew Mclauchlan	0:24:53	50	Male	SEAC	
139	422	Paul Munday	0:24:56	50	Male	Petts Wood Runners	
140	325	Adrian Young	0:25:03	Senior	Male	Kent AC	
141	31	Clem Dixon	0:25:07	60	Male	Cambridge Harriers	MB M50
142	448	Alice Neal	0:25:11	50	Female	Petts Wood Runners	FB F50
143	55	Louise Phillips	0:25:24	35	Female	Crystal Palace	FB
144	63	Vicky Smith	0:25:42	45	Female	Crystal Palace	FB
145	70	Gaby Drinkwater	0:25:46	55	Female	Crystal Palace	FB
146	170	Adrian Frost	0:25:48	65	Male	Eton Manor AC	
147	19	Doug Hazlewood	0:25:50	55	Male	Beckenham RC	
148	59	Evie Killip	0:25:56	Senior	Female	Crystal Palace	FB
149	302	Phil Marsden	0:25:57	55	Male	Kent AC	
150	6	Nigel Wood	0:25:58	70	Male	Beckenham RC	
151	480	Helen Lane	0:26:02	60	Female	Serpentine RC	
152	12	Gail Arnott	0:26:12	65	Female	Beckenham RC	FA F50
153	53	Noemie Cavaillon-Ram	0:26:25	40	Female	Crystal Palace	
154	62	Glen Keegan	0:26:31	60	Male	Crystal Palace	MB M50
155	430	Maxine Horsfield	0:26:34	50	Female	Petts Wood Runners	FB
156	16	Georgina Selway	0:26:55	60	Female	Beckenham RC	F50
157	110	Sasha Protasova	0:26:57	40	Female	Dartford RR	FA
158	60	Alan Brand	0:27:04	45	Male	Crystal Palace	MB
159	442	Richard Bodie	0:27:07	60	Male	Petts Wood Runners	
160	171	Geoff Nicholls	0:27:12	70	Male	Eton Manor AC	
161	27	Martin Hawkins	0:27:16	60	Male	Cambridge Harriers	M50
162	56	Nova Matthias	0:27:17	55	Female	Crystal Palace	
163	107	Paul Donaldson	0:27:18	50	Female	Dartford RR	FA
164	457	Adam Doherty	0:27:21	Senior	Male	Ravens School Runners	MA
165	425	Jenny Keetch	0:27:35	50	Female	Petts Wood Runners	
166	67	Chris Balmer	0:27:40	70	Male	Crystal Palace	MB M50
167	114	Alex Cooper	0:28:02	50	Female	Dartford RR	
168	424	Denise Eva	0:28:08	50	Male	Petts Wood Runners	
169	100	Darren Rickard	0:28:18	55	Male	Dartford RR	M50
170	33	Ian Mccarthy	0:28:21	70	Male	Cambridge Harriers	
171	444	Melissa Butcher	0:28:31	55	Female	Petts Wood Runners	

172	105	Roy Knight	0:28:45	75	Male	Dartford RR	M50
173	18	Deborah Ford	0:29:04	55	Female	Beckenham RC	F50
174	172	Tracey Taylor	0:29:09	60	Female	Eton Manor AC	
175	439	Hilary Morton	0:29:22	50	Female	Petts Wood Runners	
176	534	Lizzie Wood	0:29:33	Senior	Female	SEAC	FA
177	125	Ros Tabor	0:29:37	75	Female	Dulwich Runners	
178	126	Andy Murray	0:29:38	70	Male	Dulwich Runners	M50
179	483	Camilla Allwood	0:30:05	65	Female	Serpentine RC	
180	547	Nadine Dyer	0:30:06	Senior	Female	SEAC	FA
181	421	Matthew Weller	0:30:09	50	Male	Petts Wood Runners	
182	316	James Steatham	0:30:25	65	Male	Kent AC	
183	15	Mel Tunmore	0:30:52	45	Female	Beckenham RC	
184	441	Jan Bodie	0:32:12	55	Female	Petts Wood Runners	
185	57	Hannah Mccorry	0:33:32	40	Female	Crystal Palace	
186	66	Brian Clements	0:33:33	65	Male	Crystal Palace	MB M50
187	538	Nidhi Tuli	0:34:30	35	Female	SEAC	
188	539	Chloe Jambor	0:34:52	Senior	Female	SEAC	
189	549	Priyanka Vernekar	0:35:11	Senior	Female	SEAC	
190	313	Zoe Gaffen	0:35:36	70	Female	Kent AC	
191	540	Dhruv Govila	0:45:36	Senior	Male	SEAC	
192	600	Rachel Lovell	0:45:36	35	Female	Victoria Park H&THAC	

Team Results

Mens A Teams

Position	Club	Score	Points
1	Kent AC	22	15
2	Dulwich Runners	31	14
3	Cambridge Harriers	90	13
4	Beckenham RC	122	12
5	Petts Wood Runners	142	11
6	SEAC	146	10
7	Ravens School Runners	201	9
8	Serpentine RC	206	8
9	Lloyds RC Ravens	207	7
10	Dartford RR	250	6
11	Crystal Palace	278	5
12			4
13			3
14			2
15			1

Womens A Teams

Position	Club	Score	Points
1	Kent AC	16	15
2	Petts Wood Runners	33	14
3	Dulwich Runners	83	13
4	Crystal Palace	98	12
5	Beckenham RC	104	11
6	SEAC	155	10
7	Dartford RR	173	9
8			8
9			7
10			
11			
12			

Mens B Teams

Position	Club	Score	Points
1	Kent AC	49	15
2	Dulwich Runners	143	14
3	Beckenham RC	208	13
4	Petts Wood Runners	249	12
5	Cambridge Harriers	334	11
6	SEAC	348	10
7	Crystal Palace	441	9
8			8
9			7
10			
11			
12			

Womens B Teams

Position	Club	Score	Points
1	Kent AC	57	15
2	Petts Wood Runners	151	14
3	Crystal Palace	166	13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Mens V50 Teams

Position	Club	Score	Points
1	Kent AC	38	15
1	Beckenham	38	15
3	Petts Wood Runners	42	13
4	Dulwich Runners	99	12
5	Dartford RR	147	11
6	Cambridge Harriers	154	10
7	Crystal Palace	168	9
8			8
9			7
10			
11			
12			

Womens V50 Teams

Position	Club	Score	Points
1	Kent AC	17	15
2	Petts Wood Runners	26	14
3	Beckenham RC	65	13
4			12
5			11
6			10
7			9
8			8
9			7
10			6
11			5
12			4

Individual Age Group Results

Mens

SN	Name, Club	Time	Points
1	Aaron Wilson, Dulwich Runners	0:16:06	10
2	Ed Gibson, Dulwich Runners	0:16:42	9
3	Dan Pettitt, Kent AC	0:16:50	8
4	Cameron Manson, Kent AC	0:17:00	7
5	Calum Fraser, Kent AC	0:17:08	6
6	Ryan Brotherton, Beckenham RC	0:18:20	5
7	Matt James, Dulwich Runners	0:18:23	4
8	Rory Knight, Kent AC	0:18:26	3
9	Jonathan Seargant, Cambridge Harriers	0:18:34	2
10	Joshua Correia, Kent AC	0:18:39	1

20	Name, Club	Time	Points
1	Harry Fage, Ravens School Runners	0:16:39	10
2	Mark Constable, Ravens School Runners	0:17:31	9
3			8
4			7
5			6
6			5
7			4
8			3
9			2
10			1

40	Name, Club	Time	Points
1	Dave Morgan, Kent AC	0:16:58	10
2	Harold Wyber, SEAC	0:17:55	9
3	Martin Pollard, Kent AC	0:18:12	8
4	Philip Woodford-Smith, Kent AC	0:18:41	7
5	Shane Donlon, Dulwich Runners	0:19:30	6
6	Steven Wynne, Petts Wood Runners	0:20:37	5
7	Tim Robinson, Beckenham RC	0:21:37	4
8	Chris Dyke, Crystal Palace	0:21:41	3
9	Mike Reich, Beckenham RC	0:22:09	2
10	Gareth Morris, Crystal Palace	0:24:06	1

45	Name, Club	Time	Points
1	James Macdonald, Cambridge Harriers	0:17:12	10
2	Robert Laing, Kent AC	0:17:18	9
3	Adrian Russell, Dulwich Runners	0:17:35	8
4	Alex Harris, Kent AC	0:17:55	7
5	Alan Barnes, SEAC	0:18:44	6
6	Duncan Hope, Cambridge Harriers	0:19:01	5
7	Barrie Seal, Dartford RR	0:19:04	4
8	Michele Bottone, Serpentine RC	0:19:06	3
9	Samuel Wilcock, Kent AC	0:19:10	2
10	Joe Farrington-Douglas, Dulwich Runners	0:19:16	1

Womens

SN	Name, Club	Time	Points
1	Amelia Pettitt, Kent AC	0:18:53	10
2	Melody Kane, Petts Wood Runners	0:19:22	9
3	Ellie Freeden, Kent AC	0:20:11	8
4	Ciara Kiely, Beckenham RC	0:20:39	7
5	Molly Richards, Crystal Palace	0:21:11	6
6	Sally Urquhart, Kent AC	0:22:11	5
7	Chloe Haffenden, Petts Wood Runne	0:22:19	4
8	Juliette Westbrook, Crystal Palace	0:23:05	3
9	Aislinn Dickenson, SEAC	0:23:08	2
10	Katherine Fodor, Dulwich Runners	0:23:27	1

20	Name, Club	Time	
1	Megan Davis, Dartford RR	0:24:29	10
2			9
3			8
4			7
5			
6			
7			
8			
9			
10			

35	Name, Club	Time	Points
1	Anna Crawley, Lloyds RC Ravens	0:20:42	10
2	Eimear Keller, Beckenham RC	0:22:08	9
3	Rosalind Butterworth, Petts Wood Ru	0:23:43	8
4	Louise Roper, Greenwich Tritons	0:24:14	7
5	Louise Phillips, Crystal Palace	0:25:24	6
6	Nidhi Tuli, SEAC	0:34:30	5
7	Rachel Lovell, Victoria Park H&THAC	0:45:36	4
8			3
9			2
10			1

40	Name, Club	Time	Points
1	Nesrin Sabanci, Kent AC	0:20:40	10
2	Karen Ellison, SEAC	0:20:52	9
3	Helen Shannon, Dulwich Runners	0:21:33	8
4	Jo Wint, Kent AC	0:22:01	7
5	Sue Swaine, Crystal Palace	0:22:40	6
6	Clare Finola, Serpentine RC	0:22:53	5
7	Noemie Cavaillon-Ram, Crystal Palac	0:26:25	4
8	Sasha Protasova, Dartford RR	0:26:57	3
9	Hannah Mccorry, Crystal Palace	0:33:32	2
10			1

50	Name, Club	Time	Points
1	Che Compton, Kent AC	0:17:25	10
2	Andy Bond, Dulwich Runners	0:17:58	9
3	Simon Thornhill, Petts Wood Runners	0:18:37	8
4	Kev Howarth, Petts Wood Runners	0:18:51	7
5	Jim Addison, Beckenham RC	0:18:59	6
6	Ian Mcgrath, Dartford RR	0:19:52	5
7	Alex Robbins, Kent AC	0:19:57	4
8	Chris Notton, Serpentine RC	0:20:22	3
9	Nadim Baba, Kent AC	0:20:58	2
10	Stephen Jones, Kent AC	0:22:06	1

55	Name, Club	Time	Points
1	Neil Phillips, Beckenham RC	0:19:50	10
2	Jules Gevers, Kent AC	0:19:51	9
3	Barry Morgan, Crystal Palace	0:19:58	8
4	Stephen Pond, Petts Wood Runners	0:20:24	7
5	Austin Platt, Beckenham RC	0:20:32	6
6	Mike Murdoch, London Underground	0:22:24	5
7	John Backley, Cambridge Harriers	0:22:58	4
8	Paul Doyle, SEAC	0:23:00	3
9	Andy Regan, Beckenham RC	0:23:18	2
10	Seaton Giles, Petts Wood Runners	0:23:30	1

60	Name, Club	Time	Points
1	Krzysztof Klidzia, London Underground	0:19:36	10
2	Richard Selway, Beckenham RC	0:20:17	9
3	Steve Moss, Beckenham RC	0:20:38	8
4	Craig Williamson, Beckenham RC	0:20:41	7
5	Garry Meehan, Dulwich Runners	0:20:54	6
6	Peter Lee, London Underground	0:21:08	5
7	Tim Springett, Petts Wood Runners	0:21:34	4
8	Marcus Elwes, Petts Wood Runners	0:23:19	3
9	Graham Maynard, Cambridge Harriers	0:23:57	2
10	Dave Groom, Petts Wood Runners	0:23:59	1

65	Name, Club	Time	Points
1	Adrian Frost, Eton Manor AC	0:25:48	10
2	James Steatham, Kent AC	0:30:25	9
3	Brian Clements, Crystal Palace	0:33:33	8
4			7
5			6
6			5
7			4
8			3
9			2
10			1

70	Name, Club	Time	Points
1	Keithly Mussington, Victoria Park H&THAC	0:22:22	10
2	Nigel Wood, Beckenham RC	0:25:58	9
3	Geoff Nicholls, Eton Manor AC	0:27:12	8
4	Chris Balmer, Crystal Palace	0:27:40	7
5	Ian Mccarthy, Cambridge Harriers	0:28:21	6
6	Andy Murray, Dulwich Runners	0:29:38	5
7			4
8			
9			
10			

75	Name, Club	Time	Points
1	Roy Knight, Dartford RR	0:28:45	10
2			9
3			
4			
5			
6			
7			
8			
9			
10			

45	Name, Club	Time	Points
1	Kate Fry, Greenwich Tritons	0:21:46	10
2	Katie Styles, Dulwich Runners	0:22:43	9
3	Eleanor Simmons, Dulwich Runners	0:23:24	8
4	Emma Brown, Dartford RR	0:24:33	7
5	Vicky Smith, Crystal Palace	0:25:42	6
6	Mel Tunmore, Beckenham RC	0:30:52	5
7			4
8			3
9			2
10			1

50	Name, Club	Time	Points
1	Lin Skinner, Kent AC	0:20:15	10
2	Jennie Butler, Petts Wood Runners	0:20:37	9
3	Ali Farrell, Kent AC	0:20:56	8
4	Victoria Buck, Kent AC	0:21:06	7
5	Dee O'Brien, Kent AC	0:22:23	6
6	Suze Spalding, Kent AC	0:23:26	5
7	Lou Welch, Beckenham RC	0:24:21	4
8	Roneeta Campbell-Butler, Crystal Pal	0:24:48	3
9	Alice Neal, Petts Wood Runners	0:25:11	2
10	Maxine Horsfield, Petts Wood Runner	0:26:34	1

55	Name, Club	Time	
1	Geraldine Schear, Petts Wood Runne	0:20:19	10
2	Ola Balme, Dulwich Runners	0:22:13	9
3	Sally Haffenden, Petts Wood Runners	0:24:05	8
4	Gaby Drinkwater, Crystal Palace	0:25:46	7
5	Nova Matthias, Crystal Palace	0:27:17	6
6	Melissa Butcher, Petts Wood Runners	0:28:31	5
7	Deborah Ford, Beckenham RC	0:29:04	4
8	Jan Bodie, Petts Wood Runners	0:32:12	3
9			2
10			1

60	Name, Club	Time	Points
1	Helen Lane, Serpentine RC	0:26:02	10
2	Georgina Selway, Beckenham RC	0:26:55	9
3	Tracey Taylor, Eton Manor AC	0:29:09	8
4			7
5			6
6			
7			
8			
9			
10			

65	Name, Club	Time	Points
1	Gail Arnott, Beckenham RC	0:26:12	10
2	Camilla Allwood, Serpentine RC	0:30:05	9
3			8
4			
5			
6			
7			
8			
9			
10			

70	Name, Club	Time	Points
1	Zoe Gaffen, Kent AC	0:35:36	10
2			9
3			
4			
5			
6			
7			
8			
9			
10			

75	Name, Club	Time	Points
1	Ros Tabor, Dulwich Runners	0:29:37	10
2			9